

COVID-19 Update Monday April 27, 2020

Dr Ann's report:

World Cases over 2.99M; Deaths 207,583

US Cases 968,203; Deaths 50,031

Virginia Cases 13,535; deaths 458

Long term Care facilities with outbreaks-113 Cases in LTC-132; deaths-106

Falcons Landing staff confirmed cases still at 20

On Friday we completed testing of all residents at WF and a few residents of the JC through a private lab.

As a result of that expanded testing we identified 5 new cases - 4 of whom were asymptomatic. That makes our Current Resident confirmed cases -23 across all units.

17 of those are currently in the HC facilities, including the 5 new cases confirmed this weekend. 1 positive resident from IL remains hospitalized and will be discharged soon.

1 resident from WF remains hospitalized.

On Tuesday we will be the one of the first facilities in Northern VA to be part of a point prevalence study conducted by the VDH.

This type of survey gives a snapshot in time-it gives us how many are positive and how many are negative at a specific time.

This estimates the burden of disease.

We will do widespread testing of all the residents and staff in HC

This will help us identify any new positive cases as well as asymptomatic individuals. The goal is to identify those with disease to better quarantine and prevent spread.

This is now possible due to the increased availability of testing in VA.

Going forward - We are requiring all positive staff and residents to be quarantined until we have 2 negative test results.

An update on IL quarantine measures:

At this time, it is appropriate for residents in independent houses to be able to walk outdoors within the campus even if under quarantine.

We have determined that as long as these residents maintain social distancing and continue face mask use and hand hygiene the risk of exposing others to Covid 19 is low.

Please remember that you will need to maintain social distancing (6 feet from another individual) at all times. This is key.

An update on visiting local ER's during this pandemic:

In an emergency it is still safe and advisable to go to the ERs at Reston or Loudoun.

Please don't delay medical attention because of fear you may be exposed to Covid 19.

Both ER's and hospitals have taken strict measures to isolate patients with suspected Covid 19, including screening on entry, limiting visitors and nonessential staff and use of PPE in all areas. In addition, suspected Covid 19 patients are placed in a special wing of the ER (at Loudoun this is the pediatric ER) and specific floors of the hospital with trained staff handling their care. So, it is safe to visit the ER if you need to do so.

Barb's report: For those of you who were at my Friday Broadcast, you may remember that I reported that I had requested assistance from the Loudoun County Health Department epidemiologist for county or state support in testing all of our residents and staff in health care.

The County indicated they would like to do a "point-prevalence survey" in the West Falls Center. In this survey, every staff member and resident would be tested by a team from the Virginia National Guard and the tests would be analyzed by the University of Virginia Lab.

We had a conference call yesterday with the Virginia Department of Health, the Loudoun County Department of Health and the Virginia National Guard unit to coordinate the plan and logistics.

I am delighted to report that we will indeed have this testing done for staff and residents who are in either the Johnson Center or West Falls.

Staff testing will include those from other departments who are assigned to work in TJC or WFC.

Thirty-seven members from the National Guard's Richmond-based Chemical, Biological, Radiological, Nuclear and High-Yield Explosives Enhanced Response Force will be here to test staff and residents of TJC and WF for COVID-19.

This widespread health center testing will help us determine whether we have asymptomatic positive COVID-19 staff or residents and therefore enable us to identify all risks and ensure we have measures in place to mitigate them.

Of course we would expect with wider testing, we will identify additional positive cases, since a large percentage can be asymptomatic. Those residents who test positive will be placed in isolation and any staff who test positive will be quarantined at home until the time they test negative twice within a 2-3-day period of time.

We are the first community in Northern VA that has been approved for this testing, which again is called a Point-Prevalence Survey. It can provide valuable information that can be used to assist other LTC-communities dealing with COVID-19 outbreaks and help resolve our outbreak.

Once the tests are collected by the national guard medical team tomorrow, they will transport them to UVA for analysis.

This will be a complex operation and both Loudoun County and VDH are involved in the planning and execution.

The guard's vehicles and trailers will be parking in the employee parking lot. Their logistics officers and a team physician were here this afternoon to review the sites for the testing at both TJC and at West Falls.

In other news:

As you heard, Dr. Ann said we are now at a point where she believes it will be OK for cottage residents in quarantine to walk outdoors, but they must be in face masks and must be strict with social distancing. All residents should be doing the same. For now, those on quarantine in apartments should not walk in the hallways so not go outdoors. We will continue to look at that. More to come perhaps later this week.

Community Life has lots of masks and are ready to deliver your doorstep! So wear a mask whenever you are outside of your home. Please email Tiffany and she will make sure you are provided with one.

Finance news: Hardy said the business office will not be picking up checks on Tuesday and Thursday afternoons again until after the May bills go out. We will begin picking up again on Thursday the 7th of May between 1-5PM – but if anyone needs us to pick up a check before then, they can call the Business Office

Also, check out our Falcons landing Facebook page: Today there is a “shout out” to our wonderful housekeeping staff with a great picture. “Meet Cecilia Rubio, Housekeeping Manager for Falcons Landing and some of her amazing team - Maria, Jose, Nohemis, Francisca, Oscar, Vilma & Arnoldo. They have worked tirelessly over the last several weeks, adjusting their routines **to keep** the entire community clean **and sanitized**. Some of them work in independent living and others on the front lines in our assisted living **units and in** nursing. John Jackson, Facilities Manager says “It’s been tough **on Cecilia and her team** and we **know we** still have a long

road ahead of us. They are doing an absolutely amazing job! Team Work Makes The Dream Work!" We definitely agree and are very proud of these wonderful members of our Falcons Family".

I will plan on speaking with you again on Thursday at 2:30pm for my regular At Ease briefing. We will include Dr. Ann of course as a special contributor with our COVID-19 situation