



## JUICES

Bring the glass bottles back & get a dollar off of the next one!

<b>OM</b> <i>Apple, Carrot, Pineapple, Lemon, Ginger, Cayenne</i>  <i>*Spicy</i>	<b>Citrus Mandala</b> <i>Orange, Grapefruit, Lemon, Ginger</i>
<b>The Flatiron</b> <i>Spinach, Green Apple, Celery, Cucumber, Ginger, Lemon</i>	<b>Super Green</b> <i>Kale, Celery, Spinach, Cucumber, Lemon</i>
<b>Madison Green Garden</b> <i>Kale, Pineapple, Cucumber, Apple, Mint</i>	<b>OJ</b> <i>Oranges</i>
	<b>High Line</b> <i>Green Apple, Kale, Celery, Fennel, Cucumber, Lemon</i>
	<b>Beetroot Chakra</b> <i>Lemon, Beet, Apple, Celery, Ginger</i>
	<b>Just Celery</b> <i>Celery</i>

## SHOTS

\$9

<b>DRAGON FIRE</b> <i>Ginger, Lemon, Cayenne</i>
<b>DIGEST BEST</b> <i>Ginger, Apple Cider Vinegar, Celery</i>
<b>BUG SLAYER</b> <i>Garlic, Ginger, Lemon</i>
<b>DETOXIFIER</b> <i>Benonite Clay, Lemon, Beet, Purified Water</i>
<b>TUMERIC SHOT</b> <i>Tumeric, Ginger</i>
<b>SPICY PINEAPPLE</b> <i>Pineapple, Ginger</i>
<b>GINGER SHOT</b> <i>Ginger</i>

## SMOOTHIES

16oz & 24oz

*Vegan/Gluten free*

<b>Deep Blue</b> <b>\$15/17</b> <i>Banana, Dates, Blue Spirulina, Cashews, Chia Seeds, Ginger, Sea Salt, Oat Milk</i>	<b>Piña Colada</b> <b>\$15/17</b> <i>Oranges, Pineapple, Blue Spirulina, Coconut Milk</i>	<b>Super Green Machine</b> <b>\$15/17</b> <i>Kale, Spinach, Pineapple, Ginger, Lemon coconut milk, unflavored pea protein</i>
<b>Warrior I</b> <b>\$15/17</b> <i>Banana, Vanilla Protein, Raw Almond Butter, Cinnamon, Sea Salt, Almond Milk</i>	<b>Besame Matcha</b> <b>\$15/17</b> <i>Banana, Matcha Powder, Moringa Powder, Vanilla Protein, Spinach, Oat Milk</i>	<b>Mint Chocolate Chip</b> <b>\$15/17</b> <i>Banana, Cacao Powder, Chia Seeds, Dates, Mint, Cacao Nibs, Sea Salt, Almond Milk</i>
<b>Mango Lassi</b> <b>\$15/17</b> <i>Mango, Coconut Yoghurt, Lime Juice, Fresh Mint, Coconut Milk,</i>	<b>Espress-OM</b> <b>\$15/17</b> <i>Banana, Blueberries, Cacao Powder, Cashews, Dates, Espresso, Almond Milk</i>	<b>Post Workout Clarity</b> <b>\$15/17</b> <i>Banana, Strawberries, Blueberries, Vanilla Protein, Spinach, Oat Milk</i>

### Latte

**Supercharge your smoothie with superfoods**

<b>PRE/POST WORKOUT</b> <i>Vegan Vanilla Protein (25g)</i> <b>\$2.5</b>	<b>HIGH IN PROTEIN</b> <i>Chia Seeds</i> <b>\$1</b>	<b>FATTY ACIDS OMEGA-3s/6s</b> <i>Hemp Seeds \$1 Almond butter \$2 Peanut butter \$1,5</i>	<b>DETOX</b> <i>BlueSpirulina</i> <b>\$2</b>	<b>ENERGY</b> <i>Matcha Powder</i> <b>\$1</b>	<b>ANTI-INFLAMMATORY /ANTIOXIDANT</b> <i>Tumeric Powder</i> <b>\$1</b>
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## BOWLS

<b>Happiness</b> <b>\$15</b> <i>Banana, Strawberries, Acai, Dates, Sea Salt, Oat Milk</i> <i>Toppings: Banana, GF Granola, Coconut Flakes, Strawberries</i>
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<b>Absolutely Nuts</b> <b>\$15</b> <i>Acai, Banana, Pineapple, Dates, Coconut Milk</i> <i>Toppings: Almond Butter, Banana, Walnuts</i>
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<b>Super Green</b> <b>\$15</b> <i>Kale, Spinach, Pineapple Mango, Pea Protein, Oat Milk</i> <i>Toppings: Gluten-Free Granola, Hemsps Seeds, Chia Seed, banana</i>
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## FOOD

<b>All Day Breakfast Burrito</b> <b>\$14</b>
<b>All Day Breakfast Sandwich</b> <b>\$14</b>
<b>Avocado Toast</b> <b>\$12</b> <i>(on Sourdough or Gf bread)</i>
<b>Peanut Butter Banana Toast</b> <b>\$12</b>
<b>BLT on Wrap or Croissant</b> <b>\$14</b>

## SALADS

<b>Caesar salad</b> <b>\$14</b> <i>Romaine Hearts, Vegan Parmesan, Croutons, Organic Tempeh, Tomatoes, Avocado, Tahini Dressing</i>
<b>BLT salad</b> <b>\$14</b> <i>Arugula, Tempeh, Tomatoes, Avocado, Cashews, House-made Sauce, Hemp seeds</i>

## COFFEE DRINKS

8oz | 12oz

<b>Espresso</b>	<b>\$2.75 / \$3.50</b>
<b>Americano</b>	<b>\$4.50 / \$5.50</b>
<b>Capuccino</b>	<b>\$4.50 / \$5.50</b>
<b>Latte</b>	<b>\$5.50</b>

## WELLNESS LATTES

8oz | 12oz

<b>Matcha Latte</b>	<b>\$4.50 / \$5.50</b>
<b>Turmeric Latte</b>	<b>\$4.50 / \$5.50</b>

*All Drinks can be Prepared Iced*