

Bay Area Colon & Rectal Surgeons

Drs. Samuel C. Oommen, Ran S. Kim & Brian J. McGuinness
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Preparation For Rectal Examination

Date of appointment: _____ Time: _____

Patient's Name: _____

Office location: 365 Lennon Lane. #290 Walnut Creek, CA 94598

2400 Balfour Rd #230 Brentwood, CA 94513

On the day of your appointment you must do as follows:

No Preparation is Needed for this appointment: _____

1 2 3 disposable fleet enema

1 2 3 tap water enema (dump out the solution in the
 enema and fill with warm tap water)

- 1) Fleet enemas are available over-the-counter at any drugstore.
Start the first enema (if instructed to use more than one) approximately
two hours before your appointment.
- 2) Retain each enema for as long as possible before proceeding to the
next one. Failure to do this required preparation would result in the
cancellation of your appointment. The doctor cannot examine
patients who are not thoroughly cleansed and prepped.
- 3) There is no fasting required for this examination. However, it is advised
that you drink plenty of water and eat soft foods on the day of your
appointment.

(After completing the Patient Registration forms attached, please send
them preferably before the appt. so we can input the information in the
system). ***Please do not hesitate to call us during office hours, if you
have any questions. Thank you.***