MY TEETH CARE CHART



I Flossed I Brushed Week of: My Teeth! Today!

SUNDAY X 2 **MONDAY** X 2 **TUESDAY** \times 2 WEDNESDAY (x)2 **THURSDAY** X 2 **FRIDAY** X 2 **SATURDAY** X

I Flossed I Brushed Week of: My Teeth! Today! **SUNDAY** X **MONDAY** (X) **TUESDAY** X **WEDNESDAY** X 2

(X)

(X)

X

2

THURSDAY

FRIDAY

SATURDAY

