

WHO WE ARE

Fathers sharing their parenting perspectives, knowledge and experience can be really valuable for other fathers. But it isn't always easy for fathers to find this type of support. The other challenge is, many men just aren't used to sharing their genuine struggles with other men.

We provide support for men who are currently fathers, guardians or expecting dads, regardless of age, who want to improve their skills as a father, parent, partner and man. Fathers will learn how to change their attitudes, knowledge and skills, helping them become better men.

Our program follows the Nurturing Fathers curriculum, which is a 13-week, evidence-based training course. Through activities and discussions, participants will learn to address their history of fatherhood and manhood and adopt new, more nurturing fathering practices.



DADS MAKE A BIG DIFFERENCE



Contact us for more information regarding the different meeting times and locations of our groups.

Virtual meetings available.
Participation is free.

CONTACT US

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FATHERHOOD ENGAGEMENT PROGRAM

Dad to Dad
Mentoring



Strengthening Families and Communities

DAD TO DAD MENTORING

In addition to outstanding lessons, this program allows for peer mentoring and discussions between fathers that will help fathers in the program:

Resolve Conflict Safely

Explore ways to resolve conflict while creating safe and nurtured families.

Manage Child Behavior Lovingly

Learn strategies for successful child behavior management to provide a loving home.

Create Teamwork and Healthy Co-Parenting Habits

Achieve cooperation between parents and teamwork as a family to support the children and foster healthy relationships.

Learn Conflict-Resolution Strategies

Avoid arguments and fighting through conflict-resolution strategies.

Develop Coping Mechanisms

Understand and practice ways to cope with stress, pressure, and family issues in a healthy manner.

Connect with Other Fathers

Connect fathers to resources including counseling to navigate dependency or family court.

**GET INVOLVED.
SIGN UP NOW.**

HOW WE'RE NURTURING FATHERS

We are proud to offer the nurturing fathers programs to help men improve and become better fathers. No matter your age, background, or history as a dad, we are here to help you improve your skills as a father, parent, partner, and person.

Our Nurturing Fathers curriculum is a 13-week evidence-based training course that utilizes activities and discussions to address the history of fatherhood and manhood and adopt new, nurturing fathering practices.

It isn't always easy for fathers to find the support they need. The Family Involvement Center understands the value of fathers sharing their perspectives, knowledge, and experience.

