



THEN
Sings
MY
Soul

21 DAYS OF PRAYER AND FASTING
Through the Psalms



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2020

21-DAY PRAYER AND FASTING GUIDE

WELCOME to our PCG Prayer Resource—*Then Sings My Soul*.

We cannot wait to gather in spirit to pray and fast for 21 days leading up to Pentecost Sunday! In the Pentecostal Church of God, we are committed to cultivating a culture of seeking the Lord. With intentionality, the purpose of this resource involves inviting and inspiring every Christ-follower possible to engage in prayer and fasting.

What a timely season for us to unite in prayer by engaging in the Psalms. Join us each day as we identify with the soul-cries of the psalmists, listen to what God is speaking and respond in prayer. Engage as a family, couple, bible study group or with a few friends. This year we have added a daily Kid's Tip activity section, so you can actively involve the whole family in prayer.

For this 21-day journey, we have strategically identified three prayer emphases:

Week one: Our current global crisis

Week two: The PCG and the Global Church

Week three: Holy Spirit Renewal leading up to Pentecost Sunday.

Allow us, once again, to express our deep appreciation to Jenni Gilbert, who is the author and writer of this amazing resource. We can attest to the fact that she remains fixed to an all-out pursuit of knowing and sharing the heart of God. If you are genuinely compelled to engage in this season of prayer and fasting, you will certainly value God's gift to the Kingdom and the PCG—Jenni Gilbert.



Dr. Wayman and Kimberly Ming
General Bishop and Women's Ministries Director
Pentecostal Church of God

WELCOME

INTRODUCTION FROM THE AUTHOR

This year's resource is designed around this season where it is more important than ever to be able to gather for the encouragement of community in Christ. This has been so challenging yet has also created the opportunity for resourcefulness and new thinking. It has also brought about an increased opportunity for those who do not know Jesus to be awakened to their search for His Presence - the only satisfaction for their soul. With these things in mind, I have written this 21-day prayer guide thinking that it would be a great tool for people to use together in community. Either as families, couples, virtually with friends, bible study groups or even inviting some non-believers to join.

I am excited to think about all of the conversations that might take place around this resource and how rich it will be for people to gather and share, lifting up each other's arms in prayer and strengthening each other during this time. This is my heart behind the format I have chosen. There is a verse from a Psalm, my paraphrase of the psalm written in first person as a prayer, then an application question with a few thoughts/questions for further reflection/discussion. Then there's a kid's tip in case parents want to involve their kids in the journey as well as a song suggestion for those wanting to add a musical expression to the theme. Obviously, there is a PCG prayer point to pray together.

From the get-go, I felt the Lord giving me *Then Sings My Soul* as the title but I wasn't sure. However, this has persisted this whole time and I think it is fitting. Besides the fact that Jewish people in the NT used the Psalms as their corporate prayer book, many of them were set to music. And the various genres of the Psalms (i.e. lament, thanksgiving, confession, royal, praise) remind me of the way songs express the various themes of our heart...so these might be "soul songs" if you will.

Once again, I am so grateful for this opportunity to hopefully encourage others to experience more of God's Presence in this season.

Love to you all and praying for you in this season and as you pray together for the PCG!

Jenni

**“BUT HIS DELIGHT IS IN THE
LAW OF THE LORD, AND IN
HIS LAW HE MEDITATES DAY
AND NIGHT. HE SHALL BE
LIKE A TREE PLANTED BY
THE RIVERS OF WATER, THAT
BRINGS FORTH ITS FRUIT IN
ITS SEASON, WHOSE LEAF
ALSO SHALL NOT WITHER;
AND WHATEVER HE DOES
SHALL PROSPER.”**

—PSALM 1:2-3

**WEEK 1 PRAYER FOCUS
GLOBAL CRISIS**

Day 1

But his delight is in the law of the Lord, and in His law he meditates day and night. He shall be like a tree planted by the rivers of water, that brings forth its fruit in its season, whose leaf also shall not wither; and whatever he does shall prosper. -Psalm 1:2-3

Oh, what joy we find in Your instruction, Oh God! With You as our Master Teacher, we sit enraptured. We can't stop savoring Your words and talk excitedly with each other throughout the day about what You are saying to us! We choose to continually receive Your counsel and so are empowered to live out life Your way. As we let You define truth, establish our values and be our primary influencer, our lives flourish. We experience the vitality of whole health from which we are able to offer others relationships that benefit and nourish their well-being. Your ongoing attentiveness to us provides whatever we need in every season of life for all of our days. Oh, what joy we find in Your instruction, Oh God!

APPLICATION

What is Jesus saying to you as you begin this 21 day journey of focused conversation with Him?

One of the richest words Jesus speaks in Scripture is the word "Come." Such a warm welcome is offered in this invitation to do life with Him! Think of the feelings that arise when you receive an invitation to something. As you gather with one another, share how the word "invitation" resonates with you. What is Jesus saying to you as He invites you to come with Him on this 21 day journey of prayer?

KID'S TIP

Have your kids design an invitation from Jesus to them. What is He inviting them to in the next 21 days?

SONG SUGGESTION

Come to Me – Jenn Johnson

PRAYER FOCUS

Pray for the mercy of God to eradicate COVID-19 and reduce it to nothing.

Day 2

I will declare the decree: The Lord has said to Me, 'You are My Son, today I have begotten You. Ask of Me, and I will give You the nations for Your inheritance, and the ends of the earth for Your possession. -Psalm 2:7-8

Oh, God. How humanity pushes against limitation and exerts self strength to overpower, overtake, and overcome! How easily we forget we are yet creatures and YOU are God! How quickly we turn from servant to take charge of our lives and establish self-rule. But You alone sit enthroned, transcendent in power. Successions of kings left us longing for complete deliverance and then...*JESUS!* Perfection crowned and handed Your scepter of strength. May all people pledge allegiance to Jesus our King! May foolish rebellion be surrendered for lives lived daily in humble bow.

APPLICATION

What "scepters of self strength" are you holding tightly to today?

A natural response to restriction and limitation is oftentimes resentment, resistance and the urge to push back with determined self-strength. As you consider any areas of present limitation in your life, what are some "no-s" you might feel yourself resisting? And what are the "yes-es" Jesus might be offering to you in the midst of them?

KID'S TIP

Ask your kids how it feels when you tell them "no" about something. Share some examples with them of the "yes" you are saying that lies behind your "no" and explain how that is Jesus' heart when He allows the "no-s" in our lives.

SONG SUGGESTION

You Are My Peace - HouseFires

PRAYER FOCUS

Pray that our families, churches, cities, and nations will be protected from this day forward from the effects of Covid-19.

Day 3

But I have trusted in Your mercy; My heart shall rejoice in Your salvation. -Psalm 13:5

Father God, sometimes I feel so trapped in a sandpit of suffering! And the wait for deliverance seems unbearable! I look for You in ways I've found You in the past...but to no avail. *Where are You?* To feel cut off from You is despair. I look at the world around me and can't begin to understand how You can just let people keep going in their evil ways without consequence. It's all too much for me and I can't see making it through another day without You affirming You are with me. I don't want the world to think You've left me vulnerable and helpless and jump to wrong conclusions about who You are! No matter what, I *know* Your loyal love. I look back on my life and can recount time after time when You met me right where I was at. So my soul will sing as I place my trust in You and You fill me with everything I need in Your Presence.

APPLICATION

What memories do you have of times you experienced God's presence in a tangible way?

Seasons of hardship can bring bouts of "spiritual amnesia." Flooded with feelings of despair, we can easily forget God is with us even in these challenging times. Yet, God is so incredibly patient with us! If we direct our thoughts with intention to remember, He will quickly remind us of His loving faithfulness in times past. Share with one another some "snapshots" from your memory album of life with God. Sit silently together for a few minutes and allow the truth of God's faithful presence to address your current feelings.

KID'S TIP

Have your kids draw some pictures of times they might have felt afraid but found comfort in knowing you were with them. Explain how God used you to show His presence with them and is always there even though they can't see Him. Assemble the pictures into an album that they can use to help them "remember."

SONG SUGGESTION

Do It Again – Elevation Worship

PRAYER FOCUS

Pray that God will provide scientists, researchers, and medical personnel with the strength and wisdom needed to find a vaccine for Covid-19; and pray that our governmental leaders will know how to take appropriate actions to protect those they serve.

Day 4

The law of the Lord is perfect, converting the soul; The testimony of the Lord is sure, making wise the simple" -Psalm 19:7

Creator God, I have only to lift eyes to the skies to witness the evidence of who You are! Night and day stream revelation, an unending display of the colors of Your character. Your power and radiance touch each and every student in all the corners of the world. I learn of You as well from timeless words written. Words that breathe revival into suffocating souls and penetrate hearts with sight for life. Your words lay down a sure-footed path, invaluable for my daily walks. Oh, may I heed the warning signs along the way and find Your grace waiting for me when I miss them! I offer all of my self to You, my Protector...and the One who shoulders my weight to carry me home.

APPLICATION

What are you taking in?

The amount of information we receive through our senses every day is massive. How much of it is helpful? How much of it is leading us through a difficult season in ways that are strengthening, comforting, freeing...giving us grace and building wisdom within? What have you found refreshing in challenging times in the past? What feeds your soul? Perhaps it is a good time to choose more intentionally what you are taking in. What might that look like for you?

KID'S TIP

Get a bucket or bin and have the kids fill it up with heavy and light items until it's full. Now tell them they will have to carry the bucket across the yard and ask them if that might change what they want to keep in the bucket. After they empty and refill the bucket, have them carry it across the yard. Ask them what they "fill" themselves up with that helps them do life?

SONG SUGGESTION

Yahweh – Rend Collective

PRAYER FOCUS

Pray and boldly declare that fear, anxiety, and feelings of isolation will lose their grip over the world and that the peace of the Holy Spirit will bring healing restoration.

Day 5

The Lord is my shepherd; I shall not want. -Psalm 23:1

Oh, Lord. You are the one tenderly caring for the contents of my soul - providing, protecting, nourishing, guiding, directing, correcting. With Your attentive presence in my life, there's no time, no place and no situation where I come up short. You invite me into the deep rest of dependence on You...to cease all striving and self effort. Such a position revives the heartbeat of my soul. The grip of Your hand around mine tightens as I experience moments and seasons of loss. You grant me the comfort of knowing which direction to take and what is best for me. Even in the midst of threats to my wellbeing, You make sure I experience rich soul satisfaction. I trust Your protection so deeply that I can face tomorrow with courage. You identify me as Your own and my joy can't be contained! Without a doubt, Your loyal love pursues me every single day and I live every moment of life with You.

APPLICATION

What do you need from Jesus today?

When hard times hit, life can feel stripped down to bare minimal survival. All things "extra" and "easy" may disappear along with things that we look to for comfort. Life under Jesus' care means we have everything we need to "do" today. As you mentally run through the day ahead, what might be challenging, difficult or even discouraging? How might you ask Jesus to care for those needs?

KID'S TIP

Ask your kids what they might be missing right now. Explain that Jesus wants to take care of them and give them exactly what they need. Encourage them to ask Him for whatever that might be.

SONG SUGGESTION

Psalm 23 (I am Not Alone) – People & Songs

PRAYER FOCUS

Pray with compassion for those who have already been impacted by Covid-19 through illness and loss of family/friends, and also pray that God will heal those who are more susceptible to infection.

Day 6

Wait on the Lord; Be of good courage, and He shall strengthen your heart; Wait, I say, on the Lord! -Psalm 27:4

The one thing I'm going to keep on asking is that I would recognize Your presence with me at all times, Oh God! You are the One who helps me see what I'm dealing with and then gives me the courage to face it. With You, I am able to withstand anything. Even when circumstances threaten to cut off all of the things I rely on to sustain me, My confidence in You remains fixed. You place me beyond reach of that which will harm me. I have no doubt that You will bring to me all that is for my best no matter how long it takes. So I resolve to wait for You with strength and expectation. I wait for You, oh God!

APPLICATION

What are you afraid you might "run out of" today as you wait for something to change?

When we find ourselves in life's "waiting room," it can feel like we are just biding time, like our life is on hold and we are stuck until some kind of change occurs. The future looms ahead indefinitely while we struggle to find purpose in the present and strength to embrace a new norm! Yet God speaks purpose into our very existence in every moment of life. And He wants to firm up those marathon muscles that might feel weak. How are you waiting out this current season of life? In what area might you ask God to give you strength?

KID'S TIP

Have your kids run around the block a couple times. After they do, ask them to run a couple more. Keep asking until they start to resist. Explain to them that endurance is the strength to keep going even when you want to quit and Jesus is the one who makes that possible. Ask them what they might be having a hard time continuing and encourage them to ask Jesus to give them strength.

SONG SUGGESTION

One Thing - HouseFires

PRAYER FOCUS

Pray for the Lord to intervene and bring provision for those who have been impacted financially from the lockdown through supplying all of their needs, so that their hearts will be turned to Him in repentance and thanksgiving.

Day 7

The Lord sat enthroned at the Flood, and the Lord sits as King forever. -Psalm 29:10

May all the angels bow under the heavy weight of reverence due You, Oh God! On bended knees with faces to the ground, may they express homage to You who are set apart from all other beings! You have only to say the word and all of creation falls into line, snapping to attention. You speak to chaos and disorder and purposeful life forms and flourishes. Your voice is invincible force...unequivocal grandeur. When You say the word, tyrants topple and disasters dissipate, vanishing with one blow of Your breath. Oh, Lord, fill us with Your awesome strength! Wield Your power to transform us in every way!

APPLICATION

Where are you seeing God's power?

Sometimes, we find it harder to notice God's movement when it is more subtle, quiet, perhaps even hidden to the physical eye. During challenging times, we may find it even more difficult to wade through all that's discouraging to look for Him. Yet, if we take time to reflect, even asking for His help to show us, we will see Him at work. What might be holding you back from looking? Where might He be in the visible and not-so-visible places?

KID'S TIP

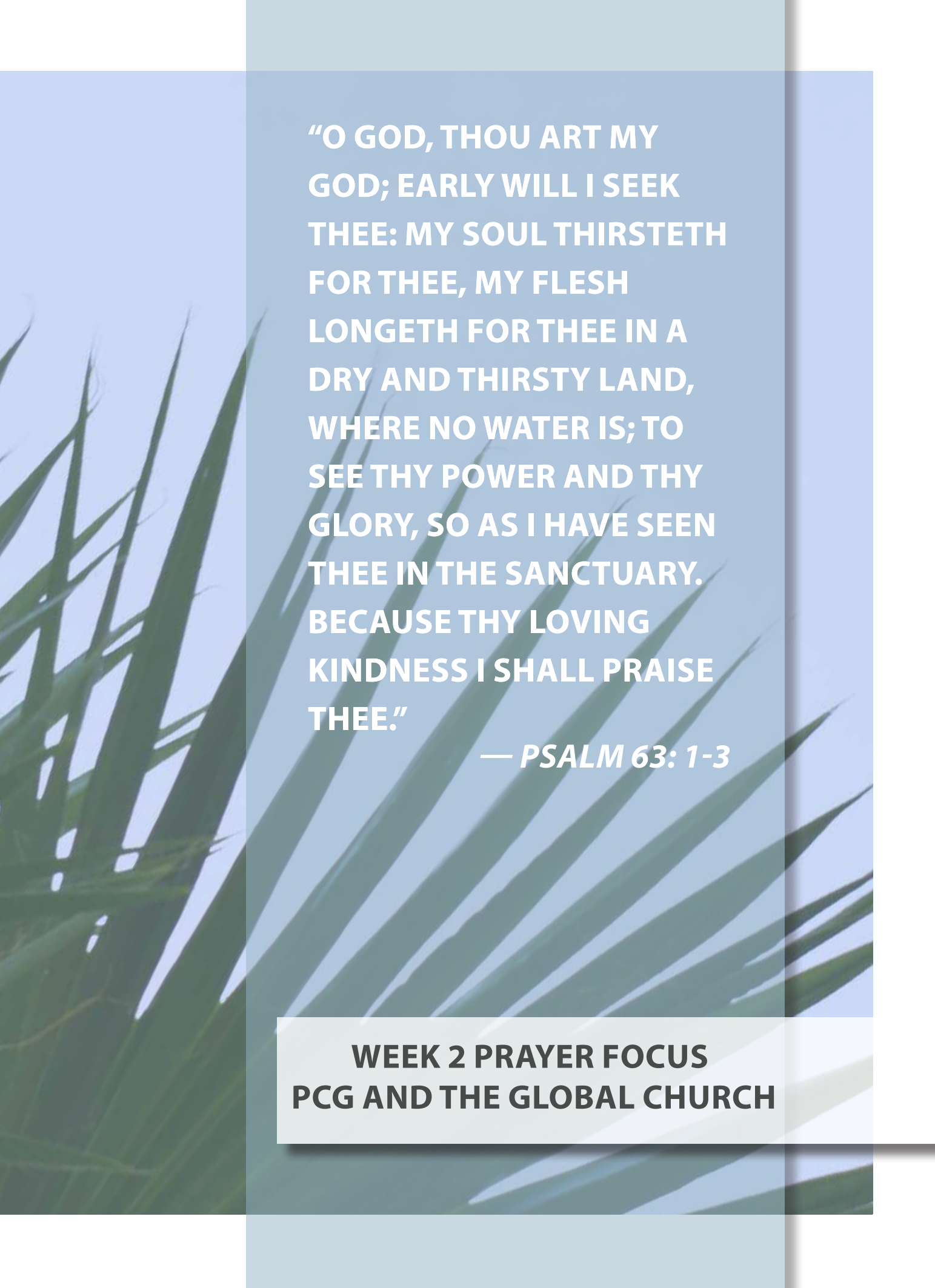
Ask your kids how they see God at work in this season. It is always so encouraging to hear the simple yet profound insights that children often have.

SONG SUGGESTION

Be Enthroned – Jeremy Riddle

PRAYER FOCUS

Pray for wisdom and safety as the world begins to reopen and pray that the Church will continue to meet the needs of those who remain afraid, alone, and grieving.



**“O GOD, THOU ART MY
GOD; EARLY WILL I SEEK
THEE: MY SOUL THIRSTETH
FOR THEE, MY FLESH
LONGETH FOR THEE IN A
DRY AND THIRSTY LAND,
WHERE NO WATER IS; TO
SEE THY POWER AND THY
GLORY, SO AS I HAVE SEEN
THEE IN THE SANCTUARY.
BECAUSE THY LOVING
KINDNESS I SHALL PRAISE
THEE.”**

— *PSALM 63: 1-3*

**WEEK 2 PRAYER FOCUS
PCG AND THE GLOBAL CHURCH**

Day 8

The Lord knows the days of the upright, and their inheritance shall be forever. They shall not be ashamed in the evil time, and in the days of famine they shall be satisfied. -Psalm 37:18-19

Oh, Lord, sometimes we look at this life as if this is all there's going to be. But the disappointments and accomplishments of earth aren't what truly matter. We've got an unseen reality that is not yet fully present here. And so our daily task is to trust You and to do the good that You have asked of us. To live day after day with emotions, thoughts and actions set on loving You. In so doing, we drink deep from the well of divine satisfaction. When I depend on You like this, I don't have to worry about anyone else's response. I don't give weight to what everyone else is doing and how great things seem to be going for them. I receive my status and approval from You. I don't concern myself with how others seem to do whatever they want and get whatever they want. I realize that's all going to be short lived. Because waiting for Your timing means that I have an eye on what I know Your promise is for the long run. Like how You won't ever leave us in the dust. You'll protect us, provide for us and give us the stability we need to make it. So we'll keep looking towards the future for complete deliverance because our prosperity is eternal.

APPLICATION

Where are you finding your satisfaction?

No two sets of circumstances are ever exactly alike. Even when disaster spans the entire globe, some find themselves thriving with new opportunities while others grapple with debilitating loss. What truly matters and how are we to make sense of this with God? Deep satisfaction corresponds greatly to daily expectation. What do you expect from God? Share with someone the truths your soul is feeding on within your current circumstances.

KID'S TIP

Guide your kids in baking one of their favorite foods. Once it's ready, have them taste a sample, encouraging them to savor it slowly. Ask them to describe the experience and share with them any similarities in how you find satisfaction in relationship with God.

SONG SUGGESTION

Met by Love – United Pursuit

PRAYER FOCUS

Pray for PCG Global Missions to advance around the world. Ask God to refresh our Leaders, Missionaries, field representatives, and pastors as the Holy Spirit helps them create strategies to navigate Global Disaster Relief and see the nations delivered as an inheritance.

Day 9

Blessed is that man who makes the Lord his trust, and does not respect the proud, nor such as turn aside to lies. -Psalm 40:4

God, I remember the time I stopped everything to give You my full attention. And You, poised to hear even the faintest of sighs, were ready to respond to my cry of distress. You rescued me from everything and everyone influencing my demise and stabilized me in all the ups and downs. You gave me another reason to sing Your praise. Those who hear my story trust You with their lives. And I can't even begin to keep track of all the testimonies like mine! Yet, even more important than this outward expression of recognizing You is an inward posture of offering all I am to You. So now, as my present suffering feels like it will be the end of me, I beg You to come quickly. I need You, just like last time...and I know I won't be disappointed.

APPLICATION

What does it look like to trust Him in your present circumstance?

One of the hardest things about trust can be letting go of our ideas of how something should look. We find it difficult to release control of what we want (and think we need) in surrender to what God might be giving (or not giving) in challenging circumstances. Where might He be asking you to trust Him at this present time? How might you know you won't be disappointed?

KID'S TIP

Gather the family for a "trust fall" experiment. Stand behind your child with their back to you. Tell them to fall backwards, trusting you to catch them. Talk with them about how that felt and ask them what they might be feeling uncertain about right now.

SONG SUGGESTION

Seasons Change – United Pursuit

PRAYER FOCUS

Pray for PCG U.S. Missions to win the lost and equip/send the found. May the Holy Spirit renew and strengthen all of the leaders and ministers who are on the frontlines of National Missions, American Indian Missions, Inner City Missions, the Military Chaplaincy and Disaster Relief Ministries.

Day 10

Why are you cast down, O my soul? And why are you disquieted within me? Hope in God, for I shall yet praise Him for the help of His countenance. -Psalm 42:5

I really don't know what I'm going to do if I can't connect with You, God. I need You like my lungs need air. How long is it going to be before I really experience Your presence? I've basically been crying nonstop and everyone around me is questioning whether You're really with me. I think about all the good times in the past. How I would lead everybody else with encouragement, pointing to all the reasons we had to be thankful. So why am I having such a hard time now? My mind tells me the truth that I'll praise You again for Your presence with me. But my feelings are doing serious battle against those thoughts. I remember times in my life when I've felt Your presence so tangibly. Now, as I open the vulnerable, raw depths of my soul to You, I experience Your loving presence with me. Right where I'm at in this moment. Even if my feelings don't go away and everybody keeps criticizing me, I'm holding onto this truth...that I know I'm going to have a good reason to praise You again.

APPLICATION

What feelings are you experiencing that might be doing battle with what you "know" is true?

God is so much greater than our most embarrassing emotions! We might cringe to open ourselves up to Him with complete honesty and tell Him exactly how we are feeling. And yet, He can handle it! In fact, He welcomes it! He can't wait for the opportunity to meet us right where we're at and minister His loving, healing presence in that very place. What might you be hiding from Him that He is encouraging you to show Him?

KID'S TIP

Play a game of hide and seek as a family. Afterwards, read the story of Adam and Eve hiding from God in the garden. Point out how, even when they felt ashamed of their sin, God went looking for them and lovingly provided just what they needed by giving them coverings for their bodies. Ask them what kinds of feelings, thoughts or behaviors they might be afraid for God to discover in them.

SONG SUGGESTION

Satisfied in You – The Sing Team

PRAYER FOCUS

Pray for PCG Student Ministries to impact the nations. Lift up children's, youth, and young adult leaders in global to local church ministries. Pray for students to be bold for God, sharing the Gospel truth with friends who feel isolated, lost and afraid.

Day 11

We have thought, O God, on Your lovingkindness, in the midst of Your temple. -Psalm 48:9

Words can't begin to express or contain all that You are, Oh God! You've placed the utmost importance upon being known so that when we recognize Your presence with us and reflect upon who You are, we find unparalleled joy. The safety and security of Your presence reassures and empowers us to face anything and everything. Any attempt by others to breach the walls of Your protection are futile. When those who oppose You witness Your power, they are rendered speechless...awestruck. All of the things they value and take pride in crumble before their eyes. But Your loyal, unbreakable commitment of love for Your people is permanent and foundational forever. Help us to live life with You so that we get to know You so well that we can show younger generations who You are. You are the only One we will follow until the end of our days.

APPLICATION

How are you pondering God's loyal love?

How would it feel to have a friend who loves you no matter what you might say or do? A friend who's got your back when you fail and doesn't let up when defending you? A friend who protects you from anything and everything that isn't in your best interest and is dedicated to giving you all that is? Feeling cut off from close friends increases our loneliness and sense of loss. We are hungry for love! God's loyal love for us is unconditional, unbreakable and unending. Do you need a hug today? What might it look like for you to let the arms of God stay wrapped around you? How will you live today as one deeply loved?

KID'S TIP

Ask your kids to share about some times they've felt loved. How do they know you love them? How do they know God loves them? Have them draw a red heart on the top of their hand with a washable marker. Each time a family member notices another family member's heart throughout the day, give that person a hug and say "I love you and God loves you." At the end of the day, ask the kids how it felt to be reminded of that all day long.

SONG SUGGESTION

How He Loves – John Mark McMillan

PRAYER FOCUS

Pray for PCG Adult Ministries to empower and equip people around the world. May the Holy Spirit renew global to local church ministries to men, women, families, and seniors within the Church body bringing words of hope and actions of love.

Day 12

God has spoken once, twice I have heard this: that power belongs to God. -Psalm 62:11

My sights are set on You alone, Oh God! I know that You're the only One who can save. My soul waits quietly, certain that You will come to my rescue. From our relationship alone, am I able to find a security that anchors me. There are people out there that can't wait to see my downfall. They're watching and are eager to see me overcome. They may talk like they are for me but I know the truth of their inward motivation. But I know who You are, God, and how You've always been. I'm counting on Your reputation and so I'm confident that I'll get through this. I don't expect to find my strength from mere humans. And I know everything is being weighed on Your scale of justice. You won't miss anything so I leave it to You. I trust You.

APPLICATION

How are you encouraging your God-strength?

Have you ever wished God would just zap you into arriving at whatever place He is choosing to slow-grow you in? Cooperating with the Holy Spirit's work in us involves thoughtful intention and commitment to action. It also means noticing where He might be drawing you in a different direction than your normally "routine." What might God be inviting you to add into your daily/weekly rhythm to strengthen your dependence on Him in this season? What might He be asking you to let go of?

KID'S TIP

Have your kids do as many pushups as they can. Ask them what it might take for them to be able to do more. Ask them what might encourage people to grow stronger in knowing Jesus. Share with them some of the ways your growth has been encouraged.

SONG SUGGESTION

Letting Go – Bethel Music and Steffany Gretzinger

PRAYER FOCUS

Pray for PCG Multiplication through new ministers, growing churches, and church plants. Ask the Holy Spirit for an increase of workers (laborers) for His harvest, and Divine strategies for equipping the people of God to do the work of the ministry.

Day 13

His name shall endure forever; His name shall continue as long as the sun. And men shall be blessed in Him; all nations shall call Him blessed. -Psalm 72:17

Oh, God, we want to be like Jesus in our communities! We need to know how to encourage people to know the truth of who You are and how to live in relationship with You. And we need to know how to stand up for those who don't have a voice within our cultures. May those who lead our countries lead like You, Jesus, and make decisions that benefit health in every area of people's lives. May they have influence to line things up with Your values and Your definition of peace. May the poor be defended and every need be met. May those serving evil be brought down and all violence stopped. May the weak receive compassion and every life be given value!

APPLICATION

How are you expressing Jesus to those around you?

The spiritual climate of this season of global crisis is unprecedented in the massive amount of people awakened to the search for stability, comfort and hope. However, it can feel so challenging to find ways to connect with others while respecting physical distancing guidelines. Despite this, God's Spirit has expressed His resourcefulness and creativity through so many believers by giving them new ideas and methods for reaching out. He's good at this! What might the Spirit be prompting within you? How are you sharing God's presence with others?

KID'S TIP

Spend some time brainstorming with your kids as to how you might express Jesus' loving presence to those within your neighborhood. A few ideas: Set up a table in your front yard with a pad of paper, pen and a sign inviting people to leave a prayer request. Write out an encouraging scripture in chalk along the sidewalk or on your driveway. Leave a jar filled with flowers and a scripture prayer on a front doorstep.

SONG SUGGESTION

For the One – Bethel Music and Jenn Johnson

PRAYER FOCUS

Pray for PCG Communications to radically promote the Gospel to the world. May every PCG church and ministry communicate the Gospel through the development of resources, social media, live video-streaming, websites, blogs, podcasts, radio, TV, etc.

Day 14

His foundation is in the holy mountains. The Lord loves the gates of Zion more than all the dwellings of Jacob. -Psalm 87:1-2

You have been present with Your people from the beginning, Oh, Lord! We remember the crown of significance You laid upon Jerusalem's head when You chose to dwell with Your people there. Indeed, every believer's birthright is found in Jesus through all He did in that sacred place! We can't wait for the day when people from every nation will come to Jerusalem, the center of Your Kingdom. All will eagerly arrive with worship, with gratitude and honor for those who knew You from the start. You will welcome newcomers and old timers who respond with uncontainable joy! For only in Your Presence, Oh God, do we find life. You are our source and sustenance forever.

APPLICATION

How are you connecting with others to experience His Presence within community?

Gathering together as followers of Jesus is such a sacred gift. Believers throughout history have cherished meeting with others to share testimonies, to express gratitude and reverence to God with silence and song, and to encourage one another with the Word and through prayer and fellowship. God created us as relational beings and we experience such rich, mutual benefit when we are together. Not being able to be physically present with one another can make this relational connection feel next to impossible. How are you experiencing a more isolated season? Though it might be physically impossible to gather in this season, how are you being intentional to experience God's presence within community?

KID'S TIP

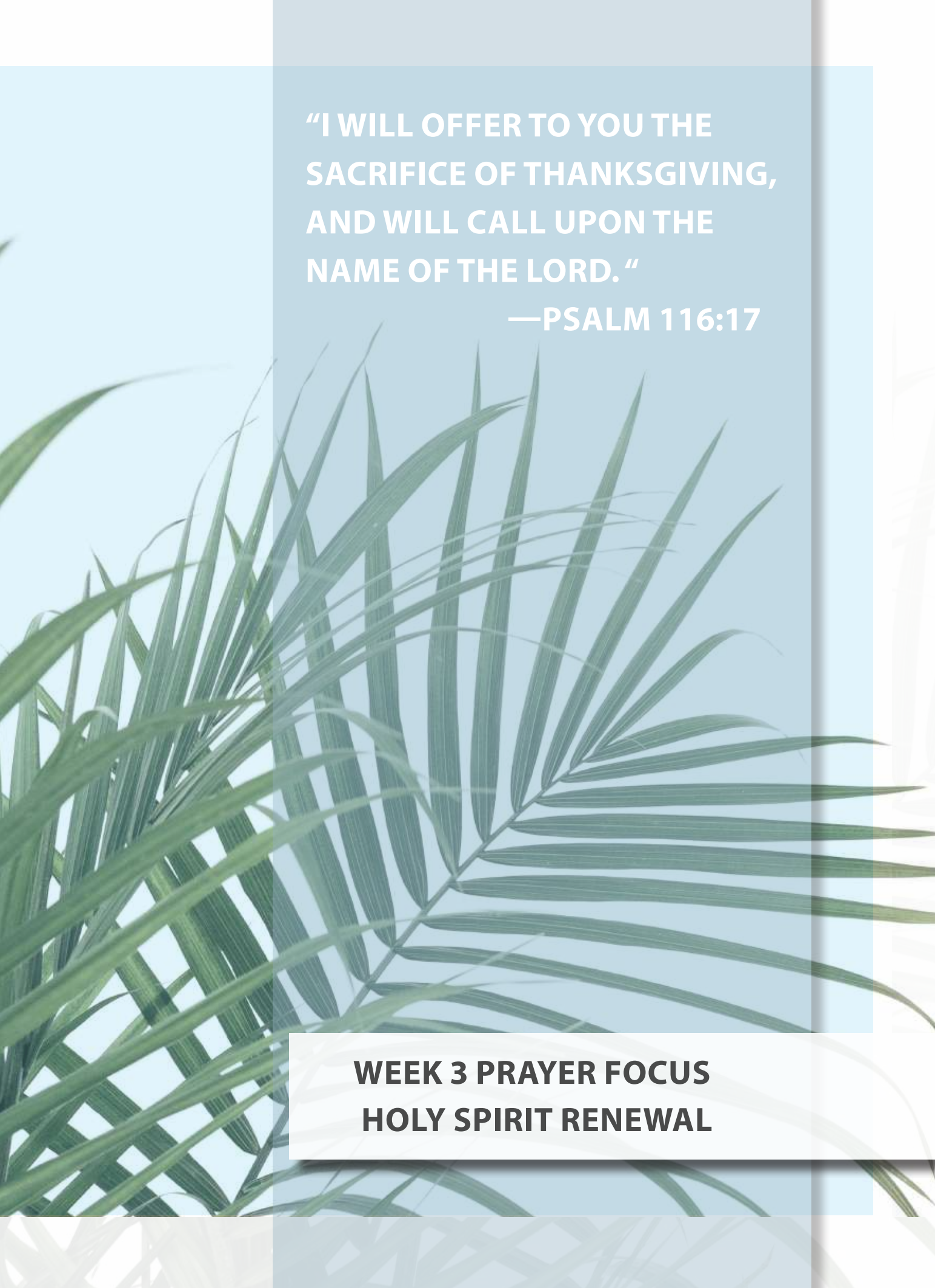
Ask the kids which friends they might be missing during this season. What do they miss about being with these friends? Share with them the ways you find encouragement within community. Brainstorm some ways in which they might connect with others during this time.

SONG SUGGESTION

We Have Come – United Pursuit

PRAYER FOCUS

Pray for PCG One Mission—One Movement. May we pray to see every person a mission ... every church a mission ... and every nation a mission.



**“I WILL OFFER TO YOU THE
SACRIFICE OF THANKSGIVING,
AND WILL CALL UPON THE
NAME OF THE LORD.”**

—PSALM 116:17

**WEEK 3 PRAYER FOCUS
HOLY SPIRIT RENEWAL**

Day 15

The Lord said to my Lord, "Sit at My right hand, till I make Your enemies Your footstool."
-Psalm 110:1

Oh, what honor is Yours, Jesus, for Your perfect obedience! You have been given the position of power at the Father's right hand. We long for the day when Your rule will find complete fulfillment and all of Your enemies will be utterly defeated. From the very moment You began to unfold Your rule here on earth, there's been no stopping its expansion. Through Your messenger-army of love, more and more people have come to place their trust in You. Your sacrifice has made it possible for all of us to experience God's presence forever. One day, You will right every wrong and You won't stop to rest until all is under Your rule!

APPLICATION

What hope are you holding onto?

When circumstances look different than the way we want them to, we might find ourselves hoping the circumstances will change. They might. They also might not. The mystery of God's infinite perspective and sovereign plan makes it impossible for us to predict how many things will unfold. Such seasons of hardship make it vital to position our hope in the truth of God's promises found in His Word. What do you find yourself hoping will happen? What certainties does the Word speak into those places and how might that affect your ultimate hope?

KID'S TIP

Have your kids collect a medium size glass bowl, a rock and several different colored liquids. Place the rock inside the bowl. Ask the kids what is inside the bowl (a rock, of course!). Take turns pouring the different liquids into the bowl. What happens to the rock when all of the changing colors of liquids are poured in? Point out that though its surroundings might look different, the rock remains the same. What stays the same in our lives no matter what changes might happen? What promises does God make that we can always count on?

SONG SUGGESTION

Tis So Sweet – Shane & Shane

PRAYER FOCUS

Pray that the Holy Spirit will point the world to Jesus

Day 16

*I will offer to You the sacrifice of thanksgiving, and will call upon the name of the Lord.
-Psalm 116:17*

Oh, how I love that You hear me, my God! You are the One who perceives the cry of my heart so I will depend on You for the rest of my life. I really felt like I was going to die but the minute I started to break down, You were right there to save me. Like a parent with a child, You rescue those who can't rescue themselves. I was barely hanging on and You pulled me up in to Your comforting arms of safety. You have given me far more than I could ever deserve. I will live in daily obedience to You. I will devote all that I am and do to You. I will express my gratitude to you when I'm with others. With everything I've got, I praise You, Lord!

APPLICATION

How are you cultivating a grateful heart?

Hardship can often blind us from noticing the benefits and gifts in our daily lives. Especially as the difficulties seem to pile up or go on and on and on. How does God restore our souls? One way He turns the soil of our hearts is through our intentional practice of gratitude. How did you experience God's goodness as you review the events of yesterday? How might you notice, and even record and share, the big and small gifts of today?

KID'S TIP

Place a jar in the middle of your dinner table. Each day, perhaps at a meal time, ask the kids how they saw God giving a good gift to them. Have them jot it down on a scrap of paper and place it in the jar. Once a week, take some time to pull out a few and remember together God's faithfulness.

SONG SUGGESTION

Be Still – Kristene DiMarco

PRAYER FOCUS

Pray that the Holy Spirit will empower every Christian to pursue God with a renewed passion for personal intimacy with Him.

Day 17

Blessed are those who keep His testimonies, who seek Him with the whole heart!
-Psalm 119:2

May my daily life mirror the directives of Your Word, Oh, Lord! Engrain in me Your ways so deeply that my very emotions, thoughts and choices reflect who You are. Your Word is my advisor. All day long, I open my soul to listen for what You are saying. As I obey, I am choosing what is trustworthy and inwardly transforming. Approval from others is irrelevant and I am able to act with Your loving truth no matter my audience. Your Word makes it possible for even suffering to strengthen my obedience and teach me what is truly best in life. Without Your Word, I wander. Oh, Lord, find me loyal to Your ways!

APPLICATION

Where are you experiencing God at work within you?

Transformation is the lifelong process of being so inwardly changed that our outward expression of daily life looks just like Jesus. Such radical change requires an ongoing posture of listening to where the Spirit is moving and then responding to His movement. Where do you sense His movement within you during this season? Where is He drawing you with desire? In what ways might you be noticing some resistance?

KID'S TIP

Play a game of Marco Polo with the kids. Afterwards, ask them how the person calling "Marco" was able to find the people answering "Polo." Share with them the ways you hear the Spirit in your life and how you respond to what you hear from Him.

SONG SUGGESTION

Upper Room – Hillsong Worship

PRAYER FOCUS

Pray that the Holy Spirit will empower every Christian to share his/her faith as a light in the midst of the darkness.

Day 18

I will lift up my eyes to the hills—from whence comes my help? My help comes from the Lord, Who made heaven and earth. -Psalm 121:1-2

You are my only source of help, Oh, God! As I depend on You alone, nothing is able to rock my stability. You continually keep watch over me. With vigilance, You guard me. Not for one moment do You stop protecting me! It is in Your readily available presence that I find safety and refreshment. You are with me at all times no matter where I go and You stay with me forever.

APPLICATION

What or who are you looking to for help in this season?

In the OT, worshippers went to places set high upon the mountain tops in order to pray and sacrifice offerings to their idols. In stark contrast, the psalmist points to the One who created those very mountains (and everything else besides!) as the only true source of help. What are you finding helpful in persevering with God's presence during this season? What do you see other people turning to?

KID'S TIP

Ask the kids to think of a time when something of theirs was broken. Pose the option to them of either asking an ant to fix the broken item or the person who had actually made it. Discuss with them how God knows us best since He made us and so He knows just how to help us. In what ways would they like to ask Him for help?

SONG SUGGESTION

Be Thou My Vision - Shane & Shane

PRAYER FOCUS

Pray that the Holy Spirit will empower every Christian to do the same things that Jesus did when He walked the earth. May the supernatural be witnessed through signs and wonders.

Day 19

All the kings of the earth shall praise You, O Lord, when they hear the words of Your mouth. -Psalm 138:4

I can't thank You enough for all that You are, oh God! Others may applaud many things and aspire for status, wealth and influence but You hold the utmost value in my heart. In gratitude, I bow before You, humbled by Your binding commitment of love for me. Every nation will hear how great You are and none will be able to keep quiet for all the wonders that You have done. Your leaders are preserved in the midst of every trouble and You deal with their opposition. You bring us to the end with our best in mind, loving us all the way.

APPLICATION

What is your story in this season?

Every single one of us has a story that God is writing within the context of our lives. Even in what might be a challenging chapter, He is speaking and moving and you are hearing, seeing and experiencing His presence with you. What title would you give to this chapter of life that you are in? What have been some of the high and low points you've experienced? How might God use this part of your story to show someone else who He is?

KID'S TIP

Ask the kids to make up a story telling others about what is happening in their lives right now. Who might want to hear their story? And what in their story might point someone to knowing God more?

SONG SUGGESTION

It Is Well – Bethel Music and Kristene DiMarco

PRAYER FOCUS

Pray that the Holy Spirit will reproduce the nature of God in His people.

Day 20

Search me, O God, and know my heart; try me, and know my anxieties; and see if there is any wicked way in me, and lead me in the way everlasting. -Psalm 139:23-24

Oh God, You know every minute detail of who I am, how I feel, what I think and all I do. You know my habits, the things I find challenging and those secret dreams I keep hidden in my heart. You know all the things within me that I don't even know are there! Indeed, Your knowledge of me runs so deep it is unfathomable for me to wrap my mind around! No place within me or without is off limits to Your all-pervasive presence. You knew me before I had form and have been thinking about me every second of every day since. I owe every breath to You so I pledge every part of me to Your service. Bring to the surface all I can't see and continue to work Your transformation until I am whole!

APPLICATION

How are you letting Him attend to your soul?

One positive note of daily life being simplified and slowed down for some is the opportunity that gives for increased time to sit and listen. Suspending our own agendas to truly hear where another person is at shows genuine care and helps one to feel heard. Often, this means we must first stop to be present to our own internal state. The external noise of busy lives often keeps us from noticing the still, small voice of the Spirit speaking to us. What might it look like to quiet yourself and ask Him to show you what's there? And once He shows you, how might you allow Him to minister His presence in that place?

KID'S TIP

Take your kids outside and have them sit down somewhere comfortable. Tell them you're going to do a listening exercise for 5 minutes with total silence and to try not to wiggle too much. Tell them to just notice what they see, hear, feel and smell. After 5 minutes is up, ask them to share their observations. Do they think they would they have noticed those same things if they were busy playing?

SONG SUGGESTION

Communion – Maverick City Music

PRAYER FOCUS

Pray for a fresh outpouring of the Holy Spirit on the nations of the world. May countless millions be saved, healed, and delivered.

Day 21

Praise Him for His mighty acts; Praise Him according to His excellent greatness! Let everything that has breath praise the Lord. Praise the Lord! -Psalm 150:2, 6

The climax of all of our prayers is praise to You, oh God! Our exuberance explodes as we speak of Your presence here on earth. And thunderous applause fills Your throne room of heaven. We whistle and cheer, stirring up joyful commotion as we remember and testify to everything You have done! Our jaws drop in awe as we contemplate all that You are. Our passion fingers the strings of instruments and composes melodies overflowing with praise. Cymbals give celebratory clashes and horns signal festive rejoicing! May everything with breath give You praise, oh Lord!

APPLICATION

How might you recognize who God has been and what He has done in the past 21 days?

The ceasing of work with the Sabbath rest includes the celebration of all that is good and the complete delight in all God has done. How do you feel after co-laboring with the Spirit along this 21-day journey of prayer? How might you celebrate who He has been to you and honor the things you've seen Him do?

KID'S TIP

Throw a party to celebrate all the ways your family has seen God at work over the past 21 days. Make signs. Bake a cake. Take turns sharing testimonies around the dinner table. Make up a simple cheer for God and do it together. Sing some praise songs and make some noise on instruments or even pots and pans!

SONG SUGGESTION

Lord of All – Noah Paul Harrison

PRAYER FOCUS

Pray that the Holy Spirit will revive the Church and awaken the world.



Jenni Gilbert is grateful to be the wife to the most giving man she's ever met and mom to three blossoming young adult kids. She is passionate about God's Word and about being intentional in nurturing relationship with God and others. She enjoys the beach, dogs, good food, and all kinds of people. Her educational background includes Interpersonal Communication, Counseling, Biblical Studies and Life Coaching. You can find out more about her writing and spiritual formation coaching at jennigilbert.org.



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