

A NEW RECOVERY PROGRAM CREATED BY DARE TO DIFFER TO HELP YOUNG PEOPLE AND FAMILIES OVERCOME THE IMPACTS OF COVID 19 PANDEMIC.



WHY WAS IT CREATED?

The impact of COVID 19 on vulnerable children and families is likely to be profound. It is clear from the research conducted by the Early Intervention Foundation that school closures, social distancing measures and lockdown measures have seriously affected this group and they will need great support. As lockdown measures are relaxed more and more families will need strong, adaptable support to deal with a wider range of problems and issues that getting back to normality will bring.

Dare to Differ has created a new targeted, high -quality early help recovery program. This program is designed to be used for individual YP/families that have been/ are displaying difficulty getting back to social norms, adapting back to education and social situations and focus on getting individual young people and families back onto their feet and prevent problems getting worse.

WHAT IS IT?

The D2D REVIVE PROGRAM targets the 5 losses that COVID 19 has caused: Routine, Structure, Friendship and Social Interaction and Freedom. Over a set of six sessions (45 minute sessions average) Dare to Differ will use skills and resources such as Social Stories, Specimen Scenarios, Listening Helping, Calming Techniques and direct advice to come to a positive recovery from the COVID 19 pandemic. The REVIVE Program is provided in a non-judgmental approach, constantly switching between adult and YP led coaching to give the YP /family safe and secure boundaries which promotes growth but also creates a sense of achievement.

The Sessions are loosely planned as part of the program but, like all of our work, we find the best approach is to be adaptable to fit with the YP individual needs to their own area of need. Meaning that although we have a program of work, no program will be the same from one YP to another as we sculpt the program to fit around the needs of you and the YP/ home.

EVALUATION

Evaluation of the work is key, not just for you but for the benefit of the YP or the home environment to show they have met small goals and have succeeded and that these should be celebrated. We take impact very seriously. The individual YP or household will hold an assessment before, during and after the program to show a baseline level and score, the progress of impact that the intervention we are supplying and finally, what improvement made overall.

Dare to Differ will follow up the intervention completed with a one-off telephone evaluation to see if the intervention was long lasting and if the YP or family may need more support early on. Once we have obtained this valuable data, Dare to Differ will feed all of the information through to you in the form of quantitative data and this will be displayed in a visual report that is easy to read and record.

WHO IS IT OPEN TO?

Our new REVIVE program is open to all subscribing schools and organisations as long as they have space on existing contract. You must be in full subscription to our service and we will not start if you have less than 6 weeks left on your subscription unless you are re-subscribing. Each YP you refer will take up 1 space. You WILL NEED OUR NEW REVIVE PROGRAM REFERRAL FORM. please contact us for this form.

- ✓ Vulnerable children and YP.
- ✓ Children and YP in Care or under Social Services or Early Help.
- ✓ Children and YP leaving care.



REFERRING CRITERIA:

You must answer yes to one of the following:

- ✓ The YP or family must have been affected due to the COVID 19 pandemic (emotionally, socially, or physically) **AND / OR**
- ✓ The YP or family is struggling accessing education **AND / OR**
- ✓ The YP is accessing education but is finding it increasingly hard to engage.

AND You must answer yes to ALL of the following:

- ✓ **AND** The YP or family is classed as vulnerable by your school or organisation.
- ✓ **AND** The YP or family is struggling with at least one of the following losses due to the COVID Pandemic - Routine, Structure, Friendship and Social Interaction and Freedom.
- ✓ **AND** the YP is aged between years 5 – 18 of age.

If you have any questions, please do not hesitate to ask our team that will supply you with as much information as possible.

Please contact: office@daretodiffer.org

Please note that it is taking slightly longer for us to process referrals at the moment. However, if you have space then we expect that you will wait no longer than 1 week for support to start.