

OTTP-SF

THE OTTP-SF QUARTERLY NEWSLETTER

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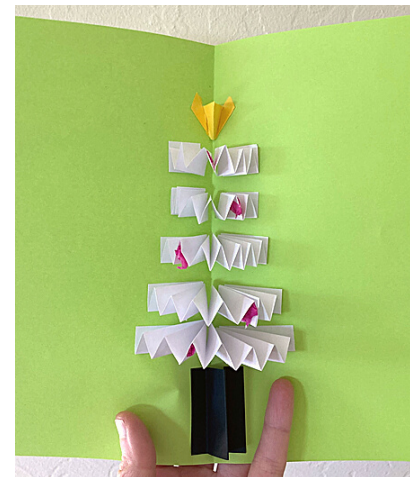
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HOLIDAY DRIVE SUCCESS

From November 1st to December 1st, OTTP-SF hosted our annual Holiday Drive. This year, youth asked for a variety of special therapeutic items and activities to support them in their their growth and goals. One young person requested tickets to the Monterey Bay Aquarium and spent an exciting and educational day learning about marine life. Several youth were happy to receive new clothing items to express their style, and one entrepreneurial youth is already putting the journal they requested to use for business planning. Thanks to your generosity the drive was 100% fulfilled and 150 youth received the items they hoped for. Thank you for helping us spread some cheer this holiday season. We believe in the importance of communities coming together to support one another, and we are so grateful for the support of our community in continuing our mission to bring mental health services to youth throughout the Bay Area. Happy Holidays from OTTP-SF!



AIRBNB AND SYDNEY PAIGE DONATIONS

Thank You Airbnb

A huge thank you to Tido Pesenti - Director of Global Real Estate, Michele Chui - Workplace Project Coordinator, Michelle Peterson - Regional Workplace Manager, and Allison Baker - Senior Manager Workplace Experience at Airbnb headquarters! Thanks to their amazing generosity, OTTP-SF was able to reinvigorate our space with new furniture. This helped us to replace old and damaged items and supplied us with the new furniture we needed to accommodate the growth we have seen in our staff

over the past year. We are so grateful for their support in coordinating this major donation and for making our SF office more comfortable for staff and youth.

Thank You Sydney Paige

We are also incredibly grateful to have received a large toy donation, organized by Sydney Paige. OTTP-SF Development Advisor, Tracy Feldman, worked closely with Courtney Brockmeyer and her team to coordinate a large number of brand new toys and games. Most of the items will go out to the programs OTTP-SF serves on to support youth in

classrooms and community. some of the items will also be used to replace broken or old toys and games that OTTP-SF keeps available onsite for use in therapeutic activities with the youth. This new influx of resources will help us to continue to engage youth in meaningful, age appropriate activities.





HOLIDAY DRIVE GIFT WRAPPING

As hundreds of items began pouring in for the Holiday Drive, OTTP-SF was lucky enough to get the support of some wonderful holiday elves in sorting and



wrapping the gifts. On December 7th, more than 30 members of the LDS church of Moraga, including the Boys Teen Group, the Girls Teen Group, and several parents, met in the church gymnasium to assist with organizing and wrapping. Heather Davis and Elizabeth Andrews were instrumental in spreading the word and bringing everyone together. Elizabeth also generously donated wrapping paper for the evening. With everyone's enthusiasm and dedication, all of the gifts were wrapped

in just 90 minutes! We are so grateful for those who opened their hearts and donated their free time to help us spread some cheer this holiday season!





SPINSTERS AND GIVE GIRLS 2025 VOLUNTEERS

Thank You SF Spinsters

All of the exciting change OTTP-SF has seen this quarter would not have been possible without the help of our amazing community partners and volunteers. We are extremely excited to share that we have a new collaboration with the SF Spinsters, a social nonprofit of young professional women making a positive difference in the Bay Area through volunteering and fundraising. OTTP-SF reached out to SF Spinsters earlier in the year, and met with Philanthropy Director, Kate Blach. Kate has been amazing at sharing our

mission with the rest of the SF Spinsters, and helped us to coordinate volunteers to assist us with our move. On October 22nd, Jaleh Aminzadeh, Angel Chen, and Sandy Duong joined us and helped pack up games and toys for the move to our new building. We could not have done it without their support! Thank you SF Spinsters for your wonderful support and partnership!

Thank You Give Girls 2025

A local community teen group called Give Girls 2025 came to OTTP-SF. They volunteered their time for an entire weekend,

spending two days helping us sort and inventory games, and pack up our kitchen and supply room. The support of wonderful volunteers like Give Girls 2025 was instrumental in accomplishing our move. We are so grateful to the awesome teens for their time and help!





NEW OTTP-SF OFFICES

November was a busy month for the OTTP-SF family. On November 1st, we moved out of our offices on Divisadero Street in the NOPA area of San Francisco, where we have resided for 22 years. We said goodbye to our space and moved across town to Glen Park in the outer Mission District to an old convent that provides 9000 square feet of use for our clients, families, and staff. Throughout the month of November we unpacked while finishing

renovations to the 100 year old building. This included installing new flooring on the first floor, painting the



entire interior, renovating the kitchen, and obtaining furniture donations from Airbnb and the GAP. To add to the excitement, we closed on a building in Oakland. The building is located in the Pill Hill area of the city, which is renowned for the hospitals and medical offices in the neighborhood. We will begin our renovations to that building, also over 100 years old, in January. OTTP-SF is looking forward to a prosperous new year serving youth and families in both San Francisco and Oakland!



NEW PROGRAM AND YOUTH SUCCESS STORY

St. Vincent's Day Home

In December, OTTP-SF began a new partnership with St. Vincent's Day Home of Oakland, providing mental health occupational therapy services to children age two through six years-old enrolled in the preschool program. Two Occupational Therapists are working closely with classroom teachers to develop classroom-wide activities and routines that promote the children's social-emotional development in addition to serving 28 students individually to address their developmental goals. Additionally, OTTP staff will provide the Day Home's

staff and families with training sessions on topics they prioritized, including addressing burnout in early education and responding to 'big' behaviors in toddlers. The teachers and staff of St. Vincent's Day Home extended a warm welcome to OTTP-SF staff and both OTTP and the Day Home look forward to the work that the partnership will bring in 2023.

Youth Success at JJC

Youth at JJC requested a special holiday activity. They wanted to make pop up cards but no scissors are allowed on the unit. In

order to maximize youth's involvement and creativity, OTTP-SF occupational therapists precut various sized slices of paper and offered youth opportunities to choose their own challenge. One young person took on the challenge of creating the folded accordion style tree. They shared this feedback on the activity, "Wow, this is sick even though it's frustrating," and even made the decision to add ornaments to their tree. Several other youth got creative and made their pop ups by tearing and glueing paper. When they were complete, the youth mailed their cards from JJC to people they care about!