

South Kilworth News



March 2022



South Kilworth Directory

Name	Contact details	Description
Allotment Committee	Michael Langman 07811 111854	For the green-fingered aspirants
Art Club	Gail Wood 575064	Village Hall: First Thursday morning of the month
Bowls Club	Gerry Byrne 01858 575080	gerrypatrickbyrne@gmail.com keithrickhuss@gmail.com
Kid's football	Brian Robbins 07795105591	On the village hall playing fields
Kilworth Village Facebook page	https://www.facebook.com/groups/1052827924913620/?ref=share	Digital news and more
Korks (ladies only)	Contact via SK News email to be added to WhatsApp group	A social group from the Village meets monthly. Add your name to the mailing list.
Luncheon Club	Rita Hallam 575449	
Lutterworth Library	www.leicestershire.gov.uk/leisure-and-community/libraries/find-a-library/lutterworth-library	Use the free digital library services to download eBooks, eAudiobooks, eMagazines eNewspapers using a smartphone, tablet, Mac, or PC
Parish Council	Parish Clerk: Karen Brown parishclerk@southkilworth.co.uk	Meet on the second Tuesday of each month at 7:15 pm Chair: Phil Alcock 575978 philalcock@aol.com
SK Security WhatsApp group	Gary Aram 07799894207 Kate Millington 07990504734 Graham Rutter 07721442561	Alerts regarding security issues in the village are posted with a link to Community Police
Skittles Teams	Ray Dorman 07780846002 Tracey 07733235306 (Ladies team)	Games take place at the pub
South Kilworth Neighbourhood Plan	Tina Morley: tina.morley@virgin.net	Join one of the groups covered in the Neighbourhood Plan. www.harborough.gov.uk/directory_record/2256/south_kilworth_neighbourhood_plan
South Kilworth News	sknews@southkilworth.co.uk	Community news for the village – contact us with ideas & news.
South Kilworth Village Website	southkilworth.co.uk	Kevin Coyne: admin@southkilworth.co.uk
St Nicholas Church	Sharon March (Minister): 07889 88038 https://www.avonswift.co.uk/ https://www.facebook.com/avonswiftbenefice	Administrator: Karen Morgan: 01858 882032 PCC Secretary Joanna Wilson: 01455 558 372 Email Joanna.wilson17@btinternet.com
Table Tennis	Bob Morley 575832 bobjmorley1953@gmail.com	Thursday at 7 pm in the village hall
Travelling lunch club	Alison Anderton: 0870 240 6993	Lutterworth Age Concern currently has two travelling lunch clubs, travelling to a different pub each month.
Village Email circulation list	southkilworthlist@gmail.com	Send an email to become a member of this list - Note it is a postbox and so doesn't reply! If you send something through for circulation, please put contact details on the email. Email addresses are never shared and cannot be used for commercial purposes.
Village Hall Committee	Chair Mark Tottman: 575476	Village Hall bookings contact: Gail on woodgail11@icloud.com or 575064
Women's Institute	Gaye Duncombe Tel 01858 880650 or gduncombe1@gmail.com	Combined with North Kilworth. 3 rd Thursday of each month at Belgrave Village Hall, North Kilworth at 7. 30 p.m.
Youth Club	Mel Gould (Project Manager) Kate – local worker 07502365379	In the village hall every Wednesday evening

From the Editorial Team



Spring will soon be here! Please send in any outdoor photos taken in and around South Kilworth - perhaps even a bird or two as suggested by Chris in this month's birding write-up. Hopefully, we can create a collage in the May edition. Articles and snippets of news from all residents are welcome. Please send to sknews@southkilworth.co.uk. Deadlines for articles/news: 15 April for May edition and 14 June for July edition.

Cover Photos by Julie Andrews & Michael Langman

Come and Join the TABLE TENNIS CLUB

South Kilworth has a lively Table Tennis club that meets each Thursday, 7 pm – 9 pm in the Village Hall. There are three tables, bats, balls and equipment purchased with help from the Parish Council and a just small charge of £2 per session to cover hall hire costs. Usually, around 6-8 villagers turn up on a Thursday so there's plenty of room for new players. We play to the covid-rules and keep the hall well ventilated.

But why Table Tennis? Well, it's great exercise, can be played at any age or skill level, develops fast reflexes, improved mobility, quickness of mind and reduces stress. You pick up your table tennis bat, start hitting a few balls and for a couple of hours forget all about your worries. But it's more than that. When you exercise, endorphins are released, which trigger a positive feeling in your body. By the time you finish your table tennis workout, you feel great and have a renewed vigour to tackle life. Come along and give it a try!

Kevin Coyne



South Kilworth Bowls Club – New Season Starts



Our new season starts at the end of April and we gladly welcome new members of any age. The first years' membership is free, so come on and have a go! We have a beginners' roll-up every Wednesday from 4 pm to 6 pm where we can give you some guidance on how to play!

Don't worry if you do not have any bowls, we have a spare set that can be used. You can decide when you want to play, so there is no obligation to commit yourself to any regular sessions. Apart from helping you to keep fit, it is also a great opportunity to meet new people. For more information or to join contact: Gerry Byrne 01858 575080 or Keith Rickhuss 01858 575792

Ladies Skittles – Come and Join



Ladies wanted to come and have fun and get out every Monday night and join The White Hart skittle team. No skills required, come and have a look. We are a friendly team.

Call or message Tracey 07733235306 to find out more or pop down to the White Hart on a Monday night.



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"Jason was a great help when we were choosing the fittings for our bathroom and downstairs cloakroom. He started and finished the work in line with the agreed programme dates. The quality of the work carried out was first class and we could not be more pleased with the completed job. We have no hesitation in recommending Jason." Phil & Barbara Lawrence | North Kilworth

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Free Cake and a Cuppa: South Kilworth Pop-up Café

Following the postponement of the January Café as a precaution due to Covid, the café opened on 1 February 2022 in the Village Hall. About 36 villagers attended. Some just popped in, taking a quick break in a busy day and others enjoyed an extended stay, meeting with new and old friends.



The next Café will be held on 1 March 2022, 10:30 am – 1 pm, in the Village Hall. To mark **Shrove Tuesday**,

pancakes will be available in addition to the usual variety of delicious sweet and savoury treats. Some gluten-free and vegan options are available too. Everyone is welcome.

Please diarise the April café which will be held on 12 April 2022. Looking forward to seeing you.



Tina Morley



Leicestershire National Garden Scheme



Spring arrives and we have blossoms and blooms everywhere. It is a lovely time to get out and enjoy gardens. The National Garden Scheme opens gardens to raise funds for charity, and also promotes gardens and gardening as therapy. Leicestershire National Garden Scheme welcomes visitors to two local gardens in April. Opening on the 9th and 10th April, from 10 am to 4.30

pm, is Oak Cottage in Blackfordby, Swadlincote, DE11 8AG. It is a stunning spring garden with Hellebores, Snakes Head Fritillaries, Magnolia, and more spring colour. Altogether the garden is over 3 acres including several ponds, a waterfall, and paddock areas planted with more than 450 native trees under the National Forest Freewoods scheme. Tea and delicious cakes will be on sale. Later in the month on Sunday the 24th April from 11 am – 4 pm Tresillian in Melton Mowbray LE13 0BQ opens for visitors to roam around $\frac{3}{4}$ acre of spring colour. In April expect to enjoy blooming Camellias, Magnolia, Tulips, Primula, marsh Marigolds alongside mature trees, ponds, and water features. For more details of these and all of our gardens visit www.ngs.org.uk



What to do in the Garden in March and April

At last, the garden is warming up, and it's great to get out and active in the garden. Some gardening ideas and tasks for this time of year:

Pruning: March is pruning time for Roses, Buddleia, Lavatera, Hydrangea (paniculata,) winter flowering Jasmine, Pyracantha, Euonymus and to coppice Cornus. Early March is also the last opportunity to prune Group 2 & 3 Clematis, and Wisteria.

Planning ahead for summer colour: If you have gaps in the border, and want to have easy colour, March and April is time to plant summer bulbs such as Dahlia, Lilies, Freesia to add colour and scent to summer borders. Plant either directly in the border, or in containers to brighten up the patio.

Bedding plants: Don't be tempted to plant out bedding plants. They are not hardy and a late frost can be a garden disaster. To save money buying smaller plug plants, keep them frost free in a porch, greenhouse or even indoors. Only plant outside when the risk of frost has passed. You can sow sweet peas because they are hardy annuals.

Growing your own veg: If you are keen to get started with your veg, in March sow hardier veg such as Broad beans, beetroot, carrots, Swiss chard, cauliflower, kohlrabi, lettuce, leeks, radish, turnip, peas and perpetual spinach, either under cover or in a sheltered garden. To sow the same veg outside wait until April when it's a little warmer.

Tender vegetables, such as courgettes, squash, peppers, tomatoes, cucumbers, aubergines, French beans, and sweetcorn all need to be kept warm under glass and not planted out until the risk of frost has passed.

April is the traditional time to plant onions and garlic and also early potatoes but protect the top growth, (Haulms) from frost.

Carol Bartlett

South Kilworth Snippets

All welcome to join: A video-based, group discussion, hosted by Curate Rev Stephen March and Lay Community Minister Sharon March.

Over 5 Wednesdays starting 9th March, 7-8pm.
Meeting at The Rectory, 21 Dag Lane, North Kilworth, LE17 6HD.

Five Sessions:

- What is Church?
- What me, a disciple?
- Everyday Prayer
- Everyday Action
- Everyday Witness



For more information -

01858 881212 sharon.march@marchsite.com

Women's Institute – New Members Welcome

Upcoming Events:

- 17 Mar: Sharon Mayher – National Garden Scheme
- 21 Apr: Stephanie & Trevor Mee – Confessions of Game Show Junkies with Quiz
- 19 May: Jane Isaac – Murder & Mayhem Local crime Writer & Resolutions

The WI combines North and South Kilworth as well as a few other nearby Villages.

New members always welcome - just come along.
7:30 pm in the North Kilworth Village Hall on Church Street (Car Park at the rear) LE17 6EZ. If you would like more information, please contact our President Gaye Duncombe 01858 880650 or email duncombe1@gmail.com

Village Consultation

We need to hear from you about spending money!!



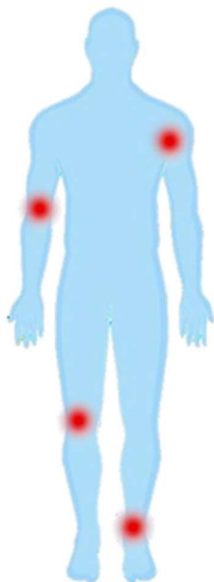
We're hoping that as many of you as possible will join us in the Village Hall on **Tuesday 12th April at 6 pm** to share your views on the priorities you'd like the Parish Council to focus on over the next couple of years.

As a result of funding available to the Parish through new housing development, as well as the on-going funding through the wind farm, we do have the opportunity to consider reasonably significant projects that you'd like to see that would improve life in the village.

If you need more temptation other than spending money - there will be tea and coffee and possibly cake!

Please do try and join us, we really want to hear what's important to you.

Parish Council



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Wednesday 2nd March Ash Wednesday

Lectionary Page: 87 Joel 2. 1 – 2, 12 – 17 2 Corinthians 5. 20b – 9 6.10 Matthew 6. 1 – 6, 16 – 21

7.30 p.m.	Shawell	Compline	Local Team
7.00 p.m.	Catthorpe	Ash Wednesday Holy Communion	Rev. A. Micklethwaite

Sunday 6th March 1st Sunday of Lent

Purple

Lectionary Page: 731 Deuteronomy 26. 1 -11 Romans 10. 8b – 73 Luke 4. 1 - 13

9.30 a.m.	Stanford on Avon	Holy Communion (CW)	Rev. D. Hebblewhite
11.00 a.m.	Gilmorton	Holy Communion with Baptism	Rev. A. Micklethwaite
4.00 p.m.	Peatling Parva	Songs of Praise	Local Team

Sunday 13th March 2nd Sunday of Lent

Purple

Lectionary Page: 734 Genesis 15. 1 – 12, 17 – 18 Philippians 3. 17 -4.1 Luke 13. 31- end

8.30 a.m.	Kimcote	Holy Communion (BCP)	Rev. A. Micklethwaite
9.30 a.m.	Swinford	Holy Communion with Baptism	Rev. J. Hover
9.30 a.m.	South Kilworth	All Age Service	
11.00 a.m.	Misterton	Holy Communion (CW)	

Sunday 20th March 3rd Sunday of Lent

Purple

Lectionary Page: 739 Isaiah 55. 1 – 9 1. Corinthians 10. 1 – 13 Luke 13. 1 - 9

9.30 a.m.	North Kilworth	Holy Communion (CW)	Rev. J. Hover
11.00 a.m.	Peatling Parva	Holy Communion (BCP)	Rev. A. Micklethwaite
4.00 p.m.	Shawell	Holy Communion (CW)	Canon B. Davis

Sunday 27th March 4th Sunday of Lent & Mothering Sunday

Purple

Lectionary Page: 112 Exodus 2. 1 – 10 2 Corinthians 1. 3 – 7 Luke 2. 33 - 35

8.30 a.m.	South Kilworth	Holy Communion (BCP)	Beth Rogers
9.30 a.m.	Catthorpe	Holy Communion (CW)	Rev. D. Jennings
11.00 a.m.	Ashby Magna	Holy Communion (CW)	Rev. J. Hover

Sunday 3rd April 5th Sunday of Lent Passion Tide Begins

Purple

Lectionary Page: 746 Isaiah 43. 16 – 21 Philippians 3. 4b -14 John 12. 1 - 8

9.30 a.m.	Stanford on Avon	Holy Communion (CW)	Rev. D. Hebblewhite
11.00 a.m.	Gilmorton	Holy Communion (CW)	Rev. A. Micklethwaite
4.00 p.m.	Peatling Parva	Songs of Praise	Local Team

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MINUTES OF A PARISH COUNCIL MEETING FOR SOUTH KILWORTH PARISH COUNCIL

Held on Tuesday, 8th February 2022, 7.15p.m.

Minutes Ref: 813/0222

1.0 To Confirm Members Present

Cllr P Alcock (PA) - Chairman

Cllr T Wood (TW)

Mrs K Brown (KB) – Clerk

Cllr G Byrne (GB)

Cllr K Coyne (KC)

2.0 To Receive Any Apologies

Cllr E Derrick - accepted

3.0 Disclosure of any Member's Interest/s

PA declared an interest in planning application 22/00105/FUL, due to the proximity to his own address, and stated that therefore, he would not take part in any discussion re this application.

4.0 To Confirm Other Attendees

One member of the public was in attendance.

5.0 To Confirm Minutes of Previous Meeting of Council, held on 18th Jan'22

These minutes were confirmed to be a true record of matters discussed, and decisions reached, by the Parish Council.

6.0 Parishioners' Time

No Comments.

7.0 Parish Council Procedures

7.1 No update

8.0 Planning Matters

8.1 New Applications:

22/00045/FUL, Chevel House, The Belt, South Kilworth, change of use of agricultural land to equestrian and erection of horse arena. The PC agreed they had no comment.

22/00105/FUL, (received after agenda issued) Land adj to St Keverne, Welford Road, South Kilworth, construction of a manege, two stable blocks and one storage building. The PC agreed that KB should submit the following comment to HDC:

"The Parish Council have received five representations from parishioners objecting to this development and would ask HDC to consider their concerns.

In summary these concerns relate to:

(a) the nuisance that will be caused by the manege & floodlighting so close to neighbours

(b) the excessive size, the footprint and positioning of the buildings planned which seem excessive for genuine requirements

(c) concerns that much of the Supporting Information provided with the Application is misleading or incorrect

(d) concerns about plans for the existing buildings that have already been sited on the land and are not mentioned in this Application.

(e) Parishioners also claim that the longer term declared objective of the applicants is to build a house on this land.

SKPC would ask HDC to consider if conditions can be sought to assuage these fears. We also repeat the comment we sent to HDC when this land was the subject of a 'change of use' application last year. At the time we expressed concern that the approval of this planning application could be a 'steppingstone' to a future application for a development that is not compliant with the Neighbourhood Plan as it stands currently."

8.2 Planning decision/s rec'd: None

9.0 Accounts / Finance Matters

9.1 An updated bank mandate was signed for the MHBS account in the name of the PC, thus removing a resigned councillor as a signatory. KB to submit to MHBS. Resolved

9.2 The PC approved the following payments:

Nett	Vat	Total	Details/Comments
70	0	70	I.T. support re email set up and laptop updates
664.46	132.89	797.35	Street Lighting recharge and maintenance
42.50	0	42.50	Re-imburse re Norton Virus Protection

9.3 KB reported on the cash balances held by the Parish Council at 31/01/22, along with bank reconciliation - PC approved.

10.0 Highways and Footpaths

10.1 Re LCC grant offer to the PC of £3k from the Highway Members Fund, to fund a vehicle activated sign in the village, at an agreed location – KB reported that she was waiting for a representative from LCC Traffic and Signals division to contact, with instruction on how to proceed. Pending.

11.0 Village Improvements

No update

12.0 Recreation

12.1 Servicing of Play Area Zip wire equipment – TW reported that Wicksteed had been out to inspect the zip wire and that the equipment required to be tightened and lubricated. The PC agreed that TW would contact Wicksteed to inform them that,

due to the short time having elapsed since the play equipment had been installed, the PC would hope that this maintenance be carried out free of charge. Pending.

- 12.2** Holiday Club Proposal – The PC agreed to go ahead with this proposal on the condition that National Lottery funding was granted. KB to contact Finding Fitness to proceed with an application. Pending.

13.0 Village Website

- 13.1** New Village website – Both KB and KC agreed that the website was running smoothly, and developing well.

14.0 S106 Fund

- 14.1** Re the formulation of a village consultation regarding future S106 funding – PC agreed to prepare an article to be included in the March edition of the SKN, giving notice that a public meeting would be held in the village hall on Tuesday, 12th April at 6.00 pm (prior to the PC meeting at 7.15pm) to inform, receive feedback and ideas, around future spending of the remaining available funds. Action - PA to prepare article in time for inclusion.

15.0 South Kilworth News

- 15.1** KC confirmed that a meeting had been arranged for him and one of the SKN editors to discuss, going forward, the managing of content and information within the village website and newsletter.

16.0 Surveys

- 16.1** None

17.0 Any Other Business

- 17.1** The PC discussed an email (circulated 07/02/22) that had been received from the Royal British Legion, inviting Parish Councils to take part in the 'Queen's Green Canopy' project by planting a tree and purchasing a veteran-made plaque to commemorate. The PC agreed to plant a tree in commemoration of the Jubilee however, decided not to purchase the plaque. Action – GB to source a tree.
- 17.2** TW reported that he had been asked by a VH representative to request a PC contribution towards the cost of providing a pig roast for the village jubilee celebration day. TW agreed to make some enquiries around costs. Pending.

18.0 To Confirm Date of Next Meeting – Tuesday, 8th Mar'22, 7.15 p.m.

Meeting ended at 8.35 p.m.

A copy of these minutes will be published on the South Kilworth Website, no later than thirty days from the date of the meeting.



TWO DEAD DISSIDENTS
JAMES MEAKIN

Written by James Meakin (from our village), *Two Dead Dissidents* is a tense yet entertaining story, packed to the brim with unexpected twists and turns. With unusual settings in a unique period of time, this novel is a fresh and enjoyable new take on a well-loved genre. *Two Dead Dissidents* is available on Amazon in paperback for £7.99 and on Kindle for £3.99.

SK Snippet

Tim Mills from the Hollies Bed & Breakfast is looking for part-time help involving cleaning, some administrative duties, meeting and greeting the guests, etc.

Hours are flexible – it could be just one day a week or separate 2- or 3-hour sessions.

Chat to Tim on 07811 652267 or email Mills.Tim3@icloud.com for the details.



NATIONAL GARDEN SCHEME
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Oak Tree House
North Road, South Kilworth,
LE17 6DU

Saturday 18 June
11am - 4pm
Sunday 19 June
11am - 2pm
Adults £5 Children free



More information at ngs.org.uk

Bird Watching - Stanford Reservoir

The start of a new year always brings a level of optimism for birders. January means Spring migration is within touching distance and also lists can be refreshed or restarted. Most birders keep lists - whether it's a list of birds seen in a particular year, your county, Britain, the world, or even your garden. The list can provide important trend information on different species, offers a point of comparison over the years, create friendly competition, or simply motivation to get out and find something new.

At Stanford Reservoir we maintain a species list each year and an overall list of all birds ever recorded. Of course, January 1st means that everything you see is new for the year – even the first Robin, Blackbird, or Song Thrush. We have made a reasonable start to 2022 with a total of 92 species recorded so far (up to 16th February). As we move into March and April this number will jump significantly as the first summer migrants start to return.

A visitor from Siberia



On December 31st, I found 3 White-fronted Geese at the reservoir. These have now been in the area for nearly 50 days, spending a lot of time in and around Stanford Hall. These birds are most likely from the Baltic/North Sea population which breed in European Arctic Russia and northwest Siberia. They winter predominantly in the Netherlands, Germany, and Belgium with small numbers visiting the UK. They are a relatively scarce bird in Leicestershire and Northamptonshire with only a small number of records each year. They are noticeably smaller and daintier than the Greylag Geese we are used

to seeing locally. Adults have a white blaze around the bill and black lines/markings on the belly (see images).



RSPB Big Garden Birdwatch

This took place on the weekend of 28th to 30th January. It's open to everyone and is aimed at providing a snapshot of how our garden birds are faring across the country. **We have lost a staggering 38 million birds** from the UK over the past 50 years so surveys like this really help organisations such as the RSPB track and understand what is happening. I managed to record 23 species in the hour I spent watching – the best birds being Stock Dove and House Sparrow, both of which are surprisingly rare at my end of the village. Did anyone else take part and what did you see? Perhaps you could include something yourself in the next edition of the SK News.

Easter Walk around Stanford Reservoir

I am planning to do a guided spring walk around the reservoir on Saturday 16th April. If you are interested in seeing and hearing some of the birdlife on your doorstep then why not join me – all welcome. The plan is to meet at the Welford Road car park at 8 am and complete a full circuit which is around 3.5 miles. If you would like to come, message me on 07803 374541 or email me at c.hubbard2@icloud.com.

Chris Hubbard

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Dr. Simon Vincent



Last November, our resident GP, Dr. Simon Vincent, ran two very successful free training courses to teach villagers how to use the defibrillators that are sited around the village, one in the red phone box on Welford Rd and one outside the Village Hall. Impressed with his altruism, we thought that we find out a bit more about Simon and his family.

Simon and his wife, Emma, have lived in the village for nearly 25 years. They initially moved into Wits End on Welford Road, before renting the bungalow Greystones whilst renovating and then extending their current home, Amner House on Walcote Road. They have three children, Sam, Ruth, and Anna. Only Anna is left in the village

with Sam in the RAF at Marham and Ruth at University in Birmingham studying Physiotherapy. They have two dogs, Luna a Staffie, and Nelson, a Rhodesian Ridgeback. Emma has worked as a Respiratory Nurse at Glenfield Hospital for over 25 years. Simon spent 13 years as a GP in Burbage near Hinckley before moving to The Limes, Narborough in 2015. Simon has been a Leicester Tigers season ticket holder for over 20 years and, more recently, a Leicester City Football Club Member. In South Kilworth, he is renowned for bringing the "claw" bridge to the pool team. Simon regularly cycles with his long-suffering cycling buddy, Chris Barratt. He doesn't like hills but he likes a charcoal BBQ. A man of many meaningful talents!

Last time the Defibrillator and CPR training was overbooked and a few residents had to be turned away. So, Simon has offered to do some more training for the village, if there is enough interest.

If you would like to meet the man, learn how to use a defibrillator, and perform CPR, please let our Parish Clerk know and we will get back to you when a date has been arranged. Please email Karen Brown at parishclerk@southkilworth.co.uk or leave a message on 07885 766846.



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Walk for fun and exercise in South Kilworth

Like a lot of people in the UK, we found ourselves working from home a lot more over the last couple of years and exercising more and more by walking. And like a lot of families, we thought we might as well get a dog to get us out walking even more. Getting a dog has meant spending more time exploring the public footpaths and bridleways in and around the village and at one of the Pop-up Café sessions in the village hall (you really must go if you have not tried it, the cakes are amazing) some people were talking about how they had published routes for walking in and around one of the other local villages, so we thought it would be good to do the same for non-dog walkers and dog walkers alike. We will be describing walks here regularly, all starting and finishing at the Village Hall, some out and back, and some round routes.

This first short walk is an out and back, but it can be made into a round route if you are comfortable walking along roads with no pavements.



Route 1 Village Hall to Rugby Road (1km) and back to Village Hall (2kms total)

Starting in the Village Hall car park, head out of the car park along the footpath with the bowls club on your right.



Cross over the private driveway through the two gates and carry on for another 100m and take the fork to the right. This will take you down an alley with the church on your left and you will come out onto Church Lane with Morris Butchers over the green on your right.

At the bottom of Church Lane, you will see a gate opposite you leading onto the fields. Go through the gate or climb over the stile and through the next gate into the field. Please be careful

in this field as there are often young bulls there and sheep in fields on either side. So it's best to keep dogs on a lead.



The path hugs the right side of the field and in early Spring you can see the snowdrops coming through and if you are early enough, the sun rising to your left can be spectacular.

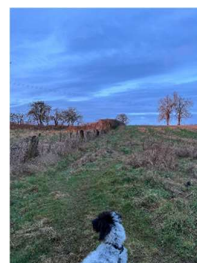


Keep following the path down the hill and cross the stream using the wooden bridge.

Once over the bridge, the path then hugs the left side of this field. You walk along the tree line to the corner of the field where the path turns a sharp **right and you head up the hill** – this can be quite slippery if it has been raining: wellies or

walking boots are recommended.

Head up the hill, again keeping the hedgerow and trees on your left, and just before you get to the corner, there is a stile to climb over into the next field.





Once over the stile, turn right and head to the lone tree, for those with good eyesight, there is a post with a yellow footpath marker by the tree, but you should not miss it, it is the only tree in the middle of the field!

On reaching the tree, you turn left towards the road, and then you aim towards the gap in the hedgerow with the road on the other side of the hedge.

Once there, you have lovely views looking back over the village and the choice is either then to retrace your footsteps, or going onto the road, turn left and down the hill, up the other side to the White Hart pub, which will be on your right. Carry on past Monte Bello and back into Leys Crescent to the Village Hall.

Please enjoy this walk and make sure others can enjoy it too by not dropping litter and if you do have a dog, please clear up after it.

Michael Langman



Editor: The expanded version of this article will appear in the online version of the SK News as an annexure. See <https://www.southkilworth.co.uk/news/south-kilworth-news> later in March. See also <https://www.southkilworth.co.uk/notice-board/time-to-get-walking-again>

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Spring Skin

What can you do for your skin at this time of year? As the weather changes, your skin changes too. Gone are the heat/cold/heat drying influences of winter as we move to more clement times! Heavy creams are a thing of the past and your skin starts to feel different: more tolerant and less reactive. Now is the perfect time to have a good look at what you are using and whether it is hitting the mark. You can't stop ageing, but you can help your skin to look fabulous. There is also no "one size fits all" advice, if you're struggling with conditions such as acne or rosacea, but you can help your skin get what it needs.



As a brief guide:

Cleanser: This should be light and water-soluble. Anything oily or too rich can leave residue in the pores, making the skin dull and prone to bacteria build-up. Anything too stripping can remove the healthy bacteria your skin needs!

Toners: Don't go for anything that leaves your skin feeling tight. Rather than a stripping toner, opt for a splash of water. Ingredients like glycolic should be avoided as they can really strip the skin. If it says it closes pores: remember pores are not doors!!!

Serums: Many cheaper serums are very low on active ingredients. Vitamin C serums should be clear, not brown, in glass that withstands light. If you are opting for a retinol, don't be fooled by percentages. They can be very misleading. Most of us need a combination of vitamins and peptides to effect change and improvement in our skin, so single-ingredient serums can be an expensive option with little effect. Look instead for moisturisers or serums that can penetrate the skin.

Moisturisers: What else can they do? Some contain your forms of vitamin A in a more fat-soluble form of retinyl (from the retinol family) and some just contain oils and creams that feel nice, and often smell nice. Remember, smells won't change cells. Perfumes can also add unnecessary stress to the skin.

SPF: Use it all year round – think of it as UV protection, not just sun protection. UVA is around us all the time and has a more ageing effect on the skin than UVB! Opt for a face-specific one and don't rely on SPF in your make up or moisturizer. UV protection should be reapplied and effective! Happy Spring Skin! **Vicki**

Vicki, from Bliss & Beauty Skincare Specialists in our village, is an experienced skin specialist having completed a level 4 skin Science Diploma, and 20 years' experience in treating skin.

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John Brooks: Family Man, Dog Lover and Premier League Football Referee

Since its inception in the 1992/93 season, the English Premier League and its clubs have established a strong global reputation with a worldwide audience of over 3,6 billion (43 million in the UK alone). Die-hard and knowledgeable supporters can just as easily be found in the classrooms of Soweto, Bangkok, the Faroe Islands and the suburbs of Auckland, Nairobi and Buenos Aires as in Old Trafford, Aigburth, and Epsom.

A recent report by Ernst & Young showed that the League supported 94000 jobs, added £7.6 billion value to the UK economy, and made a £3.6 billion tax contribution in 2019/20.

With prodigious talents from every corner of the globe, multinational corporates, billionaires, oligarchs and pop stars; with galactic egos, quantum level scrutiny and commentary from every person who has a voice; with seething crowds armed with melodic malevolence: what person dreams of being the referee at this level? Turns out, you can be a down-to-earth, level-headed, family man like John Brooks, a recent resident and continuing friend of South Kilworth (the family relocated in 2021).



John got into refereeing at school at age 14 when he took it up as a skill for the Duke of Edinburgh award. Some 17 years later he finds it quite surreal that he is now applying his skills at the Premier League level.

A little more serendipitous was his meeting up with his partner, Erica, at the University of Liverpool in 2009. Erica was from a sleepy village near the Lake District in Lancashire and John from north Leicestershire near Melton Mowbray.

In 2017, with Erica working as a buyer for a luxury motor manufacturer based in Leamington Spa, and John still having a day job in Leicester as well as refereeing in League 1 & 2 at the time, they found and bought a lovely home in South Kilworth together. Their daughter, Amelia, was a happy addition in 2021.

John partially 'blames' Ralph, his friendly dog, for getting to know so many people in South Kilworth on his daily walks across the golf course, down The Belt and along the old railway track.

In August 2021, John's dedication was rewarded when he was offered a role as a Premier League referee. To date, he has refereed 3 Premier League matches as well as having officiated at many Championship League matches and acting as 4th official and VAR (video assistant referee) every week in the Premier League.



Premiership referees are intensely scrutinised: from their physical conditioning to each and every one of the hundreds of on-field decisions that they make. One of the most recent 'innovations' has been the introduction of the VAR (video assistant referee) in the Premier League.

We asked John if he thought that VAR has helped?

"As a referee in an important match, you don't want to be in the headlines. So, with VAR key decision accuracy has increased

from approximately 86% to 98%. VAR has helped to eliminate errors. Of course, there will always be some subjective judgments which create debate given the nature of football”.

We also asked John: What skills are needed to be a top-level referee?

“You need to be patient, confident and have a natural authority along with good communication skills. We have to interact with a lot of people depending on the circumstances. Not only the players and coaching staff but also the groundsman when conducting pitch inspections as well as the safety officer and chief executive, if there have been issues. The ability to communicate and manage situations in a fast-paced environment is a must.”

And then: Which are the best players you have refereed?

“I have been fortunate to travel abroad to officiate in the Champions League, so have seen some of the great European players. Messi at Barcelona, Ronaldo at Real Madrid in Champions League games. All of the Premier League’s big names have all been involved in games where I have been an official. I have some way to go yet, so I would be better placed to answer that question in a few decades 😊”

And finally, for now: Where is the best place to referee?

“I still enjoy refereeing at some of England’s older more traditional grounds. Villa Park, Goodison Park and the City Ground can have special atmospheres. Some of the newer grounds are of course tremendous from a facility perspective. I recently refereed Tottenham v Morecambe in the FA Cup and the stadium at Tottenham really is spectacular.”

Incidentally, John doesn’t referee Leicester City matches, for obvious reasons.

Robert Snell



As you can see, in my chocolate studio, the Easter chicken has arrived. And she's busy laying eggs too!

Easter eggs, Easter chickens, boxed chocolates. What would you like to find in your Easter Hunt this year?

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SCAN ME

To find out more about governance in Learn-AT schools:

- Go to <https://www.learnat.uk/governance>
- Or email Pippa Darbourne on pdarbourne@learnat.uk

To find out more about South Kilworth C of E Primary School go to <https://www.southkilworthprimarieschool.com/>



The Queen's Platinum Jubilee



The Village Hall Committee, on behalf of the Parish Council, is currently planning for the Platinum Jubilee celebrations. **Please keep the following date free: Sunday 5th June 12 pm – 4 pm.**

Currently: a pig roast is contemplated; a cake competition will be held and the cake shared after judging. There will be a bouncy castle and a bar will be open. Further and fuller details are to follow.

Queen's 25th Jubilee: Our archive of 1977 South Kilworth News provided the following Ruby Jubilee programme which makes for fascinating reading. Fancy some limbo dancing?

- 3 -

YOUR JUBILEE PROGRAMME

Ruby

Saturday 5th June

10.00a.m. Open air service by the walnut tree for all villagers and friends. Music by the Rugby Salvation Army Band.

Monday 6th June

6.30p.m. Judging of the Best Dressed House by Mr. R. Underwood. The winner will be awarded a plaque.

Tuesday 7th June

10.00a.m. The church bells will be rung.

2.00p.m. Gala afternoon starts on the school field, with the school bell being rung 25 times, followed by the Fancy Dress Competition - Three Classes: Children under 7 years
Children 7 yrs. to under 14 yrs.
Adults under 100 years.

2.30p.m. Comic Rounders Match. Them vs. Us. Join in the fun.

3.00p.m. Childrens Fun Time - Pillow fights, Limbo dancing, Toffee Apple biting, Sugar Puff Bobbing.....

3.30p.m. Childrens Crazy Sports.

4.00p.m. Picnic Tea and presentation of Crowns to children and senior citizens. (Remember to bring your tea - drinks will be provided free)

5.00p.m. Fencing demonstration (swords, not posts and rails).

5.30p.m. Mens Tug o' War and Ladies Tug o' War.

Take a break now, until -

9.00p.m. Bonfire, country dancing, hot dogs and refreshments.

Wednesday 8th June

7.00p.m. Arts, Crafts and Historical Exhibition with Ploughmans Supper. Come and see the artistic talent of the village and pictures of yesteryear, together with relics of South Kilworth.

Thursday 9th June

The Art & History Exhibition will be open from 10.00a.m. to 12 noon and from 2.00p.m. to 4.00p.m.

6.15p.m. Crowning of the South Kilworth Jubilee Queen by the walnut tree, followed by Maypole, Country and Folk Dancing by the children, around the village.

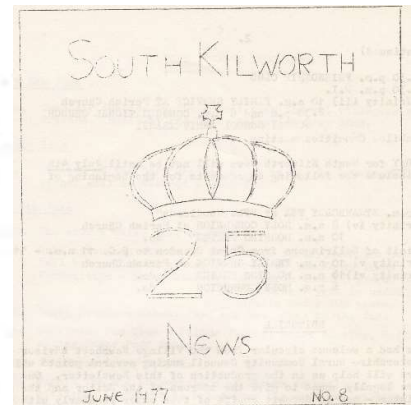
8.30p.m. Rugby Concert Orchestra will play light concert music in the Village Hall.

Friday 10th June

9.00p.m. BAR-B-Q and Dance organised by the Scouts at Tollgate Farm Barn. Hurry, hurry, only a few tickets left - see Roland Sandercock or other Scouters!

Saturday 11th June

2.00p.m. Open Bowls Matches - Come and have a bowl, Joe!!



Editor:

Were you there?
Please share any photos you may have of the 1977- and any other of the Jubilee celebrations taking place in South Kilworth, which we can print in the May edition of the SK News. Thanks!

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