### Responsible and Safe Recreation

So you've gathered a group of like-minded individuals and are planning a trip to the great outdoors. Awesome! We are just as excited as you about exploring the wild places of our beautiful province. As a group leader and advocate for responsible and safe outdoor recreation, inspire others to love and protect nature areas as much as you do. Here are some guidelines to share with your group members before heading out.

### **PACK OUT YOUR GARBAGE**



This includes organics such as fruit peels and toilet paper. Garbage is not only unsightly but may also attract wildlife, thus increasing the possibility of human-wildlife conflict

#### TAKE ONLY PHOTOGRAPHS



It may seem harmless to pick flowers and mushrooms or non-living material such as shells and dead wood, but these all play ecological roles in the habitat, so please leave them where you find them and let them do their thing

### THEMSELVES



Fed animals can become accustomed to people providing food and become aggressive. Human food can also make animals sick; let animals eat their natural food

# PRACTICE GOOD TRAIL ETIQUETTE



Stay on the trail; shortcutting and trampling cause erosion and damage the habitat. Give wildlife their space, and be courteous and considerate to other trail users

## BE CONSIDERATE WHEN "GOING" IN NATURE



Don't put garbage in the toilet or outhouse building – it damages the outhouse and can attract wildlife. If you must go outside, go 100 m from camps, water sources, and trails. Dig a hole for solid deposits, and bury any waste and used toilet paper afterwards

#### **BE PREPARED**



Leave trip details with a trusted contact. Be properly equipped for today's activity and prepared for sudden weather changes. Come up with a plan for keeping the group together and stick to it

