Strengthening Families and Communities



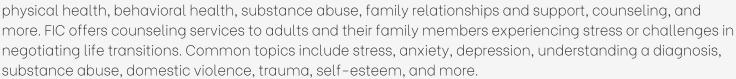


As a family-run organization, we provide support to individuals, parents and primary caregivers raising children with emotional, physical, and behavioral healthcare needs as they navigate child-serving systems such as:

- · Schools
- · Division of Developmental Disabilities
- · Behavioral and Physical Health Care
- · Juvenile Justice
- · Department of Child Safety
- · Foster Care, and more.



FIC offers care coordination and direct support services to assist individuals with life skills, employment, housing,





FIC offers Parent Peer Support to help parents meet children's needs at home, in school, and in the community. We prepare parents and caregivers for meetings such as school IEP's, 504's, court hearings, Child and Family Team meetings, and more. By increasing positive and effective communication, parents can better understand and navigate juvenile justice, child welfare, systems serving people diagnosed with disabilities, and more. Parents also get opportunities to engage with other parents navigating a similar journey.

Youth Support Services

FIC offers living skills mentoring programs for youth. The program is site-based, after-school and school-break program designed to build skills; cultivate healthy relationships; and provide trauma-informed, strengths-based support. Our youth programs are designed to meet the individual needs of youth within their community and home setting.

Counseling

FIC offers counseling services to adults and their family members who are experiencing stress or challenges in negotiating life transitions. Services provided are tailored to each person's unique strengths and needs. Common topics include: Stress, Anxiety, Depression, Understanding a diagnosis, Substance Abuse, Family relationships, Domestic Violence, Trauma, Self-Esteem, Parenting, Grief and more.

Phoenix Office 5333 N. 7Th St.

Suite A100 Phoenix

85014 (602) 288-0155 **Prescott Valley Office**

8766 E State Route 69, Ste. G Prescott Valley 86314 928-379-5077 Flagstaff Office

5200 E Cortland Blvd. Ste. A16 Flagstaff, AZ 86004 928-440-618 **Tucson Office**

220 E Speedway Blvd, Tucson, AZ 85705 520-404-0032