



# LIVE LOVED

## Lesson 10 // LOVE SHOWS-UP

Video with- Beverly Hylton

**Key Verse:** Psalm 46:1 (NKJV)

*"God is our refuge and strength, a very present help in trouble."*

### Questions:

- 1. What is keeping you from *showing up* to meet with God or others?
  
- 2. Where are you needing God to *show up* – personally and globally?

### Personal Application:

We all need godly women who SHOW UP in our lives – a mentor, parent, pastor, close friend... YOU can be that person-  
**How can you SHOW UP for other women in your life?**

- **Don't Overthink It** – Focus on loving God and reading His Word. Be intentional about seeking to love others and God will make the rest happen!
- **Initiate** – Don't assume that someone has a friend or mentor in their life and don't assume that you don't have what it takes. Prayerfully ask the Lord who you should reach out to, and then do it. Keep it simple and let God take the lead.
- **Be Yourself** – You do not have to be perfect. Your unique, personal story is part of a bigger narrative. They just desire someone real to show up and be present.

### Digging Deeper Scriptures:

- Deuteronomy 31:6
- Psalm 118:6
- 1 John 3:18
- Isaiah 41:10