

≈ LUGGAGE AND CLOTHING ≈

If possible, we ask that you limit your luggage to one medium sized duffel bag, one carry-on bag and one camera/gadget bag per person. All valuables and toiletries should be packed in your carry-on bag in the unlikely event that your luggage is lost en route.

We advise locking any checked luggage. We often use light aircraft to fly between destinations. In these instances, baggage is restricted to one 30lb bag per person. If additional luggage is required elsewhere, such as a stopover in Europe before or after your safari, we can arrange safe storage for anything not required on the journey.

On safari, dress is informal. Think comfort: loose fitting, tan, neutral, or khaki cotton clothes are best during the days. You will need a warm fleece or sweater for the early mornings and evenings, which tend to be surprisingly cool. Dressing in layers is the best practice. You may wish to use the packing list below as a guide:

≈ CLOTHING ≈

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|--|---|--|--|
| <input type="checkbox"/> Sweatshirt, sweater or fleece × 1 | <input type="checkbox"/> Warm jacket or parka for rain, cool nights/early mornings × 1 | <input type="checkbox"/> Long pants, jeans, slacks or chinos × 2 | <input type="checkbox"/> Long sleeved shirts × 2 |
| <input type="checkbox"/> Short sleeved cotton shirts/t-shirts × 4 | <input type="checkbox"/> Shorts × 2 | <input type="checkbox"/> Socks, underwear, belt | <input type="checkbox"/> Pajamas |
| <input type="checkbox"/> Swimwear | <input type="checkbox"/> Brimmed sun hat | <input type="checkbox"/> Convertible zip-off pants/shorts. These are very popular with guests, they can be found at your local outdoor store × 1 | |
| <input type="checkbox"/> Comfortable slip-on shoes for evenings. "Tevas", "Keens" or flip-flops are also popular shoes for game drives | <input type="checkbox"/> Sunglasses – good quality, preferably polarized. Tinted fashion glasses are not good in strong light | <input type="checkbox"/> A good pair of walking shoes with a thick sole (Running/cross-trainers/Merrels/Salomon are fine). Heavy hiking boots are not necessary unless specified | |
| <input type="checkbox"/> Handkerchief – great for dusty drives and protecting camera equipment | | | |

≈ TOILETRIES ≈

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|---|---|---|---|
| <input type="checkbox"/> Toothbrush and toothpaste | <input type="checkbox"/> Shampoo and conditioner (soap is provided) | <input type="checkbox"/> Razor and shaving cream | <input type="checkbox"/> Deodorant |
| <input type="checkbox"/> Q-tips | <input type="checkbox"/> Tweezers | <input type="checkbox"/> Sunscreen – minimum of SPF 15 is recommended | <input type="checkbox"/> Lip balm with SPF |
| <input type="checkbox"/> Antacids | <input type="checkbox"/> Anti-malarial pills | <input type="checkbox"/> Contact lens case and solution | <input type="checkbox"/> Aspirin, Tylenol, Advil |
| <input type="checkbox"/> Personal toiletry needs | <input type="checkbox"/> Anti-diarrhoea medicine | <input type="checkbox"/> Basic medical kit – band-aids, antibiotic ointment, cortisone cream | <input type="checkbox"/> Bug spray – note: products containing 'DEET' can harm camera equipment |
| <input type="checkbox"/> Antihistamine or decongestant for those suffering from allergies | <input type="checkbox"/> Multi-purpose antibiotic | <input type="checkbox"/> Prescription drugs – copy of any vital prescriptions | <input type="checkbox"/> Medical history from your doctor or alert bracelet |
| <input type="checkbox"/> Facial/body moisturizer – it is very dry in most regions | <input type="checkbox"/> Glasses (dust bothers many people with contacts) | <input type="checkbox"/> Disposable wet tissues – many find Ponds facial tissues or baby wipes come in handy after a dry, dusty day | |

≈ CAMERAS, ACCESSORIES & ELECTRONICS ≈

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| <input type="checkbox"/> Cameras - we suggest one or two camera bodies with a selection of lenses | <input type="checkbox"/> Lenses – we recommend a 24-70mm, 70-200mm and a telephoto for the avid photographers | <input type="checkbox"/> Lens cleaner, brush and tissues | <input type="checkbox"/> Adaptor to UK square, three-pin (see section on electricity for more information) |
| <input type="checkbox"/> Binoculars are essential, each person should have his or her own pair – 10 × 40, 8 × 42 or 10 × 32 are all excellent sizes | <input type="checkbox"/> Flashlight and book light | <input type="checkbox"/> Flash and extra batteries | |
| | | <input type="checkbox"/> Battery chargers for camera batteries – camera batteries can be recharged at all lodges and camps and most of our vehicles have inverters built in, so we can charge batteries on the move | |

≈ OTHER VITALS ≈

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|---|---|--------------------------------------|---|
| <input type="checkbox"/> Personal cheque book/credit card/ medical insurance card | <input type="checkbox"/> International certificate of vaccination | <input type="checkbox"/> Money pouch | <input type="checkbox"/> Small locks for check-in luggage |
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≈ LAUNDRY ≈

Laundry is done daily in camps and lodges, dried and returned to your tent the same afternoon, depending on the weather. The high-end camps and lodges do not charge for the service. The camp and lodge staff will not wash ladies' underwear due to local traditions but laundry soap is provided.

≈ TIPPING ≈

Gratuities for camp crew and lodge staff are not included in the price of your safari unless arranged with your private guide. As a guideline we recommend between US\$15-30 per guest per day. This does not include your professional guide if you have one accompanying you. A suggestion for professional guides is around US\$80-100 per guide per day.

≈ ELECTRICITY & LIGHTING ≈

Electricity is 220-240 volts AC at 50 cycles per second in most hotels and lodges. Sockets are square, three-pin like those used in the UK. In camp, we use gas, kerosene and solar units for lighting and cooking. We can provide a 220-240 volt generator upon request. We will also provide a 110-volt car charger and inverter, which can be used for charging cameras, phones and computers. Although flashlights are provided in camp, we recommend that you bring a small hand held flashlight with batteries for moving around at night. A tiny book light may come in handy if you enjoy reading in bed.

≈ VEHICLES ≈

The vehicles we use are closed 4x4 Land Rovers and Toyota LandCruisers. Every vehicle is custom made and modified by each individual guide for maximum comfort and best game viewing. Each is equipped with roof hatches for unobstructed viewing and photography. Some lodges have open vehicles for their game drives, and while this enables all-round visibility, one can expect cold mornings/evenings so bring a warm jacket and hat.

≈ SUGGESTED READING ≈

'Africa: Biography of a Continent' – *John Reader*

'The Man-eaters of Tsavo' – *J A Hunter*

'The Tree Where Man Was Born' – *Peter Matthiessen*

'The Shadow of Kilimanjaro' – *Rick Ridgeway*

'Out of Africa' – *Isak Dinesen*

'Nine faces of Kenya' (Karen Blixen, Winston Churchill, Ernest Hemingway & Richard Leakey) – *Elspeth Huxley*

'African Silences' – *Peter Matthiessen*

'West With the Night' – *Beryl Markham*

'I Dreamed of Africa' – *Kuki Gallman*

'The Green Hills of Africa' – *Ernest Hemingway*

'Love, Life, and Elephants: An African Love Story'
– *Daphne Sheldrick*

'No Picnic on Mt. Kenya' – *Felice Benuzzi*

'The Shadow of Kilimanjaro: On Foot Across East Africa'
– *Rick Ridgeway*

'The Flame Trees of Thika' – *Elspeth Huxley*

'Facing Mt. Kenya' – *Jomo Kenyatta*

'White Mischief' – *James Fox*

'The Constant Gardener' – *John Le Carre*

'Ker & Downey Safaris -The Inside Story' – *Jan Hemsing*

'Sixty Years of Safaris' – *Miles Bredin*

