# Family Involvement Center (FIC) Father Engagement Program Logic Model

### **Program Goal**

Arizona fathers in the FIC Father Engagement Program will optimize their children's overall well-being through active and informed parenting.

## Current State

Fathers are often viewed as secondary caregivers, excluding them from many parenting programs. Furthermore, parenting programs are not father-centric and cater more to female caregivers.

## **Priorities**

Utilize peer support to assist fathers in developing parenting skills to create nurtured families

According to the U.S. Census Bureau, 18.3 million children, 1 in 4, live without a biological, step, or adoptive father in the home.\*

Research has found that fathers' involvement with their children is important for their children's health, self-esteem, social skills, and educational attainment.

## Inputs

Resources needed to conduct project activities, including the human, financial, organizational, and community resources a program has available to direct toward doing the work.

#### Participants:

**Assumptions** 

Providing fathers

resources, and

social support will

promote healthy

engagement with

**External Factors** 

Fathers' interest and

their children

Awareness of

engagement in

Program funding

program

program

knowledge,

Fathers, father figures, and prospective fathers residing in Arizona

#### Stakeholders:

Father Support Specialists (FSS) Community partners

#### **Physical Resources:**

Recruitment materials Community meeting space Curriculum workbooks Bus passes Gift cards for raffle Fidget toys Snacks/refreshments Computers Internet Zoom

#### Activities

The actions and services that are part of program implementation. For example, activities may include creating products such as promotional materials and educational curricula, or services, such as education and training, counseling, or health

## Father Talk Group

Community activities (Father's Day event, resource fairs)

Resources and referrals

FSS individual support

Nurturing Fathers classes (2 modalitiesgroup and individual)

Adult-Adolescent Parenting Inventory (AAPI) measurement

Mentoring fathers to become FSS

## **Outputs**

A target number for activities completed. Outputs are the direct results of program activities. They are usually described in terms of the size and/or scope of the services and products delivered or produced by the program.

Weekly Father Talk sessions via Zoom

Weekly one-on-one phone calls between fathers and FSS

12 group sessions of Nurturing Fathers **AND/OR** 

12 – 20 One-on-one sessions for Nurturing Fathers

Pre- and post-AAPI scores

Referral to the Peer Parent Support Social Work Scholarship Stipend Program

The final intended result or benefit the results from the program, which is usually an identified change in program participants' behavior, knowledge, skills, status and/or level of functioning.

# Process Objectives

# Father Outcomes

90 fathers engaged in the program with 2/3 (60 fathers) enrolled in Nurturing Fathers

Increased attendance in Father Talk group

Attendance rate in Nurturing Fathers

Retention in Nurturing Fathers

Referrals to community resources

FSS from diverse cultural backgrounds

Program satisfaction

Increased parenting knowledge

Increased parenting skills

Increased positive parenting attitudes

Improved relations with children

Increased active involvement with children

Improved co-parenting relations

Increased parental self-efficacy

Increased perceptions of social support

Increased use of community resources

The definitions for Inputs, Activities, Outputs and Outcomes are from the W.K. Kellogg Foundation Logic Model Development Guide. They are slightly adapted to conform to definitions set by the Administration for Children and Families.