

As a family-run organization, we provide support to individuals, parents and primary caregivers raising children with emotional, physical, and behavioral healthcare needs as they navigate child-serving systems such as:

- Schools
- Division of Developmental Disabilities
- Behavioral and Physical Health Care
- Juvenile Justice
- Department of Child Safety
- Foster Care, and more.

Adult & Family Support Services

FIC offers care coordination and direct support services to assist individuals with life skills, employment, housing, physical health, behavioral health, substance abuse, family relationships and support, counseling, and more. FIC offers counseling services to adults and their family members experiencing stress or challenges in negotiating life transitions. Common topics include stress, anxiety, depression, understanding a diagnosis, substance abuse, domestic violence, trauma, self-esteem, and more.



Parent Support & Education

FIC offers Parent Peer Support to help parents meet children's needs at home, in school, and in the community. We prepare parents and caregivers for meetings such as school IEP's, 504's, court hearings, Child and Family Team meetings, and more. By increasing positive and effective communication, parents can better understand and navigate juvenile justice, child welfare, systems serving people diagnosed with disabilities, and more. Parents also get opportunities to engage with other parents navigating a similar journey.

Youth Support Services

FIC offers living skills mentoring programs for youth. The program is site-based, after-school and school-break program designed to build skills; cultivate healthy relationships; and provide trauma-informed, strengths-based support. Our youth programs are designed to meet the individual needs of youth within their community and home setting.

Counseling

FIC offers counseling services to adults and their family members who are experiencing stress or challenges in negotiating life transitions. Services provided are tailored to each person's unique strengths and needs. Common topics include: Stress, Anxiety, Depression, Understanding a diagnosis, Substance Abuse, Family relationships, Domestic Violence, Trauma, Self-Esteem, Parenting, Grief and more.

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