Appendix 1: copy of survey

Thank you for taking time to complete this questionnaire.
Medical school provides a sound base of clinical skills; however, further to that, operating as a house officer also requires professional skills in scheduling, prioritisation, communication, delegation, resilience and self-care.
This survey will evaluate how ready and prepared you perceived yourself to be in order to meet these professional challenges as a surgical house officer, and ascertain a successful completion of clinical tasks.

1. What age band are you?
   20–25 years
   26–30 years
   31–35 years
   36–40 years
   41 or older

2. What gender are you?
   Male
   Female
   Non-binary

3. What medical school did you graduate from?
   Otago
   Auckland
   Other

4. Did you take extended (>6 months) time off during your medical school course – to work, travel or pursue other interests?
   Yes
   No

5. Is this your first full-time job?
   Yes
   No

6. As a medical student or trainee intern were you able to accompany your clinical teams while they were on call?

7. As a medical student or trainee intern did you accompany your clinical teams whilst they were on call for extended hours (e.g., 0800 hours to 2200 hours)?
   Yes
   No

8. As a medical student or trainee intern did you ever work a night shift (e.g., 2200 hours to 0800 hours) with your clinical teams?
   Yes
   No

9. As a medical student or trainee intern were you able to attend a trauma call with your clinical teams?
   Yes
   No

10. As a medical student or trainee intern were you able to attend a resuscitation call with your clinical teams?
    Yes
    No

11. As a medical student or trainee intern were you involved in team meetings where patient ethical and treatment issues were discussed?
    Yes
    No

12. As a medical student/trainee intern did you receive instruction or training in managing end-of-life issues?
    Yes
    No

13. As a medical student or trainee intern please indicate whether you received instruction or training in the following topics and, if not, whether you would have liked to receive training in these areas.
<table>
<thead>
<tr>
<th>Topic</th>
<th>Yes, I received training</th>
<th>No, I did not receive training</th>
<th>I would have liked to receive training</th>
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</thead>
<tbody>
<tr>
<td>Mental self-care (dealing with stress and uncertainty)</td>
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<td></td>
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<tr>
<td>Physical preparation for night shifts and long days</td>
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<tr>
<td>Professional expectations (grooming, punctuality, etc.)</td>
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<tr>
<td>Presenting patient histories and examination findings</td>
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<td>Dealing with confrontation, angry and aggressive patients and relatives</td>
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<tr>
<td>Managing workloads with prioritisation and delegation</td>
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<tr>
<td>Interacting with different cultures to my own</td>
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</tr>
</tbody>
</table>

14. As a medical student or trainee intern what were you most fearful of in starting work as a house officer?

15. As a medical student or trainee intern what changes could be made to your training that would make you feel more prepared for work as a house officer?