



covid.is

We are all members of Iceland's civil protection and emergency management team

Covid-19 calls on us to join forces and behave responsibly. In order to make it easier for the healthcare system to deal with the current situation, it is important that we limit the spread of the virus as much as possible. There are various ways to do this, and we must all adopt them.

▶ **Wash our hands**

With soap and water. Regularly – and thoroughly.

▶ **Avoid unnecessary physical contact**

Find ways to greet other people without touching. A smile is better than a hug and a kiss.

▶ **Comply with quarantine and isolation guidelines**

Quarantine for those who could be infected and isolation for those who are infected are necessary to slow the spread of the disease.

▶ **Abide by the gathering ban**

The general gathering ban includes all events where 20 or more people come together. For smaller events, you must ensure that people maintain a distance of over two metres (6.5 ft).

On the website www.covid.is, you can find more sound advice, reliable information, and news about the current status of events.



**Embætti
landlæknis**
Directorate of Health



Ban on gatherings

The authorities have decided to impose a ban on group gatherings beginning at midnight on Sunday (0:00 hrs. on Monday 16 March). The ban will remain in effect for four weeks, through Monday 13 April (Easter Monday).

The ban will be under continuous review: it could be lengthened or shortened, and it could change as circumstances require.

What gatherings are forbidden?

The ban applies to organised activities where more than 100 people come together. For example:

- ▶ **Conferences, symposia, meetings, and similar events.**
- ▶ **Recreational events such as concerts, plays, film screenings, athletic events, and private parties.**
- ▶ **Religious ceremonies of any type, including funerals, weddings, confirmation ceremonies, and other religious gatherings.**

Furthermore, other locations must guarantee that no more than 100 people gather together in the same space at any given time. This applies, for example, to restaurants, cafeterias, cafés, nightclubs, retail stores, swimming pools, gyms, and museums. These limits apply as well to public transport and other comparable operations.

At gatherings and workplaces, and in other operations where fewer than 100 people are gathered together, individuals shall keep a distance of at least two (2) metres from one another.

What is not included in the ban on gatherings?

The ban does not apply to international airports, international harbours, aircraft, or ships.

Schools

School activities will be significantly limited during the ban on gatherings.

- ▶ **Upper secondary schools (high schools) and universities will be closed, and instruction will be carried out through distance learning to the extent possible.**
- ▶ **Primary schools may carry out instruction in school buildings if they guarantee that no more than 20 students are in the same classroom and that students do not mix with other groups; for instance, in cafeterias or at recess.**
- ▶ **Pre-schools may remain open if they guarantee that children are in small groups and kept separate as much as possible.**

These restrictions also apply to other educational institutions, after-school facilities, community centres, and athletic activities.

