



Name Surname

Professor's Name

Course

Date

Why Women End up in Unneeded Relationships

Unnecessary romantic relations are an important but underappreciated issue in many countries today. For various reasons, even women in the most developed countries date or marry men while lacking mutual feelings towards them. As a result, most girls get used to their current relationship status but endure negative consequences.

Indeed, the most common cause for hooking up with someone unloved is the societal norm. Sadly, women with conservative and modern backgrounds endure the pressure of having a romantic partner. Society still views a single woman as more unhappy than a woman in a bad relationship. This stereotype forces even asexuals or aromantics into unwanted connections.

As a result, girls often ditch their life plans for the sake of experiencing romance. Usually, such women regret missed career opportunities, travels, or hobbies. In addition, they realize that the chosen romantic path brought them less contentment than expected.

Another widespread reason for letting unwanted people into one's life is guilt. From an early age, girls hear fairytales, where kind and brave princes marry princesses in the end. Hence, children grow up with the notion that they should always repay for love and a good attitude. So nobody understands her decision if a girl refuses to date a handsome, loving man.





Consequently, the courtship results in an unhappy couple. A woman has to bear a stranger out of guilt, and the man constantly feels her unpleasant emotional state. Moreover, flowers, gifts, and passionate serenades lead to nothing but disappointment in the pair.

The next motivation for staying in unnecessary relationships for women is fear of getting older and being alone. Again, the harmful stereotypes about women's "market value" push young girls into toxic relationships. As soon as teens hit the age of twenty, everybody expects them to form a family soon. However, when a woman is thirty or older, society believes she cannot find true love.

Hence, girlfriends often cling to imperfect men to avoid being single in the future. In reality, such behavior can lead to young women missing better opportunities in dating. Therefore, they courageously endure abuse or other negative aspects instead of leaving and looking for somebody else.

A final reason for getting into an unwanted, low-quality relationship is the lack of experience. In other words, girls barely realize what a healthy dynamic in a couple looks like, so they unknowingly settle for less. If a woman has nobody to give her a piece of advice, she lives thinking that certain unhealthy patterns are normal. She has no previous relationships to compare.

Accordingly, a girlfriend or wife can assume something is wrong with her but not with her partner. She may try to become perfect to avoid frustrating the man, but without result. She fails to accept that the man should change his attitude to save the family.

To sum up, the reasons for being in unneeded relationships vary. Most of the time, traditional notions and stereotypes shape women's perception of themselves and what they



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should do and what they deserve. Eventually, forced romantic connections lead to unhappiness for both partners. That is why finding and following individual wants and needs is so important.