



# Traralgon Aged Care

We Have the Same Heart



## We travel the journey together

We see it as our privilege to travel the journey with an individual and family. Every step of the way we provide tailored support to our residents and families.

**✂** If it is important to you,  
it is important to us

We seek to always build a long term and deep relationship with residents. It is a part of our DNA to sit down with every resident or family to truly understand their personal situation and care requirements.

**✂** Understanding Our  
Residents Life Journey

We seek to discover the true essence of an individual, who they are and what inspires them.

We respect our role in their life, and are honest and forthright in our responsibilities. With this commitment of care, comes a level of service that is personalised and special. While our purpose is to always provide a quality care service, it is how we go about it that sets us apart. Exceptional authentic service is truly a defining characteristic of MACG.

Up close and personal  
is where we shine!



# Home is where the heart is!

**Surrounded by homely comforts and gardens, Traralgon Aged Care is a welcoming place to live. The sun filled courtyard is perfect for relaxing and BBQs, while the large lounge areas are ideal for residents and visitors to sit and enjoy. Staff cherish the intimate one-to-one relationships shared with our residents. In essence our residents are our extended family.**

By enabling social interaction within the local Traralgon community we provide a sense of belonging as well as positively impacting health and wellbeing for our residents. Located only 3.8kms from the town centre there is always local events to enjoy. Traralgon Aged Care comprises of 60 beds and provides comfortable homelike accommodation in single rooms, each with ensuite bathrooms/toilets and large shared rooms offer comfortable couples accommodation.

- Residents are encouraged to decorate rooms with memorabilia from home
- Residents are provided 24-hour care from qualified registered nurses and care staff
- Allied health professionals visit regularly
- Located close to the CBD and shopping complex
- Off street parking for visitors
- Day program
- Respite care
- Palliative care



## Relationship Focused Care

### Lifestyle at Traralgon Aged Care

Our lifestyle enhancement program is designed to cater for the individual residents' wellbeing. Maintaining a community connection is vital to the wellbeing of everyone, we actively encourage the involvement of family, friends and the broader community at Traralgon Aged Care.

**Some of our activities that assist in keeping residents active and engaged include:**

- Church services
- Entertainment, concerts and displays
- Outdoor activities and bus outings to places of interest
- Reminiscence and sensory groups
- Dementia programs
- Games, cards, floral craft, newspaper reading and more
- Physiotherapy and exercise programs
- Music therapy
- Hairdresser on-site
- Gardening programs

### Food Options

Dietitian recommended delicious home cooked meals that meet all special dietary requirements are prepared on-site, alternatives to the menu are available and suggestions from residents are welcomed.

- Menus change weekly
- Approved by dietitians to ensure that nutritional needs are met
- Prepared by our cooks to the highest standards of quality and taste
- We cater for all cultural and medical requirements

# Facility Locations



## Oaklea Hall

4-8 Earlstown Road  
Hughesdale VIC 3166

T (03) 9569 0988  
W [oakleahall.com.au](http://oakleahall.com.au)



## Parkdale

43-45 Herbert Street  
Parkdale VIC 3194

T (03) 9580 0499  
W [parkdaleagedcare.com.au](http://parkdaleagedcare.com.au)



## Sorrento Lodge

211 Ocean Beach Road  
Sorrento VIC 3943

T (03) 5984 2646  
W [sorrentolodge.com.au](http://sorrentolodge.com.au)



## Traralgon

69 Liddiard Road  
Traralgon VIC 3844

T (03) 5176 0759  
W [maacg.com.au](http://maacg.com.au)



## Casey Manor

445 Ormond Road  
Narre Warren South VIC 3805

T (03) 9703 0188  
W [caseymanor.com.au](http://caseymanor.com.au)



## Northern Gardens

867 Sydney Road  
Coburg North VIC 3058

T (03) 9350 5033  
W [northerngardens.com.au](http://northerngardens.com.au)



## Casey Aged Care

300 Golf Links Road  
Narre Warren VIC 3805

T (03) 9705 4200  
W [caseyagedcare.com.au](http://caseyagedcare.com.au)



## Boronia

7 Coogee Street  
Boronia VIC 3155

T (03) 9762 1877  
W [maacg.com.au](http://maacg.com.au)

MACG provides quality care in a homelike environment that is personal, welcoming and warm. Family values are at the heart of everything we do.

For more information please call  
**(03) 9428 2800** or visit  
**[www.maacg.com.au](http://www.maacg.com.au)**

**Traralgon**

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