



THE CONCLAVE PRESENTS: A 5-MEO-DMT VAPE PENS POLICY STATEMENT

5-MeO-DMT is perhaps the strongest psychedelic medicine we know of in both nature and the lab. It can reduce the ego mind, assist in the release of trauma and built up patterns, and connect you to something bigger, beyond all words, but which many feel is a spiritual dimension. As awareness of it continues to spread rapidly across the world, the demand to experience "5" thrusts this substance into new delivery pathways, like those offered by vape pens.

As a collective of responsible practitioners of 5-MeO-DMT, the Conclave would like to ensure that the use of this substance remains as safe and sacred as possible within the broader psychedelic community. We offer the following perspectives in the hopes of raising deeper levels of awareness, education, understanding, ethical concerns and some potential risks concerning the use of vape pen technology for the administration of 5-MeO-DMT and how this might impact the greater entheogenic movement.

Cautionary Inspiration & Awareness

Vape pens are generally simple and user-friendly, which has increased their popularity. Beginning in 2021, methods for creating pens for the administration of 5-MeO-DMT have been more widely distributed than ever before. Since that time many individuals, practitioners and commercial organizations are manufacturing and distributing these devices. There are potential risks and hazards around the potential misuse and possible harm that could result from these devices as they become more available to the public.

5-MeO-DMT is considered a powerful entheogen. If administered irresponsibly or in an unsafe or reckless manner without appropriate health screening or oversight by a skilled practitioner there is potential harm that can occur. *Access to vape pens by the public can be harmful in many ways if not used in a proper set and setting or without proper education, preparation and integration.*

Safety & Responsibility

Vape Pen Technology is a simple and easy route of administration for synthetic 5-MeO-DMT **only**. *The bufo toad secretion is a bufotoxin and a poison if administered in any other way than smoking.*

This medicine is not for everyone. Depending on the dose, a participant may lose access to all their senses, including ability to stand, see, smell, hear. There is a potential for purging even with a small dose. If purging occurs in a dissociative state there is a risk of aspiration, pneumonia or suffocation.

When 5-MeO-DMT is administered in a safe & sacred setting by a knowledgeable and experienced practitioner after a thorough physical and mental health screening, the experience can be both safe and extraordinarily transformative.

However, if this sacrament is utilized in a casual, cavalier, mundane or unconscious manner or by someone who may not know what they are ingesting, the possibility for potential harm or undesirable outcomes and after-effects significantly increases.

Unskilled or self-administration of this powerful medicine has resulted in several unnecessary deaths and prolonged periods of mental instability that could have been avoided by appropriate education and skilled facilitation. The concern is that 5-MeO-DMT pens can easily be mistaken for nicotine, cannabis or other substance pens – and unwittingly ingesting this molecule could cause harm to an individual or others around them. Moreover, unless there is clear dosage labeling on your pen you will not know how long to inhale or how much is being consumed. And with 5-MeO-DMT there is a big difference between smaller amounts and a "full release".

Beyond the jarring and possibly psychologically-disruptive consciousness shift, there are other considerations in taking a "full release" dose: 5-MeO-DMT in full doses is dissociative and that means that bodies may move in unpredictable, even dangerous ways, including vomiting. It is recommended that anyone interested in working with 5-MeO-DMT to first have this experience with a skilled practitioner, or at least have an experienced sitter by their side.

Contraindications

Potential contraindications with using 5-MeO-DMT include any use of MAOI containing medications, SSRI's and other forms of anti-depressants, or substances (such as ayahuasca) in proximity with ingesting 5-MeO-DMT, which can result in serotonin syndrome. For a more detailed guide on contraindications see: <https://www.spiritpharmacist.com/blog/5MeODMTPharmacology>

5-MeO-DMT is not for anyone who has had or is experiencing cardiovascular issues and it can cause irreversible heart damage and in the worst case scenario, death. Those experiencing cardiovascular issues (hypertension, tachycardia, coronary disease, heart attack, stroke, heart arrhythmia, etc.), brain and/or neurological injury or dysfunction, respiratory (asthma, chronic cough, etc.), psychological conditions such as epilepsy or seizure disorder, neurosis, phobia, bipolar, borderline personality disorder, schizophrenia, manic episodes, narcissism/personality disorder, obsessive compulsive disorder should NOT be working with 5-MeO-DMT.

Dosing, Ratios & Concentrations & Low Dose vs. High Dose

5-MeO-DMT vape pens come in various strengths. Some are a 1:10 ratio, others for full release doses make 1:1 or 1:2. What the ratios signify is the ratio of the substance to the carrier. 1:1 is one part synthetic 5-MeO-DMT (mg) to 1 part carrier (ml). A 1:4 ratio is one part 5-MeO-DMT to 4 parts carrier, so less potent, etc.

You can determine even subtler delivery amounts by how long you draw on the pen. Most pens will draw for only 6 or 7 seconds for maximum potency; inhaling for half that will give a lower dose.

No one should EVER use a 1:1, 1:2, or 2:1 pen alone. All usage of these stronger pens should only be with a knowledgeable and experienced practitioner in a safe, solid and sacred setting! The participant must go through extensive preparation and orientation, with the plan for ongoing integration after the experience.

Considerations

5-MeO-DMT is considered as a holy sacrament by many who utilize it, not just a "drug". One ethical concern that arises is the potential desacralization of this powerful sacrament by utilizing it in a non-sacred manner, in random set and settings, without a solid container for the work.

As vape pens are sold and distributed for individual use, the facilitator is also removed from the relationship. Physical and psychological health screening and after support integration is crucial for this experience to have positive and long-lasting effects.

We invite those bearing the privilege of being 5-MeO-DMT vape pen holders to consider taking on the responsibilities as well. A full suite of support documents around Best Practices, Ethics, and Integration can be found on The Conclave's website: www.theconclave.info

All is One!