

August 17, 2017

Before the kids go back to school enjoy a night out.

As the school year approaches, enjoy a Parent Night Out (PNO) courtesy of CSS. The PNO program provides a few hours of relief from care giving.



For Aria's parents, these few hours give them an opportunity to relax and enjoy a nice dinner out knowing their daughter is receiving the personalized care she needs. Aria is an only child and is diagnosed with epilepsy and autism.

Aria has attended the PNO program in Brookfield for over a year. Her family learned about this program during her hospital stay in 2016 from a social worker's recommendation. Prior to joining PNO, she was out of school for a while due to her diagnosis and felt disconnected from other kids. At first, she was shy and hesitant to participate, but now she plays with the other kids and takes part in all of the group activities. Her attention span has improved and she is ready to meet some new friends at school this year.

"She always comes home happy, excited, and full of energy. She really enjoys the interaction with other kids and the PNO program as a whole. This is a happy, positive experience for Aria," says her father, Brad.



Bring your child with an intellectual disability/developmental disability (I/DD), as well as their siblings, to one of two PNO locations for a fun night of small group activities. They will enjoy dinner, physical activities, music, and crafts. PNO is available for children ages 3-13. Trained professional staff from CSS supervises them for the entire three-hour period.

Your child does not have to be currently enrolled in CSS services to participate in PNO, however, they must qualify and be diagnosed with an intellectual/developmental disability. This is perfect for anyone who is currently on the PUNS statewide waiting list.

The cost for the first child is \$10; siblings can be required. For additional information, [click here](#).

PNO is just one of many great group programs at CSS. There are additional groups Monday through Friday, and every other Saturday. Programming is tailored for specific age groups. For more information and a list of activities, [click here](#).

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CSS News

Aloha from the Community360 Day Program!



Our day program participants learned about the culture of Hawaii this month and celebrated with a luau. Each month the group learns about a different culture. There are several openings for this program that is based in Cicero. Click [here](#) for more information.

Help Make This House a Home



We are preparing our newest group residential home in Westchester for the five new residents who will move in this Fall. Household items are needed to make this house a home. If you can help, click [here](#).

Everyone Loves a Teacher's Pet!



Thank you so much to everyone that helped provide school supplies for families in need through our annual Teacher's Pet program. We were able to provide supplies for over 50 students. Construct Connect staff participated for the third year in a row.

Connect With Us



OUR MISSION

CSS is a private nonprofit agency that initiates, provides and promotes services for people with intellectual/developmental disabilities and their families, within their communities, in order to strengthen their independence, self-esteem and ability to participate in and contribute to community life.

Illinois' largest Respite Provider

Each year, more than 377,890 hours of service are provided by our dedicated staff. We serve 814 individuals and their families throughout 51 communities in Chicago's western suburbs.

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