### Grades 3-5

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
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<tbody>
<tr>
<td>8am - 9am</td>
<td>Breakfast/Get ready for an awesome day! And yes, change out of PJs :)</td>
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| 9am - 9:40am | Assuming you’ve gotten a good night of sleep, your thinking will be sharpest in the morning so let’s start the day strong with some math! Whoo hoo! Khan Academy math practice has got your back. Our new Get ready for grade level courses are perfect for the start of a new school year with their focus on the essential math skills you will need for your upcoming school year.  
  - **Get ready for 3rd grade math** before moving on to 3rd grade math  
  - **Get ready for 4th grade math** before moving on to 4th grade math  
  - **Get ready for 5th grade math** before moving on to 5th grade math  
  
Course challenges and unit tests can be used to accelerate through material. If you don’t have too many gaps, you should be able to get through a previous year’s content in 1-3 hours. If you do have gaps, it may take a bit longer, but that is good! This is your chance to fill in those gaps that might otherwise hold you back in the future. |
Once you have mastered the Getting ready course, you can move on to your grade level course. Try to set a goal of leveling up at least 3 skills a week.

You’ll see that if you are able to put in at least a solid 30 minutes a day of math practice and keep leveling up skills, you’ll see big gains and, most importantly, really see the world in new and exciting ways!

We just released the first version of reading comprehension practice on Khan Academy. It is grouped by grade level:

- 2nd grade
- 3rd grade
- 4th grade
- 5th grade
- 6th grade
- 7th grade
- 8th grade

We recommend starting at your grade level and doing 1-2 practice sets per day (or 10 practice sets per week). This should take about 10-20 minutes per day. If you find it difficult, completely okay to start at an earlier grade level. Likewise, if you find the passages and questions to be easy, feel free to move to higher grade levels.

Play. Ideally play outside. Get that heart pumping.
10:30am - 11am
Silent reading. Curl up with a favorite book or magazine. Here is a great list of titles that you might want to get your hands on.

11am - 11:20am
Break/walk/play. Try to get that heart pumping again!

11:20am - 11:40am
Khan Academy Grammar
Recommend starting by taking the course challenge a few times to figure out what you know and don’t know.

11:40 am - 12pm
Journaling/writing. Things to write about/prompts:
• Write a funny or exciting adventure story about what happens when school is closed.
• What are you excited or worried about?
• Write a letter to yourself 10 years in the future.
• What do you want to tell your future self?
• How do you think the world will be different after COVID-19?
• For more inspiration, check out our list of grade 3-5 writing prompts.

12pm - 1pm
Lunch - Listen to an educational podcast! Try Brains On! If you like science, Forever Ago, and if you like history, or Story Pirates to hear funny stories written by kids.
1pm - 2pm
Enrichment: **Khan Academy computer programming**

Programming computers is far more fun and creative than you probably ever imagined. Start by creating fun cartoons and animations and work your way up to creating fun games that your friend can play.

2pm - 8pm
Relax, go outside, work on passions, time with family.

8pm - 9pm
Lights out, time to sleep!

**Bonus**
If you’re looking for more suggestions for music, dance, drawing, painting, reading and other activities, check out:

- **Distance learning survival guide** for parents features expert advice for motivating and engaging your kids and setting up for a successful year of distance learning.
- **Khan Academy Kids Circle Time** on YouTube includes reading, dancing, singing, and more.
- **Wide Open School**, a collection of resources curated and vetted by Common Sense Media.