

High-Impact Summer Bridge Strategies: Onboarding College Students for Success and Retention

a conversation with



CAROL CARTER
Founder of
LifeBound and
GlobalMindED



SARAH KRAVITS
LifeBound Certified
Trainer, Academic
Coach and Author

Thanks for joining us! We will begin promptly at 3:00 p.m. ET.

- Introduce yourself in the “Chat”
- Use the "Questions" area to submit questions as they arise.
- This webinar will be archived at [NROC.org](https://www.nroc.org) and you will receive a follow-up email with a link to the recording and slides.
- Contribute to the Twitter conversation at [#NROCpd](https://twitter.com/NROCpd).
- Do you need help with Zoom? Email [memberservices@NROC.org](mailto:memberservices@nroc.org).



THE NROC PROJECT

Powered by Membership

We cultivate relationships that empower an ever-increasing number of learners to take charge of their academic journeys.

Why is Summer Bridge 2021 Mission Critical?

- ✓ Diminished senior year/first year
- ✓ COVID-related crises
- ✓ Remote learning
- ✓ Job loss
- ✓ Divided nation
- ✓ Systemic racism
- ✓ Mental health challenges
- ✓ Financial survival of institutions

Summer Bridge + FYE Can Be a Lifeline in 2021

- Clarifies expectations and shares hidden curriculum
- Builds awareness of campus resources
- Provides an opportunity to analyze/address student weaknesses
- Connects students with faculty/staff and peers to increase sense of community and belonging
- Work on learning gaps
- Build student self-advocacy/agency
- Explore interests, abilities, majors, and careers

High Impact Strategies for Summer Bridge + FYE

Skills for Student Success, Completion, and Employment

- » Use student success content, consider continuing through fall
- » Prepare for coursework by engaging early with materials
- » Build bridge to professional success and ambition

Connect students with peers and support staff

- » Belonging and connection builds SEL for persistence and resilience
- » Building rapport combats imposter syndrome

Engaging and Motivating Learners through Coaching

- » Growth mindset, self-knowledge, openness to feedback
- » Inspiring action toward major selection and career planning

Addressing Gaps in Academic Readiness

- » Establish math/English levels and provide support

Ways to Integrate Student Success Content into Summer Bridge Programs

- One day a week for the length of the bridge program
- Daily touchpoint for length of the program
- Five-day session (single week of the program)
- Self-directed online as students' schedules permit
- Content from summer bridge can be used for the FYE course to provide continuity

Content is useful for **rising freshmen and for rising sophomores** who didn't fully launch because of COVID

Value of Coaching

Coaching is uniquely inclusive because the process is defined and driven by each student.

- Robinson and Gahagan (2010) found coaching deepens connection between students and institution
- Bettinger and Baker (2011) found that coaching drives improvement in retention and completion that holds over time
- Coaching meetings correlated with higher academic performance (Pechac, 2017)
- Bi-weekly coaching improved term and overall GPA and drove persistence (Capstick et al, 2019)

Options for Summer Bridge + FYE

Modalities: F2F, Online, Hybrid

Formats: Bootcamp, Orientation, Self-Paced

Length: From one day orientation, to one-week bootcamp, to extended summer opportunity, and potentially extending to the fall FYE course

Who: Faculty/staff, advisors, coaches, tutors, peer mentors

Benefits of Summer Bridge + FYE

- Supports more effective student self-management
- Connects academic, personal, professional success
- Students develop a vision for college completion
- Students see themselves as the professionals they want to become
- Students build resilience after setbacks
- Students start fall coursework more prepared
- Students benefit from early coaching

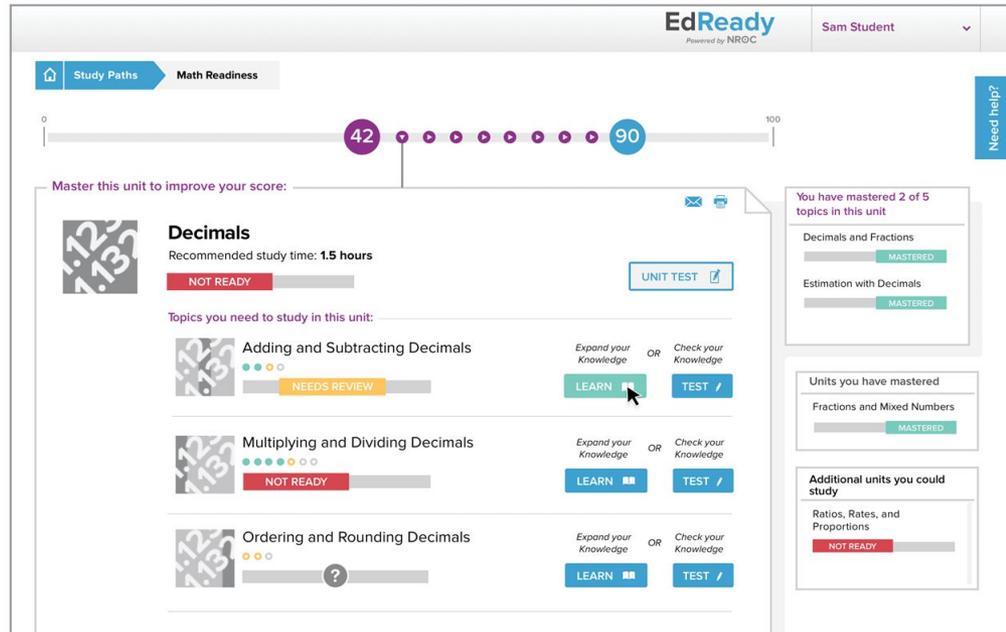
Summer Bridge Resource Solutions



- EdReady for College Math and English Readiness
- FYE Summer: Keys to Success
- LifeBound Coaching

EdReady

EdReady is a math and English readiness system that employs a knowledge inventory to personalize a learner's path to subject mastery within the context of a specific educational goal.





Goals



Knowledge Inventories



Resources



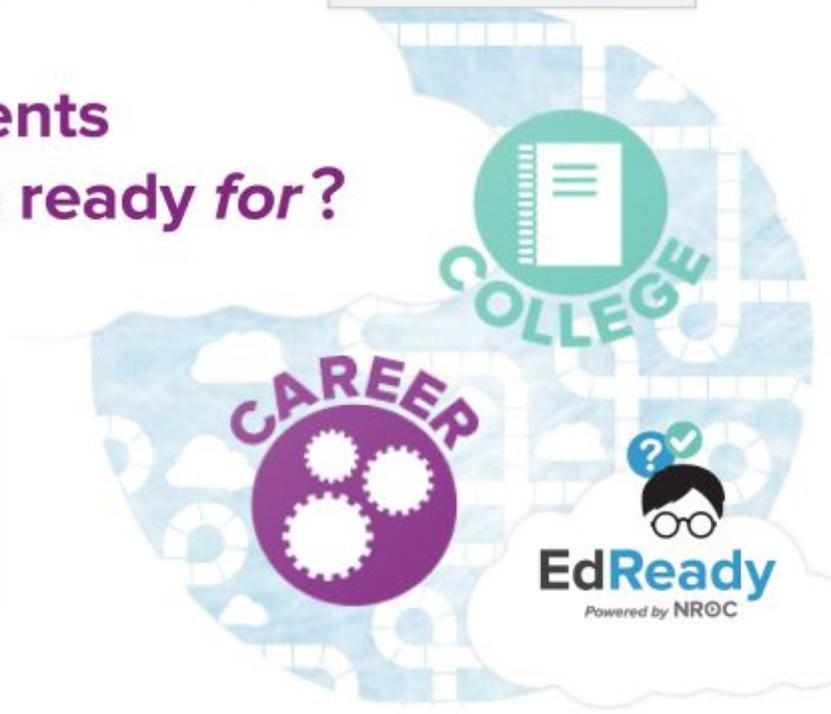
What do you want your students to be ready for?



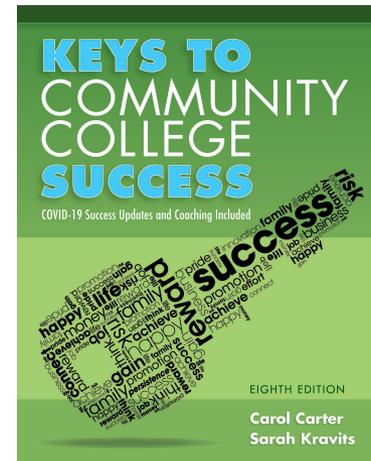
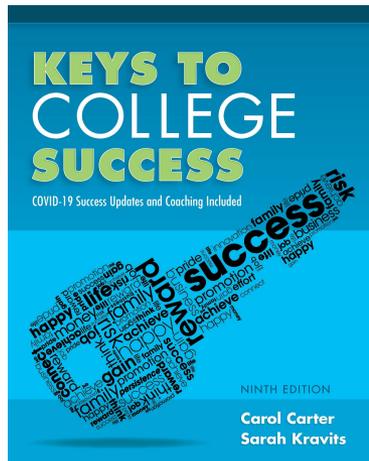
Data Access



Readiness



Keys to Success Options



- Four-year and two-year versions
- eBook \$30 (EPUB format)
- PowerPoints and Instructor's Manual modules available to adopters
- Digital assessments allow students to self-assess and build portfolios by chapter; provides data for instructors
- Contact Michelle Bradin at mbradin@lifebound.com

Keys to College Success has Coaching Embedded

Featured In-Text Elements

- » COVID guide
- » Personal and practical skills
- » Focus on agency and initiative
- » Connects college to career
- » Built-in evaluation

Benefits of Coaching Skills

- » Improve self management
- » Improve peer to peer relations
- » Learn to embrace feedback
- » Learn to be mentored

Available Professional Development and Training

3-Day Virtual Intensive on Twelve Coaching Outcomes

- February 12, 19, 26 (three Fridays)
- March 12, 19, 26 (three Fridays)

1-Day Virtual Training on Inclusive Coaching

- March 6 (Saturday)

www.lifebound.com

QUESTIONS?

Coming up...

[Join](#) us for a conversation with local, regional, and state leaders in secondary education, as we discuss emerging strategies for addressing learning disruptions of the past year.

This interactive session will be facilitated by John Watson, Co-founder of the [Digital Learning Collaborative](#).

WEBINAR

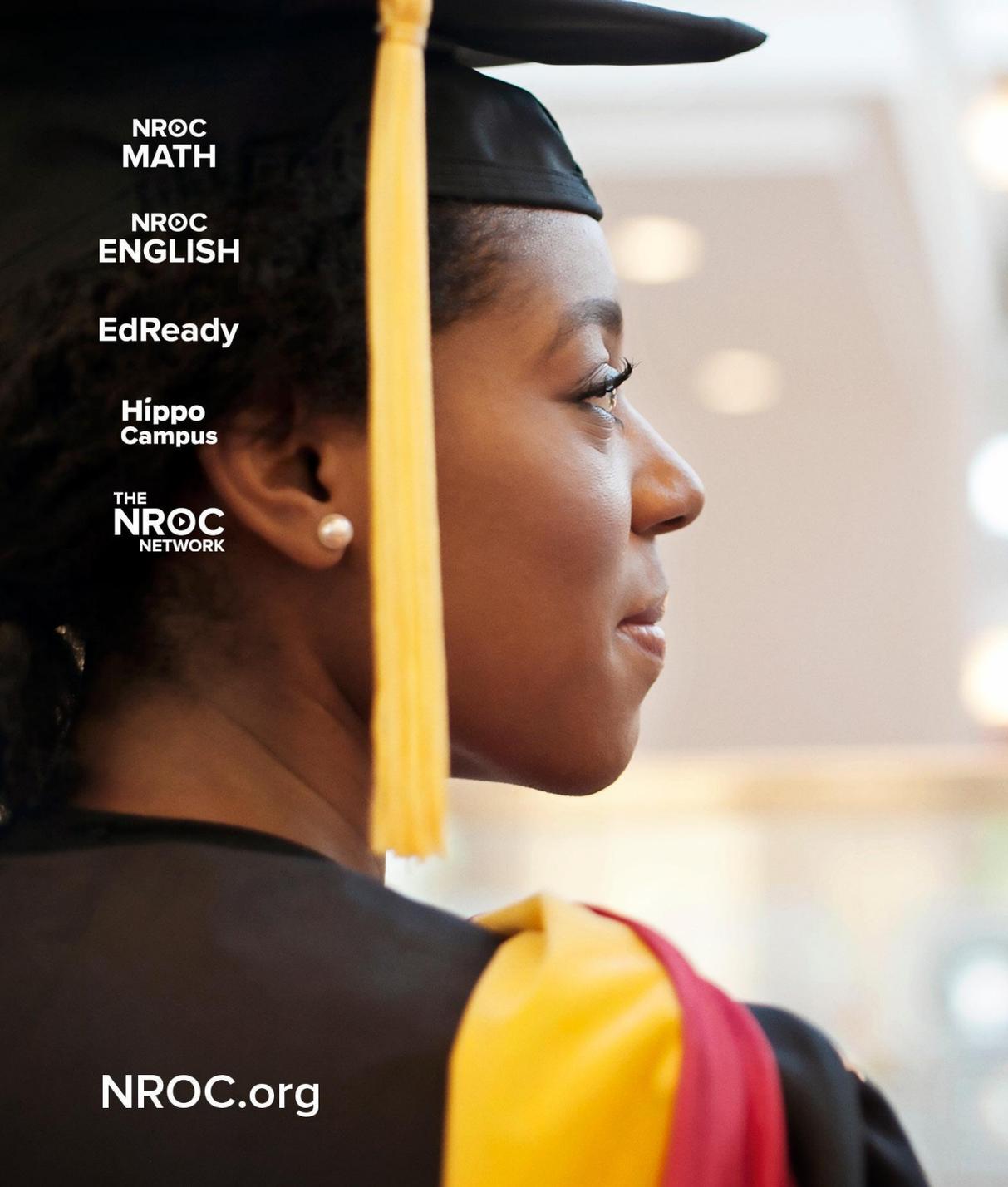
'Learning Loss' Recovery: Strategies From Resilient Schools

With accountability measures now extending beyond high-stakes assessments, many schools are uncovering new ways of identifying gaps and accelerating gains, as they work to equitably level the playing field for all learners. Hear how leaders from resilient schools are addressing 'learning loss'.

REGISTER NOW



FEB 18
11:00 AM
PACIFIC



NROC
MATH

NROC
ENGLISH

EdReady

Hippo
Campus

THE
NROC
NETWORK

NROC.org

THE
NROC
PROJECT

Special thanks to our presenters:

Carol Carter

caroljcarter@lifebound.com

Sarah Kravits

sarah.kravits@Rutgers.edu

Learn More at [LifeBound.com](https://www.lifebound.com)

Access LifeBound's **Inclusive Coaching** webinar archive [here](#).

Thank you for joining us!

You will receive a link to the recording and presentation assets, also available at NROC.org.