

Based on CDC and CMS recommendations, access to our communities will be relaxed, or tightened, as COVID-19 conditions warrant. Items listed in each phase may be implemented throughout a phase and not all at once to ensure resident safety. Phase 1 will last at least 28 days; other phases will last a minimum of 14 days and may last longer to ensure resident health and safety.

To prevent COVID-19 and protect residents and employees, you will be required to adhere to these safety measures while on our campus.

# STAY SAFE PMMA's Missouri Reopening Plan



## Restricted Access



## Limited Access



## Monitored Access

### Access ►

#### Limited Visitors

- Limited in-room visits for compassionate care and end-of-life exceptions only
- Limited outdoor and window visits allowed with precautions
- Essential healthcare personnel/contractors only
- Controlled entrance/exit

#### Limited Visitors

- Limited indoor visits allowed in designated areas
- Limited in-room visits for compassionate care and end-of-life exceptions
- Limited non-essential healthcare personnel/contractors allowed
- Controlled entrance/exit

#### Monitored Visitation

- Family visitations allowed with precautions and advanced notice
- Volunteers and non-essential healthcare personnel/contractors allowed with precautions
- Controlled entrance/exit

### Masking ►

- Approved face mask mandatory – visitors will be given a mask at entry.
- Additional personal protective equipment (PPE) including gloves and gowns as needed.

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### Social Distancing ►

- No hand-shaking, hugging or kissing – and remain 6 ft. apart.
- Limited group activities with social distancing (6 ft. apart).
- Limited communal dining when practical with social distancing (6 ft. apart).

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### Monitoring Health & Hygiene ►

- Routine signs and symptoms checks on staff and residents.
- Temperature screening
- Handwashing/alcohol gel use required.

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### Movement ►

- Common areas closed.
- Beauty shops and other amenities closed.
- Essential physician appointments transportation only.

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- Beauty shops reopen with limitations and precautions.
- Essential physician appointments transportation only.
- Professional services allowed (ex. podiatry, audiology, dentist, etc.)

- Limited common areas available for use with social distancing (6 ft.)
- Campus amenities reopen with limitations and precautions.
- Resume medical appointments and outings with masking and social distancing. Residents screened upon return.
- Limited personal deliveries allowed.



**PMMA**

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