



## Clinical Leaders of Thrombosis Newsletter

*Spring 2007*

Dear Member

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If you have any items to include in the newsletter, send all details to **Lesley Dolan** by:

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**Welcome**  
to the Spring Edition of  
the CLOT Newsletter.

*Mrs Lesley Dolan*  
*Newsletter Editor*

## CLOT Meeting

The latest CLOT meeting was held on Sunday 25th & Monday 26th March at the Village Hotel, Bury, Lancashire.

Two Workshops were held at the Sunday afternoon session. Julie Braine, Cambridgeshire PCT & CLOT Executive Committee member, presented the problems encountered with a pilot project into the community management of DVT which resulted in discussions amongst the delegates having encountered similar problems suggesting possible solutions.

Pam Birchall, Wigan NHS Trust, presented the Launch of the Outpatient Pulmonary Embolism Pathway, which is in its early stages, Pam and her colleagues will present the audit results of the service at next years CLOT meeting, delegates expressed great interest in seeing the results next year.

The topics of the presentations on Monday included: the use of Vena Cava filters, AF, Thromboprophylaxis - current update, implementing thromboprophylaxis & its importance, mechanism of Warfarin, the pro's & con's of inpatient dosing and finally non-compliance in patients on anticoagulant therapy.

All the presentations were extremely informative and are available to CLOT members via the website. [www.clotuk.com](http://www.clotuk.com)

Thank you to the delegates for completing the evaluation forms and the suggestions for topics to be included in future meetings.

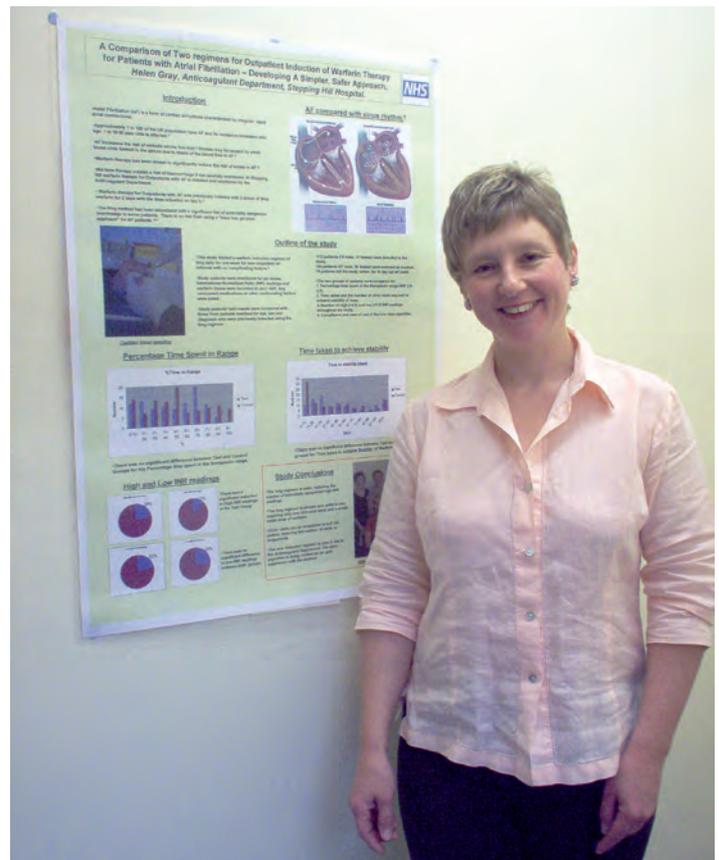
CLOT members were also informed at the meeting that a date had now been finalised for the Chief Medical Officer to publish his response to the recommendations of the VTE expert working group on thromboprophylaxis. The date is expected to be April 17th 2007.

## Posters

Six posters were submitted to the CLOT meeting, Sue Bacon, Scarborough, Outpatient DVT Pathway, Susan Williams, Wigan, Smoking, INR results and Warfarin, Helen Gray, Stockport, A comparison of two regimens for Outpatient induction of Warfarin therapy for AF, Pam Birchall, Wigan, PE Management, Susan Gee, Wigan, DVT Management, Debbie Atkinson, Stockport, Audit of Thromboprophylaxis in Acute Medical admissions.

Steve Kitchen, Chair of the meeting, announced Helen Gray as the winner of the Posters, Helen was presented with a cheque for £100. All the entrants received a bottle of wine.

As a further incentive for members to present Posters at future meetings, those members indicating at the time of booking for a study day that they intend to submit a Poster will receive attendance at the meeting for **FREE**.



Helen Gray with successful poster.

## **National Patients Safety Agency Alert**

The NPSA published this safety alert- Actions that can make anticoagulant therapy safer- on March 28 2007. The report states that anticoagulants are one of the classes of medicines most frequently identified as causing preventable harm and admission to hospital. The patient safety alert was developed in collaboration with the British Society for Haematology and recommends that the NHS and Independent sector in England and Wales take steps to make anticoagulant therapy safer.

The Action deadlines following the Safety alert are: Action plans to be agreed and actions started by 2 July 2007 and all actions completed by 31 March 2008.

Further information can be obtained from [www.npsa.nhs.uk/health/alerts](http://www.npsa.nhs.uk/health/alerts) and information on the action deadlines can be found at [www.info.doh.gov.uk/sar2/cmopatie.nsf](http://www.info.doh.gov.uk/sar2/cmopatie.nsf)

Following on from this:

## **Chief Medical Officers Report**

The CMO published his report following the recommendations of the expert working group on the prevention of venous thromboembolism in hospitalised patients on 19 April 2007.

CLOT welcomes the recommendations in the report as it will support health care professionals in their role to risk assess patients and help promote education of thrombosis with hospital staff, patients and their relatives thereby reducing the risk of long term complications, and in some instances death from venous thromboembolism. An electronic copy of the report is available at [www.dh.gov.uk/vte](http://www.dh.gov.uk/vte)

## **National Thrombosis Week**

May 7-12, 2007 is National Thrombosis Week for further information email [information@thrombosis-charity.org.uk](mailto:information@thrombosis-charity.org.uk) or Tel: 01406 381017

## **Membership Fee**

CLOT offers a range of services that assist multi-professional healthcare workers to continually develop their knowledge, including access to twice yearly conferences, full access to the website [www.clotuk.com](http://www.clotuk.com) which has a vast array of information, funding to assist professionals to enhance themselves and their service, plus the CLOT newsletter and allied publications.

The cost to join CLOT and receive these benefits is £15 per year. Membership can be obtained via the website.

## **Record Keeping**

To enable the CLOT committee to ensure that members are kept informed of dates of CLOT meetings or other points of interest would members please update their details, particularly email addresses, on the website. This will enable us to contact you easily.

## **Anticoagulant Dosers**

The Wrightington, Wigan & Leigh Trust is considering setting up an "Anticoagulant Dosers" Bank to cover clinic sessions when permanent staff are unavailable. They run eight clinics per week, three in hospital OPDs and five community outreach clinics around the Wigan & Leigh area.

If any members are interested please contact bank & recruitment officer Michelle Naylor on 01942 822682 or write to Michelle Naylor, Bank & Recruitment Office, Whelley Hospital, Bradshaw Street, Wigan, WN1 3XD.

For enquiries about the service please contact Haematology Nurse, Pauline Jones on 01942 822964(answer machine) or 01942 244000, bleep 6152.

## **Meetings**

National Centre for Anticoagulation Training  
Thromboprophylaxis for Hospital In-Patients-Update  
Day  
Wednesday 16th May 2007  
Professional Development Centre, Medical School,  
University of Birmingham  
Further enquiries to Sarah Doffman-Tel 0121 414 3354

International Society for Thrombosis & Haemostasis  
Geneva  
July 6-12 2007

British Society for Haemostasis & Thrombosis  
26-28 September 2007 - Bath.

The next **CLOT** meeting will be held on **Friday 12th  
October 2007** in Birmingham.

Further information will be available in the newsletter  
and on the website.