

Table 1: Demographic details of *Counting Ourselves* participants who have a regular GP clinic that they visit.

Age groups	n (%)
14–18	133 (15.3)
19–24	248 (28.1)
25–39	301 (34.6)
40–54	117 (13.4)
55+	72 (8.3)
Gender groups	
Trans women	253 (29.1)
Trans men	252 (29.0)
Non-binary AFAB	284 (32.7)
Non-binary AMAB	80 (9.2)
Ethnic groups^a	
New Zealand European/Pākehā	734 (84.3)
Māori	112 (12.9)
Samoan	13 (1.5)
Chinese	12 (1.4)
Regions^b	
Auckland	258 (30.1)
Wellington	245 (28.6)
Other North Island region	165 (19.3)
South Island	203 (23.7)

Note. AFAB, assigned female at birth; AMAB, assigned male at birth; GP, general practitioner.

^a Only included ethnic groups with more than 1%. Percentage was derived using the concept of total response ethnicity where participants can be counted towards to the statistics for more than one ethnic group.¹⁸

Table 2: Primary care experiences of Counting Ourselves participants and comparisons with New Zealand Health Survey 2018/9 (age 15+).

	<i>Counting Ourselves 2018</i> (mean/SD; %)	NZHS 2018/19 (mean/SD; %)	t-test/Chi-squared statistics	Effect size differences
No confidence: Did you have confidence and trust in the GP you saw? ^a	1.48 (0.60)	1.26 (0.52)	t(843)=12.29, p<0.001	Cohen's d=0.39 [0.32–0.46]
Poor explanation: Thinking about your last visit to a GP, how good was the doctor at explaining your health conditions and treatments in a way that you could understand? ^b	1.75 (0.87)	1.57 (0.86)	t(825)=6.01, p<0.001	Cohen's d=0.21 [0.14–0.28]
Poor decision: How good was the doctor at involving you in decisions about your care, such as discussing different treatment options? ^b	1.86 (0.96)	1.63 (0.89)	t(825)=6.01, p<0.001	Cohen's d=0.25 [0.18–0.32] [1.03–2.22]
Unmet cost: Was there a time when you had a medical problem but did not visit a GP because of cost? ^c	38.44	17.38	χ^2 (1)=11.06, p<0.001	Risk ratio=2.21 [2.11–2.32]
Unmet transport: Was there a time when you had a medical problem but did not visit a GP because you had no transport to get there? ^c	13.51	2.95	χ^2 (1)=7.78, p=0.005	Risk ratio=4.58 [4.05–5.18]

Note: Weightings were applied to the 2018/19 NZHS dataset to approximate the age and ethnicity distribution of the *Counting Ourselves* participants (see Appendix 1). Among participants who responded having a GP clinic or medical centre that they usually visit (N = 871). GP = general practitioner. SD = standard deviation.

^a = Response options were “Yes, definitely” (1), “Yes, to some extent” (2), and “No, not at all” (3).

^b = Response options ranged from “Very good” (1) to “Very poor” (5).

^c = Response options were “Yes” and “No” and participants were classified as having unmet need for cost or transport in the past 12 months when they responded “yes”.