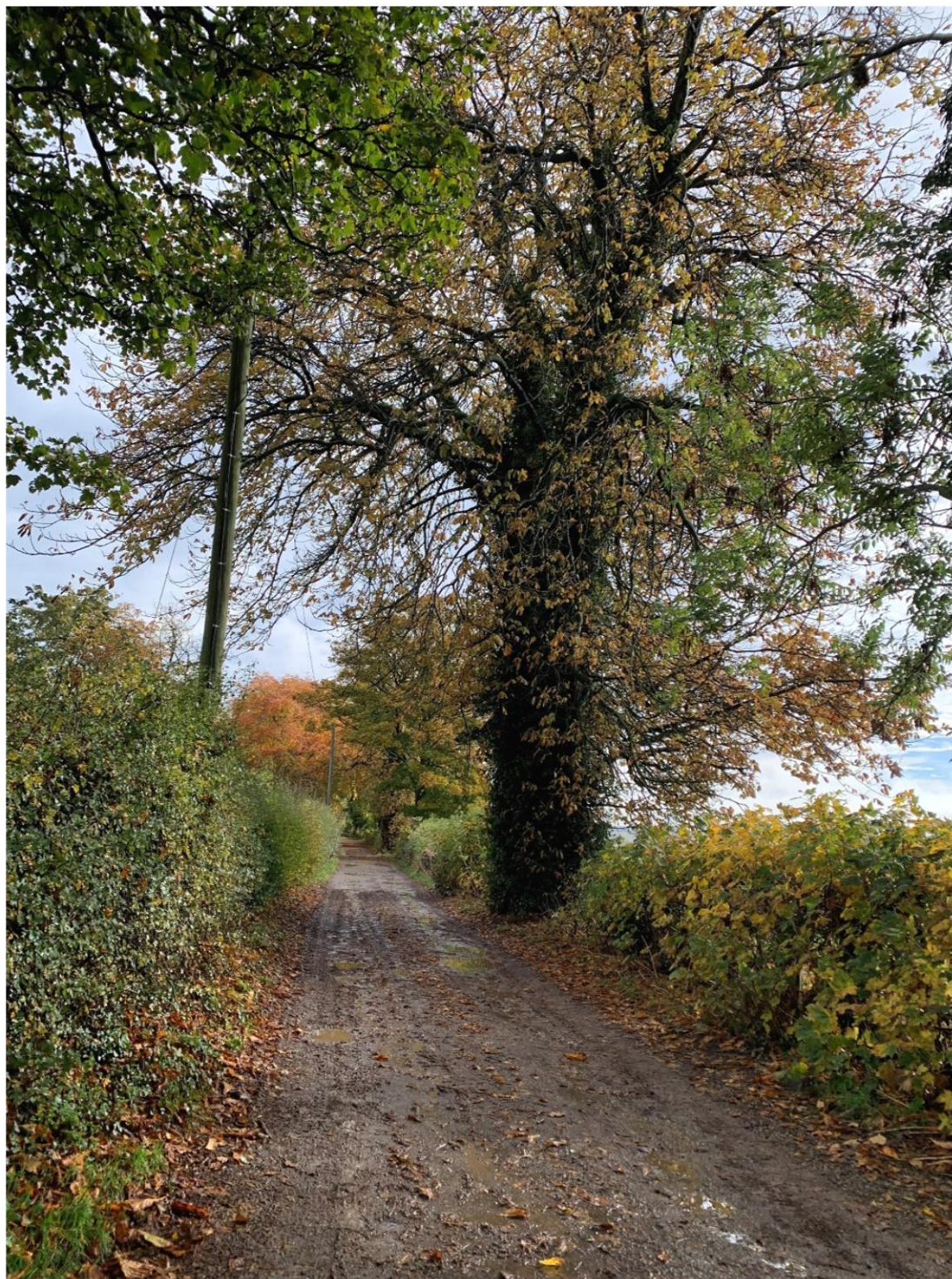


# South Kilworth News

November 2023



 South Kilworth  
Village Website

<https://www.southkilworth.co.uk>



# South Kilworth Directory

Name	Contact details	Description
<b>Allotment Committee</b>	Les Lucas 07712296376	For the green-fingered aspirants
<b>Bowls Club</b>	Gerry Byrne 01858 575080	gerrypatrickbyrne@gmail.com keithrickhuss@gmail.com
<b>Community Café</b>	Tina Morley 07786496041	Community café held monthly in the village hall - see posters around the village for details
<b>First Saturday Weavers at SK Village Hall</b>	Helen Brotherton 01455554647 helen.brotherton@icloud.com	An informal group of hand weavers who meet on the first Saturday of the month
<b>Kid's football</b>	Brian Robbins 07795105591	On the village hall playing fields
<b>Kilworth Village Facebook page</b>	<a href="https://www.facebook.com/groups/1052827924913620/?ref=share">https://www.facebook.com/groups/1052827924913620/?ref=share</a>	Digital news and more
<b>KOIL</b>	Mark and Sarah: admin@koil-group.com	Group ordering of Oil
<b>Korks (ladies only)</b>	Contact Claire Hubbard on 07590254043 to be added to the Korks WhatsApp group	A ladies' social group from the Village meets monthly. Add your name to the mailing list.
<b>Luncheon Club</b>	Rita Hallam 575449	
<b>Parish Council</b>	Parish Clerk: Karen Brown parishclerk@southkilworth.co.uk	Meet on the second Tuesday of each month at 7:15 pm Chair: Phil Alcock 575978 philalcock@aol.com
<b>SK Security WhatsApp group</b>	Gary Aram 07799894207 Graham Rutter 07721442561 Adam McHenry 07875285967 Peter Moore 07775795761	Alerts regarding security issues in the village are posted with a link to the Community Police
<b>Skittles Teams</b>	Ray Dorman 07780846002 Tracey 07733235306 (Ladies team)	Games take place at the pub
<b>South Kilworth Art Group</b>	Maggy Roberts 07912031816 and 01858682173 magsroberts@yahoo.co.uk	Thursdays, 9.30 am to 12.00 Midday, Village Hall
<b>South Kilworth Neighbourhood Plan</b>	Contact the Parish Council	Information on the plan: <a href="http://www.harborough.gov.uk/directory_record/2256/south_kilworth_neighbourhood_plan">www.harborough.gov.uk/directory_record/2256/south_kilworth_neighbourhood_plan</a>
<b>South Kilworth News</b>	sknews@southkilworth.co.uk	Community news for the village – contact us with ideas, photos & news.
<b>South Kilworth Village Website</b>	Kevin Coyne: admin@southkilworth.co.uk	southkilworth.co.uk
<b>St Nicholas Church</b>	Sharon March (Minister): 07889 88038 <a href="https://www.avonswift.co.uk/">https://www.avonswift.co.uk/</a> <a href="https://www.facebook.com/avonswiftbenefice">https://www.facebook.com/avonswiftbenefice</a>	Administrator: Karen Morgan: 01858 882032 PCC Secretary Joanna Wilson: 01455 558 372 Email Joanna.wilson17@btinternet.com
<b>Table Tennis</b>	Bob Morley 575832 bobjmorley1953@gmail.com	Thursday at 7 pm in the village hall
<b>Travelling lunch club</b>	Alison Anderton: 0870 240 6993	Lutterworth Age Concern currently has two travelling lunch clubs, travelling to a different pub each month.
<b>Village Email circulation list</b>	southkilworthlist@gmail.com	Send an email to become a member of this list - It is a postbox that doesn't reply! If you send something through for circulation, please put contact details on the email. Email addresses are never shared and cannot be used for commercial purposes.
<b>Village Hall Committee</b>	Chair: Romy Grimwood romy01@btinternet.com	Vice Chair & Village Hall bookings contact: Gail at woodgail11@icloud.com or 01858 575064
<b>Women's Institute</b>	Gaye Duncombe Tel 01858 880650 or gduncombe1@gmail.com	3 <sup>rd</sup> Thursday of each month at Belgrave village hall, North Kilworth LE17 6EZ at 7. 30 p.m. Visitors and new members welcome.
<b>Youth Club (SKY) (8-16yrs)</b>	Ruth Cross (Youth Projects Coordinator) 07921 847347; Avril Da Silva (Play and Youth Work Leader) 07933899700.	SK Youth Club meets in the village hall every Wednesday @ 6:45 pm

## From the Editorial Team

The next edition will be in Jan 2024 and the deadline for submission of news and articles is 8 Dec 2023. The SK News is published every other month. The electronic version can be found on the South Kilworth website. Please send news, photos, and articles to [sknews@southkilworth.co.uk](mailto:sknews@southkilworth.co.uk). News that does not coincide with the printed SK News will be uploaded to the South Kilworth website. Links to our advertisers can also be found on the South Kilworth website. As the year draws to a close we wish everyone a very happy and healthy Christmas.

# Breathe

I had heard that Jessie was re-starting her yoga class in the South Kilworth village hall. I was keen to join, but my downward dog had a new owner and I was not sure my uncoordinated limbs and achy shoulder joints would cooperate. Encouraged by other ladies from the village who were great advocates of Jessie's class, I made the first step and bought a yoga mat... followed by the more important step of attending my first class.

My focus was on having a relaxing, de-stressing experience and hopefully improving my physical state with the only exercise I was going to get due to a very sedentary work routine! I was very encouraged (and relieved) when Jessie assured me that yoga is about focussing on 'self' and our own abilities, not on any external standard or competitive comparison. Fast forward 10 months.

It seems our world has shifted with some highs and lows. .... Rob and I had ticked off a major bucket list item with a 100km walk to Santiago de Compostela and we are now finding our new equilibrium after our move from our lovely first home in the UK in South Kilworth, to our new home in Market Harborough. Like everyone, we feel bombarded with the pain of events that we hear on the news and in our case, from our former homeland. Life just feels generally more complicated. It was in this context that Rob and I sat down with Jessie to talk about yoga. And we got far more than we expected. As Jessie spoke about her experience of yoga, the world around us melted away almost hypnotically.

'In the world today, it is so easy to lose contact with one's body and self.' Jess spoke earnestly about the emphasis on external things in modern life to the detriment of knowing one's self. While the food we eat undoubtedly has an impact on one's health and our genetics also play a role, stress in all its facets seems a universal threat. Stress has both an emotional and physical dimension. As we hold stress within our bodies, it's important to know the limits of what stress we can bear. When we are not able to balance the internal and the external, things can go wrong.



This is where yoga can play a role. Starting with the consciousness of breathing, yoga has helped Jessie to understand herself and her limitations. She focuses on her strengths and is not frustrated by her weaknesses. As we all know, thinking about something can trigger emotions in us – and this can affect the functioning of our organs. The physical movements or positions in yoga stimulate a chemical reaction in our organs and glands and can help to balance our hormones. So, in yoga, mind and body work together.

Of course, this may not resonate with everyone. We are overstimulated by the external world, our devices, day-to-day responsibilities, and worries. Jessie is very conscious of the fact that it can be very difficult to 'be still and focus on our breath.' She shared a lovely analogy of our lives being like a bottle of silty water. If you continue to jiggle it around, it remains sullied, but just by waiting and being patient, the dirt will settle on the bottom, and the water clear.

Jessie ever enthusiastic, helpful, and friendly, has many interests but her passion is yoga. A work opportunity took her, in her youth, from her home in China to Singapore, but once there, it was yoga that grabbed her interest. Jessie was first introduced to yoga at the age of 24 in Singapore. The key focus of her first classes was on the physical benefits. It was a year or so later that Jessie was invited to a different class which added the philosophical dimension and the two halves fell into place.

Jessie related a compelling story of an incident when she was in a subway in Singapore. The surroundings were incredibly crowded and noisy. She felt overwhelmed and hemmed in on all sides. With her internal emotions rising, she decided to put into practice the breathing she had been learning in yoga even though she was not convinced it would help. With the focus on her breath, a calm protective 'bubble' came over her and she was no longer disturbed by the external world. Jessie was in contact with herself and in control of herself. It marked a turning point in her yoga experience.

Jessie went on to do a yoga teacher's course. She has been practicing yoga and giving classes for over 20 years, starting in Singapore. She met her husband Julian through yoga (a yoga student's introduction). In 2014, Jessie moved to South Kilworth with Julian and she has been giving yoga classes off and on (either





side of the pandemic). Through her yoga lessons, Jessie's motivation is to help people 'where they are'. This may mean a focus on the many physical health benefits or in addition, to explore its physiological and emotional rewards.

When Jessie is not practicing yoga, she is doing all she can to live life to the fullest – she enjoys sports, including skiing, snowboarding, climbing, horse riding, table tennis, gym, walking, and more recently golf. She loves cooking and travelling too and has just got back from visiting her parents (who are in their 90s) in China.

We find Jessie inspirational – her joy for life is infectious. If you are interested in joining a yoga class held on a Tuesday evening in the Village Hall, please contact Jessie on 07860937892.

**Toni and Rob Snell**



## The Hollies Bed & Breakfast South Kilworth

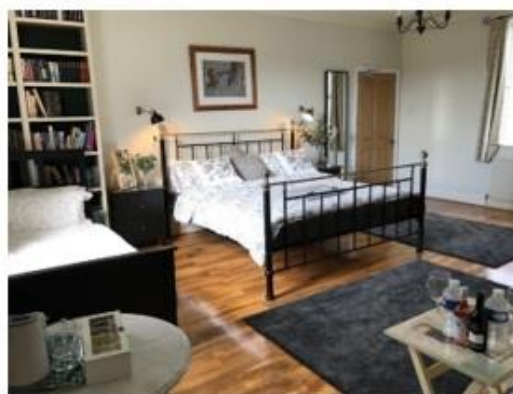


Hosts, Tim & Vivi Mills would love to welcome visiting family and friends of South Kilworth residents to his lovely 200-year-old upmarket bed and breakfast guest house and venue. Situated next to the pub, Tim has 6 beautifully appointed smoke-free

guestrooms with all the expected amenities, including a barbecue and a terrace area. He offers a Full English/Irish breakfast daily.



There is no excuse for not having family and friends over for a visit with this home-from-home location on our doorstep. Please call Tim on 07811 652267 or email: [Mills.Tim3@icloud.com](mailto:Mills.Tim3@icloud.com) to check on availability.



**South Kilworth School**



THE CHURCH  
OF ENGLAND  
EDUCATION OFFICE



Our South Kilworth School received in October a Statutory Inspection of Anglican and Methodist Schools (SIAMS) Report from the Church of England Inspectors. Accompanied by strengths and areas for development, the inspection findings indicate that South Kilworth Church of England Primary School is living up to its foundation as a Church school and is enabling pupils and adults to flourish. Congratulations! For the full report, please see the village website.

**Georgie Willock**

## South Kilworth Snippets

### VILLAGE QUIZ

**Friday Nov 10 2023**

**Teams of 4 / £40 per team**

**7:30pm Village Hall**

**Ploughman's supper included and  
Bar open**

**Prizes 1st and 2<sup>nd</sup> team / Heads 'n  
Tails Jackpot**

**To book your tickets ring/text Colin  
07711054622**

**[colinderrick@btinternet.com](mailto:colinderrick@btinternet.com)**

**Organised by the Village Hall  
Committee in aid of hall funds**



**at  
SOUTH KILWORTH  
VILLAGE HALL**

**25<sup>th</sup> NOVEMBER 10am - 4pm**

**CRAFT STALLS  
PUZZLES  
BOOKS  
TOMBOLA  
CAFE**



**Come Join Us**

**FOR FURTHER DETAILS PLEASE CALL  
GAIL WOOD 01858 575064 / 07748 866220**

### Report back: Oak Tree House Open Garden weekend

Oak Tree House opened for the National Garden Scheme at the beginning of July. Despite a weekend of unseasonably chilly damp weather, we welcomed a good number of visitors and raised over £2000 for the nursing and healthcare beneficiaries of the NGS.

Many thanks to everyone who visited, donated cakes, bought plants and consumed large amounts of refreshments! **Pam & Martin Shave**

### Services at St Nicholas' Church



We have 2 services each month.

12 November 10:45 – Remembrance Sunday

26 November 8:30 - Holy Communion Service

24th December 8.30am - Holy Communion service

25th December 10.00am - Christmas Day service

The church is open every Sunday for private prayer and quiet reflection 10am to 4pm. Members of the PCC would be happy to open the church at any other time if village residents would like to visit.

### St Nicholas's Church South Kilworth Flower Rota

Would you like to join the flower rota at the village church?

or

Would you like to put some flowers in the church at a set time of the year perhaps in memory of a loved one?

or

Would you like to donate to the flowers in the church for Easter or Christmas?

The annual flower rota is usually drawn up in Nov/Dec ready for the new year. You don't need to be good at flower arranging or be a church goer but if you are interested contact Joanna at [joanna.wilson17@btinternet.com](mailto:joanna.wilson17@btinternet.com)





## **Salvation Army Brass Band**

St Nicholas's Church South Kilworth  
on **Friday 8th December @7.30pm**

Tickets £10 pp including wine and  
mince pies

Contact Colin on 07711 054622 or  
[colinjedderrick@btinternet.com](mailto:colinjedderrick@btinternet.com) for  
tickets



## **Report back: Macmillan Coffee Morning**



Thank you everyone who joined us at South  
Kilworth Village Hall for our annual coffee  
morning on 29th September. Thanks also to  
those who donated in any way to the charity.  
A further big thank you to everyone who  
helped make this event a very successful day,  
we raised £1405 . **Liz Sanders and Liz Rogers**



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m: 07811 170633

e: [info@nenettechocolates.co.uk](mailto:info@nenettechocolates.co.uk)



### **IT'S CHRISTMAS!!**

I know – I'm sorry but before you know it, it will be.

New this year are my cute chocolate Snowmen – milk or  
white chocolate versions sitting on a 'drift' of snowballs – or  
silver foil-covered milk chocolate balls

Let me help you sort out some of your Christmas gift ideas  
in chocolate including stocking and hamper fillers too.  
Call or drop me an email – I'm always delighted to chat with  
you about chocolate and really want to help.

*Nenette*  
HAND CRAFTED CHOCOLATES



## **South Kilworth's Community Café 25<sup>th</sup> November at the Christmas Fayre Village Hall 11 - 3pm Including a cake stall**



**Join us at the 12 December Café 11am-1pm. Christmas Carols sung by children  
from South Kilworth School**

**25 November!**

**Have you booked for  
the Safari Supper?**



### ***CALLING ALL BUDDING BAKERS***

We are looking for donations of cakes for the CAKE STALL at the Xmas  
Fayre on November 25 - can you help ?  
Please offer by messaging/ringing Sheila on 07775802737



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#### Opening Times

Monday – 7.00 am to 5.30 pm

Tuesday – 7.00 am to 5.30 pm

Wednesday – 7.00 am to 5.30 pm

Thursday – 7.00 am to 5.30 pm

Friday – 7.00 am to 5.30 pm

Saturday 7.00 am – 1.00 pm

Sunday – Closed All Day



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## PLAYGROUND VANDALISM

Your Parish Council was appalled to learn that the children's playground at the Village Hall had been vandalised in August. Over 100 square feet of the rubberised safety surface underneath the multi-play climbing frame had been ripped up and scattered around the park.

The Community already spent considerable sums maintaining and improving the village playground, so it is really upsetting and disheartening that over £2000 will now have to be found to repair the damage. That's over £10 per household in South Kilworth.

We need to tackle this mindless anti-social behaviour. We need to stop it preventing our kids from safely enjoying their playground and stop it becoming an unaffordable drain on the community's local rates, particularly during the current cost-of-living crisis.

Anonymous information relating to this incident has already been received, but we need more witnesses to come forward. If you have seen or know of anything regarding vandalism in the village please report it to the Police on 101 or anonymously to Crimestoppers 0800 555111.



### **Kilworth Accountancy** *Experience counts*

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## VILLAGE NOTICE BOARD REFURB

It's often been suggested there should be better places in the village for notices.

So the Parish Council is refurbishing the Notice Board opposite the pub and making it freely accessible for any village residents to use.

The left-hand side of the Notice Board will remain locked for council notices that are required by law to be published, whilst the right-hand side can be opened for any resident to publicise events, promote local trades or business and share news. Old and irrelevant material will be cleared regularly.

The cabinet is being refurbished and repainted courtesy of our newest village residents, the Wood family moving soon into The Old Rectory. Welcome and Thank you!



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# Birds at Stanford Reservoir

## Wing-tagged Marsh Harriers at Stanford Reservoir

Once a local scarcity, appearances of Marsh Harriers have come on in leaps and bounds in recent years. Reduced to just one breeding pair nationally in 1971, it's believed there are now some six hundred breeding pairs in the UK.



In early September, two Marsh Harriers appeared at Stanford Reservoir. Initially, the birds were quite distant, often feeding over arable farmland and the bordering hedgerows but on the 7<sup>th</sup>, one came close enough to see that it was fitted with orange wing tags – at that point no code was read due to the distance.

On Saturday 9<sup>th</sup> September the number of Marsh Harriers had increased to an unprecedented three birds and I was able to obtain close views of them and to my surprise, two of the birds had orange tags and the other was untagged - the first time ever we have had tagged birds at the site! With patience, I was able to obtain the codes on both birds. I found this much easier to do when the birds rested in the trees bordering the reservoir – they were much more difficult to read when in flight.

### Marsh Harrier 'ZC'

'ZC' was the first to be read. This bird was ringed and tagged on the 19<sup>th</sup> June 2023 at Breydon Water, near Great Yarmouth. The bird was sexed as a female and she had two siblings, both were males. This was the first time the bird had been observed since being ringed/tagged.

### Marsh Harrier '6A'

Whilst watching 'ZC' along the Leicestershire reedbed, a second bird flew in and settled in a nearby tree and was immediately read as '6A'.



This bird was ringed and tagged on the 2<sup>nd</sup> July 2023 at Welney WWT. This bird was also sexed as a female. This was the first time the bird had been observed since being ringed/tagged.

## Ongoing Observations

Like many sites in the county, Marsh Harriers are often short stayers or fly-throughs but both '6A' and 'ZC' had extended stays.

'6A' was observed up to the 13<sup>th</sup> and 'ZC' up to the 19<sup>th</sup> September. As at the 21<sup>st</sup>, I thought that both birds had departed. However, 'ZC' was then picked up again on the 29<sup>th</sup> September and was still present on the 23<sup>rd</sup> October.

## Background To The Project

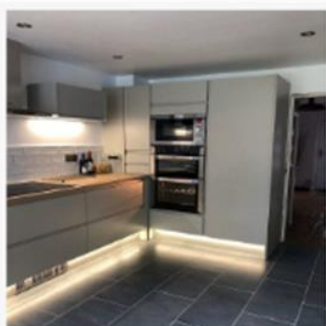
The project was started in 2011 and is run by the North West Norfolk Ringing Group, with the objective of finding out more about how or if juvenile Marsh Harriers disperse from their natal area. It is now in its 12th year and some interesting and in some cases unexpected **results** have already been obtained.

In 2011 the tags had an individual identifying combination of two letters or one letter and one number in White. From 2012 a combination of two letters or one letter and one number in Black on a lime green tag were used. In 2018 after all the lime green codes had been used, orange tags with Black numbers or letters were used. More information can be found at [www.nwnrg.co.uk](http://www.nwnrg.co.uk).

Chris Hubbard 07803 374541



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"We employed Jason to revamp our hot water system, bath and shower room. The quality of his work and Jason's attention to detail is exceptional. Everything Jason said he would do, he did. He was totally reliable. The whole project was completed on time and on budget. We are delighted with his work and have no hesitation in recommending him."  
Graham and Julie Fish | North Kilworth

"Jason was a great help when we were choosing the fittings for our bathroom and downstairs cloakroom. He started and finished the work in line with the agreed programme dates. The quality of the work carried out was first class and we could not be more pleased with the completed job. We have no hesitation in recommending Jason."  
Phil & Barbara Lawrence | North Kilworth

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# Broadminded Broadband

I've been a consultant in the world of information technology for over 30 years. That makes me both old and hopefully wise, at least within my field.

In this issue, I've decided to look at how we access the internet, both generally and more importantly the options available in our own village.



## The Dim & (not so) Distant Past

When we think about internet access, that usually means a broadband service, from one of the usual suspects like BT, Vodafone, Sky, Virgin Media, and the like. The term broadband has become shorthand for the most common type of home internet connection, but its origins within the world of data communications are a matter of history rather than technology. Back when I started learning about computer networks, the idea that every home would one day have cheap, fast internet connectivity was like science fiction. These were the days when 'getting

online' meant plugging your computer in to the phone line and dialling up (with all the associated beeps, chirps and squawks) via modem – which, for anyone reading this who is younger than about 30, was a device that sent and received data over the phone line as sounds. Speeds were slow, around 56 kilobits per second, so patience was a virtue.

Today when we measure our internet speeds in megabits per second and sometimes gigabits per second, this seems like the dark ages. To put it into context, 56 kilobits per second is around less than 1/16<sup>th</sup> of 1 megabit per second, most home broadband will offer at least 10 megabits per second, often much more. Enough of the maths lesson, let's put it in real-world terms; it's like taking a nice slow country stroll to the pub or popping down using your Lamborghini. This old-world technology was often referred to as 'narrowband' due to the speed limitations – often expressed as a measurement of 'bandwidth' (the amount of data you can squeeze down a wire in a given time period) and so as things got faster, so the terminology changed. Narrowband became broadband and so here we are in the 21<sup>st</sup> century living in an age of unparalleled connectivity and speed.

## Superfast and Not so Superfast

Today, with dialup modems now museum pieces, the choice for connectivity is wide and varied, though much of that depends on where you are and what you need. In South Kilworth, we're quite fortunate for a rural location. We have the choice of two fast (or relatively fast) services, more than many of our near neighbours, so what are they and what's the difference between them.

First, let's look at standard broadband, often called 'Superfast' (which may or may not be the case depending on your location) When you buy broadband from BT or any of the other usual suspects, the connection is provided to your home across a pair of copper telephone wires. The wires are owned not by BT or any other broadband company but by a separate business called Openreach. Openreach exists to ensure that other companies (outside of BT from which Openreach was separated many years ago) can access those telephone wires to deliver your broadband service. So, no matter who you buy from, those wires are how the service gets to your house and those wires are the main reason you may have a fast or a slow service, and the reason is all about distance. Today, the vast majority of broadband services are delivered using a method called 'Fibre to the Cabinet' or FTTC. This means that our friends at Openreach have connected a very fast internet link (using fibre optic cable, which is seriously fast) to a cabinet in the street. In urban areas there will be many cabinets. In our village there is just one (it's on the corner of Welford Road and Rugby Road if you're interested). It is from this cabinet that all the copper phone wires connect to your home, which is all well and good, but the problem with using copper wire is that the electrical signal it carries gets weaker the longer the wire is. If you're using that wire just for a phone call, you probably wouldn't have too much of a problem - maybe you need to speak up a bit, but when it's trying to carry high-speed digital information then signal quality is key, and that quality can't be maintained over long distances. The bottom line is that the further from the cabinet the slower your broadband will be. It's just physics and that's why when you order a broadband connection the first thing any provider will do is give you an estimate of the speed they can deliver – which will be all about the distance your home is from the nearest green box.

## Ultrafast and Beyond!

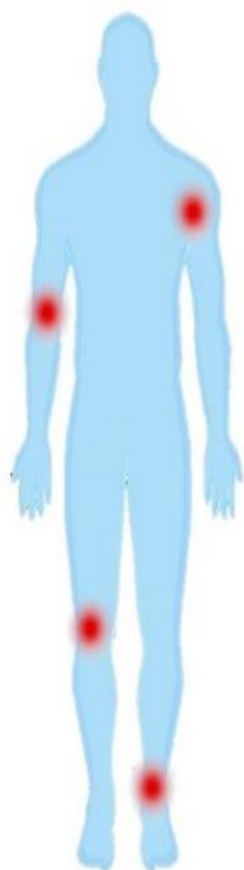
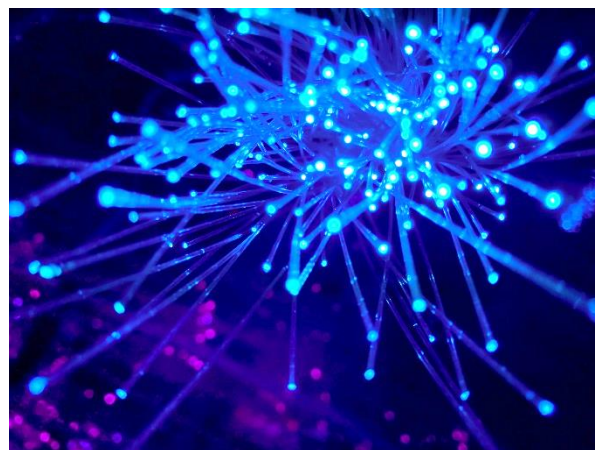
So what's the alternative? As it's the copper wire that's the problem, the only solution is to not use it, which is where things become more interesting. There are broadband providers who have their own cables, so they don't use the Openreach wires or the green boxes. We're quite fortunate in South Kilworth that we have such

a provider called Gigaclear. You may even already be aware of them seeing as they have been digging up the streets both here and in neighbouring North Kilworth (and Husbands Bosworth) for months. The type of service they provide is called 'Fibre to the Premises' or FTTP - note the subtle difference here, unlike FTTC (Fibre To The Cabinet) the 'P' is the critical factor. What that means is that this provider will connect your house directly to their service with their own fibre optic cable. Fibre cable is the equivalent of the Lamborghini in communications speed, it's not electrical, it uses light to carry the internet data and it doesn't give two hoots how far away you are from the other end, the signal stays strong. The result being that as long as you are in an area where you can be connected to the fibre network (as we now are) you can get this service and the speeds available will be mind-blowingly fast because by using fibre optics, the 'bottleneck' caused by using copper has been removed.

Eventually, getting an FTTP connection will be the standard. Many companies are out there digging up the road and Openreach are also getting in on the action - you will see such services branded as 'Ultrafast'. Of course, the service you choose is up to you - are you streaming films in 4K? Do you work from home? Or are you just sending the occasional email? Whatever you need, the main thing is to do your price comparison homework. It could be the faster connections are better value than the slower ones, even if you don't need the speed, so balance out what you need with what you are prepared to pay. And also remember that providers like Gigaclear who offer localised services aren't always on the comparison sites so check them separately. When it comes to buying broadband, it pays to be broadminded!

I hope that's been informative and not too technical (otherwise known as boring). I'll be back next issue tackling the other big issue about internet access - when your Wi-Fi is playing up!

**Peter Moore**



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## Help solve a mystery in South Kilworth – do you know this man?

Thomas William Metcalf (1914-1973) pictured right, was born in Atherstone, Warwickshire and sent to live with Mrs Annie E Hipwell (nee Houghton) in South Kilworth for a period of time. His father had died in 1917 of bullet wounds sustained in France and Flanders and his mother died in 1918 of influenza. There is evidence that his father's pension money was sent to Mrs Hipwell in 1918, presumably for his keep. Thomas married Mavis Welbourne in Rugby in 1959 and they had no children.

Thomas' great niece, Melanie, who now lives in New Zealand, made contact via our South Kilworth website (and our intrepid web admin, Kevin Coyne, took up the challenge) and is trying to solve this family mystery, interestingly linked to South Kilworth.

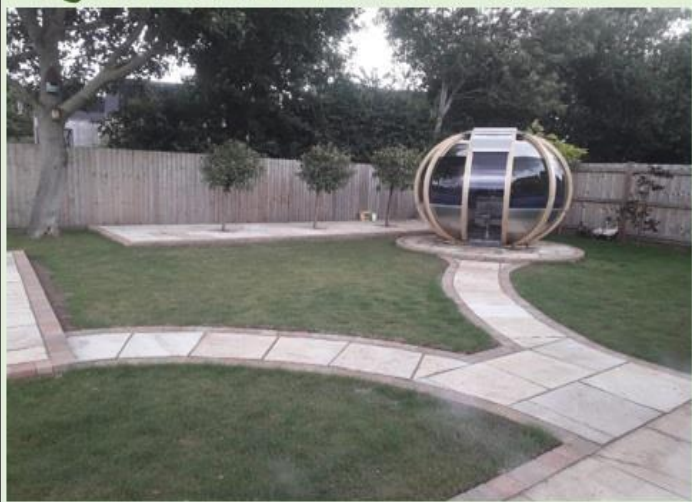
Does anyone know the Welbourne/ Hipwell/Houghton families? What connection did Thomas have to Mrs Hipwell? Where in South Kilworth did they live? If you have any information please make contact via [sknews@southkilworth.co.uk](mailto:sknews@southkilworth.co.uk) so we, together with John Keal, our resident historian, can help Melanie in her quest. We hope to share the story in our next SK News edition.



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**1.0 Confirm Members Present**

Cllr K Coyne (KC) – Vice	Cllr T Wood (TW)	Cllr E Derrick (ED)
Chairman (Chaired)	Cllr G Byrne (GB)	Mrs K Brown (KB) – Clerk

**2.0 To Receive Any Apologies** Cllr P Alcock - Accepted

**3.0 Disclosure of any Member's Interests** None

**4.0 To Confirm Other Attendees** Two

**5.0 To Confirm Minutes of Previous Meeting of Council, held on 12<sup>th</sup> Sept '23**

These minutes were confirmed to be a true record of matters discussed, and decisions reached by the Parish Council, and duly signed.

**6.0 Public Participation / Correspondence** None

**7.0 Planning Matters**

**7.1 New Applications: 23/01271/FUL and 23/01272/FUL**, Maple House, The Belt, single storey rear extension with internal alterations and erection of garden room/outbuilding (retrospective).

The PC agreed no comment.

**23/01424/FUL**, 1 Teal Cottage, Welford Road, conversion of two dwellings into one and a two-storey rear extension.

PC resolved to submit a comment to HDC requesting that consideration be given to ensuring that the two-storey rear extension does not impact detrimentally on immediate neighbours.

**7.2 Planning Decisions Reported:** None

**8.0 Accounts / Finance Matters**

**8.1** The PC approved the following payments:

Nett	Vat	Total	Details / Comments
250.00	0.00	250.00	Room hire re Y/Club Sessions Summer'23 term
1,758.48	351.70	2,110.18	5th (final) instalment re LED lighting conversion
303.00	0.00	303.00	Printing Costs - SKN Sept'23 edition
225.00	0.00	225.00	Maintenance and repairs to Memorial Clock
250.00	0.00	250.00	Repairs to Rope Ladder in Play area
215.05	0.00	215.05	Solar Panel Refund, t/d to Village Hall
8.63	0.00	8.63	Domain Renewal
31.68	0.00	31.68	Web Hosting
Total payments		3,393.54	

**8.2** KB reported on the cash balances held by the Parish Council at 30/09/23, presenting corresponding bank reconciliation and bank statements. PC approved and documents signed.

**8.3** PC reviewed and approved the quarterly comparison of 'actual spend' to 'budget' figures at 30<sup>th</sup> Sept'23 as provided by KB.

**9.0 Highways and Footpaths**

**9.1** Damaged road name sign on The Belt: PC confirmed that the broken sign had now been replaced. Resolved.

**9.2** ED reported that she had been asked by a resident whether or not any measures could be taken to reduce the congestion caused by parked cars at the junction of Rugby Road and Welford Road. It was noted that this issue had been raised many times in the past, but LCC had declined to take any action due to, in their opinion, there being no significant safety hazard. Action: KB to resurrect previous correspondence from LCC for review at the next meeting. Pending.

**10.0 Grounds and General Outside Maintenance**

**10.1** Refurbishment of the Parish Noticeboard with provision of a section within, for residents to use for any local updates: The PC gratefully accepted the very generous offer from one of the attending parishioners to cover the cost of the refurbishment, for the quoted sum of £350. When renovation has been completed, KC will place a notice within one section of the Notice Board, inviting parishioners to use it for any community updates that may be useful to village residents. Action: KC to instruct the contractor to go ahead. Pending

**10.2** Agreement between PC and the Village Hall regarding maintenance of the solar panels: The PC resolved that a formal agreement would be put in place confirming the following:

*The solar panels installed on the roof of the South Kilworth Village Hall are in the ownership of South Kilworth Parish Council. The South Kilworth Village Hall will derive the income from the solar panels in return for undertaking the responsibility for the maintenance, upkeep, and insurance of the panels. Action: KB to create the document and forward for signatures. Resolved.*

## **11.0 Recreation**

- 11.1** Regular Play Area Safety Inspections: Following the recent ROSPA report received after their inspection in August'23, KC and TW agreed to do a 'walk round' the play area the following morning with the contractor, to confirm any action to be taken. Pending.
- 11.2** Vandalised surface in play area: Councillors again expressed their outrage at the mindless vandalism that resulted in severe damage to the safety surfacing in the playground. If any member of the community has information about this incident or that might assist in preventing anti-social behaviour, please report it to the Police on 101 or anonymously by phoning Crimestoppers on 0800 555111. Meanwhile, to meet playground safety regulations, a N. Kilworth contractor has been engaged to urgently repair the rubberised safety surface at a cost to our community of £2400. The work is expected to be completed on 12<sup>th</sup> & 13<sup>th</sup> October. The PC will look for alternative funding to offset this cost which might otherwise result in an increase of £10 per household on next year's rates.
- 11.3** Summer Holiday Sports Club for 2023: The PC discussed the feedback from the club provider regarding the allocation of places. Disappointment was expressed at the number of places that had been granted to families outside of the Kilworth Villages area This despite the stipulation having been made by the PC that priority was to be given to Kilworth families. However, overall, it was agreed that the club had been run very professionally and successfully. Resolved.
- 11.4** The PC agreed to accept the Terms of Service issued by HCYC to continue running the weekly youth club sessions for the following academic year, Aug'23 to July'24. The session cost being increased to £149.70 from £138.92. Note – these costs are reimbursed from the CIC Windfarm Fund.  
It was agreed that a request would be made for a representative of HCYC to attend the PC meeting in Feb'24, and to provide a data report covering the recent term for the PC to evaluate. Action: KB to sign the Terms of Service and forward to HCYC. Resolved.

## **12.0 S106 and CIC Funding**

- 12.1** Community feedback re the spending of these funds: Item pending until the PC have an outcome regarding the MUGA proposal.
- 12.2** CIC re-imbursement of latest claim re HCYC costs, £1639.20: No update.

## **13.0 South Kilworth News**

- 13.1** KC reported that he had met with the current editors of the SKN, who have expressed their wish to retire from the role and were hoping that replacement editors could be found. The PC reiterated their intention to support this venture as best they can. Pending.

## **14.0 Proposed MUGA (Multi Use Games Area)**

- 14.1** There was no update regarding the recent submission of planning permission for this project. Pending.

## **15.0 Christmas Tree / Decorations for 2023**

- 16.1** The proposed installation of a Christmas tree in the centre of the village: Providing the necessary permissions are granted by LCC, the PC agreed that the preferred date for the 'tree light switch on' would be Friday 8<sup>th</sup> December. Action: KC agreed to complete the required S50 licence application to be submitted to LCC. Pending.

## **16.0 Memorial Clock**

- 16.1** Maintenance measures required as reported by GB at June's meeting: The PC confirmed that the repairs have now been carried out. Resolved.

## **17.0 D-Day 80 – 6<sup>th</sup> June 2024**

- 17.1** The PC agreed not to participate in the 'Lighting a Beacon' scheme being promoted by HDC. Resolved.

## **18.0 Any Other Business**

KC submitted two invoices for re-imbursement re website costs. ED signed. Resolved.

## **19.0 To Confirm Date of Next Meeting** Tuesday, 14<sup>th</sup> Nov'23, 7.15 p.m. Meeting ended at 9.25 p.m.





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### **Case Study 1: Mr T Aged 32.**

*Stiff neck with headaches, lower back pain when standing and lifting, along with stomach pains and extreme tiredness. By the 2<sup>nd</sup> treatment headaches reduced, lower back improved and not as tired. By the 5<sup>th</sup> treatment able to start running again, very calm, energy good, aches and pains gone.*



### **Case Study 2: Miss C Aged 56**

*Severe lower back pain for 10 months which was not due to Injury. GP told her that she would have to live with the pain. Physiotherapy did not help. After two treatments, pain totally ceased. She has had no recurrence since.*

Contact Jackie Whittingham BA (Hons) MCSR, MAVR, ASK  
At The Leicester Vacuflex Reflexology Clinic, Countesthorpe  
Mobile : 07940540313

[www.vacuflexreflexology.co.uk](http://www.vacuflexreflexology.co.uk)

Email : [vacuflexreflexology@yahoo.com](mailto:vacuflexreflexology@yahoo.com)

## SAFARI SUPPER – SAT 25<sup>TH</sup> NOV

The date for our next Safari Supper is Saturday 25<sup>th</sup> November 2023. This will be our 18<sup>th</sup> year of this enjoyable village event.

For those of you who haven't taken part before, it is a really sociable and fun way to spend the evening. The perfect way to meet other people in our village.

So the evening quite simply consists of supper with friends. Each successive course is eaten at the home of a different host. This can be anything you like. It can be shop brought or home-made. The important bit is about getting to share an evening with friends – old and new!

The evening starts at the Village Hall from 7pm where the bar will be open for pre-dinner drinks and the location of your first venue will be revealed.

Follow your Safari around the village and eat with different people at each course. There is also an opportunity to meet up at the end and you will have a chance to catch up with anyone you have missed along the way.

Approx eating times are as follows:

Starter arrive 8 pm eat at 8.15pm – Its usual to provide a choice, (\*pate, soup, prawn cocktail)

Main Course arrive at 9pm eat at 9.15pm – No choice needed (\*chilli, curry, stew, lasagne)

Pudding arrive at 10.15 eat at 10.30pm – It's usual to provide a choice (\*cheesecake, crumble)

\*Any food goes, the items listed are just ideas

\*If you have a food allergy this can be catered for, please let us know on the form.

\*Struggle to host 8 or happy to host more, please also let me know

If you would like to join in for the first time and see what it's all about without cooking, we have a few spaces for non-cooks. But be quick!

It might feel intimidating when joining in on an event like this for the first time, so any questions (even if you think they are silly) please give me a call.

Hope to see you there.

**Vicky Storey** 07708 382165

# **SOUTH KILWORTH'S 18<sup>TH</sup>**

# **SAFARI SUPPER**

**SATURDAY 25<sup>TH</sup> NOV**

THE EVENING STARTS AT 7.00 PM AT THE VILLAGE HALL

7.30 YOU LEAVE TO GO TO YOUR FIRST HOUSE.

MEETING UP AT THE END OF THE EVENING 11.30/11.45 PM

TICKETS £15 PER PERSON (OPEN TO SINGLES & COUPLES)

ONE PLACE FREE FOR MAIN COURSE COOKS & ONE AT £5 FOR STARTER AND PUDDING COOKS.

---

## **SAFARI SUPPER REPLY SLIP (PLEASE RETURN BY 6<sup>TH</sup> NOV)**

NAME: \_\_\_\_\_ MOBILE NO: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

DIETRY REQUIREMENTS/ALLERGIES: \_\_\_\_\_

I WILL COOK FOR 8 PEOPLE (INCLUDING MYSELF & PARTNER)

STARTER	MAIN	PUDDING	DON'T MIND	SORRY CAN'T COOK
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

WE WOULD LIKE THE FOLLOWING TICKETS (THIS PRICE IS FOR TWO PEOPLE.)

£30 TICKET – NON COOKS ☐

£20 TICKET – STARTER OR PUDDING HOSTS ☐

£15 TICKET – MAIN COURSE HOSTS ☐

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IF YOU CAN'T PAY ONLINE, PLEASE JUST LET ME KNOW.

ALSO CONFIRM ONCE PAYMENT HAS BEEN SENT.

VICKY 07708382165



## KORKS Upcoming Events

**13 November 2023 - Let's get Creative – Sandra and Toni**

**1 December 2023 – Wreath making in the Barn – Caroline**

**20 December 2023 – drinks and pizza at the pub**

All ladies are welcome to join. You need to join the KORKS WhatsApp group to find out about events. You will be notified at least a month before the event of all the details. You can then sign up for the event if you are interested. If you are not on the KORKS list, please WhatsApp Claire on 07590254043 to be added.



### **Korks 'Pop-up' Bistro 31 October 2023**

It was Halloween and 18 of us managed to squeeze into Tina's kitchen to cook up a feast of food. Most of us cooked and prepared a dish - but a few just watched the chaos!

An hour later we were able to taste some starters of broccoli and stilton soup, Thai mussels, mushroom balls with red pesto sauce and smoked salmon and prawn pots. This was followed by duck in orange sauce, Italian chicken, placed piquant chicken with cucumber salsa, gnocchi with green vegetables, snoek and dauphinoise potatoes. We were able to graze and try everything, and some others even found space for pudding (raspberry and lemon meringue roulade, plum crumble or treacle sponge). Hopefully along with the recipes everybody can now cook something special.

**Tina Morley**



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## Report back – South Kilworth Community Café



As a result of feedback in the Village Neighbourhood Plan, South Kilworth residents decided in 2020 to set up a Community Café once per month, in the village hall. A grant of £1,500 was obtained from Leicestershire County Council to pump prime the Café. The start was delayed due to Covid until September 2021

Since then 15 Cafés have been run and attendance has been around 1042 people (including helpers) since we started – a lot of cups of tea!! Some people have attended more than once, with an average number of 35 - 55 per café. This figure excludes village events run by the Village Hall Committee like the Queen's Jubilee Café when 155 cream teas were served, sponsored in part by the Parish Council.

Originally the Café was set up in part to replace the previous luncheon club for older people. The Café has enabled villagers, especially those who are isolated, in need of support post-covid, or new to the community, to meet regularly, for friendship and support. A trial was undertaken to open the Café at lunchtime and afternoon for 3 months. The Café attendance dropped although more mums and kids attended. However as the Café targeted the older generation, it was decided to revert to the morning. Recently the Café has also included local village groups who have demonstrated or shared information, such as table tennis, bowls club, weavers, South Kilworth school and crafting.

The Café has been a success due to the fact we have a strong team of up to 13 volunteers on our committee, who are willing to make sure the café runs once per month and share the load. In addition, other villagers have volunteered cakes and other help such as with our survey, delivering leaflets, providing live music etc. not to mention borrowing the Bowls Club's large teapots! With limited funding, we were nervous about expenditure, but felt if the village wanted the Café they would support it – and requesting donations has enabled this. We wanted to make it sustainable, not relying on grants in the future. Thanks to everyone who has supported the Community Café in any way. **Tina Morley**



THE CAFÉ WILL CONTINUE AS LONG AS VILLAGERS CARRY ON COMING AND IT STAYS SELF-SUFFICIENT

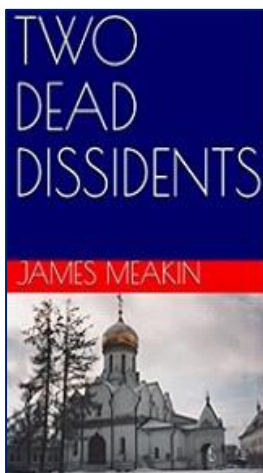
### ***YOUR VILLAGE CAFÉ NEEDS YOU***

***Would you like to offer a few hours to help in the village?***

We are looking for a couple more enthusiastic volunteers to help with the community café. The cafe runs monthly in the Village Hall, usually on a Tuesday morning. Help is needed from 10:30 - 1pm. You just need to be willing to serve drinks or cake, operate the dishwasher, clear tables etc. If you can cook you might be asked to make a cake or two, but that's certainly not essential.

At the moment we have a team of 10, so you definitely don't need to be available every month, but if you could offer about 6 mornings a year that would be great. Unfortunately 3 of our members have moved from the village and so we need a couple of people to replace them. We don't have any formal meetings, but get together about twice a year to sort out finances etc - so it's not an onerous task.

You will get to meet a lot more lovely people from the village. If you're interested please either ring or text/message me. Many thanks - Tina Morley 07786496041



Written by James Meakin (from our village), *Two Dead Dissidents* is a tense yet entertaining story, packed to the brim with unexpected twists and turns. With unusual settings in a unique period of time, this novel is a fresh and enjoyable new take on a well-loved genre. *Two Dead Dissidents* is available on Amazon in paperback for £7.99 and on Kindle for £3.99.





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