

# THE HUMANITY AWARENESS MOVEMENT

Creating a world where all living beings can thrive

## FOUNDATION PAPER

### What is the Humanity Awareness Movement?

The Humanity Awareness Movement is a large-scale initiative, currently being incubated by the Barrett Academy for the Advancement of Human Values.<sup>1</sup> The intention of the Humanity Awareness Movement is to make the consciousness of tomorrow visible today—it is attempting to address the question: What would a community or nation look like if it was operating from Humanity Awareness?

### What is Humanity Awareness?

Humanity Awareness is an emergent new worldview—the seventh in a series of evolving human worldviews. A worldview is a set of overarching beliefs that enable people to make sense of their world—a way of seeing and interpreting the world they live in.

A worldview is “larger” than a culture. Groups of people all over the world can share the same worldview but have completely different cultures. For example, even though the worldview of Tribe Awareness can be found in ethnically homogenous groups all over the world, each tribe has its own in culture which shows up in as different characteristics such as language, dress code, rituals, etc. The focus of the seven worldviews and the approximate date of their emergence are shown in Table 1.

Worldview	Focus of worldview	First Emergence
7 Humanity awareness	Full self-expression of individuals innate gifts and talents.	21 <sup>st</sup> century
6 People Awareness	Freedom for all. Elimination of discrimination and oppression.	20 <sup>th</sup> century
5 Wealth Awareness	Personal security through wealth and influence.	16 <sup>th</sup> century
4 Nation Awareness	Personal security through authority and education.	6 <sup>th</sup> century
3 State Awareness	Personal security through power and strength.	4,000 BCE
2 Tribe Awareness	Personal safety through loyalty and belonging.	10,000 BCE
1 Clan Awareness	Survival through sharing and reciprocity.	Earlier than 10,000 BCE

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<sup>1</sup> [www.aahv.global](http://www.aahv.global)

Worldviews evolve in response to changes in life conditions. As life conditions become more complex, new worldviews emerge. Each new worldview requires a more complex way of thinking and an expansion of people's sense of identity. The problems that led to the emergence of each worldview and how the subsequent worldview attempted to solve them, are shown in Table 2. The table should be read from the bottom upwards.

Table 2: Problems of existence resulting in the emergence of a new worldview

	Emergence of Worldview	Problems of existence in ...	Solution provided ...
6	From People Awareness to Humanity Awareness	PEOPLE AWARENESS Lack of agility in decision-making and global issues of climate change, human rights, people trafficking, international crime.	HUMANITY AWARENESS Systemic and integral decision-making and harmonization of the well-being of all peoples through improved global governance.
5	From Wealth Awareness to People Awareness	WEALTH AWARENES Lack of social safety nets for the poor and disadvantaged and influence of corporate interests on government policies.	PEOPLE AWARENESS Creation of welfare state and protection and promotion economic and social well-being of all national citizens.
4	From Nation Awareness to Wealth Awareness	NATION AWARENESS Oppression of masses by land owning elites (feudal) and discrimination against religious and ethnic minorities.	WORLD WEALTH AWARENESS Freedom of worship and gradual acceptance of the principles of democratic governance along with integration of ethnic minorities.
3	From State Awareness to Nation Awareness	STATE AWARENESS Intense rivalry among leaders for power and control of territory.	NATION AWARENESS Order through the creation of kingdoms and worship of one God.
2	From Tribe Awareness to State Awareness	TRIBE AWARENESS Territorial disputes due to population growth.	STATE AWARENESS Creation of armies to protect and expand territories.
1	From Clan Awareness to Tribe Awareness	CLAN AWARENESS Survival difficulties due to food shortages.	TRIBE AWARENESS Horticulture and animal husbandry in a tribal territory.

Currently there are no nations where the worldview of Humanity Awareness is dominant. There are 7 nations where the worldview of People Awareness is dominant—Finland, Norway, Denmark, Switzerland, Sweden, Iceland and New Zealand. There are 9 nations where the worldview of Wealth Awareness is dominant—Canada, Australia, Luxembourg, Ireland, the Netherlands, Germany, Austria, the United Kingdom (UK) and Belgium.

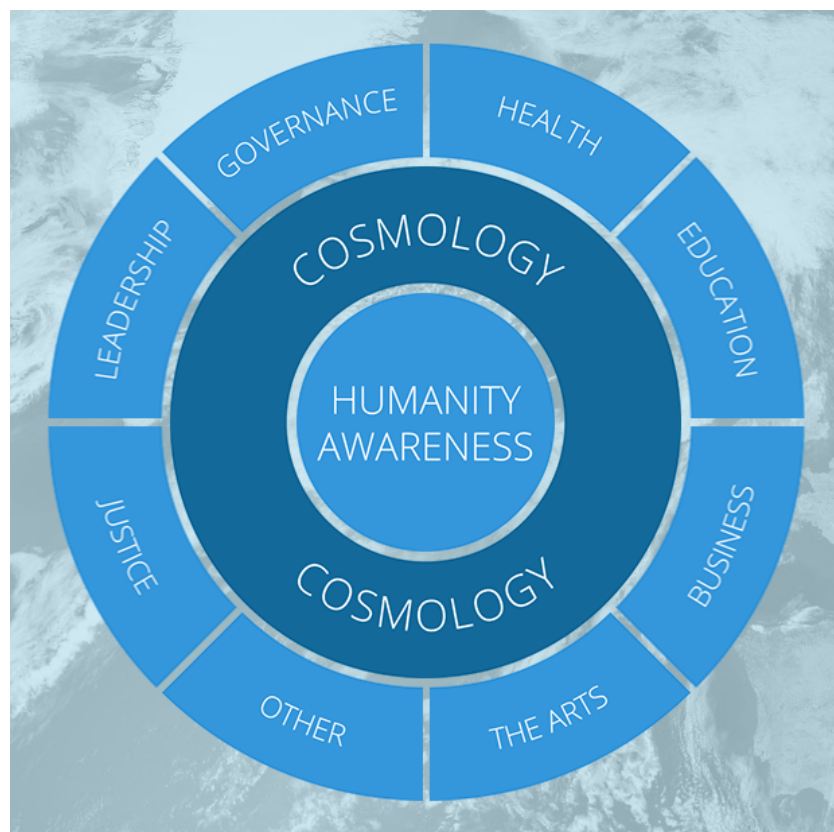
There are 14 nations where the worldview of Nation Awareness is dominant—United States (US), Singapore, France, Spain, Malta, Portugal, Japan, Uruguay, Costa Rica, Chile, Estonia, Italy, Cyprus

and Mauritius. All other nations operate from varying levels of State Awareness. The most advanced of these in consciousness terms are Hong Kong, Slovakia, Czech Republic, Panama, South Korea, Latvia, UAE, Argentina, Malaysia, Lithuania, Qatar, Greece, Brazil, and South Africa.<sup>2</sup>

### **What would a nation look like if it was operating from Humanity Awareness?**

To answer this question, we have divided nations into eight sectors as shown in Figure 1. An overview and description of what each sector would look like in the worldview of Humanity Awareness follows.

Figure 1: The eight sectors of Humanity Awareness



### **Humanity Awareness**

Humanity Awareness is the first evolutionary worldview that is truly systemic and integral in nature. It takes decision-making to a new level—it looks at the big picture considering the whole rather than the parts—it focuses on the needs of our global society. It represents a major shift in consciousness from “What in it for me?” to “What’s best for the common good?”

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<sup>2</sup> By clicking on [this link](#) you can reach an interactive map of the world where you will find the worldviews of 145 nations.

Unlike previous worldviews, Humanity Awareness understands the “verticality” of societal development—the evolutionary perspective. People operating from the first six worldviews are unable to step into the shoes of those operating from other worldviews: they look at the world through the myopic beliefs of their own worldview. They are unable to embrace the concept of cultural evolution because they live in societal flatland—they look out at the world and judge it from their worldview.

People operating from the worldview of Humanity Awareness see other worldviews not through the lens of competing beliefs structures but through the lens of alternative value priorities. They see people, communities and nations at different stages of psychological development. Each stage of development has different needs and therefore different value priorities. As the needs of people, communities and nations are met at one stage of psychological development, they naturally evolve to the next stage of development. If their needs are not met, they will not advance: they may even regress.

### Cosmology

Every worldview has an overarching cosmology which underpins the decision-making making of the people who operate from that worldview. A cosmology explains our place in the universe: it describes the origin and structure of our material world, our relationship to other dimensions of existence, and most importantly, how we believe we should conduct ourselves in regard to aligning ourselves with whomever or whatever we consider to be the “divine” creator/provider.

**Table 3: The cosmologies associated with each worldview**

Level of Identity/awareness	Cosmology
Humanity Awareness	Soul Awareness (Energy Awareness)
People Awareness	Spiritual Awareness
Wealth Awareness	Science (Material Awareness)
Nation Awareness	Monotheism
State Awareness	Polytheism
Tribe Awareness	Spirits of ancestors
Clan Awareness	Spirits of nature

Prior to the advent of Wealth Awareness, every cosmology sought to connect with the divine creator/provider in our outer world. In Wealth Awareness there is no divine creator/provider only Darwinian meaninglessness based on random mutations (science). Every cosmology after Wealth Awareness seeks to connect with the divine creator/provider in our inner world.

The first cosmology to focus on our inner world was Spiritual Awareness; it united people of different religions in a shared value system. The cosmology of Humanity Awareness—Soul Awareness—goes beyond spiritual awareness: it connects all human beings in an energetic framework of existence that unifies psychology, science and spirituality. Earth Awareness goes further; it connects us to the energy field of the Earth and all living creatures. Unity Awareness connects us with the universe.

### **Soul Awareness**

The basic premise of the cosmology of Humanity Awareness is that every person is a soul. You don't have a soul, you are the soul. Your soul and the soul of every other human being is an individuated aspect of the universal energy field from which everything in our physical world arises. The soul has three basic desires: to fully express its gifts and talents, to connect with others to make a difference and to contribute to the wellbeing of humanity and the planet.

Because the soul identifies with your energy field and not with your physical body, your soul has no fears. Not only does the soul have no fears, it also has no needs. The reason it has no needs is that at the energetic level of its existence, it creates what it desires through its thoughts. The only thing preventing you from living in soul consciousness—fully expressing who you are, connecting with others, and contributing to the wellbeing of humanity—is the subconscious and conscious fears of your ego.

Your ego is a field of conscious awareness that identifies with your body. The soul created the ego for two reasons: a) to take care of the body—the vehicle of the soul, and b) act as a psychic buffer to protect the soul from the pain of separation it experiences by being in a material world.

Because the ego believes it lives in a material world, it thinks it can die. Because it thinks it can die, it thinks it has needs, and because it thinks it has needs, it develops fears about not being able to get its survival, safety and security needs met. We must let go of these fears if we wish to live in soul consciousness. The degree to which we can master or release the fears of the ego determines the level of our ego-soul alignment, which in turn determines the level of our mental and physical health—our sense of wellbeing. We are able to thrive only when we are able to live in alignment with the love-based energy of our soul.

Your ego is not who you are: It's who you think you are. It's the personality mask you wear to get your needs met in the physical, social and cultural framework of your existence. You must remove this mask if you want to live in Soul Awareness.

### **Health Sector**

The concept of healthcare and disease prevention is a relatively recent phenomenon. It began in earnest during the worldview of Wealth Awareness and the cosmology of science.

In the worldviews of Clan and Tribe Awareness magic spells and charms are used for healing. In the worldview of State Awareness herbs and plants are used for healing. In the worldview of Nation Awareness sacrifice and prayers are used for healing. In the worldview of Wealth Awareness healing

is based on science and experimentation: drugs are used healing. In People Awareness psychotherapeutic approaches along with complementary and alternative medicine are used for healing. These were among the first approaches to focus on the mind-body connection.

The focus on health prevention and the healing powers of the mind will expand in Humanity Awareness. This expansion will be driven by three factors: a deeper understanding of the psychological impact of ego-soul dynamics on the human energy field, and its impact on mental and physical health—the embodiment of the soul; a recognition of the importance of the quality of the environment and culture we live in to our physical and mental well-being; and a deep understanding of food security—we are what we eat. All these concepts will be taught in our primary and secondary education system so that young people can grow up expecting healthier outcomes and a sense of fulfilment to their lives. We will learn that by living naturally, we can experience more aliveness. This shift in thinking will lead to lower health care costs.

In the worldview of Humanity Awareness, physical intervention and drugs will become the medicine of last resort. Health practitioners will be trained in the psychology of ego-soul dynamics and the care of the soul.

At our core we are energetic beings, not physical beings. Consequently, all our health disorders, mental and physical, reflect the energetic misalignment between our ego and our soul, particularly the misalignments that occur in the early years of our lives—before we reach adulthood.

Every stage of psychological development is associated with a chakra in our energy field. Thus, when we fail to master a stage of development, the chakras in the part of our body associated with that stage of development become overactive or underactive, providing too much or too little life-enhancing energy. It is this imbalance leads to a lack of ego-soul alignment and mental and physical disorders.

To achieve optimum levels of mental health and physical well-being we must learn to master or release the fears we learned during the ego stages of our development about satisfying our survival, safety and security needs. If we fail to release these fears, we will find it difficult to master the soul stages of development and we will not experience optimum health and well-being in our later years.

If you were able to get your survival, safety and security needs met during your childhood and teenage years, and you learned to become fully responsible and accountable for your life in your twenties—at the individuating stage of development, you stand a good chance of activating your soul awareness during the last three stages of psychological development and thereby experience optimum health and well-being in the second half of your life.

The keys to leading a long and healthy life are: a) to fully express your soul's gifts and talents so you can find meaning and purpose in your life; b) to connect with others in unconditional loving relationships so you can make a difference, and c) to find ways to contribute to the well-being of humanity and the planet. Ultimately, it is all about love: feeling loved and loving others. That is the path we must tread if we want to live in soul awareness.

## **Education Sector**

Most education focuses on teaching skills—equipping students to meet the needs of the dominant worldview they are living in. In Wealth Awareness, education is focused on science. In People Awareness, education is focused on relationships. In Humanity Awareness our education system will be focused on the whole child. Every child will be recognized as an energetic soul who, like the rest of us, has come into the material dimension of existence to learn three things: express their gifts and talents, connect with others in unconditional empathic relationships and compassionately contribute to the well-being of humanity and the planet.

At the core of the school curriculum in Humanity Awareness will be values-based education. Values-based education has many benefits:

1. It gives children a way of making decisions about how to behave which aligns with our common humanity.
2. It gives children confidence and independence in the way they interact with others because they are able source their decision-making from their own truth.
3. It allows children to connect with their teachers and parents in a more open relationships by allowing them to create conversations that matter.

Other aspects of the school curricula will include teaching children how to practice mindfulness, how to meditate, how to express their feelings, how to access their gifts and talents, how to connect with others in unconditional loving relationships, and how to contribute to the well-being of humanity. In Humanity Awareness, our education system would extend beyond our school years by supporting young adults in: a) becoming accountable and responsible for their lives—individuating, and b) finding and expressing their unique gifts and talents—self-actualizing. In short, our education system would be child-centred and holistic focusing on the embodiment of the child’s unique soul.

## **Business Sector**

The focus of business in Humanity Awareness will be on creating the conditions that allow all peoples to thrive in healthy environments that support the ecology of the planet. To this end, all businesses will sign up to the UN’s Sustainable Development Goals. They will become servants to the development of a healthy human ecology.

Business will be organized around three core principles—social purpose, personal and professional development, and social and environmental accountability.

**Social Purpose:** Every industry will have a governing body driven by our universal human values with an overarching social purpose which to support the well-being of humanity and the planet. The governing body will provide an ethical framework from within which competition in the industry can be regulated similar to the way in which the Olympic Games are organized--cooperation and agreement at the global level on the framework within which competitions take place.

**Personal and Professional Development:** Every organization (for profit and not for profit) in addition to having a specific social purpose will have a deliberately developmental framework of education and training (personal (soft skills) and professional development (hard skills) for all employees.

Employee personal development will be designed to support people in mastering the four adult stages of psychological development--individuating (releasing subconscious fears and limiting beliefs); self-actualizing (developing the individual's gifts and talents so they can fully express who they are and find meaning and purpose in their life); integrating (connecting with others in unconditional loving relationships to make a difference); and serving (contributing to the well-being of humanity and the planet). Employee professional development will be designed to support people in mastering the skills that support them in mastering their unique gifts and talents in the career of their choosing. Business like every other sector of the economy will become a vehicle for aligning people's work with the expression of their unique passion and creativity.

**Social and Environmental Responsibility:** Every organization will be responsible and accountable for its social and environmental impact—external costs which are now born by society, will be internalized. Businesses will recognize they are a wholly owned subsidiary of society, and society is a wholly owned subsidiary of the environment. If we lose our environment, our society will collapse, and our businesses will suffer. Businesses will also recognize that they are agents for peace—bringing stability through wealth creation and contributing to the support of the welfare state. To this end, organizations will select their leaders from those who have fully self-actualized—those who aspire to be the best *for* the world rather than the best *in* the world. Selfish behaviours that compromise the future of our global society will not be tolerated.

### **Governance Sector**

In the worldview of State Awareness there is no democracy, there are only authoritarian regimes. Leaders cling to power and use their authority to corrupt the processes of governance. In the worldview of Nation Awareness, the democratic process is hi-jacked by powerful religious and establishment elites. In the worldview of Wealth Awareness, the democratic process is hijacked by wealthy elites and democracy becomes polarized into political parties—one party protecting the rich (the have's) and one party protecting the poor (the have not's). In the worldview of People Awareness, the two-party system is replaced by multi-party coalitions representing a broad spectrum of worldviews and needs. Inequality between the "haves" and "have nots" is reduced by the creation of a welfare state.

In the worldview of Humanity Awareness political parties as we know them will disappear. They will be replaced by a spectrum of elected delegates from different age groups, representing different stages of psychological development. People at each stage of development have different needs. Because they have different needs, they prioritize different values. The governance system in Humanity Awareness will reflect the different needs and values of all age groups.

In Humanity Awareness, every local constituency will choose five candidates--a candidate from an organization representing the needs of children and teenagers (the surviving, conforming and differentiating stages of development); a candidate representing the needs of twenty- and thirty-year olds (the individuating stage of psychological development); a candidate representing the needs of forty-year olds (the self-actualizing stage of development); a candidate representing the needs of fifty year olds (the integrating stage of development); and a candidate representing the needs of the elderly—those over sixty-years old (the serving stage of psychological development). Every local



community will choose (elect) a candidate from the delegates they have representing each age group to serve in the central government.

There will be three key metrics for Governance systems in humanity awareness—the level of trust in the nation; the extent to which the needs of each age group (stage of psychological development) are being met; and the level of compassion that people feel towards their fellow humans—the elimination of separation. The level of compassion will be measured against the feeling of belonging that people feel they have to humanity; the level of equality and respect that people demonstrate to similar and dissimilar others; and the level of action that is taken to reduce human suffering everywhere. Communities and nations operating from Humanity Awareness will display high levels of stability and resilience.

### **Justice sector**

The fundamental purpose of justice has always been *to protect the internal stability of a society* by punishing and preventing actions that could destabilize the dominant worldview of the society. In the worldview of Tribe Awareness, justice is focused on protecting the harmony of the tribe. Because people's "spirits" are considered important, punishment by death is not an option. Instead, wrongdoers must make appropriate reparations to the victim. The most severe punishment is banishment from the tribe. For people living in Tribe Awareness, this equates to death.

In the worldview of State Awareness, justice is focused on protecting the power of the elites. Severe punishments act as a fear-based deterrent for stabilizing the power of the ruling aristocracy. Torture as a means of getting to the truth is considered acceptable. Instantaneous punishment by death and physical maiming are common practice in this worldview.

In the worldview of Nation Awareness, justice is focused on moral righteousness. Courts are made up of religious or high-ranking state officials. This leaves the courts open to manipulation by the elites. In this worldview, the elites tend to get less severe punishments than the common man. The ultimate punishment in this worldview is the death penalty.

In the worldview of Wealth Awareness, justice is focused secular conformity. Justice is administered by independent courts and suitably qualified citizens who decide on the outcome of a trial.

Punishment for serious crimes can include heavy fines and long periods of incarceration. There is no capital punishment in nations that live from the worldview of Wealth Awareness.

In the worldview of People Awareness, justice is focused on equality and fairness. Justice is administered by independent courts and suitably qualified citizens who decide on the outcome of a trial. Punishments involve fines and incarceration. However, in the worldview of People Awareness a strong emphasis is placed on rehabilitation so that wrongdoers can reintegrate into society and recidivism is reduced.

The values that are considered important in maintaining the internal stability of nations operating from Humanity Awareness are harmony and trust. Harmony and trust create internal stability and guarantee the smooth functioning of civil and commercial affairs. However, for harmony and trust to be present there must be personal integrity.

In Humanity Awareness, those who do not display the highest forms of personal integrity are sacked from public office and are ostracized from business and commercial affairs. The era of the unscrupulous elites, achievers and misogynists has come to an end. Their greed, self-interest and discrimination are no longer tolerated in a world that depends for its survival on everyone embracing the common good.

In Humanity Awareness, there is a recognition that people commit crimes because of the psychological conditioning they experienced during childhood. They became wrongdoers because they are attempting to get their unmet childhood survival, safety and security needs met. All those who commit crimes in the worldview of Humanity Awareness undergo a psychological evaluation and are helped and supported in their psychological rehabilitation.

In addition to personal integrity, a key component of justice in Humanity Awareness is intergenerational fairness. This requires a shift from a focus on the short-term, to a focus on the long-term. For this to happen the young must be given a voice in how we manage our nations. This is how we will create a sustainable future for humanity.

### **Leadership sector**

Why are there so many books on leadership? The simple answer is, because no one knows what leadership really is. Everyone writes about leadership from the levels of consciousness they operate from, which in turn reflects the stage of psychological development they have reached. So, when Jack Welch writes a book on leadership, the content reflects the consciousness of Jack Welch. When Donald Trump writes a book on leadership, the content reflects the consciousness of Donald Trump. The people who resonate with Jack Welch—operate at the same levels of consciousness—will buy Jack Welch’s books. The people who resonate with Donald Trump—operate at the same levels of consciousness—will buy Donald Trump’s books.

Our research at the Barrett Values Centre over the past twenty years has shown that the most successful leaders operate from full spectrum consciousness. They can handle any situation that arises. They always stay calm. They propose solutions that care for the needs of all stakeholders and they support the UN’s Sustainable Development Goals. In other words, they know how to:

- take charge in a crisis.
- connect with all employees.
- build high-performing systems and processes.
- empower people to become all they can become.
- inspire people with their values, sense of purpose and vision.
- show empathy and cooperate with others in strategic alliances for mutual benefit.
- show compassion and display wisdom and foresight to build a sustainable future for humanity.

Above all, full spectrum leaders have the courage to face their fears, challenge the status quo, persevere when things get tough, risk everything for the cause they believe in, and do all these things without any regard for personal gain. They want to create a better future for everyone: they are focused on being the best *for* the world, not the best *in* the world.

To become a full spectrum leader, you must first learn to lead yourself: if you can't lead yourself, you can't lead a team. You must then learn how to lead a team: if you can't lead a team, you can't lead an organization. You must then learn how to lead an organization. Full spectrum leaders have a personal touch. They connect with all their followers, not just the management hierarchy. They are in touch with all their people. They manage by values: they measure their culture: they focus on their own development as well as the development of their people.

Over the past century, business has become the most powerful institution on the planet. It is more dominant and more powerful than the United Nations (UN), the World Bank, and the International Monetary Fund (IMF) put together. For humanity to survive and prosper, the dominant institution needs to be seen to be taking responsibility for the whole: it needs to be vision-guided and values-driven; it needs to be run by full spectrum leaders. It needs to work towards a sustainable future for everyone.

### **Arts sector**

The Arts have always held a special place in society because they make public the inner workings of our souls. Leonard Cohen sings "There is a crack in everything. That's how the light gets in." In Humanity Awareness we sing, "There is a crack in everything. That's how the light gets out."

Most of us do not let our light out, because we are afraid to be seen, we are afraid our "perfect offering" will not be enough; that it will be judged unworthy. So, we look and listen to the works of the courageous souls that have made their perfect offering, secretly hoping that through their inspiration we can access our own light within. But we fail, because we lack the courage to embrace our unique gifts and talents. We prioritize economic success over well-being. We prioritize status over self-expression. This is where the Arts can help. The Arts can be used to mirror our inadequacies and inspire us to become more fully who we are; to access our gifts and talents and make them public. Most importantly, the Arts can be used to tell inspiring stories about how Humanity Awareness is creating a better world for everyone.

The Arts holds the key to the flourishing of Humanity Awareness, because Humanity Awareness corresponds to the fifth stage of personal development—self-actualization—the stage of development where we learn to access our soul's full expression. This is the domain of the Arts—expressing our unique gifts and talents in service to the growth and well-being of humanity.

At the core of self-expression lies creativity. In the worldview of Wealth Awareness our kids had their creativity programmed out of them. Their education and the parenting they received prepared them for just one thing—the world of Homo economicus. In the worldview of People Awareness our kids are being taught to access their deeply held values—the values that unite, rather than the beliefs that separate. In the worldview of Humanity Awareness, our kids are being taught to connect with their souls by exploring their innate self-expression and creativity throughout their schooling. Almost every aspect of Humanity Awareness—education, business, leadership, health—is geared up to support human individuation and self-actualization. In Humanity Awareness, the Arts become a powerful developmental force for the evolution of human consciousness.

## Environment Sector

In Wealth Awareness we paid little or no attention to our natural environment. We depleted the Earth for profits. We polluted the ground by filling it up with our waste. In People Awareness we began to focus on environmental sustainability: we started recycling and we tried to reduce carbon emissions. In Humanity Awareness we will go much further. We will design our businesses and our homes to generate zero waste. We will replace all plastics with bio-degradable alternatives. We will eliminate the use of all pesticides. We will go beyond sustainability to focus on resilience. We will repair the damage we have done. We will begin to recognize that the Earth has much to teach us, such as the importance of nurturing diversity, and the interdependence of all living systems.

We will all spend more time in nature, particularly our children. We will rely on nature to nurture our souls. We will not let economic gain come in the way of preserving our natural environment. We will repair the damage we have done to the Earth and its atmosphere. The quality of the air we breathe, the water we drink, and the food we eat will be our top priority. There will be no food products that are not organic. In addition to focusing on our own health, we will focus on the health of all living creatures. We will create expansive natural sanctuaries for land and sea creatures. We will become the stewards of the Earth.

In Humanity Awareness we will learn to steward the Earth and conserve its natural resources. We will make sure our plans take account of the needs of future generations: there will be a strong focus on inter-generational justice.

## Parenting

*Your children are not your children. They are the sons and daughters of Life's longing for itself. They come through you but not from you. And though they are with you, yet they belong not to you.* Kahil Gibran, The Prophet (London: Pan Books) 1991, p. 22.

You are wonderfully privileged. The soul of your child has chosen you as its steward: to help it to learn how to master being in a material world and fully express its soul's purpose. Your stewardship begins the moment your child is conceived; it continues until your child is ready to take responsibility for its life as a viable independent individual in its cultural framework of existence. When this time arrives, you must let go.

*You must give them your love but not your thoughts, for they will have their own thoughts. ... You may strive to be like them but seek not to make them like you.* Kahlil Gibran, The Prophet (London: Pan Books) 1991, p. 22 and 25.

You may have much to teach your child, but never forget, for a moment, that your child may have much to teach you. Just like you, your child is a soul. You are equal in this regard. You are both individuated aspects of the Universal Energy Field from which everything in our material world arises.

You share the same soul origins and at the deepest level of your being you share the same universal values, but you do not share the same gifts and talents. In this regard, every soul is unique. Every soul has its own gifts and talents—a unique form of self-expression. Your job is to nurture and support your child's self-expression, just as it was your parent's job to nurture and support your self-expression.

That is your primary role as a parent—to give your child's soul the opportunity to express its unique character: not to fashion it; not to mould it or make it into a replica of you, but to give it the space to grow and flourish in a fear-free environment so your child may become all it can become.

Always treat your child as an equal. You may bring your experience and learning to the relationship but allow your child to make its own choices: allow it to learn the repercussions and responsibilities involved in decision-making. If you can do this, you will be setting your child up to make responsible choices later in life. Your job is to assure your offspring's survival, safety and security during its infant, childhood and teenage years, so that it grows up without a self-critical voice and without subconscious fears.

Once your child has left home your job as a parent is not finished. You must become a trusted advisor—someone your son or daughter can turn to when they encounter the vicissitudes of life. The soul of your child has its own destiny: you must allow and support it in its unfolding.

In this regard it is important that you are aware of and practiced in the seven stages of psychological development—the journey the soul goes through in its attempt to find fulfilment in our three-dimensional material plane of awareness.

## **Annex 1: Worldviews**

This annex provides a brief description of the six worldviews that have dominated human decision-making over the past 200,000 years. Also included is a brief description of Humanity Awareness and two further worldviews which are likely to emerge over the coming decades and centuries.

### **Clan Awareness: Survival through sharing and reciprocity.**

#### **Origins**

If we assume that the species we call Homo sapiens appeared on the evolutionary scene about 200,000 years ago, then 95% of the life of our species has been spent in Clan Awareness. Every specimen of Homo sapiens born earlier than 12,000 years ago lived in Clan Awareness and embraced Worldview 1—survival through sharing and reciprocity.

During this early period of human history people lived in small nomadic or semi-nomadic bands comprised 20 to 30 people from 4 or 5 closely related families. They survived by hunting and gathering. They had very few possessions—mainly the tools they needed for survival. Each clan kept to itself. However, clans operating in the same region sometimes formed mutually supportive relationships. The practice of reciprocity, in particular sharing of food in times of abundance, was one of the ways clans helped each other to survive. Warfare was unknown. Both sexes participated in decision-making according to the experience, knowledge and skills of the clan members. Most decision-making was instinctive.

Leadership was situational. Men and women performed different tasks commensurate with their physical strength and their child bearing or child rearing activities. Whilst men focused on hunting for meat, women focused on gathering fruit and herbs. Men learned the ways of animals and women learned the healing properties of plants.

There were no formal clan rules. However, there were common understandings about the spheres of activity of men and women, the support that should be given to kin, and the way in which food should be distributed. The violation of these understandings was not regarded as a crime; it was more of an embarrassment. People's behaviours were controlled through social pressure, teasing and ridicule. There was no sense of personal ownership and no territoriality.

#### **The cosmology of clan awareness**

Hunter/gatherers regarded their physical environment as their home: The Earth was their “divine” mother; the world they lived in was their classroom and nature was their teacher. To them, Spirit was everywhere and in everything including themselves. All things were connected—there was no separation. Life and death were seen as a continuum. Shamanistic practices focused on the health and well-being of the souls of the clan members. The role of the Shaman was to effect changes in the spirit world (energy fields) which would result in changes in the material world (physical healing). They acted as messengers between the spirit world and the human world. Fear-based thinking is rife in Clan Awareness. People feel surrounded by powerful spirits which must be appeased.

### **How the worldview of clan awareness shows up today**

There are very few people left on the planet who operate from clan awareness. They mostly live in the remote jungles of the Amazon, Papua New Guinea and in the Aboriginal communities of Australia.

Some people suggest that the worldview of clan awareness can be found amongst modern day homeless people. I find this analogy misleading. Many homeless people are homeless because they are mentally disturbed: through no fault of their own they find it difficult to fit into our modern world. Others are homeless because they have made it a life choice: it is their way of rebelling against our modern society. Yet, others are “travellers”—members of the ethnic group known as Romani, which originated in the Northern regions of India.

None of these groups of homeless people share the clan awareness cosmology: they do not live in a spirit world and do not conduct healing through shamanic practices. However, people in these groups may from time to time call upon their basic instincts to survive. Only, in this sense, are they operating in a similar manner to the original humans who lived in clan awareness.

### **Correspondence with the stages of personal development**

The worldview of Clan Awareness corresponds to the surviving stage of individual psychological development. At this stage of development, the foetus, and later the new born baby, live in a world without separation; whatever they sense is taken to be an extension of themselves. For them everything is connected. Up to about the age of about 18 months, the baby is living in soul awareness. All decision-making is reactive and instinctive. The young child is strongly influenced by the needs of the body. The baby, like the members of a clan, cannot survive without kin-based sharing.

Here are the principal behavioural markers of the worldview of Clan Awareness:

- Respect for all living creatures and plants
- Respect for the Earth
- Respect for Earth Spirits
- Life and death on the same continuum
- Male, female equality. Roles are natural
- Very little sense of a separate self
- Sharing of resources for survival
- Practice of reciprocity

### **Tribe Awareness: Safety through belonging and loyalty**

#### **Origins**

The second worldview to emerge—safety through belonging and loyalty—is known as Tribe Awareness. This worldview first appeared around 12,000 years ago, soon after clans began to settle in small villages and expand in size. People living in Tribe Awareness survived through horticulture and animal husbandry. In the worldview of Tribe Awareness, people identified with an ethnic group of several hundred to several thousand living in a specific territory.

Each tribe had its own language, rituals and body adornments (dress code). Collective aggression in this worldview was primarily limited to inter-tribe rivalries which showed up as skirmishes and raiding. Protecting the group's food stores, animals and territory from incursions from other tribes was essential for survival, however, warfare as we know it today, was unknown. In the worldview of Tribe Awareness people are willing to sacrifice their lives for the good of the tribe.

The worldview of safety through belonging and loyalty requires that everyone conforms to the rules of the tribe. Everything is owned by the tribe and everything is shared—whatever “possessions” you may think you have, belong to everyone. Tribe Awareness operates on the principle of “Ubuntu”—a belief in a universal bond of sharing which is often translated as “I am because you are.” Ubuntu consolidates the concept of reciprocity in the worldview of Tribe Awareness. The ultimate punishment, for those who refuse to live by the rules of the tribe, is banishment. Without the protection of the tribe people stood little chance of survival.

Ceremonies and rites of passage strengthen, reinforce and stabilize people's connection to the tribe. No one can stand out in Tribe Awareness: strong egos are suppressed. People who break the unwritten rules of the tribe are reprimanded or punished through public shaming. An apology and reparation are required before forgiveness is granted. The status of women is equal to that of men and there are very few differences in status or wealth among tribe members. Elders are respected since they are regarded as the keepers of the tribal wisdom.

The leaders of communities that operate from Tribe Awareness are known as Big Men or Chiefs. A big man is a highly influential individual who is skilled in persuasion. He provides his followers with protection in return for gifts (usually food) which are then redistributed to members of the tribe in banquets and seasonal festivities. This sharing serves two functions: it keeps his followers loyal and it consolidates his position as the big man.

The term “chief” is usually reserved for the leader of a large tribe which is stratified by social rank and maintains a permanent group of warriors paid for through some form of taxation administered by the henchmen of the chief. The chief displays his wealth and power through his dress and way of living: he lives in a big house and has many wives. We begin to see the creation of elites.

Whereas in the worldview of Clan Awareness there was no sense of separation, in the worldview of Tribe Awareness, separation begins to show up in the form of ethnic identity, territoriality and social rank. Both ethnicity and place become important markers of identity. You can trust people from your tribe to protect you, but you cannot trust people from other tribes. People from other tribes are considered less than human. Therefore, it is OK to torture, maim or kill people from other tribes without guilt.

### **The cosmology of tribe awareness**

People living in Tribe Awareness like those living in Clan Awareness have a strong association with the spirit world. However, because of the shift in focus from survival through sharing and reciprocity, to safety through belonging and loyalty, people living in Tribe Awareness hold their ancestors in high regard.



Those living in the worldview of Tribe Awareness believe that after death they go on living in the spirit world and their ancestors can intercede on their behalf with the Gods. Keeping the spirits of their ancestors happy is seen as a way of assuring good fortune. Superstition, taboos and rituals are an important aspect of the cosmology of Tribe Awareness. Shamanic and voodoo practices play an important role in the worldview of Tribe Awareness. Shamans not only know about healing using natural medicines, they also know how to mix potions to cast or ward off magic spells. Fear-based thinking is rife in Tribe Awareness. In Tribe Awareness people live in fear of evil spirits.

### **How the worldview of tribe awareness shows up today**

The worldview associated with Tribe Awareness can still be found in large parts of Sub-Saharan Africa, in North and South America, the Caribbean and parts of Oceania. Many aspects of this worldview can be found in State Awareness and Nations Awareness, more specifically in the practice of loyalty, and the use of symbols, national dress and rituals to differentiate groups of people from one another. We also find tribe awareness showing up in the supporters of sports teams.

### **Correspondence with the conforming stage of individual psychological development.**

The young child realizes that to keep safe it must conform to the desires of the parents (which include the beliefs of the worldview in which the parents live). Safety depends on belonging, loyalty and staying close to your kin. The young child begins to recognize that it is living in a world of separation. It develops a separate sense of “I”. This realization leads to the formation of the psychic entity we call the ego. The child’s nascent ego is often suppressed by the parents for the sake of harmony in the family in the same way that individual egos are suppressed in the tribe.

Here are the principal behavioural markers of the worldview of Tribe Awareness:

- Respect for the rules of the tribe
- Respect for elders
- Big chief or council of elders makes decisions
- Respect for ancestors
- Displays of ego are suppressed
- The tribe and I are one
- Spells and evil spirits
- Sharing of resources
- Tribal territoriality
- No guilt in killing people from other tribes

### **State Awareness: Security through power and strength**

#### **Origins**

The third worldview to emerge—security through power and strength—is known as State Awareness. This worldview first appeared around 6,000 years ago (4,000 BCE) when tribes expanded in size: hamlets grew into villages, villages grew into towns and towns grew into cities. States ranged in size from several hundred to several million citizens. Ethnicity and territory became increasingly important differentiators of identity in the worldview of State Awareness. People survived by trading, farming and animal husbandry. As the wealth of city states grew, it became

important to form a permanent army with the latest weapon technologies. To pay for the upkeep of the army, citizens were required to pay taxes.

During this stage of development, the sense of separation increased. Populations were stratified into hierarchies of power (land owners), knowledge (priests) and wealth (traders). The most powerful—those who could raise the largest army—ruled. At the bottom of the hierarchy were serfs and slaves. Women occupied a low position in the hierarchy only slightly higher than slaves. They were regarded as the personal property of the father or husband and could be treated in whatever way the father or husband decided—basically they had no rights at all and could not hold property. This was a massive change from the two previous worldviews where women lived alongside men in a symbiotic relationship enjoying similar levels of status. Health and healing in State Awareness is focused on the use of traditional organic medicines and intercession and sacrifices to the Gods—both animals and humans.

What caused the change from Tribe Awareness to State Awareness was the “unleashing” of the male ego. In the preceding worldview the ego had, to a large extent, been kept in check by the tribe. The first signs of the male ego appeared in the big man. It became more blatant later in the tribal chief. In the worldview of State Awareness, the male ego exploded—it dominated every aspect of people’s lives.<sup>3</sup> The concept of honour and shame became firmly established during the worldview of State Awareness. Preserving family honour and avoiding family shame were significant aspects of this stage of collective development.

By modern day standards, justice in State Awareness was extremely unfair. The punishment of transgressions for those in the upper strata of the hierarchies was always less severe than for those in the lower strata. If the aggressor was below the victim in society, the punishment was more severe; if the aggressor was higher than the victim, the punishment was less severe. An eye for an eye and a tooth for a tooth were considered normal in the administration of justice. Justice was always administered through physical mutilation of the body. Death and maiming were considered suitable penalties for many infractions. To demonstrate the leader’s power, punishments were administered in public and drew large crowds. Watching men fight each other to the death or being caged up with wild animals were regarded as spectator sports.

In the worldview of State Awareness, the leader had absolute power; he was feared by those around him and considered himself above the law. No one felt safe in State Awareness. If your loyalty to the leader was questioned, you could be punished for treason and expect some form of immediate retribution—torture or death.

Around 4,000 years ago, the ego explosion reached new heights. Instead of city states living peacefully with their neighbors, the leaders of city states started building empires: they invaded other states, plundered their riches and slaughtered their people. Those they didn’t slaughter—mainly women—they captured and made into slaves to be sold in their home State to the highest bidder.

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<sup>3</sup> Steve Taylor, *The Fall: The Insanity of the Ego in Human History and The Dawning of A New Era* (Winchester Books: New York), 2005.

From roughly 4,000 BCE to the 6<sup>th</sup> century AD, over 47 empires were created, most of which lasted for only 2 or 3 centuries. However, some, like the Roman Empire and the Chola Dynasty in India continued for more than 1,500 years. As a leader, you had to distribute the spoils of your empire building among your closest supporters if you want to keep their allegiance.

Over the next 1,500 years (from the 6<sup>th</sup> century to modern times) a further 135 empires were created. A few lasted for 500 – 800 years, but most lasted for only a few centuries.

Not all this empire building was driven from the worldview of State Awareness. Some of the empires, particularly those created from the 6<sup>th</sup> century to the 15<sup>th</sup> century, were driven from the religious worldview of Nation awareness, and others from the 16<sup>th</sup> century to the 19<sup>th</sup> century, were driven from the worldview of Wealth Awareness. Examples of this latter group include: the British Colonial Empire which lasted 394 years (from 1603 to 1997), the Spanish Empire which lasted 573 years (from 1402 to 1975), the Portuguese Empire which lasted 587 years from (1415 to 2002), the French Empire which lasted 446 years (from 1534 to 1980), and the Dutch Empire which lasted 407 years (from 1568 to 1975).<sup>4</sup>

The last empire to be created was The German Third Reich. It lasted 12 years, from 1933 to 1945. The Third Reich was driven from the worldview of State Awareness—a focus on security through power and strength.<sup>5</sup>

### **The cosmology of State Awareness**

There was a significant shift in cosmology with the advent of State Awareness; a shift from reverence for the spirits of ancestors to reverence for a pantheon of Gods that “ruled” the affairs of men. In Roman times, such Gods included Mars, the God of war, Minerva, the Goddess of Wisdom, and Neptune the God of the sea. Everything imaginable, including all the forces of nature, had a God or Goddess in charge. Polytheism is still practiced today in Chinese traditional religion, Hinduism and Shintoism. One exception to polytheism during the era of State Awareness was the practice of Judaism—a monotheistic religion which began around 1500 BCE.

### **How the worldview of State Awareness shows up today**

Leaders of communities that operate from the worldview of State Awareness demand loyalty and require constant praise and adoration. In ancient times such leaders had many wives and many offspring. In modern times, they usually have a series of “trophy” wives, to whom they are rarely faithful. Leaders operating from State Awareness constantly feed their ego’s desires: they want what they want, when they want it, and you had better beware if you are unable to deliver or if you cross them in any way.

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<sup>4</sup> For further information on empires, consult: [https://en.wikipedia.org/wiki/List\\_of\\_empires](https://en.wikipedia.org/wiki/List_of_empires)

<sup>5</sup> You can find an analysis of Hitler’s personality in *The Evolutionary Human*. Because of his childhood experiences, Hitler became arrested at the first sub-stage of the differentiating stage of psychological development. His need for recognition, which he never got as a child, resonated with the psyche of the German people who had been defeated in the First World War. He, and they, needed the Second World War to feed their self-esteem

They take pride in displays of military strength and accomplishment. They need such demonstrations to feed their self-esteem: they need to feel powerful and they need to feel strong. They need to show off. They may even resort to displays of their own manhood—showing off their bodies or making public appearances with beautiful women. Leaders operating from the worldview of State Awareness want to call the shots. They will lie, cheat and manipulate to become top dog. This is the worldview of despots and dictators and all those who use fear to manipulate others to gain power.

In the worldview of State Awareness, no leader is safe for very long. There is always someone waiting in the wings to oust the leader. For this reason, leaders in the worldview of State Awareness are extremely wary of those around them: There is intrigue and plotting everywhere. You cannot trust anyone, not even the members of your inner circle. Only the most powerful, the most fear-inducing and the most scheming leaders survive for significant periods of time. Many aspects of this worldview can be found in the Mafia, in street gangs, and in the networks of drug barons. They have a strong interest in appearing strong, having frequent sex and fathering numerous male children. Female children are less welcome. In some nations operating from the worldview of State Awareness baby daughters are murdered.

The right to bear arms is strongly defended in the worldview of State Awareness, as is the killing of wild animals and the mistreatment of domestic animals. Boxing, wrestling and combat sports—anything that inflicts pain on another human or creature or puts people in death defying situations, aligns with the worldview of State Awareness.

### **Correspondence with the differentiating stage of individual psychological development.**

The worldview of State Awareness corresponds to the first sub-stage of the differentiating stage of individual development—a focus on recognition through displays of power and strength. The extent to which this plays out in individuals depends on their parenting. If children and teenagers are not nourished and cared for—not recognized by their parents for their achievements—or feel excluded from their peer group, they may resort to bullying to get their self-esteem needs met. They want to be seen. They seek revenge for anything they believe to be an affront. They can be manipulative, aggressive and cruel.

Here are the principal behavioural markers of the worldview of State Awareness:

- Rules defined by powerful elites
- Impulsive decision-making
- Hierarchies of power
- Honour and shame
- Sports that involve violence or death.
- Justice administered through physical punishments or mutilation
- Torture is acceptable
- Rape is not punished
- Elites are rarely punished
- Slavery
- Secular authoritarian regimes

## **Nation Awareness: Security through authority and education**

### **Origins**

The fourth worldview to emerge—security through authority and education—is known as Nation Awareness. Nations formed when states coalesced into larger territories through alliances or the subjugation of ethnic minorities by force.

The worldview of Nation Awareness brought stability, order and discipline to the governance of nations. Laws, rules and codes of conduct were established based on moral authority. Administrative bureaucracies were created to collect taxes and manage the state. Stability of leadership was achieved by the establishment of family dynasties. Kings and emperors became both political and spiritual leaders—they ruled through divine right. Everyone worshipped the same God. Organized religion served to provide an additional bond between people of different ethnic origin living in the same nation. People who embraced a religion that was not sanctioned by the State were sometimes tolerated, often discriminated against and frequently persecuted.

Whereas in the worldview of State Awareness, elites dominated through power and strength, in the worldview of Nation awareness, elites dominated through political and religious authority. The elites continued to rule the masses, and the masses served their needs. In return the elites looked after the survival and safety of their vassals and slaves. This was the era of feudalism.

If you were one of the masses, it was difficult to improve your status. Being of direct service to your monarch or the lord of your area; distinguishing yourself in battle or becoming a religious cleric, were some of avenues open to improving your status in society. The more loyal or righteous you became, the more your status improved.

Under the worldview of Nation Awareness, the idea of justice was modified to reflect equality in the eyes of God. In the early years of Nation Awareness accused persons proved their innocence by submitting to a physical ordeal, such as walking across burning coals or being doused in freezing water. It was God's will if the accused survived or not. If they survived they were considered innocent. The concepts of guilt and innocence, and right and wrong were firmly established during the worldview of Nation Awareness.

In the worldview of Nation Awareness citizens were divided into different classes—upper, middle and lower. The upper classes were represented by the monarch, his court of advisors, major land owners and religious leaders. The middle classes were represented by wealthy merchants, minor land owners and clerics. The lower classes were represented by serfs, slaves and laborers.

### **The cosmology of Nation Awareness**

In the year AD 312 emperor Constantine the Great of Rome had a dream about the God of the Christians, the night before he went into an important battle. He won the battle and thereafter led the conversion of the Roman people to Christianity. This event led to a major cosmological shift—from polytheism to monotheism. Whereas the cosmology in State Awareness was based on a pantheon of Gods, the cosmology in Nation Awareness was based one God.

Several new monotheistic religions (in addition to Judaism) appeared during this period of history—Christianity and Islam being the most well-known.<sup>6</sup> This was the era of religious warfare. Armies were used to protect and expand religious affiliations. The concept of a “Holy War” originates from this period when Christian crusaders attempted to recapture the Holy Land from the Muslims.

Monotheistic religions teach that service to God in this life will be rewarded in the next life. Suffering and sacrifice is regarded as the pathway to righteousness and everlasting life. Consequently, identification with a religion is extremely important in this worldview. Moreover, if you do not identify with my religion then you must be heathen. This was the pathway to religious intolerance. Health and healing in Nation Awareness is strongly focused on prayer. The body is regarded as an instrument of God. Its purpose is to do God’s work. The natural impulses of the body are regarded as evil—the body must be punished for sexual thoughts.

### **How the worldview of Nation Awareness shows up today**

The leaders of nations operating from National Awareness regard themselves as the ultimate authority; consequently, they significantly influence and meddle with the affairs of state and the justice system—they intervene to grant pardons to those condemned to death.

In the worldview of Nation Awareness, the mixing of social classes is frowned upon as is the union in marriage of men and women from different ethnic or religious groups. Homophobia is rife in the worldview of Nation Awareness. Belonging to the right ethnic and right religious group is extremely important in the worldview of Nation Awareness. Belonging to the wrong group can jeopardize your safety. This worldview spawned white and black supremacists, as well as the Ku Klux Klan and Neo-Nazi political movements. In the worldview of Nation Awareness women are in general regarded as second-class citizens, and often regarded as sexual objects. They have much less freedom than men. Group structures in the worldview of Nation Awareness are governed through hierarchies—the civil service, the military and organised religions. You advance your position through, sacrifice, self-discipline and loyalty. Rarely do people get promoted for their abilities; your pathway to authority involves decades of service with a promise of a pension at the end. A central tenet of the worldview of Nation Awareness is sacrifice now for rewards later. Higher positions, awards and decorations are reserved for those who have supported the leaders in some significant way or have shown outstanding service to the nation.

In the worldview of Nation Awareness leaders consider it OK to use the machinery of Government to satisfy their personal desires. They use their influence to grant favors to those who are loyal or wield significant power. They believe they can operate outside the law.

Leaders operating from the worldview of Nation Awareness seek ways to change the laws to allow them to stay in power for longer periods of time than the constitution currently allows. In this worldview, religious bonds play a significant role in the formation of political alliances. Education systems in this worldview strongly emphasize religious knowledge.

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<sup>6</sup> The earliest monotheistic religion was Judaism which arose in the era of state awareness.

### **Correspondence with the differentiating stage of psychological development**

The worldview of Nation Awareness corresponds to the second sub-stage of the differentiating stage of individual psychological development—a focus on recognition through authority and education. If teenagers are cared for and recognized for their achievements by their parents, instead of seeking recognition through power, they may seek recognition through authority—focusing on their studies to gain more respect from their parents or the authority figures in their lives.

I would like to include an important caveat regarding this point. When a community embraces the worldview of Nation Awareness, but the parents do not take sufficient care of their teenager's needs—do not recognize them for their achievements—teenagers may turn to religious authority figures to get the recognition they are seeking. This may cause them to strengthen their relationship with their religion. In the wrong hands, they become ripe for radicalization by religious extremists. This is true for all monotheistic religions: Christian, Moslem and Judaism.

Here are the principal behavioural markers of the worldview of Nation Awareness:

- Religious and secular authoritarian regimes
- Rules based on moral conduct
- Rule through punishment of transgressions
- Hierarchy based on seniority
- Bureaucracies bring order
- Justice administered through physical punishments or mutilation
- Women not respected or are disenfranchised
- Torture is OK
- Elites mostly go unpunished
- One true God
- Sacrifice now for rewards later

### **Wealth Awareness: Security through wealth and knowledge**

#### **Origins**

The fifth worldview to emerge—security through wealth and knowledge—is known as Wealth Awareness. This worldview led to the segregation of people into communities and nations defined by wealth. Gross National Income per capita became the defining measure of progress.

The worldview of Wealth Awareness had its origins in the fifteenth century when the most powerful nations of Europe began to dispatch their navies to explore distant lands. The purpose of these expeditionary forces was empire building for the purpose of creating wealth. The Portuguese, Spanish, French, Dutch and British competed with each other to colonize the Americas, the Caribbean, Africa and the East Indies to build trading empires.

In worldview of Wealth Awareness, the governance structures of nations began to shift from the absolute power of Kings, Queens or Religious leaders to constitutional monarchies. Monarchs began to give up their powers to elected representatives of the people. For the most part these were males—people from the upper classes of society, important land owners or recognized public

figures. During the era of the worldview of Wealth Awareness, the power of the aristocracy began to wane as the concept of democracy began to take root.

The first democracies to appear were either single party systems (in the case of nations dominated by religious leaders) or two-party systems in nations dominated by secular leaders—one party representing the conservative elites attempting to cling to their privileges and power, and one party representing the working classes, seeking to get a fairer share of the wealth they were creating through their labours.

As far as women were concerned, the era began in the worst possible way. The male dominated religious institutions exerted their power over women by labelling anyone who was suspected of evil or malicious behaviours as a witch. Women healers and shaman were particularly targeted. It is estimated that more than 200,000 so called witches were put to death in the 16<sup>th</sup>, 17<sup>th</sup> and 18<sup>th</sup> centuries in Europe.

One of the key characteristics of the worldview of Wealth Awareness was the separation of Church and State. The idea of natural justice (by God), which was present in Nation Awareness, was replaced by the idea of rational justice (by men) administered by high ranking elites. During the era of Wealth Awareness slavery was abolished and the justice system was revamped. For example, in the UK, the number of offences which demanded the death penalty in the era of Nation Awareness was reduced from over 200 to about five. Executions were carried out privately in prisons rather than being public spectacles. Instead of taking retribution on the body, the new system of justice punished people's "souls."<sup>7</sup> Incarceration became the primary mode of punishment. The more serious the crime, the longer your detention.

In the early years of the era of Wealth Awareness, torture was considered an appropriate method of extracting the truth. It was rare that court proceedings lasted more than a few days. Once a sentence had been passed, punishment was instantaneous. Punishment was administered by beating or mutilating the wrongdoer's body. What we would consider today as minor crimes, were punished by violent death: being burnt alive or being hung, drawn and quartered in public. Minor offenses were punished by placing criminals in public stocks where citizens could throw rubbish at them. Public humiliation continued to be a means of punishment until the arrival of the worldview of People Awareness in the 19<sup>th</sup> century.

### **The cosmology of Wealth Awareness**

During the worldview of Wealth Awareness, science replaced religion as the dominant cosmology. Healing through medicine, rather than through prayer became the norm. Consequently, in the worldview of Wealth Awareness the cosmology of religion based on one "true" God was replaced by the cosmology of science. In science there is *no* God—no divine creator/provider, *no* soul, *no* other dimensions of existence, and therefore no life after death. The concept of Darwinian meaninglessness—evolution based on random mutations—became accepted as foundation of evolution.

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<sup>7</sup> Michel Foucault, *Discipline and Punish: The Birth of the Prison* (London: Penguin Books), 1977.



Whereas all previous cosmologies could be classified as transcendent—the extension of consciousness into other dimensions of existence—science was non-transcendent. Atheism became popular. This shift significantly affected academia, particularly the humanities and more specifically the domains of philosophy and psychology. The soul as a dimension of psychology was gradually replaced by the behavioral dimension.

### **How the worldview of Wealth Awareness shows up today**

In the era of Wealth Awareness people from different countries could easily travel and settle in other countries. Thus, we began to see a growing diversity of ethnic populations settling in the former colonial nations. For example, the UK integrated people from the West Indies, Pakistan, India and East Africa. France integrated people from West, North and Sub Saharan Africa as well as Vietnam. The Netherlands integrated people from Indonesia, Spain integrated people from South America, and Portugal integrated people from Brazil and Mozambique. Whilst integrating people of different ethnicities into societies operating from Wealth Awareness is not too difficult, integrating them into societies operating from Nation Awareness, where there is less tolerance for differences, can be very problematical.

Although the status of women has significantly improved during the era of the worldview of Wealth Awareness they continued to be discriminated against—their roles in society and their work were not as highly valued as those of men with similar qualifications.

In the worldview of Wealth Awareness, the rich and powerful try to influence political decision-making through bribery and corruption. The poor and the disadvantaged, and the environment, seldom win out in communities and nations dominated by Wealth Awareness: Making money is paramount. The gap between the rich and poor grew wider because those with wealth invest their money at interest rates that are higher than the rate of increase of incomes. Thus, those without wealth gradually got left behind and inequality increased.

The worldview of Wealth Awareness spawned thousands of young entrepreneurs—people who use their intelligence to create products and services that they believe will make them rich. Many of these young people sign up for universities where they can get an MBA. The focus of education in Wealth Awareness was to prepare people to compete with each other in the world of work. One of the most disturbing impacts of the worldview of Wealth Awareness, in nations where this worldview is dominant, is the loss of social capital; a breakdown in neighbourliness and connectedness. Planning agencies purposefully segregate people by wealth. Even old people are segregated into specialized homes that cater for the rich, and homes that cater for the poor.

Families socialize less often, and friends meet less frequently; old people feel more loneliness and young people find their lives meaningless; everywhere there is an increase in mental disorders. Health and healing in the worldview of Wealth Awareness is scientifically based. The body is treated like a machine and psychological problems are treated by drugs. Physicians tend to ignore possible linkages between the mind and the body in diagnosing symptoms.

### **Correspondence with the differentiating stage of psychological development**

The worldview of Wealth Awareness corresponds to the third sub-stage of the differentiating stage of individual development—a focus on recognition through wealth and knowledge. For the non-elites living in this worldview, knowledge through formal education is the most direct pathway to wealth. Intelligence and being smart are highly valued at this sub-stage of development, as is success, fame and status. Competition is the norm. Achievement means everything.

Here are the principal behavioural markers of the worldview of Wealth Awareness

- Full or flawed democracy
- Two-party democracies
- Constitutional monarchy tolerated
- Freedom of expression allowed
- Inequality of wealth
- Hierarchies based on knowledge or wealth
- Solving problems through scientific reductionism
- Justice administered through capital punishment and imprisonment
- Women not fully equal
- Torture is OK if you can get away with it
- Elites no longer protected from punishment
- Elderly and disadvantaged not respected
- Corruption is OK if you can get away with it
- Workers unions negotiate with employers for improved employee benefits
- Openness and transparency not valued
- Beginnings of the welfare State

### **People Awareness: Freedom through equality and fairness**

#### **Origins**

The sixth worldview to emerge—freedom through equality and fairness—is known as People Awareness. This worldview first began to appear in Europe in the 19<sup>th</sup> century. People Awareness attempted to correct the imbalances between the elites (the rich) and the masses (the poor) that had been present in human societies for thousands of years and shift the focus of measurement of progress from GNI per capital to measures of happiness or well-being.

The worldview of People Awareness represented a major transformation in our collective psychological development. Central to this worldview is the concept of inclusivity, through equality and the “demonization” of privilege—all aspects of elitism which were present in State Awareness, National Awareness and Wealth Awareness. Our collective psychological development was beginning to tame the male ego.

Around the beginning of the 20<sup>th</sup> century women were given the vote and a few decades later they could stand for election. Under the aegis of democracy, the influence of the aristocracy and wealthy elites began to wane. Class systems began to dissolve, and universal education became the norm. At

a geopolitical level, former colonies were granted independence and given equal status in the United Nations.

The acceptance of diversity through inclusivity also fueled other changes, such as the recognition of the rights of indigenous peoples. In addition, nations operating from the worldview of People Awareness were willing to accept refugees who were being discriminated against in nations rooted in State or Nation awareness.

As far as justice was concerned, instead of punishment being regarded as retribution, in People Awareness it was regarded as an opportunity to focus on the rehabilitation of wrongdoers—helping people who have broken the law to reintegrate into society. Capital punishment was abolished in People Awareness.

The nations where the worldview of People Awareness first took root were those that had only marginally participated in the colonial land grab in the era of Wealth Awareness—because of this, these nations had remained to a large extent ethnically homogenous—the Scandinavian nations. Thus, whilst the ex-colonial powers operating from Wealth Awareness were dealing with diversity issues caused by the influx of peoples from their former colonies, the ethnically homogenous nations were able to focus on creating internal cohesion.

Everyone's voice and everyone's aspirations are considered important in People Awareness. The primary mode of decision-making became consensus: conflicts were avoided, and dialogue was considered important in resolving disputes. Societies operating from People Awareness solved problems by working out what was best for the common good.

### **The cosmology of People Awareness**

People Awareness heralded a major cosmological shift. Whereas in Nation Awareness we worshipped an external God, and in Wealth Awareness we worshipped no God, in People Awareness we built a relationship with our own personal God—we embraced spirituality.

Spirituality unites people from different faiths by focusing on the values that people share rather than the beliefs that separate them. In addition to promoting equal treatment of people of different religions, People Awareness promoted the equal treatment of gender, sexual orientation, and race. There are no barriers to sexual unions in People Awareness. Despite the objections of male religious clerics (mostly operating from Nation Awareness), same gender marriages became legal and women were gradually accepted into the priesthood.

The principal problem with spirituality in the worldview of People Awareness was that it is only one step removed from the ego dominance we find in the worldview of Wealth Awareness.

Consequently, spirituality was often high-jacked by well-educated gurus seeking fame and fortune. They used their knowledge of the spiritual world to make money utilizing the vehicle of the self-help movement. The self-helpers were people in the more developed countries who had met their deficiency needs and were moving into the individuating and self-actualizing stage of psychological development. They had given up on organized religion and were seeking to connect with their God within.

### **How the worldview of People Awareness shows up today**

Governments in nations operating with People Awareness are often made up of coalitions, reflecting the diverse priorities of citizens: no more two-party politics. Men and women are treated equally in People Awareness. There is no discrimination of any type in true People Awareness. People with different sexual orientations are accepted. Significant attention is given to the protection of animals—domestic and wild.

In this worldview political correctness—the avoidance of language or actions that exclude, marginalize or insult minorities or groups of people who are seen as disadvantaged or different—is the sine qua non for proper relations. Everyone's feelings are respected. Consensus is important because harmony is prioritized.

In the worldview of People Awareness, there is a shift in emphasis in education from reading, writing and arithmetic—the skills required to support the economy (preparing children for the worldview of Wealth Awareness)—to values-based education, preparing children for the worldview of People Awareness.<sup>8</sup> Happiness and well-being are regarded as important measures of progress in the worldview of People Awareness. Health and healing in the worldview of People Awareness is strongly orientated toward alternative, non-invasive natural medicine and therapies which focus on the mind-body linkage.

### **Correspondence with the individuating stage of psychological development**

The worldview of People Awareness corresponds to the individuating stage of personal development—a focus on freedom and autonomy. At this stage of development, you begin to discover who you are outside your parental and cultural conditioning. You become responsible and accountable for your life. You start to let go of your dependency on others and institutions to meet your deficiency needs by overcoming your fears.

Honesty, openness, fairness and transparency are key values at the individuating stage of development. Instead making decisions based on your beliefs, you begin to make decisions based on your values. Your values become your internal guidance system for making decisions.

Here are the principal behavioral markers of the worldview of People Awareness:

- Full democracy through multi-party coalitions
- Monarchy no longer acceptable
- Creation of the welfare state
- Freedom of expression
- Redistribution of income to raise the level of well-being of the poorest
- Open dialogues
- Personal accountability
- Everyone's position respected
- Values-based schooling for children
- No capital punishment, no slavery, no torture
- Women and men regarded as equals
- Support for the underprivileged and disenfranchised

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<sup>8</sup> <http://www.valuesbasededucation.com/>

- No discrimination of any form
- A safe home for refugees
- Focus on health prevention rather than curing of sickness

### **Humanity Awareness: Meaning through self-expression and creativity**

The worldview now emerging—the seventh—is known as Humanity Awareness. Whereas this worldview can be found in some individuals and a few communities, there are no nations operating from this worldview. Therefore, what follows is based on how people who have reached the self-actualizing stage of psychological development see this worldview operating in nations.

Humanity Awareness is the first worldview that is truly systemic and integral in nature: It takes decision-making to a new level—it looks at the big picture considering the whole rather than the parts—it focuses on the needs of our global society. It represents an even more significant transformation in our collective psychological development than People Awareness. Unlike previous worldviews, the Humanity Awareness worldview sees the “verticality” of societal development—understands the evolutionary perspective. People operating from this world view see and appreciate the link to personal development. They understand that people at different stages of psychological development have different needs.

People operating from the first six worldviews are unable to do this. They are unable to step into the shoes of those operating with other worldviews: they look at the world through the myopic beliefs of their own worldview. They are unable to embrace the concept of cultural evolution, because they live in a form of cultural flatland—they look out at the world and judge it from their worldview. For example, those operating from the worldview of Nation Awareness see those operating from the worldview of People Awareness as “bloody” liberals, and those operating from the worldview of People Awareness see those operating from the worldview of Nation Awareness as homophobic racists.

People operating from the worldview of Humanity Awareness see other worldviews not through the lens of competing beliefs structures but through the lens of competing value priorities. In the worldview of Humanity Awareness, the evolution of human consciousness is seen as a work in progress.

In Humanity Awareness chaos and change are accepted as natural aspects of evolution and the evolution of human consciousness is seen as work in progress. The difficulties and issues that present are regarded as opportunities for learning, rather than problems to be solved. People with this worldview may get anxious about the future but they are not fearful. They trust in their collective knowledge and creativity to resolve all issues.

Respect and recognition in Humanity Awareness is earned; it is not dependent on power, authority or wealth; leadership is situational—it is based on a person’s level of competence and creativity. Justice in Humanity Awareness recognizes that people make mistakes due to their childhood conditioning. Rehabilitation is handled through psycho-therapeutic support (the reprogramming of limiting beliefs) and self-knowledge—understanding your true nature.

Humanity Awareness heralds a new form of democracy; not dominated by power, authority and status hungry elites, but by citizens working together collaboratively to find solutions which focus on the good of the whole. Different age groups are represented in governance structures. Decision-making is decentralised to the appropriate regional or local level.

To tackle issues such as the pollution of the global commons, global warming and international crime, a new global governance structure is developed based on national representation at a regional level, and regional representation at a global level.<sup>9</sup> The United Nations as a decision-making body is completely overhauled.

Humanity Awareness also heralds a new approach in education. Values-based education becomes the norm. In addition, children are taught from a young age how to nurture their natural gifts talents, how to connect with others in empathic relationships, and how to contribute to the common good of humanity.

Health and healing in the worldview of Humanity Awareness is energy-based. It is focused on ego-soul alignment. The body is seen as an energy field—the vehicle of the soul in the material dimension of existence. When the energy field is healthy—aligned with the motivations of the soul—the body is healthy.<sup>10</sup> Health is improved by overcoming fear and embracing love.

### **The cosmology of Humanity Awareness**

Whereas the cosmology of People Awareness united people of different religions through the concept of spirituality and an awareness of values, the worldview of Humanity Awareness unites all peoples of the planet. People of different ethnicity, nationality, race and gender share an overarching cosmology that unifies the belief systems of spirituality, science and psychology in an energetic framework of understanding where every human being is seen as an individuated aspect of the universal energy field—as a soul experiencing three-dimensional reality in a physical body. In other words, at this level of awareness it is understood that every person on the planet shares the same sense of identity and shares the same humanitarian values. There is a common understanding that when I give to you, I give to another aspect of myself. There is no discrimination in Humanity Awareness.

### **Correspondence with the self-actualizing stage of psychological development**

The worldview of Humanity Awareness corresponds to the self-actualizing stage of personal development—a focus on internal cohesion (ego-soul alignment) and external cohesion (shared vision and shared values). People operating from Humanity Awareness are seeking to express their soul's purpose, so they can find meaning in life. They want to bond with other people in group structures that care about the future of humanity.

Here are the principal behavioural markers of the worldview of Humanity Awareness:

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<sup>9</sup> Richard Barrett, *Love, Fear and the Destiny of Nations* (Fulfilling Books: Bath), 2011.

<sup>10</sup> Richard Barrett, *A New Psychology of Human Well-being: An Exploration of the Influence of Ego-Soul Dynamics on Mental and Physical Health* (Fulfilling Books: London), 2016.

- New forms of non-party democracy with representation from all communities and age groups
- New forms of Global democracy
- No discrimination of any type
- Everyone regarded as a soul
- Global redistribution of income to meet everyone's deficiency needs.
- Cosmology of soul awareness
- Focus on energy healing
- Elimination of ego motivations

### **Beyond Humanity Awareness**

Beyond Humanity Awareness lie two, nascent levels of identity/awareness—Earth Awareness and Unity awareness. These correspond to the integrating and serving stages of personal development. There are a growing number of people embracing Earth Awareness, but very few who so far have reached the level of Unity Awareness.

### **Earth Awareness**

People operating with this worldview understand the nature of holism. They see the embedded nature of things: they see individuals embedded in families, which in turn are embedded in communities. They see communities and organisation embedded in nations, which in turn are embedded in the living organism we call Earth. They see the interconnectedness of all things. They look at the world and see the interplay of forces and energies. They understand how all the other worldviews operate and integrate.

Whereas the task in the worldview of Humanity Awareness was to bond with yourself—fully align your ego with your soul, the task in the worldview of Earth Awareness is to connect and collaborate with every other human soul for the purpose of safeguarding our physical home—the planet Earth. We become a tribe of soul's caring for all other souls and caring for the soul of the planet. Our ego fears have practically disappeared and rarely influences our decision-making.

In the worldview of People Awareness, we learned to live according to a shared set of values, and in the worldview of Humanity Awareness we learned how to identify our gifts and talents; in Earth Awareness, we learn how to cooperate with others to merge and use our gifts and talents to co-create a new world. We cannot do it on our own; we can only do it together.

Earth awareness recognizes that all living organisms on the planet are interconnected in an energetic web of life. They are individuated aspects of the "Gaia"<sup>11</sup> energy field—every living thing is dependent on the energy field of the Earth for its continuing existence. Our job is to balance our collective energies (the energy field of humanity) so we are in tune with with the energy field of the planet. To make this happen we must work where the energies are the least balanced—where there

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<sup>11</sup> Gaia refers to the Earth as self-regulation complex system which includes all life forms.

is most fear—in the nations where people are struggling to meet their deficiency needs; where they have not yet developed full self-awareness.

At this stage of collective development, we are called upon to integrate energetically with the energy field of humanity and for the energy field of humanity to integrate with the energy field of the planet. This impulse is already showing up in the drive towards sustainable ecological development at the planetary level. In this sense, the UN Sustainable Development goals provide a framework for manifesting Earth Awareness.

### **The cosmology of Earth Awareness**

In the worldview of Earth Awareness, you become the servant of your soul.<sup>12</sup> You let go of any ego-attachment you may have to things being the way your ego wants them. All your needs are met before you are aware you have them. You are guided in all your actions by your soul's inspiration. The energetic connection to other souls is deeply felt. Thoughts are often shared at this level of consciousness without speaking. You recognize that you are a soul with an energy field that manifests in three-dimensional material awareness as a body. The energy field is your only reality. It is through your energy field you connect with the energy field of the planet.

### **Correspondence with the integrating stage of psychological development**

The worldview of Earth Awareness corresponds to the integrating stage of personal development—a focus on connecting and cooperating with others in unconditional loving relationships so you can use your gifts and talents to make a difference in the world. You feel a deep sense of empathy for humanity in general and the Earth in particular.

Here are some of the potential behavioural markers of the worldview of Earth Awareness:

- Ecological justice
- Building the resilience of natural systems
- Energy-based medicine
- High levels of empathy for humans and creatures

### **Unity Awareness**

Unity awareness goes beyond individuated energetic awareness. At this level of awareness, we recognize that we are at one with everything. There is no longer any separation whatsoever. We can transcend our three-dimensional material awareness and see the world we live in through the eyes of unity consciousness.

At this stage of development, we return to undifferentiated wholeness as we learn to operate from the quantum level of existence. We understand that our collective beliefs create our collective reality and personal beliefs create our personal reality. We are the co-creators of the world we experience.

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<sup>12</sup> Richard Barrett, *What My Soul Told Me* (Fulfilling Books: Bath), 2012.



In the worldview of Unity Awareness, we immerse ourselves in the experience of being. There is no focus on past or future and there is a complete absence of separateness. Subject and object merge into one. We live in state of non-duality. It is difficult to say much more about Unity Awareness, because it cannot be described it can only be felt. Words cannot do justice to this level of being.

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<https://www.aahv.global/humanity-awareness-movement.html>