

AVOID

H J K L M N **P C I** O Q R S T U

The risk of COVID-19 infection increases under certain circumstances

P



Poor ventilation

C

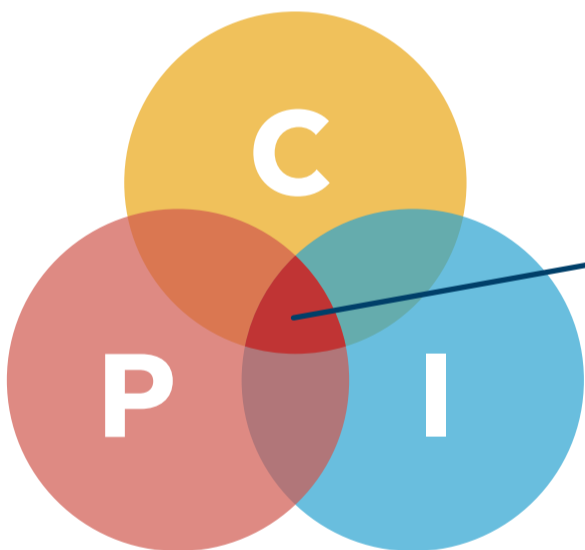


Crowds

I



Intimate gatherings



The risk is greater where the factors overlap
We must take care of one another and minimise the risk of infection by avoiding **poorly ventilated spaces**, **crowds** and **intimate gatherings**.

What can you do?



Avoid crowds and limit your stay in poorly ventilated spaces



Keep the correct distance from others



Open windows and doors for better ventilation if you can



Wash your hands and cover your mouth and nose when coughing or sneezing



Wear a mask where appropriate or in situations where you cannot maintain the correct distance