



Charity Commission England & Wales Registered Charity Number: 1152399 Scottish Charity Regulator Number: SC050992 2020 2021



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www.actionpf.org









What is pulmonary fibrosis?

Pulmonary fibrosis is an umbrella term for a range of progressive lung diseases, which cause stiffening and scarring of the lungs.

The lung scarring eventually prevents the transfer of oxygen into the bloodstream. It affects around 70,000 people in the UK. Idiopathic pulmonary fibrosis is the most aggressive and common form and affects around 30,000 people in the UK.

Key symptoms of pulmonary fibrosis include breathlessness and chronic cough. On physical examination, Velcro-like crackles are likely to be heard and sometimes the ends of fingers or toes may appear enlarged or 'clubbed'. Key symptoms can be confused with other respiratory disorders, such as chronic obstructive pulmonary disorder (COPD), asthma and bronchiectasis.

Other forms of pulmonary fibrosis include: familial pulmonary fibrosis; those associated with autoimmune diseases (such as rheumatoid arthritis and systemic sclerosis); toxicity caused by some medications; exposure to inorganic substances (such as asbestos and coal dust); hypersensitivity pneumonitis caused by exposure to organic dusts and fibres (such as bird feathers and mould found on hay, straw and grain), and sarcoidosis.





Why we are needed

Tens of thousands of people are affected by pulmonary fibrosis, yet it remains a mystery to many people.

The debilitating nature of the disease means as people become increasingly breathless, their need for physical and emotional support become greater. Patients and their families can experience a profound sense of loss as the disease progresses. Pulmonary fibrosis affects every area of family life, yet there is very little dedicated support available to patients and families affected.

As breathlessness increases, ordinary daily tasks — washing, dressing, walking can become exhausting, which impacts increasingly on the whole family and especially carers. As an unfamiliar condition, many patients can struggle to find information and support and find themselves repeatedly explaining the diagnosis to healthcare professionals, family and friends, which causes distress. We want everyone affected by the disease to

be understood and to have access to the information and support they need when they need it. Our support community, peer groups, befrienders, and information are vital in helping patients and carers feel more connected, supported and reassured.

Pulmonary fibrosis can be very difficult to detect, with patients frequently waiting over a year for an accurate diagnosis. We need to speed up the process of diagnosis so that patients can start treatment sooner.

Our understanding of the disease has progressed rapidly over the last 10 years leading to treatments becoming available that slow the progression of the disease.

But we need to go further than this. We want to stop the disease in its tracks. That's why we're committed to funding research to find new treatments and a cure.

Together we can make this happen.



Supporting through Covid

COVID AND PULMONARY FIBROSIS

Keep updated about coronavirus



The Covid pandemic has had a profound impact across the world, but it is particularly tough for those with a respiratory condition like pulmonary fibrosis.

Research by APF trustee Professor Gisli Jenkins shows that if pulmonary fibrosis patients are hospitalised, they are more likely to get severe Covid and more likely to die. Patients, understanding the very real risk, have been forced to shield and most continue to do so. Many of those who have managed to protect themselves from Covid have felt the severe impact on their mental health as a result.

Interstitial Lung Disease (ILD) services have been under immense pressure – as has the health service as a whole, and the individual staff within it.

In turn, this means the demands on APF – a charity driven by patients, carers and healthcare professionals – have been great. In person support group meetings were put on hold, as we adapted to online and telephone support. Fundraising became more of a challenge as events from coffee mornings to marathons were no longer an option.

At the same time, campaigning has been even more critical - initially, pulmonary fibrosis was not included on the list of conditions that put people at high risk from Covid. Lobbying by APF led to its inclusion on the list under category 4, opening up more support for PF patients such as priority shopping. We also campaigned successfully for IPF patients to have priority access to lung function tests so that they could be started on antifibrotics when eligible.

The APF trustees have also considered the impact that the Covid pandemic will have on the charity's current and future financial position. These are likely to include falls in:

- Average donations from patients and their families as we enter a global recession; and
- Community fundraising income, in particular, as fundraisers are restricted from taking part in group events and activities such as the London Marathon.

The charity is taking the following steps to mitigate the potential threats of Covid to the organisation:

- We are planning on the assumption that there will not be any growth in income for the foreseeable future;
- We will review our financial progress monthly and make changes, as required; and
- We have increased our capacity to bring in income from trusts and foundations.





Our vision

APF's vision is to find a cure for everyone affected by pulmonary fibrosis to have a better future.



Our mission

We provide support to families, raise awareness of the disease, campaign and educate to improve access to the highest standard of care for people living with all forms of pulmonary fibrosis. We are committed to funding research to improve the quality of life for people living with pulmonary fibrosis today and tomorrow.



Our values drive everything we do:

Patient led:

We empower and are led by patients who are at the heart of everything we do.

Caring and compassionate:

We respect and understand the needs of patients and carers and help them to get the support they need.

Striving for excellence:

We work with integrity and professionalism in all that we do.

Open and approachable:

We ensure people affected by PF feel able to turn to us for advice and support in their time of need.

Ambitious and bold:

We improve the lives of people affected by PF and are bold in the ways we do this.

Trustees, staff, and advisors

Charity Trustees:

Mr Stephen Jones* (Chair)
Mr Howard Almond*
Mrs Elizabeth Bray**
Mrs Wendy Dickinson**
Dr Simon Hart
Prof Gisli Jenkins
Dr Rebecca Lang**
Mr Stephen Morgan-Hyland**
Dr Helen Parfrey

In keeping with the charity's ethos of being patient led, over 60% of trustees have been personally affected by pulmonary fibrosis either as a patient or family member. Our trustees also include medical professionals, who are leaders in pulmonary fibrosis care and research.

Chief Executive:

Louise Wright

Registered Office and Principal Address:

Stuart House, East Wing St John's Street Peterborough PE1 5DD

Charity Commission Registered Number:

1152399

Scottish Charity Regulator Number:

SC050992



Principal Advisors:

Bankers:

CAF Bank Limited 25 Kings Hill Avenue Kings Hill, West Malling Kent ME19 4JQ

Auditors:

Godfrey Wilson Limited Chartered Accountants and statutory auditors 5th Floor Mariner House, 62 Prince Street Bristol BS1 4QD

^{*} living with PF

^{**} family member of someone with PF

Introduction from Chair and Chief Executive

July 2020 - June 2021

Writing this year's annual report has given us reason to pause and reflect on what has been the toughest year in APF's short history. As news headlines told of the devastating impact of Covid on people and the economy we saw our face-to-face services pause temporarily and our income grind to a near halt. We could see APF was needed more than ever but we knew our income would be badly affected.

Rising cases of anxiety, depression and lack of access to healthcare professionals and timely care saw an increase in demand for our services. But, with lockdowns expected throughout the year, opportunities to fundraise were severely diminished. Many of our small team juggled caring for family and work, and we all had to adapt quickly to new ways of working. Meanwhile we faced the greatest volume of requests for support we had ever seen.

Fortunately, APF was able to respond with rapid digitisation of support services, an enhanced website offering and alternative fundraising suggestions and opportunities. A key achievement was The Covid Hub on our website, providing instant accessible support and information tailored for PF patients, which received over 13,000 hits. Research continued, as our research fellows adjusted their schedules and place of work throughout the pandemic. We sought to work with others as much as possible during this challenging time. This included charities, government and respiratory bodies such as the EUIPFF and the British Thoracic Society. We strongly believe in the value of partnerships to achieve our vision for the future.

While we looked for savings through delivery of services online, we also invested in postal and telephone-based support to ensure those not online were still able to receive the personal quality-based support for which APF is known. This included our first ever telephone befriending service.

We continue to be a driver for change, to deliver and inspire life-changing work. It is such a privilege to lead APF and our brilliant team at this historic moment. For eight years the organisation has empowered patients and positively contributed to the transformation of care and support that exists for everyone affected by pulmonary fibrosis. But we need you like never before.

Despite progress, tens of thousands of people across the UK are living with the daily burden of pulmonary fibrosis. Covid has increased feelings of isolation and despair. The challenges we face are complex, but can be diminished by our combined talent, focus and ambition – and of course your continuing support.

Together we can keep making progress in serving pulmonary fibrosis patients and their families.



Steve Jones (Chair of Trustees)





Together we are stronger.

"At 86 I feel I am missing out on all the pleasures of my remaining years. I am avoiding catching and dying of Covid just to die of IPF."

APF COVID Survey recipient



Report of the Board of Trustees

Support and Information

Being diagnosed with pulmonary fibrosis can be a lonely, terrifying experience, which is made even harder by the pandemic. Over this year, access to local health services has been limited and many patients have been shielding at home. We have worked to make life that bit easier by developing services which enable people to look forward to a positive future. We have increased access to information and emotional support to manage the changes that life with PF brings.





The power of peer support

We know that creating opportunities for people to share their experiences improves overall wellbeing. Support groups enable people to share practical and emotional impacts of what they are going through, and find mutual support. Being together during tough times like this builds resilience, friendship and the sharing of helpful information.

We support a network of more than 60 support groups with grants, training and guidance. But the pandemic hit groups hard, particularly where respiratory teams were under huge pressure or where members felt less digitally confident. Our first online survey of groups showed that active membership fell to half pre-Covid levels, with 54% struggling to gain referrals and recruit new members.

However, there were positive signs of growth later in the year. New support groups began in Forth Valley, while new groups such as the Pulmonary Fibrosis Transplant Patients Support Group (PFTx) and Carers continued to offer peer support on shared issues. We helped more than 30 groups to set up online meetings and created the leaders' network for mutual support. We listened to specific needs throughout the pandemic and piloted confidence-building training around 'supporting people through challenging times', and leadership, group facilitation and mental wellbeing as a response.

Overwhelmingly, leaders felt that groups help members to manage their PF, have hope for the future and feel more supported. More than 90% of members felt their support group helps them feel informed about PF, manage symptoms more effectively, and feel more connected and able to access other support. However, a challenge remains to recruit new members from all parts of the community, so that everyone who wants to can access good peer support.



"I found the 'supporting' training so helpful and insightful and still use the information today."

Maureen, Fife and Tayside Support Group leader and APF telephone befriender

"I take comfort in our shared experience and much food for thought about how I navigate my path through all the physical, emotional and practical challenges that we face."

Lynne, member of Sheffield Support Group

Telephone befrienders

Among the many challenges that life with pulmonary fibrosis brings, isolation is one of the hardest, especially during a pandemic. In view of this, we developed the telephone support service. Our team of trained, DBS-checked volunteer befrienders have personal experience of PF as patients, carers, family or friends, and provide a friendly listening ear.

The telephone support calls are an opportunity to keep in touch and connect with someone who really understands. Befrienders also signpost to local services, support groups and APF's own resources and support line.

Over the year, 19 volunteers were trained as befrienders and reached out to 47 patients and carers with regular calls, to feel empowered, more connected and supported.

Reaching those who need us

Patients and families living with PF need to be able to access information and support regularly. This reduces anxiety and stress at a time of isolation and enables more choice about one's future care.

The Covid Hub section of our website was viewed over 13,000 times throughout the year and new information on topics from diagnosis to supportive care, breathing and exercise, helped bring reassurance and guidance when the world around seemed ever-changing and access to local health services very limited. An additional 23,000 people found our website compared to the previous year.

APF's support line gave reassurance and guidance for 338 patients and carers, many grappling with complex issues around pulmonary fibrosis, often compounded with other health or social issues. Many have gone on to be supported through an APF befriender or local PF support group, and to receive our refreshed Insider magazine bringing health news and shared experiences.

New information developed with patients, carers and local health teams included a PF leaflet giving handy advice from diagnosis, a television advert for clinic waiting rooms to ensure patients know about their local PF support groups, and more than 1,500 'please give me space' lanyards to bring reassurance and confidence when vulnerable patients and carers have to go out in public.

"Lockdown literally shut down my life. You don't meet many younger people like myself with PF and it's rare to find someone who understands what you're experiencing. My volunteer inspires me so much... and totally understands the specific challenges of living with PF. The impact she's had on me is tremendous - I would say it's a lifeline. I so look forward to our weekly calls."

Dawn, member of the Sheffield Support Group who has a telephone befriender







Together we are stronger.

"Thank you for the lanyard, it saved me a huge embarrassment the other day. Was in a gift shop near Cromer. (I had a mask on.) I had a little cough and the shop lady told me to leave the shop... My friend who I was with was shocked at the lady. I was just so pleased to have the lanyard round my neck, as a cough can just occur. So very grateful."

Linda, member of Northamptonshire SG



Research

Our vision is to find a cure for pulmonary fibrosis and ensure that everyone affected by the disease has a better future. Research makes this vision possible.

£120,000+
Invested over the last 12 months

We play a critical role in the research landscape by:

- Directly funding life-changing research through our fellowship funding programme;
- Helping shape the future of pulmonary fibrosis research and supporting its development and delivery through amplifying the patient voice; and
- Enabling more people to get involved in research studies and clinical trials.

Over the last 12 months we have invested over £120,000 in research. This will help us to better understand the causes of pulmonary fibrosis and has the potential to lead to the development of new treatments.

Dr Phil Molyneaux (Imperial College London)

is investigating the role of bacteria, microbes and metabolites in pulmonary fibrosis and the impact of antibiotic treatment on disease progression. He is pioneering techniques for investigating the airways, lungs and guts of patients affected by pulmonary fibrosis and has rapidly adapted his research in response to the Covid pandemic. His research is advancing our understanding of the fundamental mechanisms of disease which will lead to more effective treatments being available to patients.

Our Research Fellows

Despite the challenges posed by the coronavirus pandemic, our research fellows have continued their dedicated work into pulmonary fibrosis.

Our research fellows have published their work in multiple scientific journals and at international conferences around the world, adding to the global knowledge and understanding of the disease.



Dr Richard Allen (University of Leicester)

is researching the genetics of disease. His ground-breaking research has identified new genes associated with idiopathic pulmonary fibrosis and the progression of the disease. Improving our understanding of genetics will help to identify new drug targets and support the development of personalised medicine, meaning each patient gets the right treatment.



Supporting the next generation of outstanding scientists

We are passionate about supporting students and early career scientists to develop their careers and shape the future of pulmonary fibrosis research. Our Travel and Attendance Award Scheme enables scientists to share their research at conferences around the world, by giving talks, presenting posters and through networking opportunities. Attendance at conferences provides a valuable opportunity for career development and raises the profile of pulmonary fibrosis research.

With support from APF, exciting and far-reaching new knowledge has been shared about the relationship between exercise and breathlessness, the role of cells lining the airways in pulmonary fibrosis, and the role of bacteria, viruses and other microbes in the development of progressive pulmonary fibrosis. This is a key achievement for APF, enabled by the support from our many fundraisers.

"Where there is research, there is hope."

Howard, IPF patient and APF Trustee

Patients as partners in research

Action for Pulmonary Fibrosis is dedicated to supporting research throughout the research cycle. In 2020/21 we collaborated with researchers in the UK and abroad to support the design, development and delivery of research. We have provided expert insight and a national perspective of the unmet needs of patients and families affected by pulmonary fibrosis. Members of the APF community have shared their lived experiences with researchers to help them better understand the impact of the disease and ensure that studies reflect the needs and priorities of patients.

Shaping the future of pulmonary fibrosis research

Progressive pulmonary fibrosis treatment and care is an under-researched area and requires greater attention. Our partnership with James Lind Alliance and patients will directly set the top 10 future priorities for researchers in the UK and across the world and we are excited to be driving this work forward. In 2020 we received over 600 survey responses from patients, carers, family members and healthcare professionals, generating over 1,400 questions. This fantastic project is continuing into 2021/22, when the pulmonary fibrosis community will be deciding their top 10 research priorities.

Education

We understand that diagnosis takes too long for patients. Before Covid the average time of diagnosis after the initial doctor's appointment is over seven months. This will now be even longer.

Levels of care often do not meet national guidelines (e.g., NICE Quality Standard 79 on IPF, 2015). We are committed to raising healthcare professionals' awareness of the disease through APF attendance at conferences and delivering training.

With respiratory healthcare professionals being moved to work on the Covid frontline, and many conferences postponed, we took the difficult decision to pause much of our planned work to improve the awareness and education of healthcare professionals on the signs and symptoms of pulmonary fibrosis.

"It's good to know awareness has been raised although we still have a lot to do I think.
GPs should tell their patients when diagnosed about APF.
I came out of the doctors realising it was a serious diagnosis but knowing nothing. She just said you've got PF and referred me to my consultant."

Sylvia, patient with PF



Healthcare Professional Focussed Education and Awareness

The British Thoracic Society and its 4,000 members share our vision of a future without the burden of lung disease. We attended their winter meeting in February aimed at specialist respiratory physicians in order to raise awareness of our work, future funding opportunities and to stay up to date with the very latest thinking in lung health.

We continue to raise awareness of our GP module, developed in partnership with the Royal College of GPs, through online marketing and print publicity. Over 300 GPs have so far completed the training.



Sharing knowledge and empowering patients and family members

We turned our attention to the education and support of patients and some health care professionals, who through our Covid Survey, 78% told us they were very concerned about their lung disease.

We contributed to the European Lung Foundation Networking Day in Sept 2020.

We attended and delivered talks at the Boehringer Ingelheim Global Patient Partnership Summit, February 2021 and the European Pulmonary Fibrosis Federation (EU-IPFF) Patient Summit in April 2021, enabling us to share our experiences as well as learn from experts around the world. Steve Jones, our Chair of Trustees, is currently President of EU-IPFF.

In collaboration with Boehringer Ingelheim and 11London we co-developed a series of five webinars based on key topics as identified by patients and carers. These hour-long webinars ran every two weeks from May to June 2021. Topics ranged from mental health, oxygen, caring for others and pulmonary rehabilitation, and were designed to be accessible, informative sessions. We had overwhelmingly positive feedback, with many people saying they understood their diagnosis fully for the first time.



"I'm absolutely delighted about this 'Talking PF' webinar initiative by APF. I have shared with our support group members and will certainly be taking part myself."

Tom McMillan, Carer and Support Group Leader



Talking PF meetings are a collaboration between Action for Pulmonary Fibrosis and Boehringer Ingelheim Limited. Boehringer Ingelheim Limited provided funding and support, with organising and project management in line with the ABPI Code of Practice.

Campaigning and Awareness

Reducing health inequalities in pulmonary fibrosis is a vital part of our work.

There are multiple injustices facing someone diagnosed with pulmonary fibrosis. These include, but are not limited to:

- Being recognised as clinically extremely vulnerable to COVID, enabling access to a higher level of support or faster access to vaccinations:
- Slow or late diagnosis due to lack of awareness with GPs;
- Waiting until your lung function declines before you can access anti-fibrotic treatments to slow your lung fibrosis;
- No access to anti-fibrotic treatments if you have one of the other types of pulmonary fibrosis other than idiopathic pulmonary fibrosis;
- Long waiting times for every test, consultation or referral to supportive care due to long term under investment into ILD services:
- Lack of timely support for carers and family members; and
- Inequality of access to clinical trials; only patients who live near one of five of the 23 specialist centres in the UK get regular access to cutting edge research.





At APF, we work across all these areas of need both locally and nationally.

We work with vibrant and active support groups who engage with their MPs, NHS Trusts and local health networks improving timely access to care and support in their local area.

As part of APF's #ShoutOut Campaign, in September 2020 patients wrote to over 50 MPs around the country calling for England's National Institute for Health and Care Excellence (NICE) and the Scottish Medicines Consortium to review access to the only treatment that slows lung fibrosis making it available to people with all forms of pulmonary fibrosis. This campaign, spearheaded by APF was successful, with the roll out of the treatments to be made available across the UK from January 2022.

But the fight is far from over.

APF continues to campaign across many injustices. A huge thank you to our many supporters who use their voice and platform to help us raise awareness. Our special thanks go to Amy and Katie Price and James Martin and the late Janice Long, who all brought pulmonary fibrosis to the attention of the media. We thank patients and their families, past and present who bravely share their stories.

In 2021/22 we plan to increase our efforts, influencing the NHS to further invest in ILD services and support carers right from diagnosis.





Fundraising

Over £500,000 was raised by our fundraisers and donors throughout 2020/21.

As a charity that receives no government funding, we are entirely reliant on charitable income, with every penny raised and donated by our generous supporters helping to fund our vital work. As well as the obvious devastating effects on our health and wellbeing, the Covid pandemic continued to impact our income throughout 2020/21 with mass events and other community activities postponed or cancelled. However, thanks to the determination of our dedicated fundraisers and donors, we have been able to fund the growth of our services and launch our Hope for All Research Appeal.

We know there may be challenges in the year ahead, but we are confident that with the support of the pulmonary fibrosis community and our generous donors, we can continue to raise the crucial funding we need. We are determined to ensure nobody need face this devastating illness alone, and to give hope of a better future to the thousands of people affected by pulmonary fibrosis.







#GoTheDistanceForAPF

"Sadly, their memories of my lovely mum will be limited given their ages, but raising money for APF gives us a positive focus and helps them remember her."

Catherine, APF donor

"I wish that we had known about APF whilst Dad was alive. I hope my contribution may help in the fight against pulmonary fibrosis."

Bob, APF fundraiser

£500,000+

Raised throughout 2020/21





We anticipate significant disruption to the care, support and daily lives of people affected by pulmonary fibrosis largely due to Covid over the coming year.

As such, we remain committed to the continued development of APF's strategic aims to help find a cure for pulmonary fibrosis and for more people affected by the disease to have a better future. New challenges require fresh thinking, and we have adopted a balanced scorecard methodology to underpin a new collaborative and creative approach to big challenges. Over the coming year we will continue to grow our income, so that we can support and empower more families affected by this devastating disease.



We hope you'll join us in the fight against pulmonary fibrosis.

Structure, governance, and management

Action for Pulmonary Fibrosis was registered with the Charity Commission in England and Wales as a Charitable Incorporated Organisation (CIO) in June 2013. The governing document is the Constitution, which was approved by the trustees on 28 May 2013.

In 2021 the charity applied for, and on 25 May 2021 was granted, registration with the Office of the Scottish Charity Regulator (OSCR).

All trustees have direct experience of IPF, either as patients, carers, family members or medical doctors, helping us to maintain our patient and healthcare led approach.

The Board of Trustees meets formally four times a year to review the charity's progress, formulate general policy and strategy and ensure adherence to charity regulations. An annual plan and budget for activities for the coming period are approved at the beginning of the financial year. At each meeting reports are received on the charity's work during the quarter. Attention is paid to any significant risks that may arise from time to time and the effectiveness of the system of internal controls is monitored. The quarterly meetings are supported by regular telephone and online communication.

The Board contracts with professional advisers as necessary, for advice and guidance on legal and financial issues.





Appointment of New Trustees

The Board of Trustees regularly reviews the skills and experience of its members and considers if changes are needed to face new and emerging challenges. The Board appoints new members to strengthen the board and where necessary to replace a member who leaves. It remains an important requirement that all new trustees have a personal connection to pulmonary fibrosis.

An appointment process is in place which includes receipt of a formal application providing personal details and outlining the skills and experience which the applicant can bring to APF. Candidates are then invited to meet with at least three trustees to discuss the application and to receive information about the Board, its work and the responsibilities of a trustee. Prospective trustees are invited to attend a trustee meeting for approval of all trustees prior to confirmation of appointment. An induction process follows providing the new trustee with comprehensive information on the charity and their responsibilities as a trustee.

To date this has been done by personal contact and through contacts made directly to the charity. In order to ensure diversity and make opportunities more widely available, the process for appointment was reviewed at the year end and agreed that trustee vacancies would be advertised.

Organisational Structure

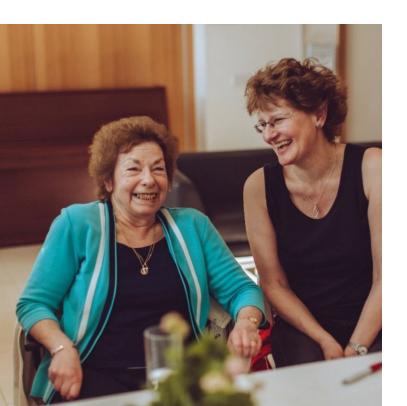
The Chief Executive Officer leads the charity together with the management team.

The Finance and Risk Committee is a standing committee which oversees and monitors the finances and budgets of the charity, risks, policies, and remuneration of staff. The committee, which includes three trustees and the CEO, meets quarterly prior to the Board meeting. Other sub-committees of the Board of Trustees are established to deal with specific tasks from time to time.

Action for Pulmonary Fibrosis is registered with the Fundraising Register.

Risk Management

Responsibility for risk management lies with trustees and a risk register has been established which is reviewed regularly by the Finance and Risk Committee. The risks identified are minimal and controls are in place to manage them.



Public Benefit Statement

The charity trustees have complied with their duty, to have due regard to the guidance on public benefit published by the Charity Commission, in exercising their powers or duties. Charity activities and support provided are available to all those affected by pulmonary fibrosis.

Financial Review

The charity is in a strong financial position. Total income for the year was £651,809 and total expenditure was £601,408. Details are set out in the attached accounts.

Our income for the year was lower than budgeted as there was a delay in receipt of grant funding and reduced community events due to Covid.

Expenditure was also lower than budgeted due to some underspend and planned activities being cancelled, or completed virtually, due to the pandemic.

The 2020/21 budget was set during the initial stages of the Covid pandemic. Our Senior Leadership Team were optimistic that Covid would only affect our activities and plans for the first six months of the financial year, but this has clearly not been the case with the impact of Covid still being felt 18 months later with ongoing social restrictions.

Going Concern

The trustees consider that the charity will continue as a going concern for a period of at least 12 months from the date on which these financial statements are approved. The trustees therefore consider it appropriate to adopt the going concern basis for the preparation of the accounts, as detailed in note 1(b) to the financial statements.

Reserves Policy

Trustees have agreed a reserves policy of holding an amount equivalent to six months of charitable expenditure, as Designated Reserves. Charitable expenditure includes staff and running costs, fundraising costs, planned activities and the provision of patient and family support activities. This is to ensure that the charity can continue offering services to its patient community during times of reduced income. It is reviewed annually at the July trustee meeting. The projection of increased operational costs for the coming year resulted in agreement to increase the balance on the Reserves account to meet the requirements of the Policy. This was carried out and the Reserves Account balance has been increased to £336,000 (£278,725 in 2020/21).



"Without APF I don't know where any of us would be."

Dee, carer to her husband Roger with pulmonary fibrosis

Report of the trustees

For the year ended 30 June 2021

Statement of responsibilities of the trustees

The trustees are responsible for preparing the trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102: The Financial Reporting Standard applicable in the UK and Republic of Ireland (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales, and in Scotland, requires the trustees to prepare financial statements for each financial year, which give a true and fair view of the state of affairs of the charity and the incoming resources and application of resources, including the net income or expenditure, of the charity for the year. In preparing those financial statements the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and accounting estimates that are reasonable and prudent;
- state whether applicable accounting standards and statements of recommended practice have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and which enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008, the Charities and Trustee Investment (Scotland) Act 2005, the Charities Accounts (Scotland) Regulations 2006 (as amended) and the provisions of the constitution. The trustees are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charity's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

The trustees are members of the charity but this entitles them only to voting rights. The trustees have no beneficial interest in the charity.

Auditors

Godfrey Wilson Limited were re-appointed as auditors to the charity during the year and have expressed their willingness to continue in that capacity.

Approved by the trustees on 5 February 2022 and signed on their behalf by

steve jones

Stephen Jones - Chair

To the members of

Action for Pulmonary Fibrosis

Opinion

We have audited the financial statements of Action for Pulmonary Fibrosis (the 'charity') for the year ended 30 June 2021 which comprise the statement of financial position, balance sheet and statement of cash flows, and the related notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102: The Financial Reporting Standard applicable in the UK and Republic of Ireland (United Kingdom Generally Accepted Accounting Practice).

In our opinion, the financial statements:

- give a true and fair view of the state of the charity's affairs as at 30 June 2021 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Charities and Trustees Investment (Scotland) Act 2005, regulation 8 of the Charities Accounts (Scotland) Regulations 2006 (as amended) and the Charities Act 2011.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charity's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

To the members of

Action for Pulmonary Fibrosis

Other information

The trustees are responsible for the other information. The other information comprises the information included in the annual report other than the financial statements and our auditor's report thereon. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Matters on which we are required to report by exception

In the light of the knowledge and understanding of the charity and its environment obtained in the course of the audit, we have not identified material misstatements in the trustees' report. We have nothing to report in respect of the following matters in relation to which the Charities Act 2011 requires us to report to you if, in our opinion:

- sufficient accounting records have not been kept;
- the financial statements are not in agreement with the accounting records and returns; or
- we have not obtained all the information and explanations necessary for the purposes of our audit.

Responsibilities of the trustees

As explained more fully in the trustees' responsibilities statement set out in the trustees' report, the trustees are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as they determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charity or to cease operations, or have no realistic alternative but to do so.

Our responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

To the members of

Action for Pulmonary Fibrosis

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The procedures we carried out and the extent to which they are capable of detecting irregularities, including fraud, are detailed below:

- (1) We obtained an understanding of the legal and regulatory framework that the charity operates in, and assessed the risk of non-compliance with applicable laws and regulations. Throughout the audit, we remained alert to possible indications of non-compliance.
- (2) We reviewed the charity's policies and procedures in relation to:
 - Identifying, evaluating and complying with laws and regulations, and whether they were aware of any instances of non-compliance;
 - Detecting and responding to the risk of fraud, and whether they were aware of any actual, suspected or alleged fraud; and
 - Designing and implementing internal controls to mitigate the risk of non-compliance with laws and regulations, including fraud.
- (3) We inspected the minutes of trustee meetings.
- (4) We enquired about any non-routine communication with regulators and reviewed any reports made to them.
- (5) We reviewed the financial statement disclosures and assessed their compliance with applicable laws and regulations.
- (6) We performed analytical procedures to identify any unusual or unexpected transactions or balances that may indicate a risk of material fraud or error.
- (7) We assessed the risk of fraud through management override of controls and carried out procedures to address this risk. Our procedures included:
 - Testing the appropriateness of journal entries;
 - Assessing judgements and accounting estimates for potential bias;
 - Reviewing related party transactions; and
 - Testing transactions that are unusual or outside the normal course of business.

Because of the inherent limitations of an audit, there is a risk that we will not detect all irregularities, including those leading to a material misstatement in the financial statements or non-compliance with regulation. Irregularities that arise due to fraud can be even harder to detect than those that arise from error as they may involve deliberate concealment or collusion.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at: www.frc.org.uk/auditorsresponsibilities. This description forms part of our auditor's report.

To the members of

Action for Pulmonary Fibrosis

Use of our report

This report is made solely to the charity's trustees, as a body, in accordance with section 144 of the Charities Act 2011 and the regulations made under section 154 of that Act. Our audit work has been undertaken so that we might state to the charity's trustees those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charity's trustees as a body, for our audit work, for this report, or for the opinions we have formed.

Godfrey Wilson Limited

Date: 8 February 2022

GODFREY WILSON LIMITED

Chartered accountants and statutory auditors 5th Floor Mariner House 62 Prince Street Bristol BS1 4QD

Statement of financial activities

For the year ended 30 June 2021

Income from:	Note	Restricted £	Unrestricted £	2021 Total £	2020 Total £
Donations and legacies	3	_	518,882	518,882	673,638
Charitable activities	4	99,238	28,594	127,832	104,800
Investments	7	-	5,095	5,095	6,609
mvodmonio	-				
Total income	-	99,238	552,571	651,809	785,047
Expenditure on:					
Raising funds		_	109,856	109,856	94,977
Charitable activities		59,545	432,007	491,552	410,325
Charlasio delivido	-	00,010	102,007	401,002	110,020
Total expenditure	6	59,545	541,863	601,408	505,302
Net income / (expenditure) and net movement in funds	9	39,693	10,708	50,401	279,745
Reconciliation of funds:		00-	4044504		
Total funds brought forward	-	25,507	1,014,501	1,040,008	760,263
Total funds carried forward	=	65,200	1,025,209	1,090,409	1,040,008

All of the above results are derived from continuing activities. There were no other recognised gains or losses other than those stated above. Movements in funds are disclosed in note 17 to the accounts.

Balance sheet

As at 30 June 2021

	Note	£	2021 £	2020 £
Current assets Debtors Current asset investments Cash at bank and in hand	12 13	19,502 1,071,858 156,054		13,925 1,113,208 163,113
		1,247,414		1,290,246
Liabilities Creditors: amounts falling due within 1 year	14	(127,040)		250,238
Net current assets			1,120,374	1,040,008
Creditors: amounts falling due after more than 1 year	15		(29,965)	
Net assets	16		1,090,409	1,040,008
Funds Restricted funds	17		65 200	25 507
Unrestricted funds Designated funds General funds			65,200 962,492 62,717	25,507 793,195 221,306
Total charity funds			1,090,409	1,040,008

Approved by the trustees on 5 February 2022 and signed on their behalf by

steve jones

Stephen Jones - Chair

Statement of cash flows

As at 30 June 2021

	2021 £	2020 £
Cash provided by operating activities:		
Net movement in funds	50,401	279,745
Adjustments for: Investment income	(5,095)	(6,609)
Decrease / (increase) in debtors	(5,577)	21,007
Increase / (decrease) in creditors	(93,233)	(181,130)
Net cash provided by operating activities	(53,504)	113,013
Ocale flavor frame imposting a satisfities.		
Cash flows from investing activities: Investment income	5,095	6,609
investment income		0,009
Net cash provided by investing activities	5,095	6,609
Increase in cash and cash equivalents in the year	(48,409)	119,622
Cash and cash equivalents at the beginning of the year	1,276,321	1,156,699
Cash and cash equivalents at the end of the year	1,227,912	1,276,321
Analysis of each and each environments		
Analysis of cash and cash equivalents		
Current asset investments	1,071,858	1,113,208
Cash at bank and in hand	156,054	163,113
Cash and cash equivalents at the end of the year	1,227,912	1,276,321
Such and Such Squitaionic at the one of the year	1,227,012	1,210,021

The charity has not provided an analysis of changes in net debt as it does not have any long term financing arrangements.

Notes to the financial statements

For the year ended 30 June 2021

1. Accounting policies

a) Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities in preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

Action for Pulmonary Fibrosis meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

b) Going concern basis of accounting

The accounts have been prepared on the assumption that the charity is able to continue as a going concern. However, the COVID-19 pandemic has had a profound impact on the global economy,but only minimal impact on the the charity. The trustees have considered the impact of this issue on the charity's current and future financial position. The charity holds unrestricted, general reserves of £62,717, designated reserves that can be drawn down if necessary of £962,492 and a cash balance of £156,054. The combined value of cash and current asset investments at 30 June 2021 was £1.23m. The trustees consider that the charity has sufficient cash reserves to continue as a going concern for a period of at least 12 months from the date on which these financial statements are approved.

c) Income

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the items of income have been met, it is probable that the income will be received and the amount can be measured reliably.

Income from the government and other grants, whether 'capital' grants or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred.

For legacies, entitlement is taken as the earlier of the date on which either: the charity is aware that probate has been granted, the estate has been finalised and notification has been made by the executor to the Trust that a distribution will be made, or when a distribution is received from the estate. Receipt of a legacy, in whole or in part, is only considered probable when the amount can be measured reliably and the charity has been notified of the executor's intention to make a distribution. Where legacies have been notified to the charity, or the charity is aware of the granting of probate, and the criteria for income recognition have not been met, then the legacy is treated as a contingent asset and disclosed if material.

d) Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the bank.

Notes to the financial statements

For the year ended 30 June 2021

e) Funds accounting

Unrestricted funds are available to spend on activities that further any of the purposes of the charity. Designated funds are unrestricted funds of the charity which the trustees have decided at their discretion to set aside to use for a specific purpose. Restricted funds are donations which the donor has specified are to be solely used for particular areas of the charity's work or for specific projects being undertaken by the charity.

f) Expenditure and irrecoverable VAT

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably.

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

g) Grants payable

Grants payable are charged in the year in which the offer is conveyed to the recipient except in those cases where the offer is conditional, such grants being recognised as expenditure when the conditions attached have been fulfilled. Grants offered subject to conditions at the year end are noted as commitment but are not accrued as expenditure.

h) Allocation of support and governance costs

Support costs are those functions that assist the work of the charity but do not directly undertake charitable activities. Governance costs are the costs associated with the governance arrangements of the charity, including the costs of complying with constitutional and statutory requirements and any costs associated with the strategic management of the charity's activities. These costs have been allocated between cost of raising funds and expenditure on charitable activities on the basis of staff time spent on each of these areas. In the prior period an estimate was used, but in the current period a more thorough analysis of staff time by role was possible as there was a more significant number of employees. The percentages used were as follows:

	2021	2020
Raising funds	17%	16%
Charitable activities	83%	84%

i) Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

j) Current asset investments

Current asset investments consists of short term cash deposits with a maturity date of less than one year from the balance sheet date held for investment purposes rather than to meet short term cash commitments as they fall due.

k) Cash at bank and in hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

Notes to the financial statements

For the year ended 30 June 2021

I) Creditors

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

m) Financial instruments

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently recognised at amortised cost using the effective interest method.

n) Pension costs

The charity operates a defined contribution pension scheme for its employees. There are no further liabilities other than that already recognised in the SOFA.

o) Operating leases

Operating lease payments are recognised as an expense on a straight-line basis over the lease term.

p) Accounting estimates and key judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying values of assets and liabilities that are not readily apparent from other sources. The estimates and underlying assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised if the revision affects only that period, or in the period of the revision and future periods if the revision affects both current and future periods.

There are no key sources of estimation uncertainty that have a significant effect on the amounts recognised in the financial statements.

Notes to the financial statements

For the year ended 30 June 2021

2.	Prior period comparatives: statement of fire	nancial act	tivities		
			Restricted £	Unrestricted £	2020 Total £
	Income from: Donations and legacies Charitable activities Investments		- 104,800 -	673,638 - 6,609	673,638 104,800 6,609
	Total income		104,800	680,247	785,047
	Expenditure on: Raising funds Charitable activities Total expenditure		79,293 79,293	94,977 331,032 426,009	94,977 410,325 505,302
	Net income and net movement in funds		25,507	254,238	279,745
3.	Income from donations and legacies	Restricted £	Unrestricted £	2021 Total £	2020 Total £
	Legacies Donations from individuals and fundraising	<u>-</u>	5,000 513,882	5,000 513,882	25,000 648,638
	Total income from donations and legacies		518,882	518,882	673,638
	All income from donations and legacies in the	prior year	was unrestrict	ed.	
4.	Income from charitable activities	Restricted £	Unrestricted £	2021 Total £	2020 Total £
	Corporate grants Trusts and foundations	- 99,238	- 28,594	- 127,832	82,500 22,300
	Total income from charitable activities	99,238	28,594	127,832	104,800

All income from charitable activities in the prior year was restricted.

5. Government grants

The charitable incorporated organisation received no government grants during the year (2020: £nil).

Notes to the financial statements

For the year ended 30 June 2021

6. Total	l expenditure
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. Total expenditure				
	Raising	Charitable	Support and governance	
	funds	activities	costs	2021 Total
	£	£	£	£
Staff costs (note 10)	53,902	256,691	59,827	370,420
Freelance costs (note 10)	11,023	57,445	-	68,468
Travel and subsistence	-	-	359	359
Grants payable (note 7)	-	1,350	-	1,350
Training costs	-	3,610	-	3,610
Patient surveys	- 16 290	2,903	-	2,903
Fundraising costs Marketing and communications	16,280 3,716	- 50,807	-	16,280 54,523
Premises costs	5,710	50,607	20,327	20,327
Admin costs	_	_	37,302	37,302
Other staffing costs	_	_	17,046	17,046
Governance costs	_	_	8,820	8,820
Covomance educ				
Sub-total	84,921	372,806	143,681	601,408
Allocation of support and				
governance costs	24,935	118,746	(143,681)	
Total expenditure	109,856	491,552		601,408
rotal experiorture	109,030	491,552		
Prior year comparative:			Support and	
Prior year comparative:	Raising	Charitable	Support and governance	
Prior year comparative:	Raising funds	Charitable activities	Support and governance costs	2020 Total
Prior year comparative:	•	Charitable activities £	governance	2020 Total £
Prior year comparative:	funds	activities	governance costs	
Prior year comparative: Staff costs (note 10)	funds	activities	governance costs	
Staff costs (note 10) Freelance costs (note 10)	funds £	activities £	governance costs £ 76,088 16,968	£ 202,216 70,673
Staff costs (note 10) Freelance costs (note 10) Travel and subsistence	funds £ 20,191	activities £ 105,937 33,377	governance costs £	£ 202,216 70,673 16,313
Staff costs (note 10) Freelance costs (note 10) Travel and subsistence Grants payable (note 7)	funds £ 20,191	activities £ 105,937 33,377 - 2,800	governance costs £ 76,088 16,968	£ 202,216 70,673 16,313 2,800
Staff costs (note 10) Freelance costs (note 10) Travel and subsistence Grants payable (note 7) Training costs	funds £ 20,191	activities £ 105,937 33,377 - 2,800 33,094	governance costs £ 76,088 16,968	£ 202,216 70,673 16,313 2,800 33,094
Staff costs (note 10) Freelance costs (note 10) Travel and subsistence Grants payable (note 7) Training costs Patient surveys	funds £ 20,191 20,328 - - -	activities £ 105,937 33,377 - 2,800	governance costs £ 76,088 16,968	£ 202,216 70,673 16,313 2,800 33,094 4,588
Staff costs (note 10) Freelance costs (note 10) Travel and subsistence Grants payable (note 7) Training costs Patient surveys Fundraising costs	funds £ 20,191 20,328 - - - - 17,420	activities £ 105,937 33,377 - 2,800 33,094 4,588	governance costs £ 76,088 16,968	£ 202,216 70,673 16,313 2,800 33,094 4,588 17,420
Staff costs (note 10) Freelance costs (note 10) Travel and subsistence Grants payable (note 7) Training costs Patient surveys Fundraising costs Marketing and communications	funds £ 20,191 20,328 - - -	activities £ 105,937 33,377 - 2,800 33,094	governance costs £ 76,088 16,968 16,313	£ 202,216 70,673 16,313 2,800 33,094 4,588 17,420 59,805
Staff costs (note 10) Freelance costs (note 10) Travel and subsistence Grants payable (note 7) Training costs Patient surveys Fundraising costs Marketing and communications Premises costs	funds £ 20,191 20,328 - - - - 17,420	activities £ 105,937 33,377 - 2,800 33,094 4,588	governance costs £ 76,088 16,968 16,313 - - - 26,852	£ 202,216 70,673 16,313 2,800 33,094 4,588 17,420 59,805 26,852
Staff costs (note 10) Freelance costs (note 10) Travel and subsistence Grants payable (note 7) Training costs Patient surveys Fundraising costs Marketing and communications Premises costs Admin costs	funds £ 20,191 20,328 - - - - 17,420	activities £ 105,937 33,377 - 2,800 33,094 4,588	governance costs £ 76,088 16,968 16,313 - - - 26,852 53,338	£ 202,216 70,673 16,313 2,800 33,094 4,588 17,420 59,805 26,852 53,338
Staff costs (note 10) Freelance costs (note 10) Travel and subsistence Grants payable (note 7) Training costs Patient surveys Fundraising costs Marketing and communications Premises costs Admin costs Other staffing costs	funds £ 20,191 20,328 - - - - 17,420	activities £ 105,937 33,377 - 2,800 33,094 4,588	governance costs £ 76,088 16,968 16,313 - - - 26,852 53,338 7,260	£ 202,216 70,673 16,313 2,800 33,094 4,588 17,420 59,805 26,852 53,338 7,260
Staff costs (note 10) Freelance costs (note 10) Travel and subsistence Grants payable (note 7) Training costs Patient surveys Fundraising costs Marketing and communications Premises costs Admin costs	funds £ 20,191 20,328 - - - - 17,420	activities £ 105,937 33,377 - 2,800 33,094 4,588	governance costs £ 76,088 16,968 16,313 - - - 26,852 53,338	£ 202,216 70,673 16,313 2,800 33,094 4,588 17,420 59,805 26,852 53,338
Staff costs (note 10) Freelance costs (note 10) Travel and subsistence Grants payable (note 7) Training costs Patient surveys Fundraising costs Marketing and communications Premises costs Admin costs Other staffing costs Governance costs	funds £ 20,191 20,328 - - - 17,420 3,778 - - -	activities £ 105,937 33,377 - 2,800 33,094 4,588 - 56,027	governance costs £ 76,088 16,968 16,313 - - - 26,852 53,338 7,260 10,943	£ 202,216 70,673 16,313 2,800 33,094 4,588 17,420 59,805 26,852 53,338 7,260 10,943
Staff costs (note 10) Freelance costs (note 10) Travel and subsistence Grants payable (note 7) Training costs Patient surveys Fundraising costs Marketing and communications Premises costs Admin costs Other staffing costs	funds £ 20,191 20,328 - - - - 17,420	activities £ 105,937 33,377 - 2,800 33,094 4,588	governance costs £ 76,088 16,968 16,313 - - - 26,852 53,338 7,260	£ 202,216 70,673 16,313 2,800 33,094 4,588 17,420 59,805 26,852 53,338 7,260
Staff costs (note 10) Freelance costs (note 10) Travel and subsistence Grants payable (note 7) Training costs Patient surveys Fundraising costs Marketing and communications Premises costs Admin costs Other staffing costs Governance costs Sub-total	funds £ 20,191 20,328 - - - 17,420 3,778 - - -	activities £ 105,937 33,377 - 2,800 33,094 4,588 - 56,027	governance costs £ 76,088 16,968 16,313 - - - 26,852 53,338 7,260 10,943	£ 202,216 70,673 16,313 2,800 33,094 4,588 17,420 59,805 26,852 53,338 7,260 10,943
Staff costs (note 10) Freelance costs (note 10) Travel and subsistence Grants payable (note 7) Training costs Patient surveys Fundraising costs Marketing and communications Premises costs Admin costs Other staffing costs Governance costs	funds £ 20,191 20,328 - - - 17,420 3,778 - - -	activities £ 105,937 33,377 - 2,800 33,094 4,588 - 56,027	governance costs £ 76,088 16,968 16,313 26,852 53,338 7,260 10,943	£ 202,216 70,673 16,313 2,800 33,094 4,588 17,420 59,805 26,852 53,338 7,260 10,943
Staff costs (note 10) Freelance costs (note 10) Travel and subsistence Grants payable (note 7) Training costs Patient surveys Fundraising costs Marketing and communications Premises costs Admin costs Other staffing costs Governance costs Sub-total Allocation of support and	funds £ 20,191 20,328 - - - 17,420 3,778 - - - - -	activities £ 105,937 33,377 - 2,800 33,094 4,588 - 56,027 - - - - 235,823	governance costs £ 76,088 16,968 16,313 - - - 26,852 53,338 7,260 10,943	£ 202,216 70,673 16,313 2,800 33,094 4,588 17,420 59,805 26,852 53,338 7,260 10,943
Staff costs (note 10) Freelance costs (note 10) Travel and subsistence Grants payable (note 7) Training costs Patient surveys Fundraising costs Marketing and communications Premises costs Admin costs Other staffing costs Governance costs Sub-total Allocation of support and	funds £ 20,191 20,328 - - - 17,420 3,778 - - - - -	activities £ 105,937 33,377 - 2,800 33,094 4,588 - 56,027 - - - - 235,823	governance costs £ 76,088 16,968 16,313 26,852 53,338 7,260 10,943	£ 202,216 70,673 16,313 2,800 33,094 4,588 17,420 59,805 26,852 53,338 7,260 10,943

Support costs are those functions that assist the work of the charity but do not directly undertake charitable activities. They are distinct from costs incurred to support those affected by Pulmonary Fibrosis, which are included under charitable activities.

Notes to the financial statements

7.	Grants payable			
			Grants to	2021
			institutions	Total
			£	£
	Support groups:			
	Nottingam Support Group		850	850
	Windsor Support Group		500	500
	11 - 1			
			1,350	1,350
	Prior year comparative			
		Grants to	Grants to	2020
		institutions	individuals	Total
		£	£	£
	Travel grants (2 individuals)	_	1,500	1,500
	ravor granto (2 marriadaio)		1,000	1,000
	Support groups:			
	Worthing Support Group	500	-	500
	Luton and Dunstable University Hospital	500	_	500
	Harlow Support Group	300	-	300
	••			
		1,300	1,500	2,800

Notes to the financial statements

For the year ended 30 June 2021

One employee earned between £60,000 and £70,000 during the year (2020: one employee earned more than £60,000).

The key management personnel of the charity comprise the trustees and Chief Executive. The total employee benefits of the key management personnel were £71,475 (2020: £69,854).

	2021	2020
	No.	No.
Average head count	11	5

11. Taxation

The charity is exempt from corporation tax as all its income is charitable and is applied for charitable purposes.

Notes to the financial statements

12. Debtors 2021 £ Trade debtors 4,822	2020 £ - 10,165 3,760
Accrued income 11,440 Prepayments 3,240	
19,502	13,925
	,
13. Current asset investments	
2021 £	2020 £
Short term deposits <u>1,071,858</u> <u>1,1</u>	13,208
14. Creditors: amounts due within 1 year	
2021 £	2020 £
Trade creditors 33,863	1,264
Accruals 5,480 Other creditors 1,909	4,500 2,156
	242,318
<u> 127,040</u> <u> 2</u>	250,238
15. Creditors: amounts due after 1 year	
2021 £	2020 £
Grant commitments (note 8) 29,965	L

Notes to the financial statements

16. Analysis of net assets between funds	Restricted	Designated	General	Total
	funds	funds	funds	funds
	£	£	£	£
Current assets Current liabilities Long term liabilities	65,200 - -	1,078,245 (85,788) (29,965)	(150,111) 212,828	1,247,414 127,040 (29,965)
Net assets at 30 June 2021	65,200	962,492	62,717	1,344,489
Prior year comparative	Restricted	Designated	General	Total
	funds	funds	funds	funds
	£	£	£	£
Current assets	25,507	1,035,513	229,226	1,290,246
Current liabilities		(242,318)	(7,920)	(250,238)
Net assets at 30 June 2020	25,507	793,195	221,306	1,040,008

Notes to the financial statements

17.	Movements in funds				Transfers	
		At 1 July			between	At 30 June
		2020	Income	Expenditure	funds	2021
		£	£	£	£	£
	Restricted funds					
	Boehringer Ingelheim	25,507	35,000	(50,962)	_	9,545
	Roche	20,007	25,000	(6,250)	_	18,750
	Trevi Theraupeutics	_	24,988	(0,200)	_	24,988
	Independent Age	_	10,000	-	-	10,000
	Shanly Foundation	_	2,250	(1,500)	-	750
	Hospital Saturday Fund		2,000	(833)		1,167
	Total restricted funds	25,507	99,238	(59,545)		65,200
	Unrestricted funds					
	Designated funds					
	Research fund	568,172	-	-	115,595	683,767
	Reserve fund	225,023			53,702	278,725
	Total designated funds	793,195			169,297	962,492
	General funds	221,306	552,571	(541,863)	(169,297)	62,717
	Total unrestricted funds	1,014,501	552,571	(541,863)		1,025,209
	Total funds	1,040,008	651,809	(601,408)		1,090,409
	Purposes of restricted funds Boehringer Ingelheim	This fund is f	or support line	e ambassadors	and newslette	er.
	Roche	This fund is f	or general sup	port services to	o December 2	2021.
	Trevi Theraupeutics	This fund is for support services in Scotland (including SG coordinator salary).			ncluding SG	
	Independent Age	This fund is f	or resuming fa	ace to face serv	vices (support	groups).
	Shanly Foundation	This fund is f	or Support Se	rvices General	– South.	
	Hospital Saturday	This fund is for Support Services General.				

Notes to the financial statements

For the year ended 30 June 2021

17. Movements in funds Purposes of designated funds

Research fund A principal objective of Action for Pulmonary Fibrosis is to support

and fund Research into the disease. Trustees have agreed to designate £684K for research to fund further research projects, following the successful launch of our Mike Bray Fellowships in

2018/19.

Reserve fund

The Reserve Fund has been established, in line with the charity's reserves policy, to retain a minimum of 50% of projected annual core expenditure separately as reserves. This is reviewed annually.

Prior year comparative

· ····· your oomparation					
	At 1 July			Transfers between	At 30 June
	2019	Income	Expenditure	funds	2020
	£	£	£	£	£
Restricted funds					
		52 000	(26.402)		25 507
Boehringer Ingelheim	-	52,000	(26,493)	-	25,507
COVID-19	-	18,800	(18,800)	-	-
D'Oyly Carte	-	3,500	(3,500)	-	-
Galapagos		30,500	(30,500)		
Total restricted funds		104,800	(79,293)		25,507
Unrestricted funds					
Designated funds					
Research fund	453	_	_	567,719	568,172
Reserve fund	145,230	_	_	79,793	225,023
Reserve fullu	143,230			19,190	
Total designated funds	145,683			647,512	793,195
General funds	614,580	680,247	(426,009)	(647,512)	221,306
Total unrestricted funds	760,263	680,247	(426,009)		1,014,501
i otai unrestricteu iunus	100,203	000,247	(420,009)		1,014,001
Total funds	760,263	785,047	(505,302)		1,040,008

Notes to the financial statements

For the year ended 30 June 2021

18. Operating leases

19.

The charity had operating leases at the year end with total future minimum lease payments as follows:

	2021	2020
	£	£
Amount falling due:		
Within 1 year	5,517	18,391
Within 2 - 5 years		27,586
		45.077
	5,517	45,977
Polated north transactions		
 Related party transactions Trustees' reimbursed expenses comprised the following payments during the yea 	r·	
Trustees Telinbursed expenses comprised the following payments during the year	2021	2020
	£	£
	~	L
Subsistence	_	547
Trustee training	2,216	-
Travel expenses	59	8,751
Other expenses (gifts, stationery and postage)	<u>-</u>	417

Trustee training for 9 trustees was held in the year. Travel expenses relate to reimbursed travel costs for one trustee.

2,275

9.715

All expenses were incurred in the course of the organisation's charitable activities.

Steve Jones, the chair of Action for Pulmonary Fibrosis (APF), is also the chair of European Idiopathic Pulmonary Fibrosis & Related Disorders Federation (EU-IPFF). During the year APF received income of £4,084 from EU-IPFF for services related to the Global Patient Partnership Summit (2020: £nil). At 30 June 2021 there was £2,915 owed to APF (2020: £nil).

Wendy Dickinson, a trustee of APF, is also a member of the Nottingham Pulmonary Fibrosis Support Group. During the year, APF provided a grant to Nottingham Pulmonary Fibrosis Support Group of £850 (2020: £nil). There were no amounts outstanding at the year end.

The trustees are not aware of any other related party transactions during the period.





Charity Commission England & Wales Registered Charity Number: 1152399 Scottish Charity Regulator Number: SC050992



Alison Godfrey FCA
Godfrey Wilson Limited
Chartered Accountants & Statutory Auditors
5th Floor Mariner House
62 Prince Street
Bristol
BSI 4QD

5 February 2022

Dear Alison

Letter of Representations on the Financial Statements for the Year Ended 30 June 2021

This representation letter is provided in connection with your audit of the financial statements of the charity for the year ended 30 June 2021.

We confirm that the following representations are made on the basis of enquiries of the trustees, management and staff with relevant knowledge and experience (and, where appropriate, of inspection of supporting documentation) sufficient to satisfy ourselves that we can properly make each of the following representations to you:

- I. We have fulfilled our responsibilities as trustees, as set out in the terms of your engagement letter dated 23 June 2020, under the Charities Act 2011 for preparing financial statements, in accordance with applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102: The Financial Reporting Standard applicable in the UK and Republic of Ireland (United Kingdom Generally Accepted Accounting Practice).
 - We confirm that in our opinion the financial statements give a true and fair view and in particular that where any additional information must be disclosed in order to give a true and fair view that information has in fact been disclosed. We confirm that the selection and application of the accounting policies used in the preparation of the financial statements are appropriate, and we approve these accounts for the year ended 30 June 2021.
- 2. We confirm that all accounting records have been made available to you for the purpose of your audit, in accordance with your terms of engagement, and that all the transactions undertaken by the charity have been properly reflected and recorded in the accounting records. All other records and related information, including minutes of all management, trustees' and members' meetings, have been made available to you. We have given you unrestricted access to persons within the charity in order to obtain audit evidence and have provided any additional information that you have requested for the purposes of your audit.
- 3. We confirm the charity has satisfactory title to all assets and there are no liens or encumbrances on the assets, except for those disclosed in the financial statements.



- 4. We confirm that significant assumptions used by us in making accounting estimates, including those measured at fair value, are reasonable. We confirm that we have no plans or intentions that may materially alter the carrying value and where relevant the fair value measurements or classification of assets and liabilities reflected in the financial statements.
- 5. We confirm that the charity has no liabilities or contingent liabilities other than those disclosed in the financial statements.
- 6. We confirm that all known actual or possible litigation and claims whose effects should be considered when preparing the financial statements have been disclosed to you and accounted for and disclosed in accordance with the applicable financial reporting framework.
- 7. We confirm that there have been no events since the balance sheet date which require disclosing or which would materially affect the amounts in the financial statements, other than those already disclosed or included in the financial statements.
- 8. We confirm that we are aware that a related party of the charity is a person or organisation which either (directly or indirectly) controls, has joint control of, or significantly influences the charity or vice versa and as a result will include: trustees, other key management, close family and other business interests of the previous. We confirm that the related party relationships and transactions set out in appendix I are a complete list of such relationships and transactions and that we are not aware of any further related parties or transactions.
- 9. We confirm that the charity neither had, at any time during the year, any arrangement, transaction or agreement to provide credit facilities (including advances and credits granted by the charity) for trustees, nor provided guarantees of any kind on behalf of the trustees except as disclosed in the financial statements.
- 10. We confirm that the charity has not contracted for any capital expenditure other than as disclosed in the financial statements.
- 11. We confirm that the charity has complied with all aspects of contractual agreements that could have a material effect on the financial statements in the event of non-compliance.
- 12. We confirm that we are not aware of any possible or actual instance of non-compliance with those laws and regulations which provide a legal framework within which the charity conducts its activities and which are central to the charity's ability to conduct its activities, except as explained to you and as disclosed in the financial statements.
- 13. We acknowledge our responsibility for the design, implementation and maintenance of internal controls to prevent and detect fraud. We confirm that we have disclosed to you the results of our risk assessment of the risk of fraud in the organisation. There have been no deficiencies in internal control of which we are aware.
- 14. We confirm that there have been no actual or suspected instances of fraud involving trustees, management or employees who have a significant role in internal control or that could have a material effect on the financial statements. We also confirm that we are not aware of any allegations of fraud by trustees, former trustees, employees, former employees, regulators or others.
- 15. We confirm that, in our opinion, the charity's financial statements should be prepared on the going concern basis on the grounds that current and future sources of funding or support will be more than adequate for the charity's needs. In reaching this conclusion, we have taken into account all relevant matters of which we are aware, and have considered a period of at least one year from the date on which the financial statements will be approved.
- 16. We confirm that in our opinion the effects of uncorrected misstatements are immaterial, both individually and in aggregate, to the financial statements as a whole. A list of the uncorrected misstatements is set out in the management letter.

- 17. We confirm that we are not aware of any matters of material significance that should be reported to regulators. We confirm that all correspondence with the Charity Commission has been made available to you.
- 18. We confirm that all grants, donations and other income, including those subject to special terms or conditions or received for restricted purposes, have been notified to you. There have been no breaches of terms or conditions during the period regarding the application of such income.
- 19. We acknowledge our legal responsibilities regarding disclosure of information to you as auditors and confirm that: (a) so far as each trustee is aware, there is no relevant audit information of which you as auditors are unaware; and (b) each trustee has taken all the steps that they ought to have taken as a trustee to make themselves aware of any relevant audit information and to establish that you are aware of that information.

Yours sincerely

steve jones

Stephen Jones – Chair For and on behalf of the trustees of Action for Pulmonary Fibrosis

Appendix I: Summary of Related Parties

Connected Organisation	Name	Nature of Connection
European Idiopathic Pulmonary Fibrosis & Related Disorders Federation	Stephen Jones	President
Nottingham Pulmonary Fibrosis Support Group	Wendy Dickinson	Member