

# NMC REVALIDATION

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# What is Revalidation?

Revalidation is to ensure our practice is safe for the patients

Help us become a reflective practitioner

Give patients confidence in our practice

In alignment with the NMC The Code (March 2015)

Prioritise people


Practice effectively

Preserve safety


Promote professionalism and trust

All our CPD and practice should link back to the The Code

# Where to Start

- 1 Register online to ensure you have an [NMC Online Account](#)
  - 2 Use your portfolio folder to keep everything in one place
  - 3 Keep your portfolio up to date
  - 4 Keep things simple
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# Eight Steps to Revalidation

- 1 Practice hours
  - 2 Continuing Professional Development
  - 3 Practice-related feedback
  - 4 Written reflective accounts
  - 5 Reflective discussion
  - 6 Health and character
  - 7 Professional indemnity arrangement
  - 8 Confirmation
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# 1: Practice Hours

1. You must provide written evidence that satisfies you have practiced the minimum number of hours. Keep an up to date /ongoing record of your practice hours. Begin to plan for revalidation around 5 months in advance.
2. Use your job description, your contract of employment and your portfolio to prove your practice hours.
3. For registered nurses you require a minimum of 450 hours of practice hours over three years. For dual registered , you require a minimum of 900 practice hours.

## 2: Continuing Professional Development

### 35 hours of which 20 must be participatory

**Participatory** to reduce professional isolation

- 1 Attend CLOT conference
- 2 Write a brief description on the reflective accounts form of topic and how it relates to your practice
- 3 Date when it was undertaken
- 4 State number of hours
- 5 Identify which part of The Code it relates to (**Practise effectively** point 6  
'Always practice in line with the best available evidence')
- 6 Provide evidence - Certificate of attendance

**None participatory** reading and reviewing publications

- 1 Read Thrombus and follow above steps 2-5
- 2 Keep articles in portfolio as evidence

## 3: Five Pieces of Practice Related Feedback

1. If you've had a 360 degree appraisal recently, use this. Choose positive feedback .
2. Think about award nominations, Thank you cards, letters of appreciation. Colleague feedback.
3. Practice related feedback can be written or verbal, the challenge can be remembering it, so write everything down. You will need to show this to your confirmer.
4. Gather and reflect on third party feedback from a variety of sources and use it to improve your practice and performance.
5. Link it back to the code . Section 9, Sharing skills and knowledge.

## 4: Five written Reflective Accounts

To encourage nurses to engage in reflective practice to help identify changes or improvements

To make nurses become familiar with The Code

### **Participate in the clinical audit of your service**

- 1 Keep evidence; signed letters notes observations and outcomes
- 2 Use the mandatory reflective accounts form
- 3 Link it back to The Code (**Preserve safety** point 19 reduce harm)



## 5: Reflective Discussion

1. There are mandatory NMC forms to record your reflections. These must be signed.
2. You need to choose a colleague to discuss your reflections with. This can be your line manager but they must have a PIN no.
3. The time spent discussing your reflections is entirely up to you. The discussions can be incorporated into your annual appraisal. Always date and time the discussions.
4. Make sure you submit your evidence and appraisal documentation to your nominated colleague 2 weeks prior to your meeting.

## 6: Health and Character


You will make these declarations as part of your online revalidation application

**You must declare:-**


Criminal offences

Formal cautions

This helps satisfy the Registrar that you are capable of safe and effective practice



## 7: Professional Indemnity Arrangement

1. Your declaration will be made as part of your revalidation application.
  2. You need to inform the NMC whether your indemnity arrangement is through your employer , a professional body or a private insurance arrangement.
  3. If you do have a private insurance arrangement, you will be asked to provide the name of the provider.
  4. Your confirmer doesn't have to check that you've met this requirement.
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## 8: Confirmation

Is a declaration you have demonstrated to an appropriate confirmer that you have complied with the revalidation requirements

You need to have a face to face meeting with your confirmer usually your line manager

You will be asked to provide the:-

Name

NMC Pin

Email

Professional address and postcode of your confirmer

Thank you  
and  
Good luck