

# Per Andrén

Curriculum vitae



## Education

### Karolinska Institutet, Stockholm, Sweden

2016-

PhD-student at the Department of Clinical Neuroscience

### Uppsala University, Uppsala, Sweden

2006-2011

Degree of Master of Science in Psychology

## Publications

### On tic disorders:

**Andrén, P.**, Aspvall, K., Fernández de la Cruz, L., Wiktor, P., Romano, S., Andersson, E., ... & Mataix-Cols, D. (2019). Therapist-guided and parent-guided internet-delivered behaviour therapy for paediatric Tourette's disorder: a pilot randomised controlled trial with long-term follow-up. *BMJ Open*, 9(2), e024685.

Hall, C. L., Davies, E. B., **Andrén, P.**, Murphy, T., Bennett, S., Brown, B. J., ... & Glazebrook, C. (2019). Investigating a therapist-guided, parent-assisted remote digital behavioural intervention for tics in children and adolescents—‘Online Remote Behavioural Intervention for Tics’(ORBIT) trial: protocol of an internal pilot study and single-blind randomised controlled trial. *BMJ Open*, 9(1), e027583.

**Andrén, P.**, Wachtmeister, V., Franzé, J., Speiner, C., de la Cruz, L. F., Andersson, E., ... & Mataix-Cols, D. (2020). Effectiveness of Behaviour Therapy for Children and Adolescents with Tourette Syndrome and Chronic Tic Disorder in a Naturalistic Setting. *Child Psychiatry & Human Development*, 1-12.

Chamberlain, L. R., Hall, C. L., **Andrén, P.**, Davies, E. B., Kilgariff, J., Kouzoupi, N., ... & Hollis, C. (2020). Therapist-Supported Online Interventions for Children and Young People With Tic Disorders: Lessons Learned From a Randomized Controlled Trial and Considerations for Future Practice. *JMIR Mental Health*, 7(10), e19600.

Hall, C. L., Sanderson, C., Brown, B. J., **Andrén, P.**, Bennett, S., Chamberlain, L. R., ... & Murray, E. (2020). Opportunities and challenges of delivering digital clinical trials: lessons learned from a randomised controlled trial of an online behavioural intervention for children and young people. *Trials*, 21(1), 1-13.

Khan, K., Hollis, C., Hall, C. L., Davies, E. B., Mataix-Cols, D., **Andrén, P.**, ... & Glazebrook, C. (2020). Protocol for the Process Evaluation of the Online

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Remote Behavioural Intervention for Tics (ORBIT) randomized controlled trial for children and young people. *Trials*, 21(1), 1-10.

### On other subjects:

Andersson, E., Enander, J., **Andrén, P.**, Hedman, E., Ljótsson, B., Hursti, T., Bergström, J., Kaldo, V., Lindefors, N., Andersson, G. & Rück, C. (2012). Internet-based cognitive behaviour therapy for obsessive-compulsive disorder: a randomized controlled trial. *Psychological medicine*, 1–11, doi:10.1017/S0033291712000244

Aspvall, K., **Andrén, P.**, Lenhard, F., Andersson, E., Mataix-Cols, D., & Serlachius, E. (2018). Internet-delivered cognitive behavioural therapy for young children with obsessive-compulsive disorder: development and initial evaluation of the BIP OCD Junior programme. *BJPsych Open*, 4(3), 106-112.

Lenhard, F., Mitsell, K., Jolstedt, M., Vigerland, S., Wahlund, T., Nord, M., ... & Melin, K. (2019). The Internet Intervention Patient Adherence Scale for Guided Internet-Delivered Behavioral Interventions: Development and Psychometric Evaluation. *Journal of Medical Internet Research*, 21(10), e13602.

Sevilla-Cermeño, L., **Andrén, P.**, Hillborg, M., Silverberg-Morse, M., Mataix-Cols, D., & de la Cruz, L. F. (2019). Insomnia in pediatric obsessive-compulsive disorder: prevalence and association with multimodal treatment outcomes in a naturalistic clinical setting. *Sleep medicine*, 56, 104-110.

Sevilla-Cermeño, L., Rautio, D., **Andrén, P.**, Hillborg, M., Silverberg-Morse, M., Lahera, G., ... & de la Cruz, L. F. (2019). Prevalence and impact of insomnia in children and adolescents with body dysmorphic disorder undergoing multimodal specialist treatment. *European child & adolescent psychiatry*, 1-11.

Aspvall, K., Cervin, M., **Andrén, P.**, Perrin, S., Mataix-Cols, D., & Andersson, E. (2020). Validity and clinical utility of the obsessive compulsive inventory-child version: further evaluation in clinical samples. *BMC psychiatry*, 20(1), 42.

Jassi, A., Lenhard, F., Krebs, G., Gumpert, M., Jolstedt, M., **Andrén, P.**, ... & Mataix-Cols, D. (2020). The work and social adjustment scale, youth and parent versions: psychometric evaluation of a brief measure of functional impairment in young people. *Child Psychiatry & Human Development*, 1-8.

Rautio, D., Jassi, A., Krebs, G., **Andrén, P.**, Monzani, B., Gumpert, M., ... & Mataix-Cols, D. (2020). Clinical characteristics of 172 children and adolescents with body dysmorphic disorder. *European Child & Adolescent Psychiatry*, 1-12.

## Other

Winner of the Professor Mary Robertson Award, 12th European Conference on Tourette syndrome & tic disorders, Hannover, May 2019