



covid.is

# Community pledge

- in our hands

Let's make a pledge to keep up the good work. A pledge that will be valid throughout spring and summer and one that we will all observe.

## We pledge to:

- ▶ Wash our hands regularly
- ▶ Sanitize our hands
- ▶ Remember to keep a distance of 2 metres / 6 feet
- ▶ Sanitize common surfaces
- ▶ Keep protecting at-risk groups
- ▶ Call the clinic if we experience symptoms
- ▶ Keep screening for COVID-19
- ▶ Observe quarantine rules
- ▶ Observe isolation rules
- ▶ Keep providing great services
- ▶ Provide trustworthy information
- ▶ Be understanding, mindful, and supportive of each other

Civil defense is still in our hands.



Embætti  
landlæknis  
Directorate of Health