

Table 2: Baseline and one-month post-treatment symptomology and quality of life (QOL) scores. Data are presented as mean±SD.

Parameter	Baseline	Post-treatment	Change	P value
EORTC QLQ-C30				
Global health status				
Quality of life	34.6±22.6	45.5±26.9	+10.9±27.4	0.01
Functional scales				
Physical functioning	56.8±28.9	55.8±29.9	-1.0±28.9	0.83
Role functioning	49.2±35.8	49.2±34.8	+0.0±31.4	>0.99
Emotional functioning	64.8±26.0	66.9±29.9	+2.1±28.4	0.51
Cognitive functioning	64.2±32.8	66.3±29.6	+2.1±26.7	0.63
Social functioning	50.4±35.7	54.6±36.8	+4.2±40.3	0.51
Symptom scales and items				
Fatigue	66.7±27.3	61.4±31.7	-5.3±19.5	0.09
Nausea and vomiting	42.5±28.0	29.2±31.3	-13.3±31.8	0.01
Pain	37.9±32.5	37.1±33.0	-0.8±28.2	0.85
Dyspnoea	30.8±33.2	32.5±32.0	+1.6±35.0	0.64
Insomnia	47.5±36.9	40.8±38.1	-6.7±36.4	0.24
Appetite loss	72.5±34.5	56.7±40.1	-15.8±44.6	0.03
Constipation	47.0±35.6	40.4±38.9	-6.7±37.4	0.31
Diarrhoea	12.5±25.8	6.8±19.0	-5.7±30.1	0.20
Financial difficulties	32.5±35.8	26.5±32.6	-6.0±32.2	0.34
EORTC QLQ-OES 18				
Symptom scales and items				
Dysphagia	65.8±27.6	31.1±18.5	-34.7±34.8	<0.001
Trouble eating	68.3±23.8	39.5±25.9	-28.8±27.5	<0.001
Reflux	36.3±37.0	34.6±27.6	-1.7±32.2	0.70
Oesophageal pain	33.1±30.1	24.2±20.4	-8.9±25.6	0.03
Trouble swallowing saliva	47.0±36.4	19.2±31.9	-27.8±48.5	<0.001
Choking	34.2±37.1	12.8±22.4	-21.4±37.5	<0.001
Dry mouth	50.4±38.9	25.6±28.1	-24.8±37.7	<0.001
Altered taste	35.8±38.8	32.5±35.4	-3.4±40.8	0.76
Cough	35.8±37.3	28.2±32.0	-7.6±41.2	0.19
Trouble talking	21.7±31.6	13.7±22.6	-8.0±38.3	0.16