

The background of the top half of the page is a collage. On the left, a group of hands of various skin tones are reaching up towards the center. On the right, a woman with glasses and a blue blazer is sitting and talking to a young girl in a yellow hoodie. The text 'Parents Helping Parents: It's who we are and what we do' is overlaid in white on the left side of this image.

Parents Helping Parents: It's who we are and what we do

Parent Peer Support Program

Parent peer support can help you connect with other parents who have similar interests and needs, and can help to reduce feelings of isolation. Our Parent Peer Support Partners have firsthand experience and training that could help your family by assisting with:

- Gathering and organizing information to make it easier to keep appointments and prepare for meetings regarding the needs of your child and family like doctors, schools and therapists.
- Finding local community resources to support your family's needs beyond healthcare like employment, housing, child care and other family necessities.
- Learning your rights within the school system to help your child on his/her journey.

Youth Services and Respite

- Out-of-school activity groups are available for kids to build personal and social skills and to give parents/caregivers rest and relief.
- Activities are led by trained staff to facilitate positive behavioral health skills.

Contact us today!

928-379-5077 -- Trish@familyinvolvementcenter.org

www.familyinvolvementcenter.org



**For Patients on AHCCCS Health Plans Only*