

OTTP-SF

THE OTTP-SF QUARTERLY NEWSLETTER



SIGN UP HERE to provide Holiday Gifts to OTTP-SF Youth this season!

OTTP-SF Holiday Drive

Interested in supporting a Bay Area youth this upcoming holiday season? Join us in OTTP-SF's annual Holiday Drive by purchasing a gift from the Holiday Wish List! Click [here](#) to complete the HGD interest form and we will send you an invite to make a Bay Area Youth's holiday wish come true! Watch for an email in early November!

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Philanthropists and OTTP-SF staff gather for an evening of gratitude.
 From left to right: Colleen Devine (Division Director), Joni Pearce (OTTP-SF Philanthropist), Natalie Doane (Development Associate), and Keith Pearce (OTTP-SF Philanthropist)

Celebrating our Donors and Supporters

Supporter Appreciation Event

In celebration of our most dedicated supporters and generous donors, OTTP-SF proudly organized an Appreciation Event on September 14th. The event took place at the delightful Hollie's Homegrown in Lafayette, CA, where attendees enjoyed appetizers, engaged in pleasant conversations, and shared a unifying bond: their firsthand experience of the profound impact their contributions have had in supporting the youth of OTTP-SF.



Philanthropists and OTTP-SF staff gather for an evening of gratitude.
 From left to right: Dawn Vineyard (OTTP-SF Philanthropist) and Teresa Ricardo (Occupational Therapy Services Director)



Delicious food provided by Hollie's Homegrown.

Volunteers Create a Welcoming Space for OTTP-SF Clients

VMware Volunteers

Volunteers from VMware, a software company, helped organize the supply room at our Bosworth building! The volunteers assisted in organizing the various materials and tools that clinicians use for interventions and activities with clients. They also helped with organizing the clothing drawers that OTTP-SF offers for clients. Their volunteer services will significantly increase the daily effectiveness with which our clients can provide services and care to clients. Thank you, VMware!



Volunteers from VMware help organize the OTTP-SF supply room. Sheeva Banisalam, Regional Sales Director, and her team: Nick Carpenter, Greg Fischer, Molly Stanton, Beatrice Mukontabona, Marcus Woe, and Hope Ryan

Secondary Trauma and the Impact on Service Delivery

Training with Crystal Hawkins

The OTTP-SF team sat down with Crystal Hawkins, a Clinical Social Worker, for a training on secondary trauma and the impact on service delivery. In this training, Crystal facilitated discussions with the team on important topics, including: How to recognize secondary trauma and care for ourselves in order to maintain a high quality of care for our clients; What to consider when designing a program with equity at the center and what to look for in the workplace to identify when white supremacy culture is affecting care; How to collaborate with current institutions and programs to move practice methods and structures towards equity.

Crystal also co-founded the children’s book publishing company, “Black Girl Brown Girl Books,” with her business partner, Ingrid Estrada-Darley. The company was created to increase the representation of Black and Brown characters in children’s literature. Visit, www.blackgirlbrowngirlbooks.com to learn more about this amazing company.



Crystal Hawkins, a Clinical Social Worker and co-founder of “Black Girl Brown Girl Books.”



The OTPP-SF team gathered together at the Google Corporate Office to set goals and discuss strategy for a 1 year, 3 year, and 5 year plan for each program.

Envisioning the Future of OTPP-SF

All-Staff Strategic Planning Meeting

On August 10th, 2023 OTPP-SF held its All-Staff Strategic Planning Meeting at the Google Corporate Office in San Francisco. The purpose of this meeting was for the OTPP-SF team to gather together and develop a 1 year, 3 year, and 5 year plan for the different programs within our organization. Once we divided into our program teams, we created vision boards to answer the questions that are crucial to developing these plans. While creating these vision boards, we made sure to acknowledge our organization's equity plan and our mission to provide increased opportunities for personal, educational, and vocational success.

This meeting and activity allowed for each of the OTPP-SF program teams to share where they envision their program to be in the future, what successes and challenges they're currently facing, and how the management team can help support them in accomplishing those future goals and tackling those challenges. By discussing the challenges that each program faces, OTPP-SF can not only better support our staff members and clinicians, but can also provide the clients we serve with the highest quality of support needed for them to thrive in their personal, educational, and professional lives.

Problem-Solving when Tangles Arise

Fishing with Clients at Brisbane Pier

In a thrilling fishing escapade, Jo Kweon, an OTTP-SF Occupational Therapist, treated a client to an outing at the Brisbane Fishing Pier. This fishing spot proved to be a game-changer this summer, offering a therapeutic haven for the client, who was seeking relaxation and fishing adventures.

One of the most heartwarming developments has been the client's newfound willingness to seek assistance when confronted with tangles or unforeseen obstacles during their fishing expeditions. The transformation is evident as they not only vocalize their need for help but also exhibit commendable self-reliance, successfully tackling these challenges independently.



OTTP-SF client fishing at Brisbane Fishing Pier.

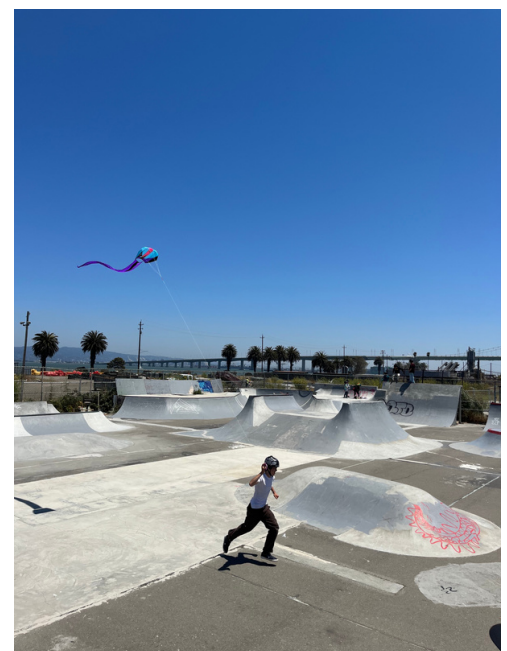
Heartwarming Moments on Treasure Island

Kite Flying at Skate Club

Treasure Island became a place of child-like exuberance as members of San Francisco Skate Club reveled in an unforgettable day of joy. Amidst the sunny skies and cool ocean breeze, a heartwarming scene unfolded, capturing the essence of carefree childhood delight.

The Skate Club session took an unexpected positive turn when Nikki Mathews, an OTTP-SF Occupational Therapist (OT), unveiled a colorful kite, instantly captivating the imagination of the teen members.

One of the club's teen staff members shared his sentiment, confessing that he "just felt so happy" while watching the kite gracefully soar above. It was a sentiment that resonated with everyone present, encapsulating the simple pleasures that make moments like these truly special.



Flying kites at Skate Club on Treasure Island.

Recognizing Over Two Decades of Dedication: Chi-Kwan Shea's Journey with OTTP-SF

OTTP-SF Advisory Board Member Spotlight



In the ever-evolving field of occupational therapy, the commitment and expertise of professionals play a pivotal role in shaping its future. For over two decades, Chi-Kwan Shea has been at the forefront of this transformative journey, collaborating with OTTP-SF in various capacities.

A Legacy of Service and Research

Chi-Kwan began working with OTTP-SF in 2000. Over the years, she has worn many hats within the organization, each contributing to the growth and excellence of occupational therapy.

Notably, she has been instrumental in providing clinical consultations and spearheading groundbreaking research studies alongside the dedicated OTTP-SF staff.

A Distinguished Academic Journey

Today, Chi-Kwan continues to inspire and educate the next generation of occupational therapists as a professor in the Master of Occupational Therapy (MOT) and Occupational Therapy Doctorate (OTD) programs at Samuel Merritt University. Her impressive academic background further highlights her commitment to excellence. She holds a joint Doctoral degree in Special Education from the University of California, Berkeley, and San Francisco State University.

Her Master's degree in Healthcare Management from California State University, Los Angeles, and her Bachelor's degree in Occupational Therapy from the University of Texas Medical Branch highlight her expertise in the field.

Chi-Kwan's extensive experience, commitment to research, and passion for education continue to inspire and shape the future of the profession. As we celebrate her over two decades of unwavering service, we look forward to the continued positive influence she will undoubtedly bring to the world of occupational therapy.

Becoming a Leader through Creativity

Bracelet-Making

Nikki Mathews, an OTTP-SF Occupational Therapist, uses bracelet-making as a go-to intervention during the summer. It's the perfect activity to pull out on the go, even at the skatepark! Bracelet-making can promote creative expression, coping skill development, and a flow state. Because it's easy to learn, it also gives youth an opportunity to be the expert and teach others!



Youth making bracelets at the skatepark.



DIY Affirmation Trading Cards.

Spreading Positivity

DIY Affirmation Trading Cards

Simmin Holland, an OTTP-SF Occupational Therapy Manager, shared these DIY Affirmation Trading Cards for a workshop that took place at Independence High School. This intervention developed positive self-talk and positive self-concept while promoting creativity, relaxation, and connection with peers. The youth enjoyed expressing themselves through creativity, while simultaneously, being able to support others. If you're interested in creating your own Affirmation Cards, check out our Instagram, @ottpsf.

WHAT ARE THERAPEUTIC INTERVENTIONS?

“Therapeutic interventions can include tools, activities, or strategies designed to promote a youth’s engagement in meaningful aspects of daily life, develop skills related to their goals, and build support for their health and well-being.” (aota.org)