

PASTORAL CARE CHAPLAIN INDIRA JOHNSON-HOWE

I am a Board-Certified Chaplain through NAVAC (National Association of VA Chaplains). I am licensed and ordained as a Chaplain through the Pentecostal Church of God and ACPE. I have a Master of Divinity and a Masters of Christian Counseling Marriage and Family Therapy from Oral Roberts University in Tulsa, OK and a Bachelor of Science in Graphic Design from Florida A&M University.

Military Life: I know and understand the life of military families. I have officially been working with veterans and their families since 2011. As a child raised in the military, I am aware of the stress and strain that frequent moving and deployment has on the family and the individual within the military.

PTSD: I have worked with survivors of PTSD since 1993. I started my career in chaplaincy before I really knew what chaplaincy was. I was certified as a Surgical Technologist in 1992 and worked at Ryder Trauma Center in Miami, Florida when it first opened. I began ministering and counseling individuals and their family members that would come to the Trauma Center for various reasons and traumatic issues. As a Psychosocial Behavioral Specialist, I have worked with at-risk children and teens and their families to find solutions to behavioral issues that disrupt the home. As a Counselor, I have helped with issues of depression, anxiety, ADHD, low-self-esteem, addictive behavior, crisis and various other issues.

My contact information is <u>indirajohnsonhowe@gmail.com</u> or 850-591-5320.

Job 23:10 "But He knows the way I take. When He has tried me, I shall come forth as gold."

"Death is not the greatest loss in Life. The greatest loss is what dies inside while still alive, NEVER SURRENDER." <u>Tupac Shakur</u>