

# Vital Signs

*Thank you for your support*



## **Our Voice**

### **Media**

Jan White, NZMA GPC Chair talked with [NZ Doctor and Pharmacy Today](#) on measles, immunisation and supply issues.

### **DIARY**

NZMA Chair Kate Baddock and NZMA CEO Lesley Clarke attended the [World Medical Association](#) in Tbilisi, Georgia. There were a number of media releases that came out following the Assembly including: [Sugar Tax](#), [Climate Change](#) and Revised Guidelines on [Genetic Testing](#).



## DEVELOPMENT OF A POSITIVE CLINICAL TEACHING CULTURE 2019 TEACHING AWARDS NOW OPEN

The New Zealand Medical Association and New Zealand Medical Students' Association open the nominations for the 2019 NZ Medical Teaching Awards.

These awards aim to recognise the positive impact that many doctors have made through the World Medical Council Declaration of Geneva; *"I will share my medical knowledge for the benefit of the patient and the advancement of healthcare"* and *"I will give to my teachers, colleagues and students the respect and gratitude that is their due."*

The awards also encourage the development of a positive clinical teaching culture and environment for the benefit of students, staff and ultimately patients.

### **Do you know someone who:**

- creates/facilitates a positive learning environment
- is innovative in teaching
- is engaging in teaching
- provides a unique contribution to teaching
- shows commitment and passion to education
- exemplifies professionalism
- is excellent clinical role models
- provides constructive feedback in an appropriate manner
- goes above and beyond their normal duties
- actively seeks feedback for continuous improvement
- displays other exemplary characteristics not covered by the above criteria.

***If yes then fill in the [nomination form today](#) (survey monkey).***

## YOUR FEEDBACK SOUGHT- PART 2

In 2018, the Minister announced a large scale review of the health and disability system to identify changes that could improve the performance, structure, and fairness of the sector. The Review Panel has now released its [interim report](#) which has no recommendations.

For more information about the Review [click here](#).

### **Previously....**

In the Health and Disability System Review Survey - Part One, we asked you to rate 32 questions and their importance to you, our profession and the health of all New Zealanders. Thank you to everyone who responded.

### **Part Two - what we need now.**

From your responses there were 10 questions identified as being most important. We now need more detailed information from you on what steps need to be taken to achieve the objectives / outcomes / solutions that the panel is seeking feedback on.

Your responses to these question will inform our collective feedback to the Health and Disability System Review panel and help us build a picture of the future and the steps we need to take to achieve it.

*You can access the survey [here](#).*



## REVIEW OF FOLIC ACID FORTIFICATION BY MPI SUBMIT YOUR SUPPORT FOR MANDATORY FORTIFICATION

Folic acid is an essential B vitamin important for the healthy development of babies early in pregnancy. There is overwhelming evidence that consuming sufficient folic

acid before conception and during early pregnancy can prevent many cases of neural tube defects such as spina bifida.

MPI is seeking feedback on options for strengthening fortification of bread or fortifying wheat flour. The consultation runs from 1 October to 12 November 2019.

***NZMA is strongly supporting mandatory fortification.***

We encourage you to make individual submissions on this important issue to the Ministry for Primary Industries. You can find out more [here](#).



## **2019 TRAINEE INTERN PRIZE - BE IN TO WIN: \$500 VOUCHER**

### **Calling all Trainee interns**

Upgrade your NZMA membership from TI to RMO status **before Friday 8 November 2019** and be in the draw to win one of two \$500 Noel Leeming gift cards.

**Only \$10 per month for your PGY1 year** if you sign up by direct debit payment - less than buying a coffee/tea per week.

[Sign up here](#) or [email to enter directly](#) and be in to win.



## **MEDICAL STUDENT REPRESENTATIVE ON NZMA BOARD**

*"In this position you will have the aptitude to invoke change and influence the most powerful leaders in our health system..."*

- Jibi Kunnethadam, NZMA student representative

**Are you a medical student?**

**Are you interested in medical policy in New Zealand?**

**Are you keen to understand more about medical policy and medical governance?**

**Do you want to be part of the governance of the NZMA?**

If you answered yes to the above then put your name forward to be the student representative on the NZMA Board.

**What to do.**

Write a 200 word bio on why you want to be the next student representative and what you can bring to the NZMA Board. Email this, with your contact details along with a head and shoulder image of you to the [elections coordinator](#).

**Nominations close 4pm Friday 1 November 2019**

Refer to the [information handbook](#) or [email elections](#) for more information.



## **\$8000 SCHOLARSHIPS AVAILABLE**

### **Women and leadership**

Together with Women & Leadership Australia and Women & Leadership International, WLNZ has been developing female leadership and supporting the presence of women in business and community leadership roles for 15 years.

End of year funding grants are currently available to women who work in the health sector to support their participation in a professional development program.

### **Up to \$8,000 scholarships available**

The fee support opportunity provides a scholarship of up to \$8,000 for women to take part in one of three leadership courses.

The grants have been provisioned for use by women right across the country, with a specific focus on the health industry, but must be allocated by the end of 2019. The programs are suitable for junior managers right through to executive level women.

### **[Register your interest now](#)**

Expressions of Interest are being sourced until 22 November 2019



Te Kaunihera  
Rata o  
Aotearoa

Medical  
Council of  
New Zealand

## COUNCIL'S POLICY ON PUBLICATION OF ORDERS AND DIRECTIONS (OR NAMING POLICY)

The Council is seeking feedback on its proposed Policy on publication of orders and directions, otherwise known as a 'naming policy'.

The new policy outlines how Council may publish the name of a doctor and the details of an order or direction made about that doctor under the Health Practitioners Competence Assurance Act 2003 (HPCAA).

The need for Council to develop this policy results from an amendment made by Parliament to the HPCAA earlier this year. The amendment requires Council and other authorities operating under the Act to publish a naming policy...

### **Council invites your feedback**

Response due date is 29 November 2019.

For more information [click here.](#)



## HRC SCHOLARSHIPS NOW AVAILABLE FOR 2019 INTERNATIONAL INDIGENOUS HEALTH RESEARCH WORKSHOP

The Health Research Council of New Zealand, in partnership with the Canadian Institutes of Health Research and the National Health and Medical Research Council of Australia, is hosting a workshop in indigenous health research, being run under the umbrella of the trilateral agreement between the three agencies. This workshop, which will be held in **Auckland on 2 to 4 December 2019**, will focus on international indigenous health research capacity and capability building/strengthening.

To find out more and apply for a scholarship, see [HRC Gateway](#).

***Applications are now open and close on 5 November 2019 at 1pm***



## LATEST NEWSLETTER

Latest from the [Ministry of Health](#) on cyber security, measles, mental health and addiction, cancer action plan and more...



## MORE ON HQSC

October 2019's [newsletter](#) covers the NZMJ article which considers what influences clinicians to choose wisely and a range of other topics:

- Change of practice may result from attendance at Choosing Wisely forum
- Unique opportunity to hear from experts in evidence-based medicine
- Understanding bias in health care modules being released for Patient Safety Week
- On Older Persons Day, think twice about that medical test or treatment
- Think before ordering a scan says Hutt Valley DHB geriatrician
- CHRISP programme focuses on what matters to surgical patients
- Resources to help with your Choosing Wisely work

### *Quote of the week*

*As yet the wind is an untamed and unharnessed force; and quite possibly one of the greatest discoveries hereafter to be made will be the taming and harnessing of it.*

*Abraham Lincoln - 1860*

**CLASSIFIED ADS**  
and situations vacant

*NZMA offers members free classifieds and vacancy advertisements.*

*Check out NZMJ website's [Vacancies page](#) and you may just find your dream opportunity.*

**Latest vacancies and classifieds include the following - just click on the vacancy/classified ad to be taken to the full ad:**

- [Locum GP wanted | Auckland \(Closes 4 November 2019\)](#)
- [Contacts and Growth Manager | Auckland \(Closes 6 November 2019\)](#)
- [GP Required | Te Puke \(Closes 20 November 2019\)](#)
- [Consultant Physician | New Plymouth \(Closes 30 November 2019\)](#)

### **Classifieds**

[GP partnership for sale – Nelson City](#)  
[Shareholding for Sale in Auckland Medical Centre](#)

*Members advertise for free - [classifieds](#) and/or vacancies [via Hotline](#).*



## UPCOMING EVENTS

*View our upcoming health sector events - go to the [NZMA events page](#) on our website for the full list.*

### **DOCTORS WELLNESS RETREAT AT FALCONS RISE ALPACA FARM**

**21-24 November 2019**

**The Doctors Wellness Retreat at Falcons Rise Alpaca Farm** is a three-day programme designed by health professionals for health professionals. The venue is a 30-acre alpaca farm set high above the vineyards in



## **MENTAL HEALTH TRANSFORMATION**

**4 - 5 December 2019, Te Wharewaka  
Tapere, Wellington**

Gain practical insights from the  
Conference on how to:

- Set your own organisational journey & vision on mental health and addiction
- Create a strategic vision around the recommended standards and Inquiry implementations
- Build from the ground up with synergy across the sector
- Strengthen personal identity and connection to community for Maori & Pacific Communities.

Including specific case studies about:

- Building links between addiction, mental health and social disconnection
- Increasing diversion from criminal justice to MH & addiction related pathways
- Building ongoing relationships with a new type of mental health patient
- Digital Health & Patient Panel – get to know the other side.

[Click here](#) for more information or to Register.

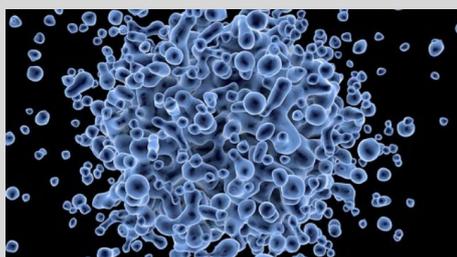
Marlborough, New Zealand in which to interact with a small group of up to five doctors from a range of specialties. Issues which confront medical practitioners in today's environment are discussed with a focus on learning practical tools to reduce stress and to enhance well-being. There is a diverse range of interactive sessions and activities including discussions on values, burnout, vicarious trauma and self-care, with practical sessions including yoga, mindfulness, art and bushwalking, leading to the development of individual wellness plans.

Dr Helen Austin leads the Retreat team and is a consultant psychiatrist with a long-standing interest in the areas of reflective supervision and physician health, and all the facilitators are mental health professionals with health and wellbeing qualifications.

Visit [www.falconsrise.com](http://www.falconsrise.com) for further information, to book your place or to express interest in future Retreats.



## MEMBER BENEFITS



### NZMA MEMBERS NO COST ADVERTISING

NZMA offers members the opportunity to place vacancies for personnel in the NZMJ and Vital Signs free of charge.

Reach the medical professionals you want as many do week on week.



### PETALS FLOWERS

#### **Petals—Online flower ordering and delivery**

The Petals Network offers online flower ordering and delivery from a wide network of florists throughout New Zealand and around the world.

Members receive 10% discount on the value of flower and gift orders. For more information or to order go to [the website](#) or email [Robyn Fell](#).

## Medical records

Can you answer all of the following questions?

- How long must I retain medical records?
- Can health information be transferred?
- Can the obligation to retain medical records be transferred?
- How is health information to be retained?
- How do I dispose of Health information?

The NZMA Advisory Service has a resource that answers these questions and other issues covered in the Health (Retention of Health Information) Regulations 1996.

These flyers are available for members to download from the [NZMA advisory service](#) on our website. You must be logged in to view and/or download these flyers, or you can email [Robyn Fell](#) for copies.

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Vital Signs is your weekly bulletin about the NZMA and 'what's hot'.  
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