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# Treats & **TED** talks

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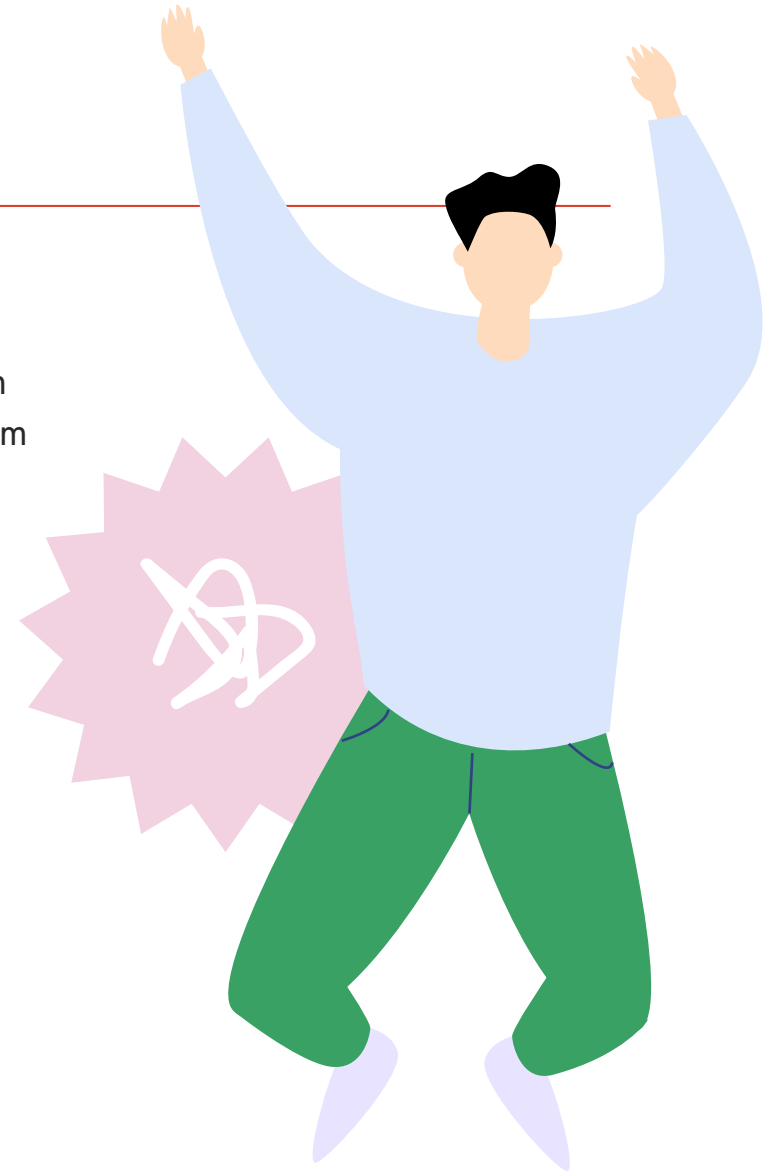
TED stands for Technology, Education, and Design and TED Conferences' mission is to spread ideas. The organization focuses on giving platforms to a wide variety of ideas and people, some of whom have been North Korean refugees or specialists. This is where the idea for Treats and TED Talks comes into play: eat good food, watch inspiring TED talks, and have a meaningful discussion afterwards.

## Team Size

This is an activity that can be a success for any team size.

## Timeframe

Depending on the scale, this event could take as little as a few days to plan or up to 3 weeks.



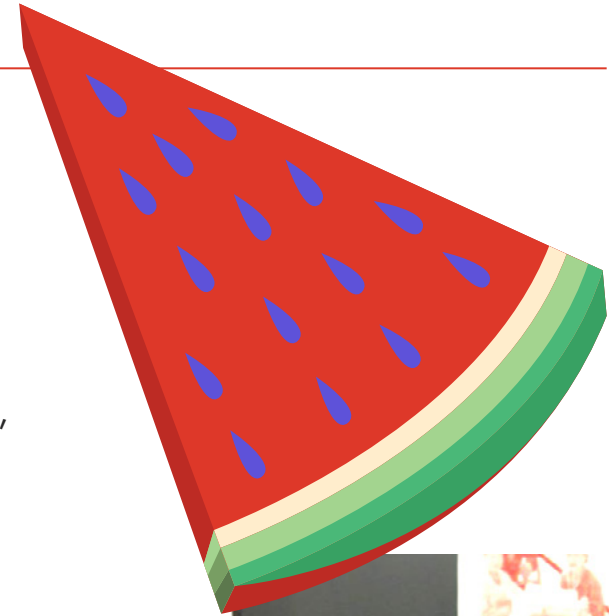
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## The Basics

In order to throw a Treats & TED Talk event, you need to first find a location where you can create a cozy atmosphere. Think “coffee house” and host the event in a classroom or meeting room where you have the freedom to set the tone. Make it as relaxing as possible, allowing people to get comfortable and feel at ease.

## Success Checklist

- Location (*Lighting, room size, screen size, ect.*)
- Promotion (*Posters, social media, email blasts*)
- Computer
- Projector (*Make sure you can connect it to your laptop!*)
- Speakers (*optional; if your room doesn't already provide them*)
- Discussion questions
- Refreshments (*optional but college kids LOVE free food*)



# Our Recommendations

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Here are a few of our favorites, but feel free to find your own!

**1** *My Escape from North Korea – Hyeonseo Lee:*

Hyeonseo Lee is the author *The Girl with Seven Names* and in this talk, she recounts not only her family's escape, but also the fact that escape is only half the battle when it comes to finding freedom. (12:15)

**2** *The Family I lost in North Korea, and the Family I Gained – Joseph Kim:*

Joseph Kim, author of *Under the Same Sky*, shares his life of growing up in North Korea during the famine and how an "act of love and caring" can ultimately change someone's life. (21:23)



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**3 *What It's Like to Go Undercover in North Korea – Suki Kim:***

As a teacher in North Korea, this journalist was able to learn about the brutality of the regime as well as the potential of the people. (12:33)

**4 *What I Learned as a Prisoner in North Korea – Euna Lee:***

In this TED Talk, Euna Lee shares how being held captive for 140 days in a detention center showed her the humanity of the North Korean people. (11:59)

**5 *My North Korean Community – Jihyun Roh:***

Jihyun Roh works for LiNK and in this TED Talk, he discusses his experience in creating a community for North Koreans and how they aren't different from you and me. (11:29)

**6 *Changing the Fate of a Nation – Sarah Palmer:***

In this talk, Sarah covers the side of the North Korean issue that the media doesn't portray, and she discusses how grassroots efforts can effect change halfway across the world. (8:47)



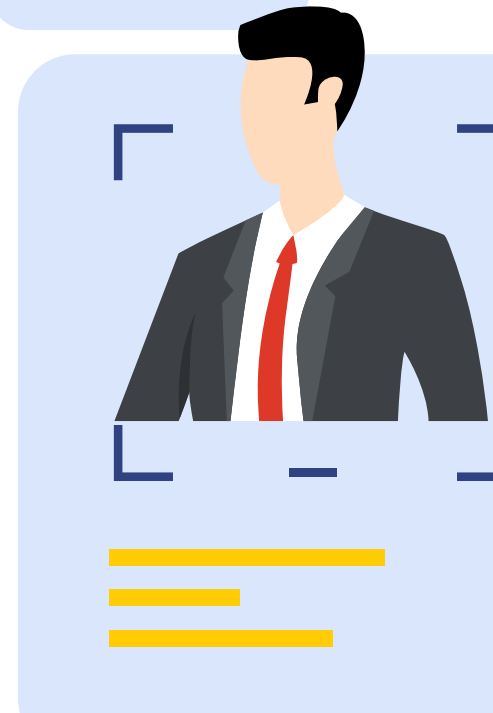
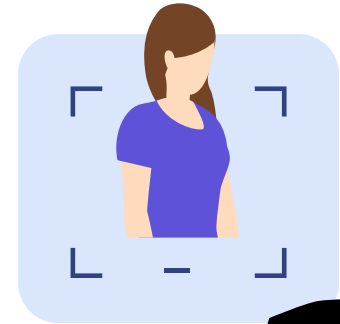
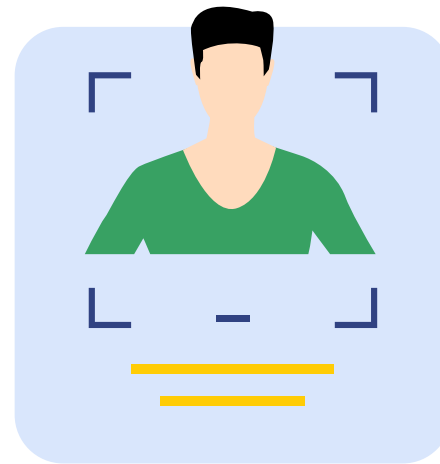
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**7 *How to Solve a Problem Like North Korea – Sokeel Park:***

The Research and Policy Analyst for LiNK discusses his theory of change for North Korea. (6:42)

**8 *The Life of North Korean Entrepreneurs – Geoffrey See:***

In this TED Talk, Geoffrey shares about the lives of entrepreneurs who go against the regime. (6:01)



# Possible Discussion Questions!

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- What TED talk did you enjoy the most, and why?
- How did these videos change your perception of North Korea? What information that you learned in this video surprised you the most?
- What is a common misconception people have of NK and how do these videos address it?
- What video surprised you the most and why?
- What's something you could relate to in one of the videos?
- (Dependent on the video watched) Why do you think this regime has been allowed/able to persist, despite all of its horrible human rights violations?



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- On the ground level, how has North Korea changed in the last 20 years?
  - What are some themes you noticed across these videos?
  - Does this video draw implications for the future? Are there long or short-term consequences to the issues raised in it? (If answer is yes): are they positive or negative?
  - Do you think more engagement with the North Korean regime by South Korea and the United States would help improve conditions for human rights activities inside the country? What needs to be the catalyst for improving the human rights situation?
  - What actions by the international community would potentially be more harmful than beneficial when attempting to help the refugees?
  - Why does the North Korean government control access to information and how?





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- If you got the chance to ask the speaker of this video one question, what would it be and why?
  - As a result of these stories and/or discussion, what do you want to learn more about?
  - What can we as a Rescue Team do to amplify these stories on campus?

