

The CSS Mission

Community Support Services is a private, nonprofit agency that initiates, provides and promotes services for people with intellectual/developmental disabilities and their families, within their communities, in order to strengthen their independence, self-esteem, and ability to participate in and contribute to community life.

About CSS

At CSS, our compassionate staff is committed to helping people with intellectual/developmental disabilities (I/DD) live their lives to the fullest. We create an environment in which our participants can flourish, strive for independence, and contribute to community life. Our knowledgeable staff provides caregivers with answers and guidance to supportive services that can benefit the whole family.

Our History

CSS was founded in 1981 by a devoted group of parents, educators and community leaders. We were established on the premise that all individuals deserve an optimal chance to live with independence, self-esteem, and personal fulfillment. This fundamental belief continues today as we have grown to now serve individuals across more than 50 communities in west suburban Cook and eastern DuPage counties.

Our Philosophy

CSS fosters a progressive, forward-thinking environment. Conversations and feedback from our participants and their families have shaped the high quality, relevant programming we offer today. Our goal is to support individuals to improve independence, develop self-esteem, and become involved in their communities. All of our services are person-centered and focused on individual choices.

Benefits of CSS Services



INDIVIDUALIZED SUPPORT

We offer a variety of engaging programs and services to choose from, tailored to individual needs and interests. Activities can include classes, group outings and one-on-one activities that encourage the development of new skills, friendships, and independence.



FLEXIBLE LOCATIONS

CSS supports individuals and their families in western Cook and eastern Du Page counties.



RELIABLE, TRAINED STAFF

Direct support staff receives training in CPR, First Aid and a state-approved curriculum for Direct Support Professionals (DSPs.)



STAFF-TO-PARTICIPANT RATIO

In group settings, we strive to provide a high staff-to-participant ratio to provide optimal learning and safety, especially when individuals with high needs are present.



FAMILY SATISFACTION

Our program participants and their families rate their satisfaction with CSS services at 95% or higher!



HIGH QUALITY SERVICES

We ensure quality services for your loved one. Since 1997, CSS has maintained the highest level of accreditation from CARF International, an independent nonprofit accreditor of health and human services agencies. The Illinois Department of Human Services (DHS) also accredits and licenses our programs.



EXPERTS IN THE FIELD

Our Service Coordinators (Case Managers) are experts in the field and can direct individuals and their families to a variety of additional resources that they may be eligible for.

How To Apply

For more detailed information, please visit us online at www.CSSservices.org. To apply for services, complete an Intake Form at <http://cssservices.org/intake>. You may also email us at Intake@CSSservices.org

Funding for CSS services is provided by state and private funding, and support from these townships:



Berwyn Township
708 Community
Mental Health Board



CSS Locations

CSS Administrative Office

9021 Ogden Avenue • Brookfield, IL 60513

CSS Academy

3732 Grand Boulevard • Brookfield, IL 60513

CSS Family Support Center

5416 West 25th Street • Cicero, IL 60804

www.CSSservices.org

708.354.4547



Community Support Services, Inc.



Creating Circles of Support for Children and Adults with Intellectual/Developmental Disabilities and Their Families Since 1981

CSS offers comprehensive services that include: Respite, Residential & Independent Living, Supported Employment, CSS Academy Programs, Community360 Day Program, Counseling and Behavior Support, Home-Based Support Services, and Professional Certification Programs. Bilingual Services are available.



Group Respite Activities

Who We Serve

CSS serves children, adults, and seniors diagnosed with intellectual/developmental disabilities (I/DD) which are characterized by significant limitations in intellectual functioning and adaptive behavior that occur before age 22. Some examples include autism, cerebral palsy, Down syndrome, and epilepsy.

Our Services

Respite Services provide an important break for loving parents and caregivers. CSS is Illinois' largest Respite provider. Respite services may be provided in the family's home or in the community; and can take place in one-on-one or group settings. This program helps develop self-esteem, independence, and social skills for the participant. Individuals enjoy outings in their community and new experiences with professional, supervised support. For parents, our services can reduce stress and improve home life by providing relief from caregiving. There are also regular **Parents' Night Out** groups that offer affordable care for younger children, and their siblings, at several community locations. **Social Groups** are available for adults with I/DD who enjoy community-based activities.

Residential & Independent Living services are designed to support adults living in the community, whether they live with their family, on their own, or in an agency group home. Our participants have different interests, goals, and living situations, so, the resources and supportive services we provide are tailored for each person. Options include **24 Hour CILA homes** for people who need 24/7 support in a group home setting, and **Intermittent CILA** for people who live on their own, or with family, and need support but not constant supervision. CSS offers **Counseling and Behavior Support** to individuals enrolled in the program who would benefit from these clinical services.

Supported Employment services are designed for adults who are interested in working or volunteering in the community. The focus for participants is on achieving employment, and acquiring the skills to become productive and valuable employees. In partnership with the Chicago Zoological Society's Brookfield Zoo, our **Bridges On the Job Training Experience** develops employment skills through volunteering. Each participant is supported by a CSS Job Coach.

CSS Academy Programs build community through social and educational opportunities for people with and without disabilities. Classes and workshops are offered for people with I/DD, their families, caregivers, and other community members who want to learn



Supported Employment Services



Adult & Residential Services

something new. Classes are taught in the areas of the arts, life skills, technology, and health and wellness. **Art360** is an art program for young adults that brings art, learning, creativity, and social inclusion full circle. It is held at CSS Academy (Brookfield) and the Chicago Zoological Society Brookfield Zoo's. **Team Up** is a community-based program in Oak Park for young adults with I/DD who have completed high school. Curriculum includes art, fitness, nutrition and meal planning, money management, dance, and yoga. As part of the program, participants are transported to an art studio for art class, and a fitness center for health and wellness.

Community360 Day Program offers a fresh approach to traditional day programming. Participants choose meaningful ways to spend their day. Some activities include: structured volunteer work; classes in art, music and dance; daily living skills like understanding money and cooking; health and wellness; group exercise; and support that helps develop job skills and job searching skills. Located at CSS' Family Support Center in Cicero, the program offers daily activities in the community. This intimate setting is perfect for individuals who benefit from smaller groups, with more individualized attention and/or those with specific behavioral needs. There are English and Spanish speaking staff members.

Home-Based Support Services CSS offers Self-Directed Assistance and Group Respite options for individuals enrolled in Home-Based Support Services through DHS' Children's and Adult Waivers.

Testimonials

"Thank goodness we found the Art360 program! This amazing class is a treasure for my daughter, Kelly Rose. Each week is exciting for her. She has created some remarkable works of art, and learned so much about her favorite animals at the zoo. She has also made some wonderful new friends. We look forward to being a part of it for a long time."

—Carmella L., CSS Parent

"CSS made our nephew's transition into the group home happen so easily after the death of his father. We had high standards for his living situation, and they made it happen. We are thankful for this magnificent team."

—Tom & Kathy V., CSS Caregivers

"When our son, Michael, turned 22, we were in need of some place for him to go every day that would help him grow, have social connections, and go on community outings, plus feel good about himself. We were fortunate enough to find Community360, and are grateful every day for this wonderful program."

—Judi M., CSS Parent



Parents Night Out

Independence

Self-esteem

Support

Inclusion