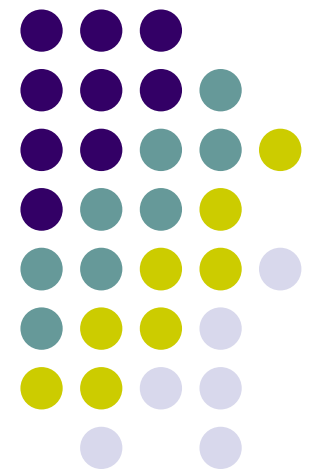


RRT for AKI in the ICU: When & How?

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Professor of Medicine and Clinical &
Translational Science
University of Pittsburgh School of Medicine





Objectives

At the end of this activity, the participant will be able to:

1. Understand the current equipoise related to timing of initiation renal replacement therapy for AKI
2. Choose when to initiate renal replacement therapy in a patient with acute kidney injury
3. Select a modality of renal replacement therapy for a patient with acute kidney injury

Differences Between Renal Support in AKI and ESRD



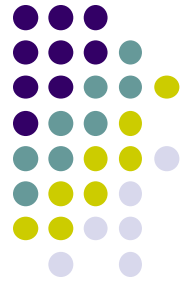
- Time-frame
 - days to weeks versus years
- Burden of concomitant illness
- Hemodynamic instability
- Recoverability of kidney function

Renal Replacement Therapy in Acute Kidney Injury



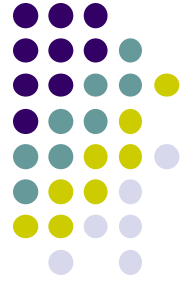
- When should renal replacement therapy be initiated in AKI?
- Which modality is most appropriate?
- What is the appropriate dose of therapy?

Renal Replacement Therapy in Acute Kidney Injury



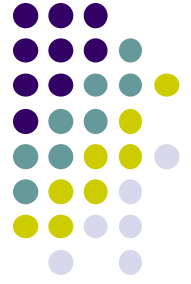
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Renal Replacement Therapy in Acute Kidney Injury

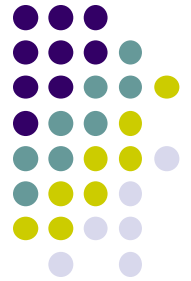


- When should renal replacement therapy be initiated in AKI?
- Which modality is most appropriate?
- What is the appropriate dose of therapy?

Clinical Case 1



You are consulted for possible initiation of RRT for an 82-year-old man who has developed oliguric AKI following emergent CABG. He has a history of HTN, T2DM and COPD but has normal baseline kidney function with a plasma creatinine of 0.9 mg/dL (80 μ mol/L). He presented to the hospital 5 days previously with severe chest pain, was diagnosed with a NSTEMI and underwent urgent coronary angiography which demonstrated severe 3-vessel disease. Surgical management was recommended and two days ago he underwent CABGx5. Post-operatively he was hypotensive, requiring vasopressor support with epinephrine and norepinephrine. His initial cardiac index was 1.3 L/min/m², increasing to 1.9 L/min/m² yesterday and 2.2 L/min/m² today. He has now been weaned off of epinephrine and has a BP of 110/60 mm/Hg on 0.03 mcg/kg/min norepinephrine.



Clinical Case 1, cont.

On exam, he is intubated, sedated, mechanically ventilated. He has decreased breath sounds over his left chest and has 1+ pedal/flank edema. His S_aO_2 is 98% on an F_iO_2 of 0.40 with PEEP of 5 cm H_2O . His I/O and labs are summarized below:

	POD1	POD2	POD3
Intake/Output, (mL)	8,600/930	2,300/430	1,700/520
BUN mg/dL (mmol/L)	22 (7.9)	34 (12.1)	42 (15.0)
Creatinine, mg/dL (μ mol/L)	1.3 (115)	2.4 (215)	3.1 (275)
Potassium, mmol/L	5.1	5.3	5.6
tCO ₂ , mmol/L	24	21	19



Audience Response 1

You are asked by the CT surgeon whether she should place a catheter so that you can begin RRT.

Which ONE of the following strategies should be followed?

- A. Place a catheter and begin RRT immediately
- B. Holding off on placement of the catheter for the time being.

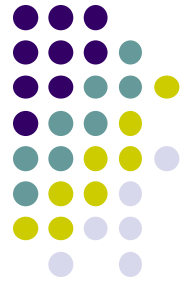
Timing of Renal Replacement Therapy in AKI



“While there is increasing recognition of the value of earlier dialysis, the *published* consensus, and the practice in many centers at present, is still to apply dialysis to relatively ill rather than to relatively healthy patients”

-Teschner PE, et al: Ann Intern Med 1960; 53:992-1016

Timing of Renal Replacement Therapy in AKI



“We would urge that dialyses applied to patients who might otherwise survive should not under any circumstances be considered to be superfluous. Rather, the judgment of whether to undertake dialysis should also be made in view of the possible risks of *not* employing this procedure. We would question both the wisdom and the safety of subjecting patients to several days of avoidable nausea, vomiting, drowsiness and thirst, which not only implies significant discomfort to the patient but may also impose considerable risk of aspiration, pneumonia and other unexpected ‘complications’”

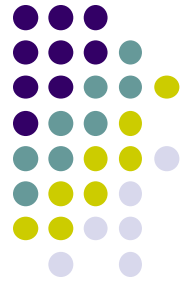
-Teschner PE, et al: Ann Intern Med 1960; 53:992-1016

Indications for Renal Support in Acute Kidney Injury



- Volume overload
- Metabolic acidosis
- Hyperkalemia
- Uremic state
 - encephalopathy
 - pericarditis
- Azotemia without uremic manifestations
- Oliguria

Retrospective Studies of Timing of Hemodialysis in AKI



	n	BUN pre Dialysis (mg/dL)		Survival (%)	
		Early	Late	Early	Late
Parsons et al Lancet 1961; 1:129-134	33	120-150	>200	75	12
Fischer et al Surg Gynecol Obstet 1966; 123:1019-1023	162	~150	>200	43	26
Kleinknecht et al Kidney Int 1972; 1:190-196	500	<93	>163	71	58



“Prophylactic” Dialysis in AKI

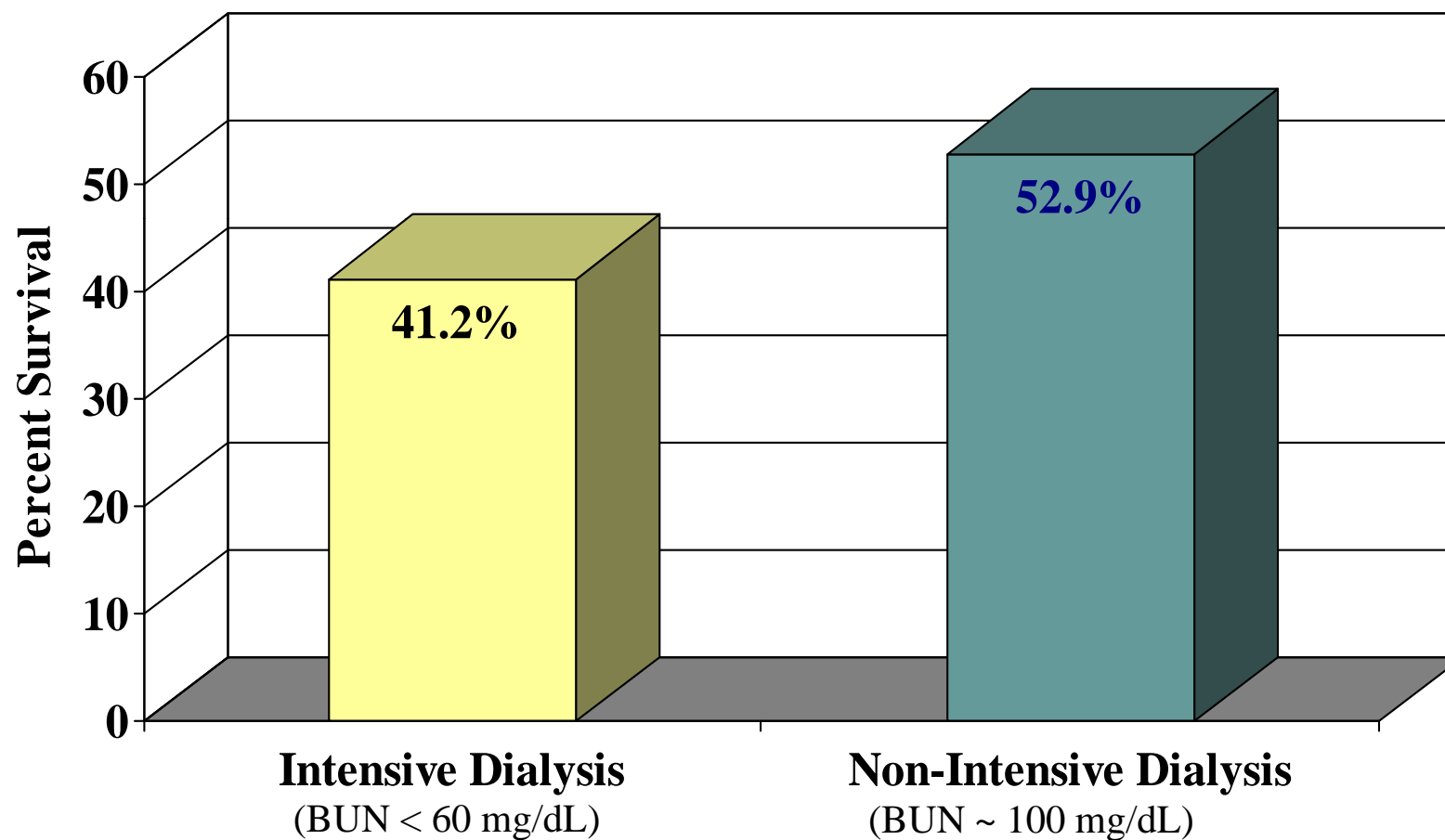
	Group A (n=8)	Group B (n=10)
Complications		
Septic		
Gr (-) sepsis	50%	80%
Peritonitis	36%	50%
Pneumonia	13%	20%
Meningitis	13%	10%
Hemorrhage	36%	60%
Seizures	13%	20%
ARDS	25%	30%
Survival	64%	20%

Group A: BUN < 70 mg/dL, creatinine < 5.0 mg/dL

Group B: BUN ~150 mg/dL, creatinine ~10 mg/dL

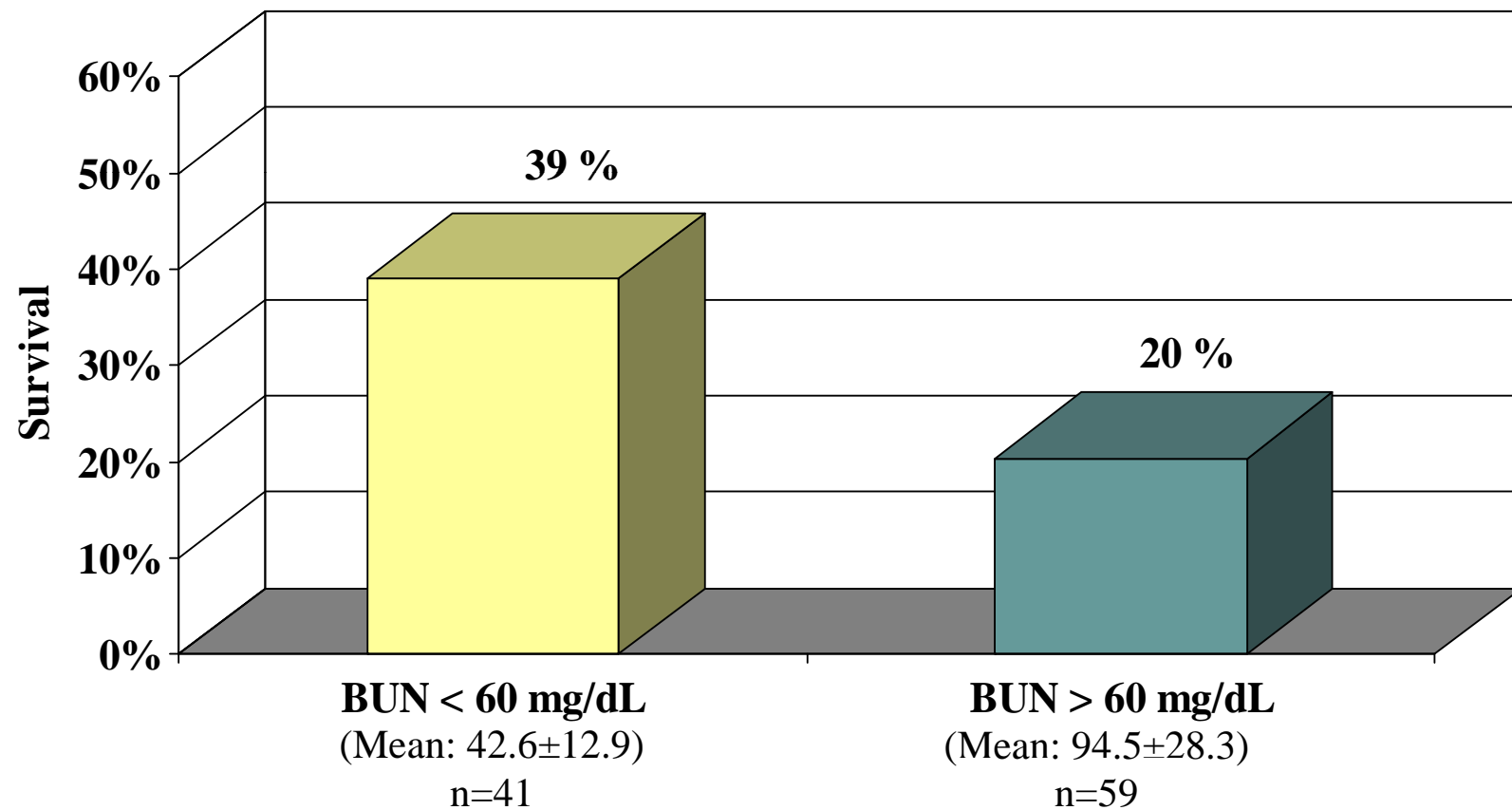


“Intensive” Dialysis in AKI

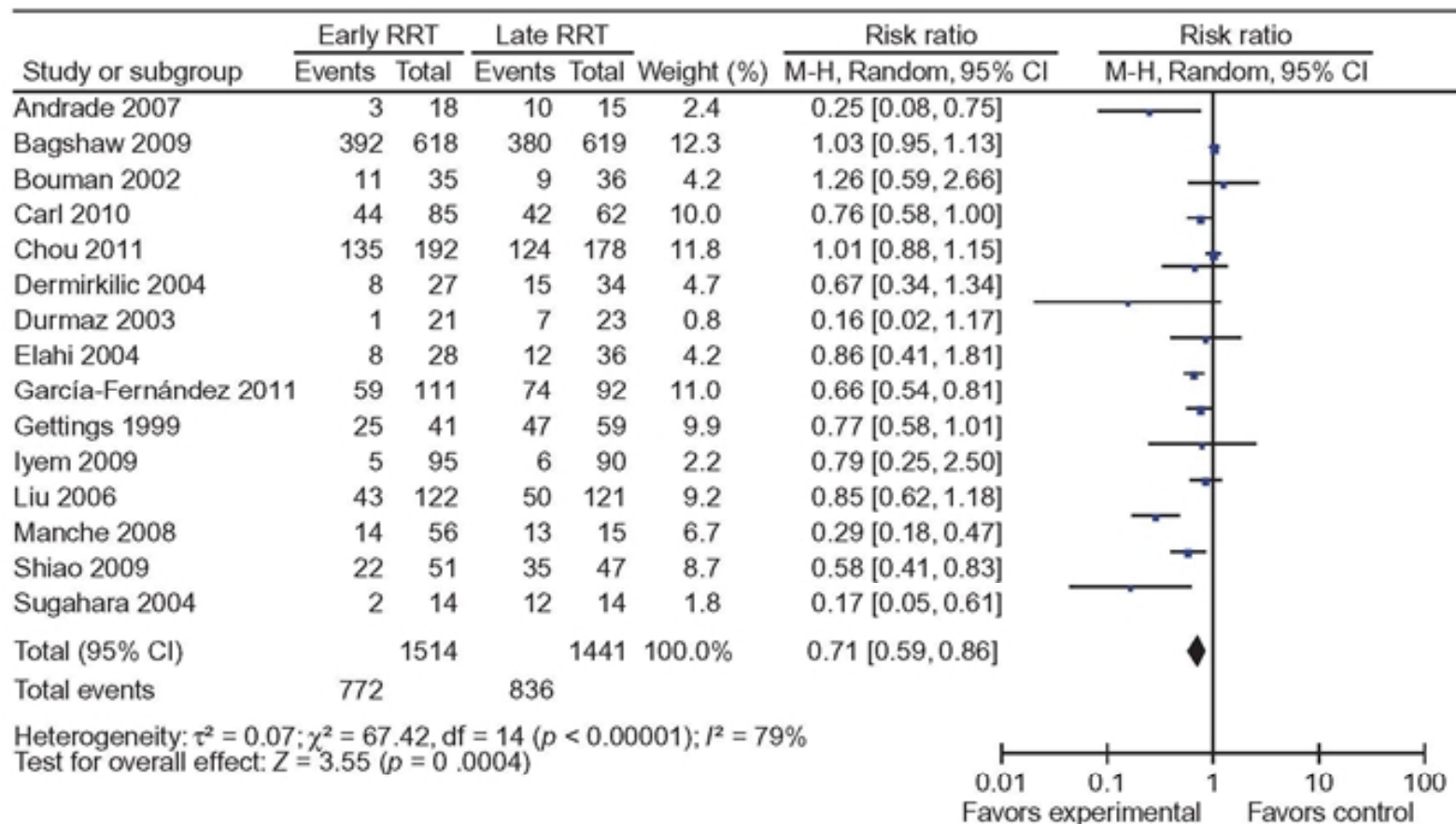
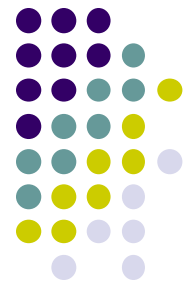


Gillum DM, et al: Clinical Nephrology 1986; 25:249-255

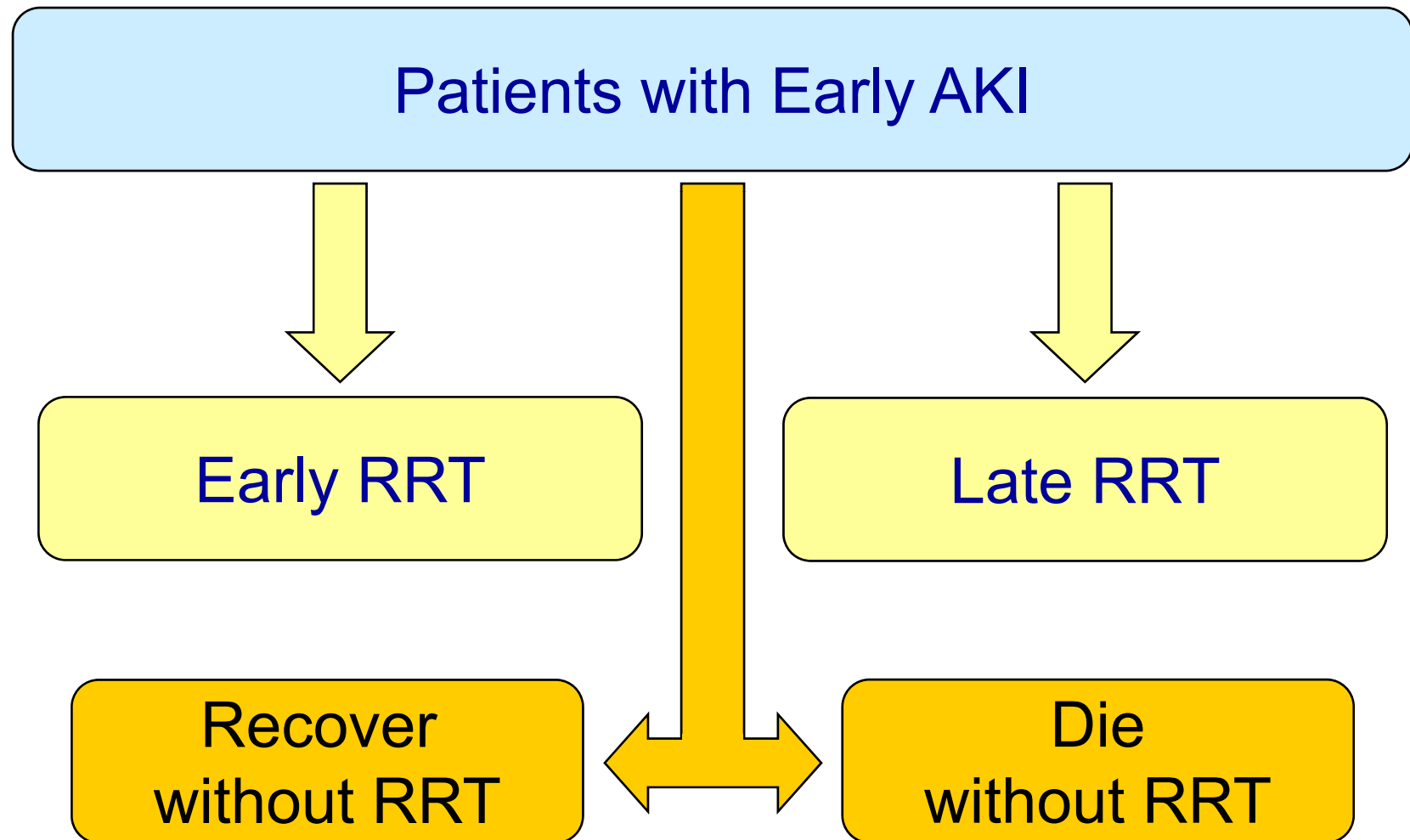
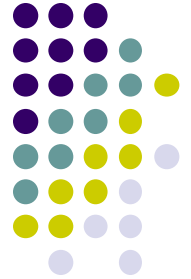
Timing of CVVH in Post-Traumatic AKI



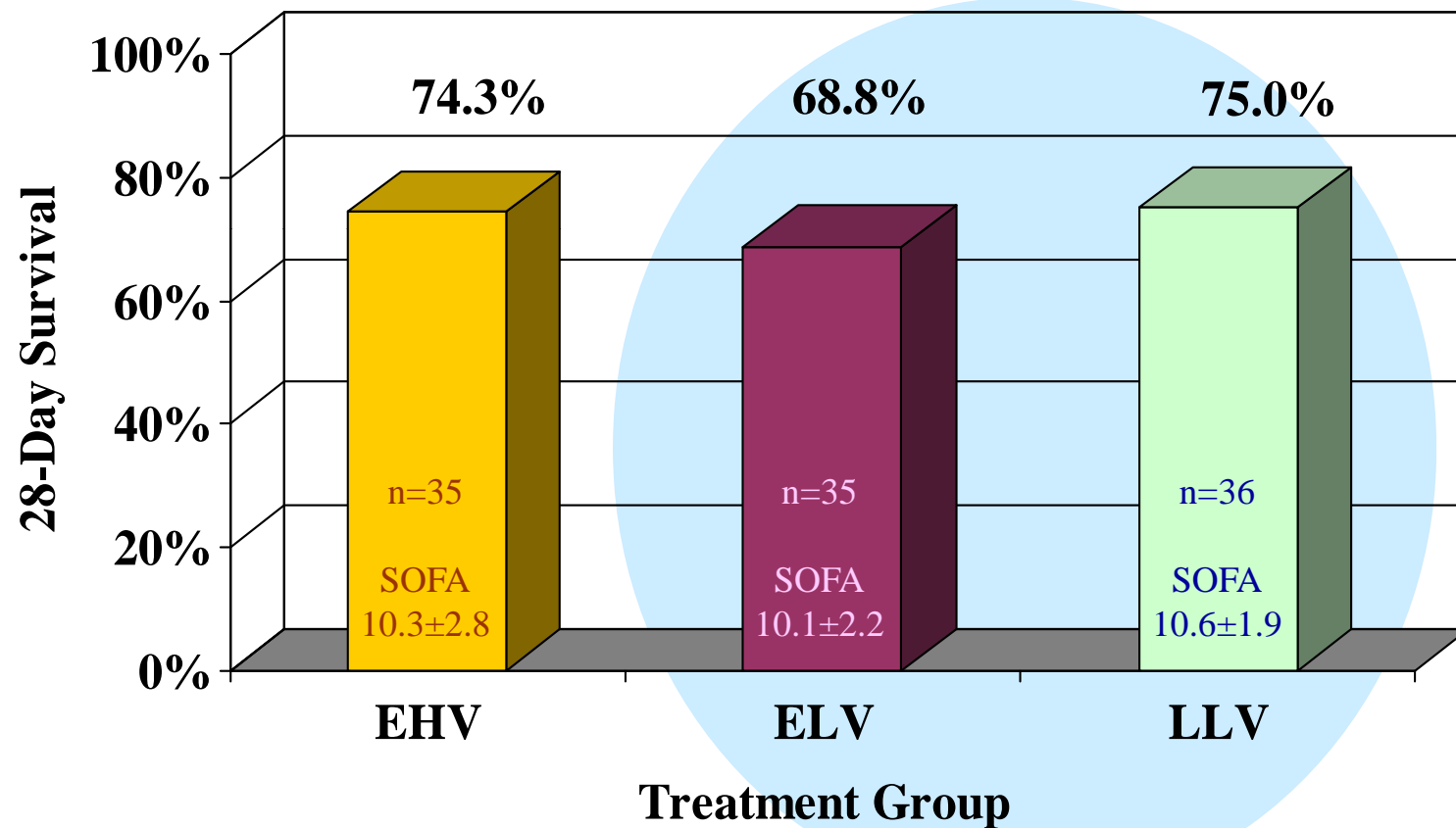
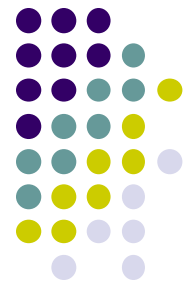
2012 Meta-Analysis of Timing of Initiation of RRT in AKI: Survival



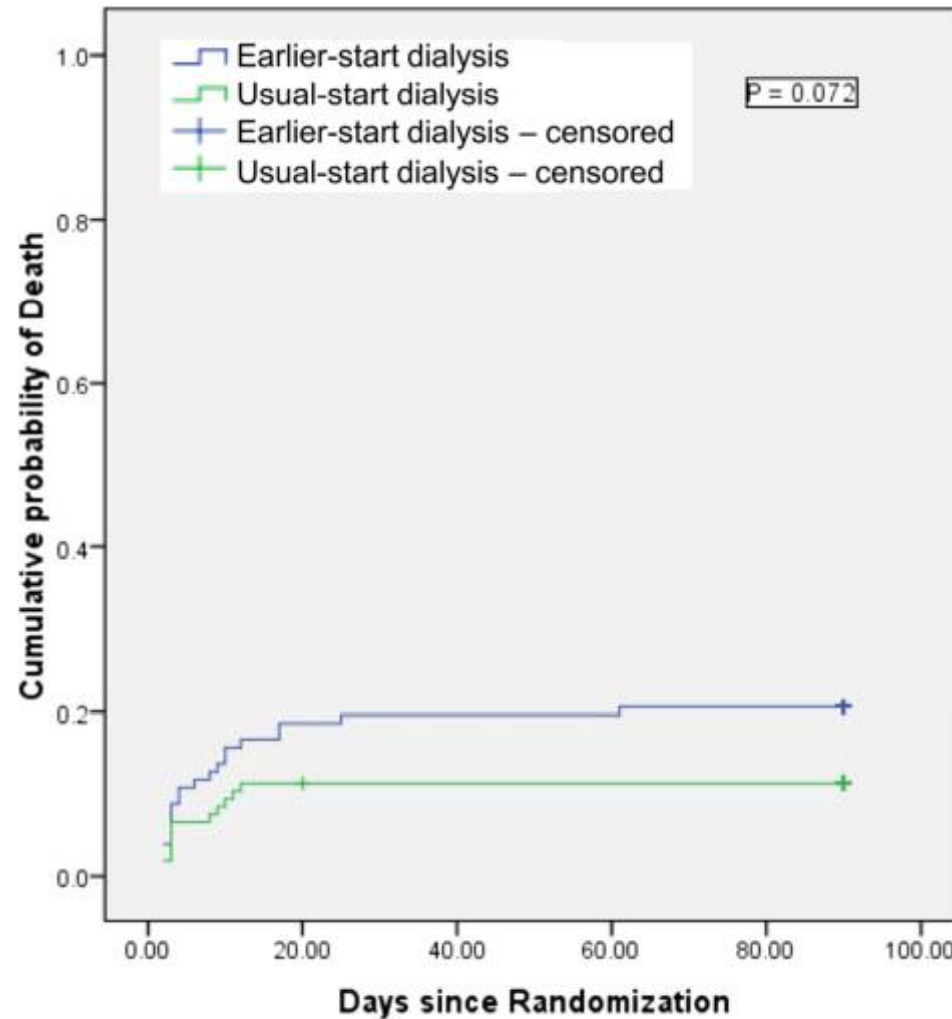
Timing of RRT in AKI



Timing and Dose of CVVH in AKI

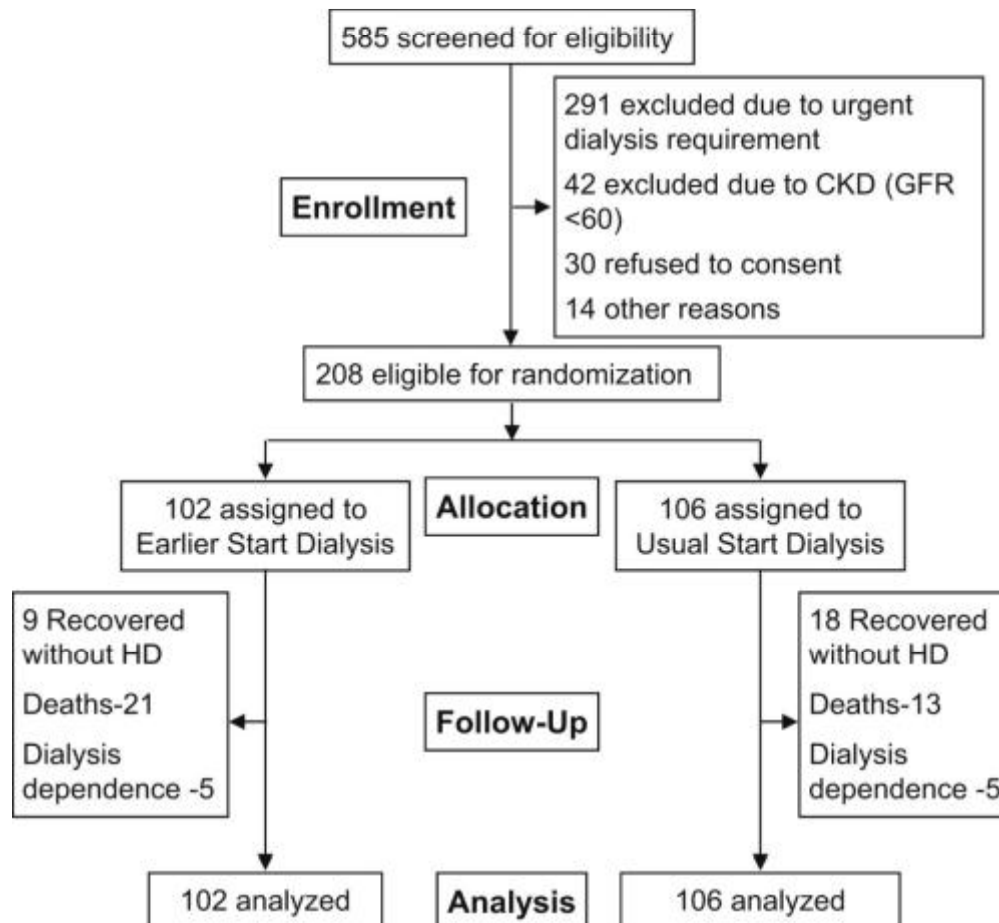


Earlier versus Usual Start of RRT in Community-Acquired AKI



Jamale TE, et al. Am J Kidney Dis 2013; 62:1116-1121

Earlier versus Usual Start of RRT in Community-Acquired AKI



Baseline Data

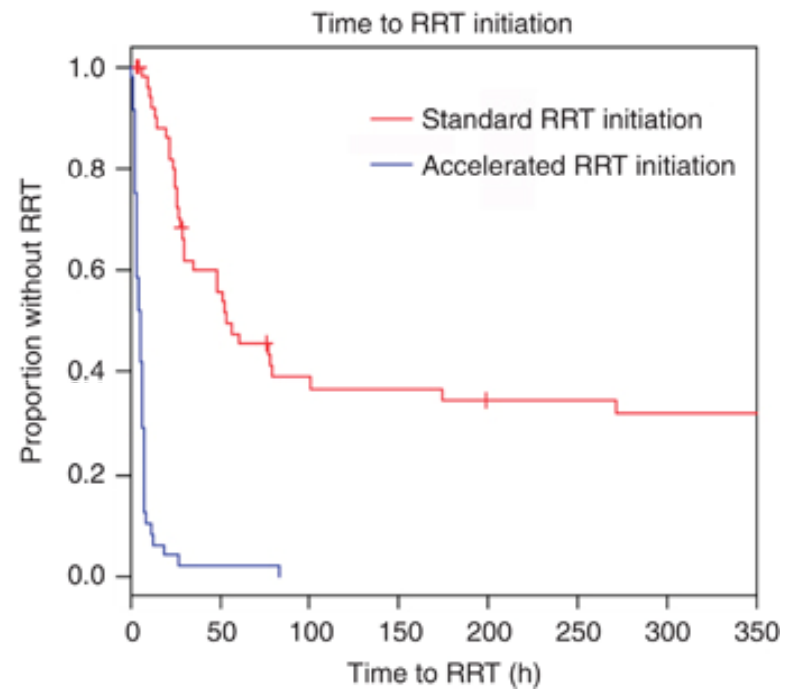
	Early Start	Usual Start
BUN (mg/dL)	71.7±21.7	100.9±32.6
Creatinine (mg/dL)	7.4±5.3	10.4±3.3

STARRT-AKI Pilot

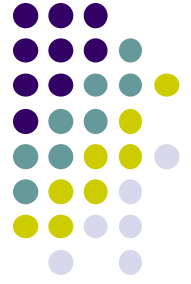


Eligibility Criteria

- Presence of severe AKI (2 of the following)
 - twofold increase in serum creatinine from baseline
 - urine output <6 ml/kg in the preceding 12 h, or
 - whole-blood NGAL ≥ 400 ng/ml)
- <48 hours since doubling of serum creatinine
- Absence of urgent indications for RRT initiation (serum $K^+ \leq 5.5$ mmol/l and $HCO_3^- \geq 15$ mmol/l)
- Low likelihood of volume-responsive AKI (defined CVP ≥ 8 mm Hg).
- Exclusions:
 - Lack of commitment to ongoing life support;
 - presence of an intoxication requiring RRT
 - RRT within the previous 2 months;
 - clinical suspicion of renal obstruction, RPGN or AIN
 - prehospitalization eGFR <30 ml/min per 1.73 m²;
- Equipose among treating team (attending intensivist and nephrologist)
 - Did treating physicians believe believed that either immediate RRT initiation or RRT deferral was mandated.

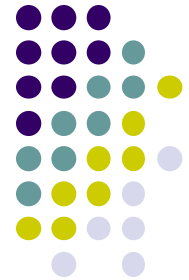


STARRT-AKI Pilot

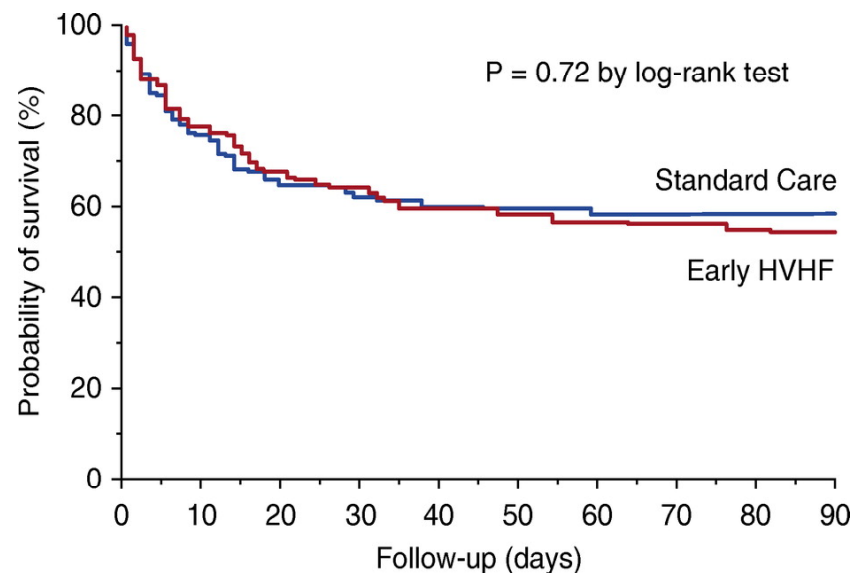
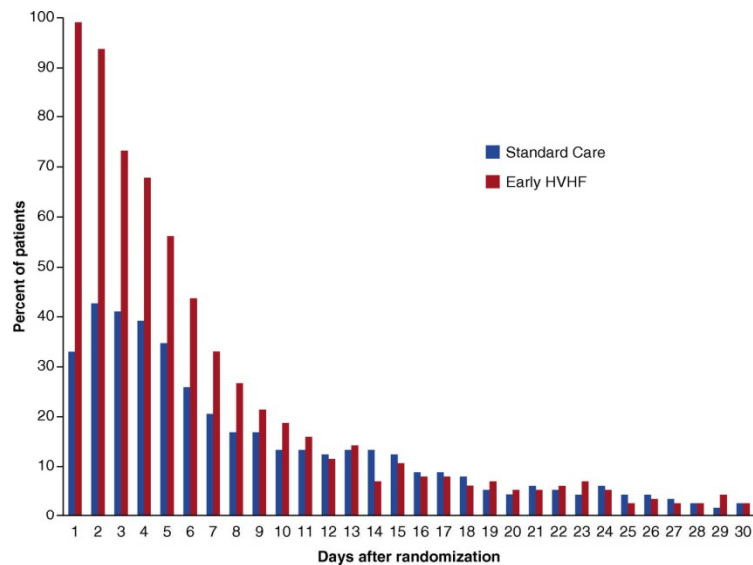


Treatment Group	90-day Mortality
Accelerated Initiation of RRT (n=48)	37.5%
Standard Initiation of RRT (n=52)	36.5%
<i>Received RRT (n=33)</i>	<i>39.4%</i>
<i>Did not receive RRT (n=19)</i>	<i>31.6%</i>

HEROICS Trial



	Early HVHF (N=112)	Delayed CVVHDF (N=112)	OR (95% CI)
Number receiving RRT	111 (99%)	64 (57%)	
30-day mortality	36%	36%	1.00 (0.58-1.73)
90-day mortality	46%	38%	1.34 (0.79-2.28)



Combes, A et al. Am J Respir Crit Care Med 2015;192: 1179-1190

ELAIN Trial

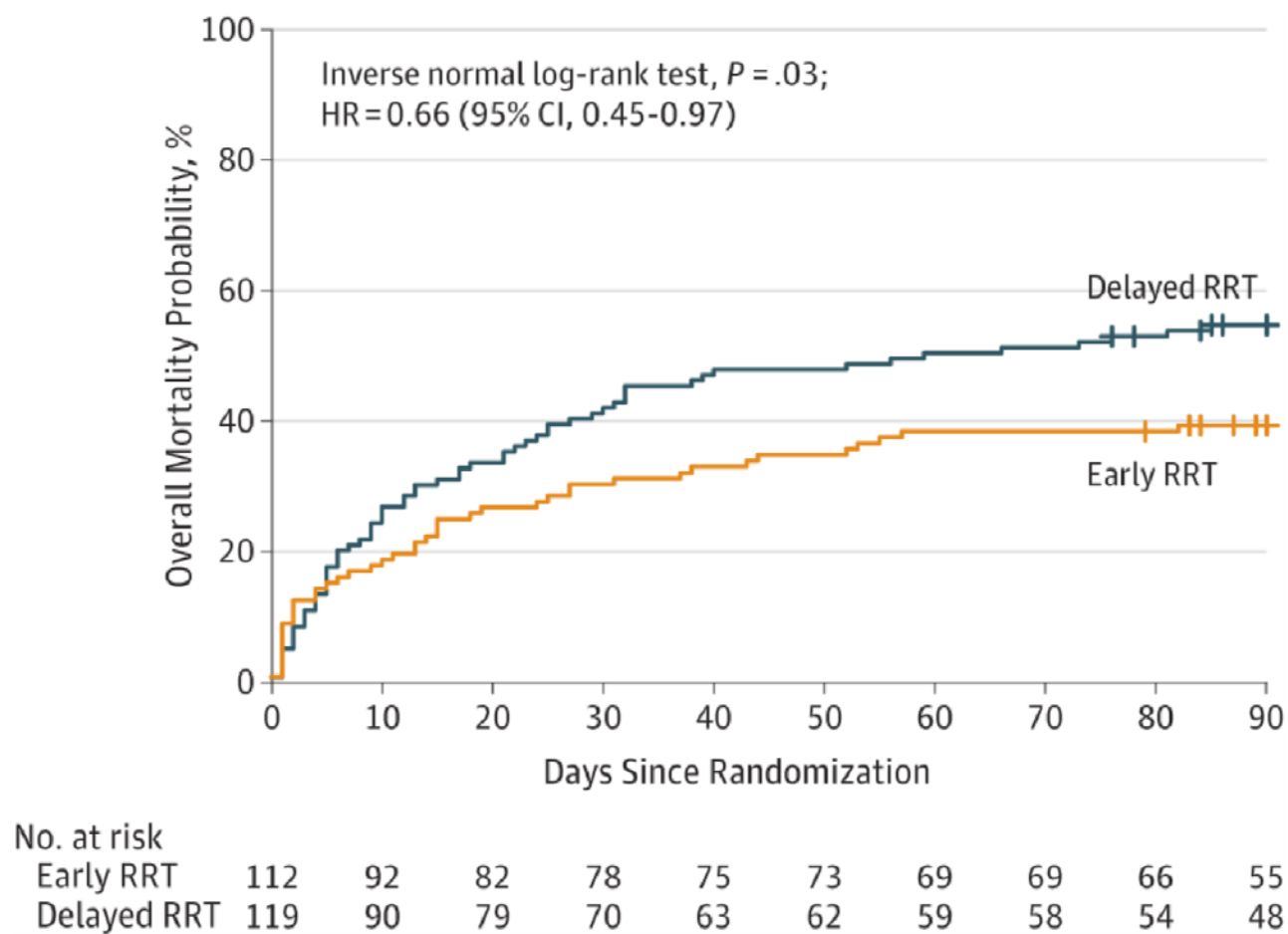


	Early (N=112)	Late (N=119)	Difference, HR or OR (95% CI)	P-value
Received RRT	112 (100%)	108 (91%)		
Median time from stage 2 AKI to RRT (h)	6.0 (4.0-7.0)	25.5 (18.8-40.3)	Difference: -21.0 (-24.0 - -18.0)	<0.001
Serum creatinine at RRT initiation (mg/dL)	1.9±0.6	2.4±1.0	Difference: -0.5 (-0.7 - -0.3)	<0.001
28-day mortality	30.4%	40.3%	OR: 0.64 (0.37-1.11)	0.11
60-day mortality	38.4%	50.4%	OR: 0.61 (0.36-1.03)	0.07
90-day mortality	39.3%	54.7%	HR: 0.66 (0.45-0.97)	0.03

Zarbock A, et al. JAMA 2016; 315: 2190-2199



ELAIN Trial



Zarbock A, et al. JAMA 2016; 315: 2190-2199

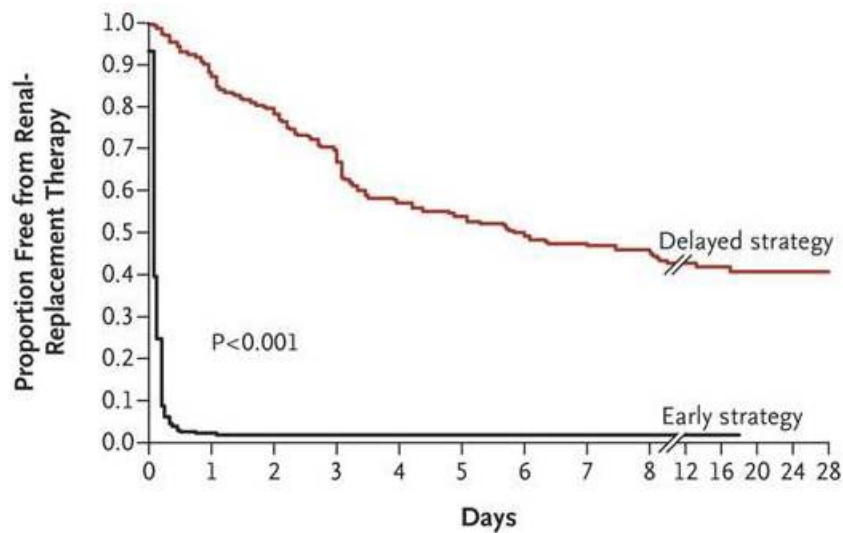
AKIKI Trial



	Early (N=311)	Late (N=308)	HR (95% CI)	P-value
Received RRT	305 (98%)	157 (51%)		
Median time from stage 3 AKI to RRT (h)	4.3 (2.7-5.9)	57 (28-83)		<0.001
Serum creatinine at RRT initiation (mg/dL)	3.3±1.4	5.3±2.3		<0.001
Total number of RRT sessions	1665	943		
Median number of RRT sessions per patient	3 (2-7)	4 (2-8)		0.15
28-day mortality	41.6%	43.5%		
60-day mortality	48.5%	49.7%	1.03 (0.82-1.29)	0.79

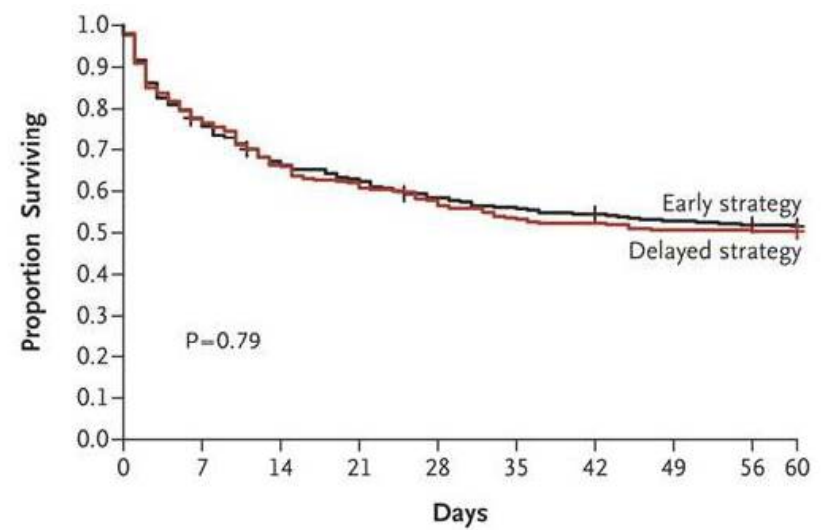
Gaudry S, et al. N Engl J Med 2016; 375: 122-133

Time to Initiation of RRT



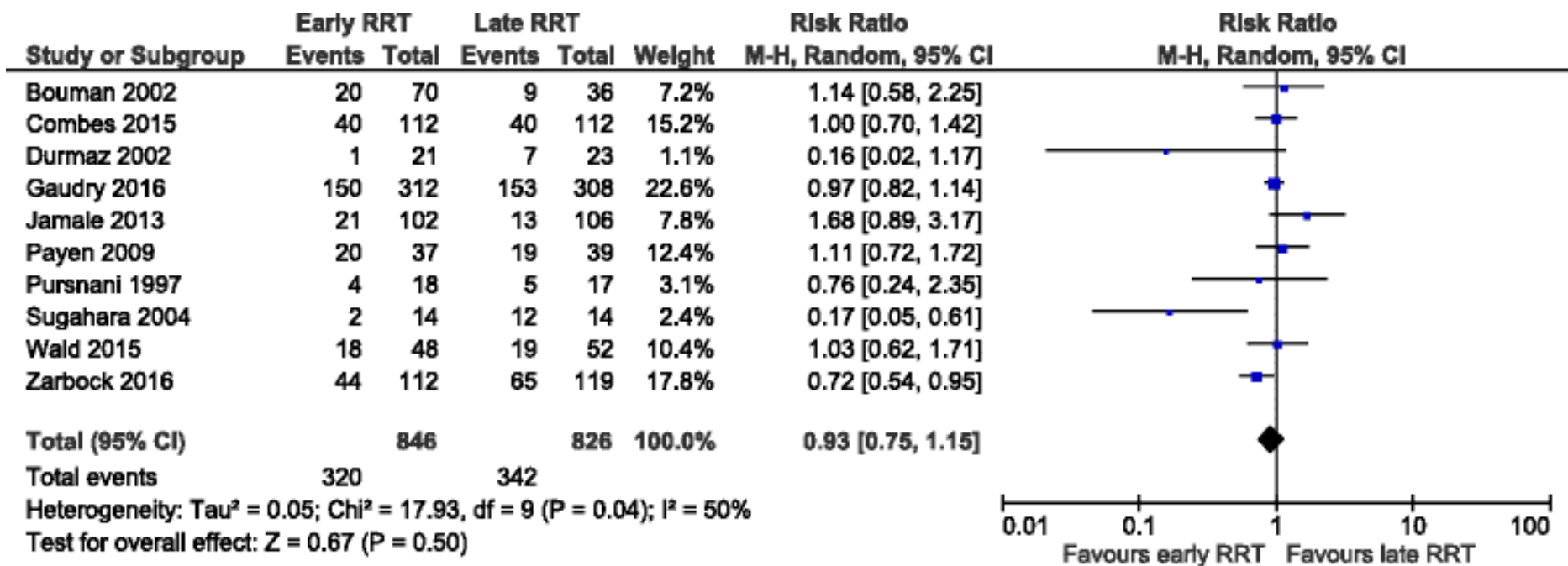
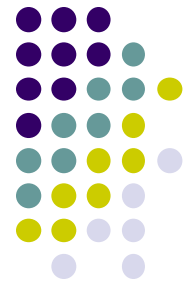
No. at Risk																
Early strategy	311	7	4	4	4	4	3	3	3	1	1	0	0	0		
Delayed strategy	308	268	229	192	153	135	118	105	92	61	39	28	21	13		

Survival



No. at Risk		31 Dec 2007		31 Dec 2008		31 Dec 2009		31 Dec 2010		31 Dec 2011	
Early strategy	311	241	207	194	179	172	167	161	158	157	
Delayed strategy	308	239	204	191	178	165	161	156	156	155	

Meta-Analysis of Trials of Timing of RRT in AKI

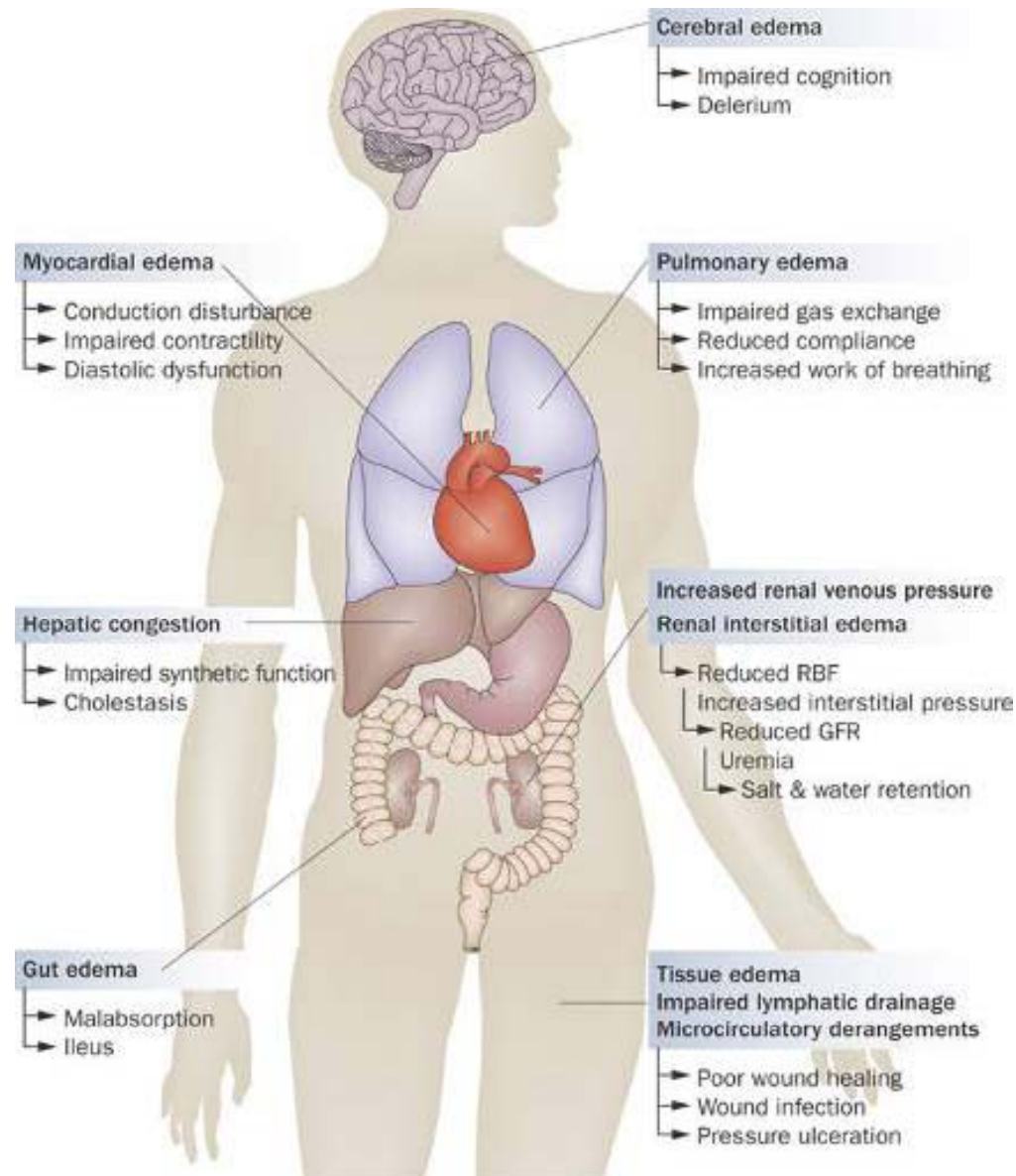


Ongoing RCTs of Timing of RRT in AKI

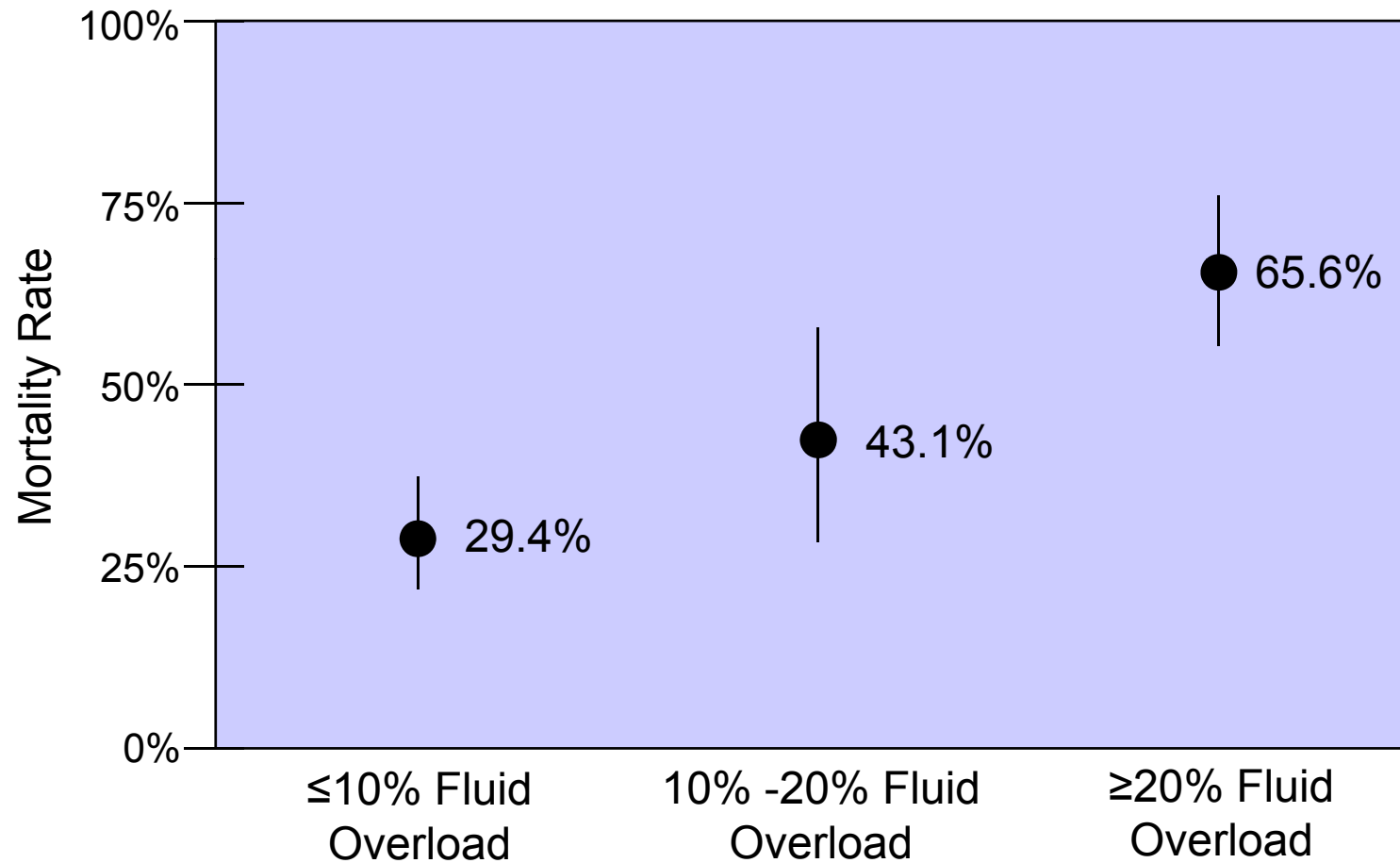
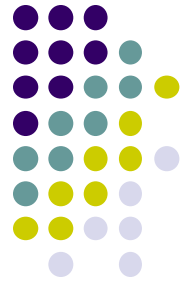


Study	Location	Start Date	Target Enrollment
Initiation of Dialysis Early Versus Late in Intensive Care Unit (IDEAL-ICU)	France	July 2012	824
Standard Versus Accelerated Initiation of Dialysis in Acute Kidney Injury (STARRT-AKI)	Multinational	Fall 2015	2,866

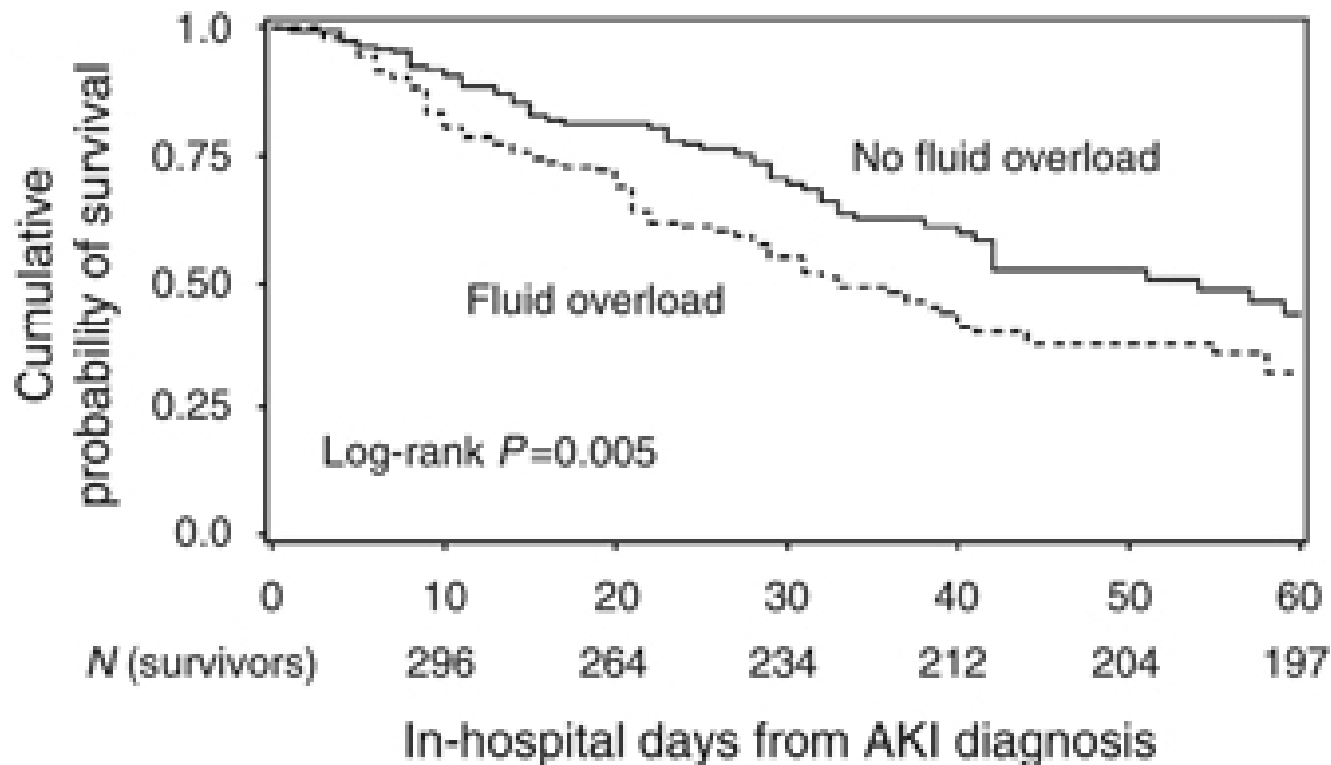
Sequelae of Fluid Overload



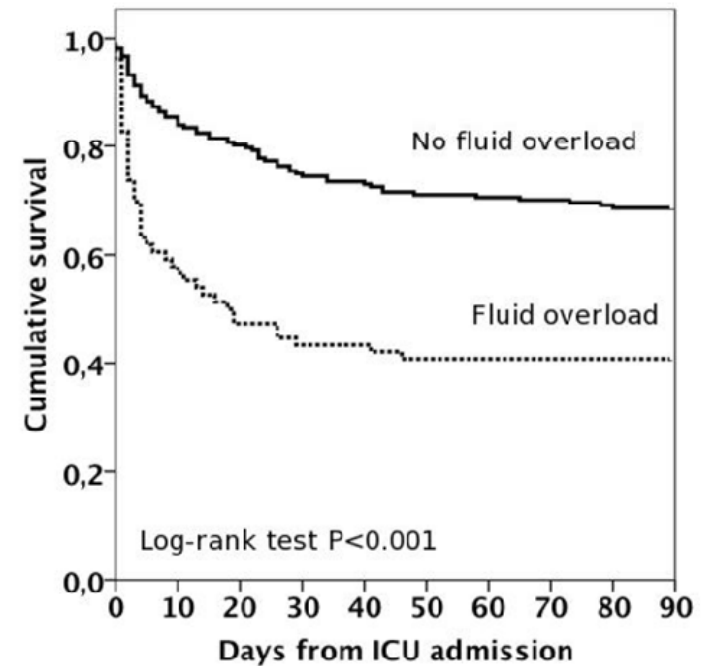
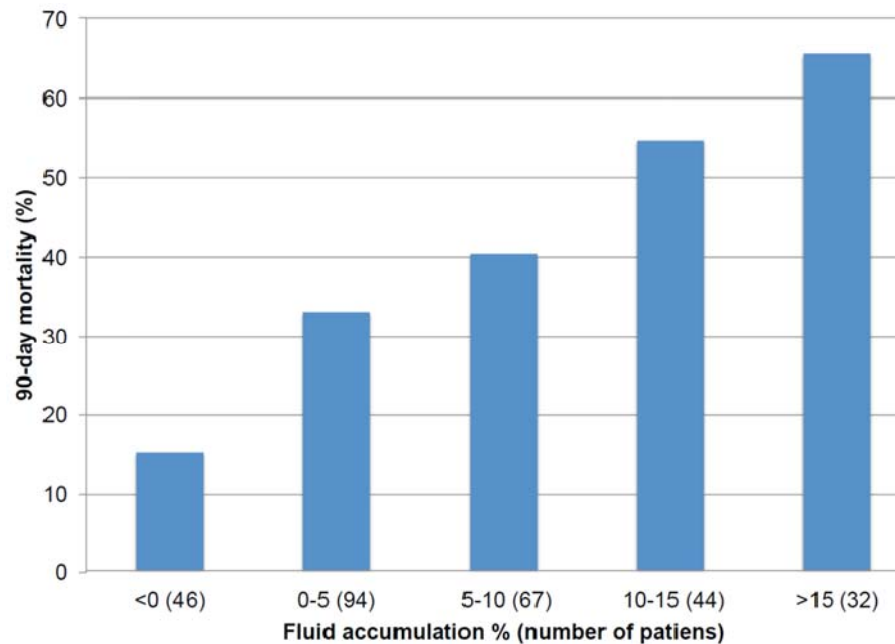
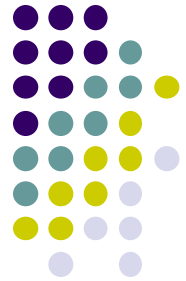
Mortality and Fluid Overload in Pediatric CRRT Patients



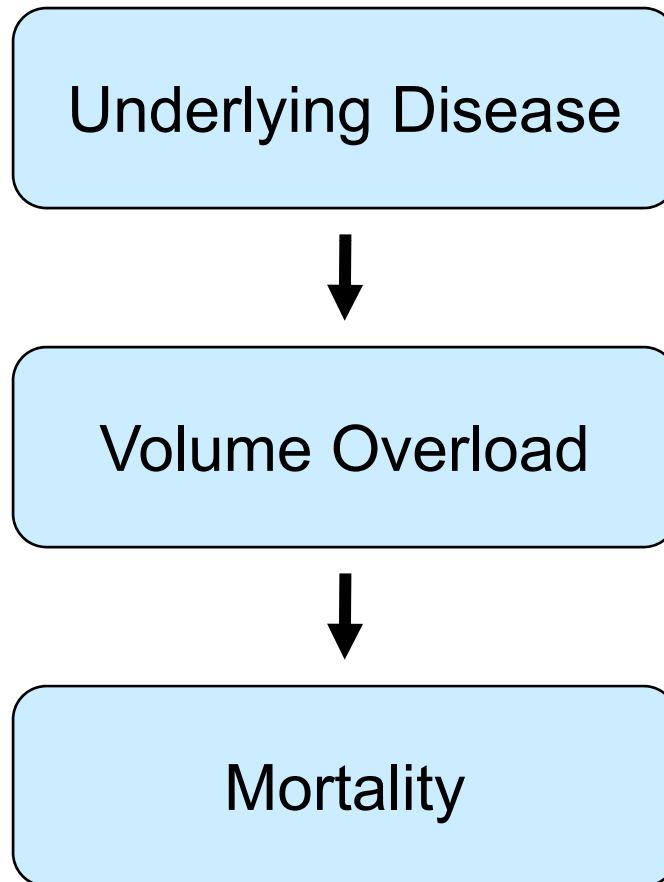
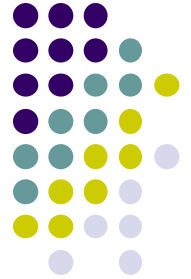
PICARD Study: Impact of Fluid Overload at Initiation of RRT



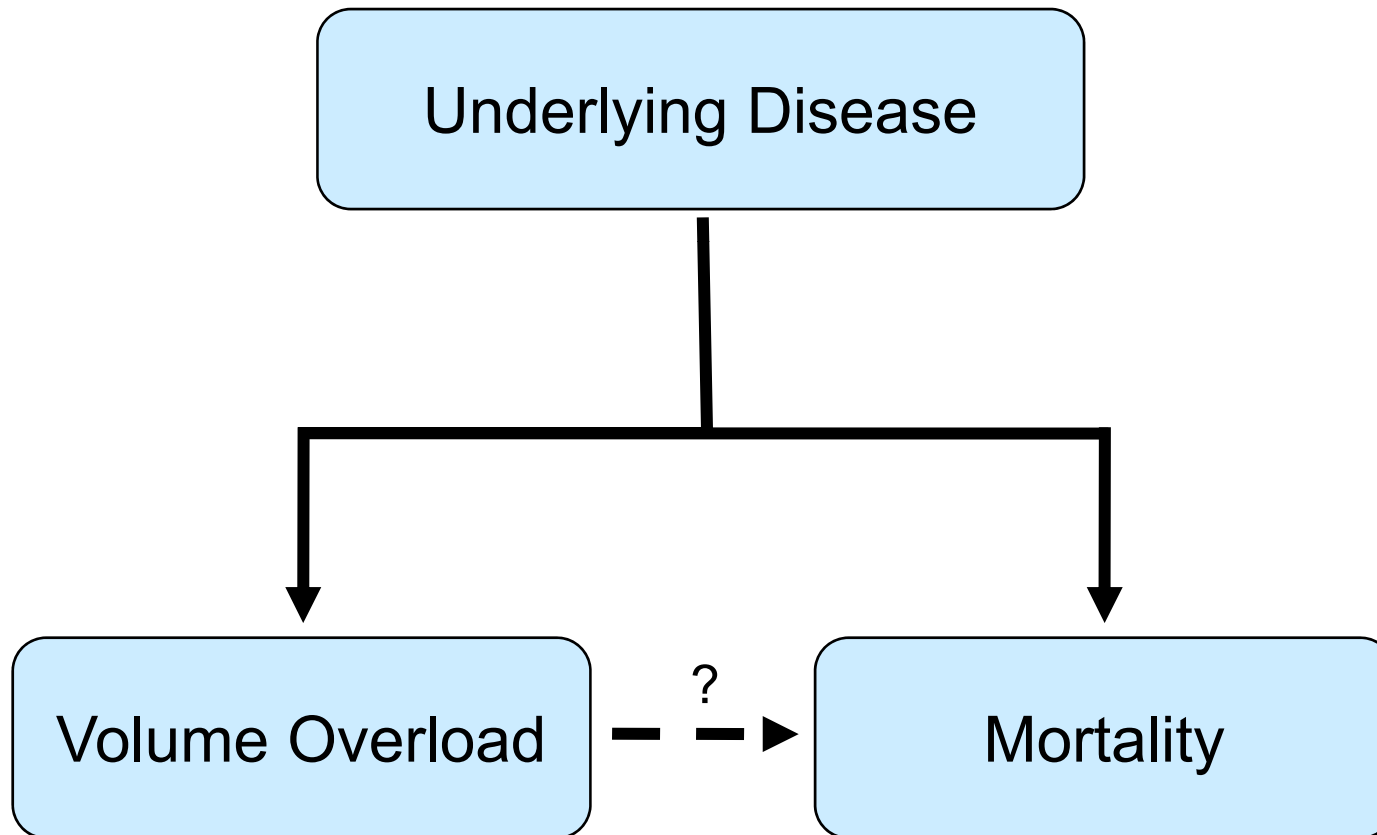
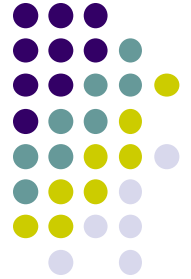
FINNAKI Study: Volume Overload at RRT Initiation and Mortality



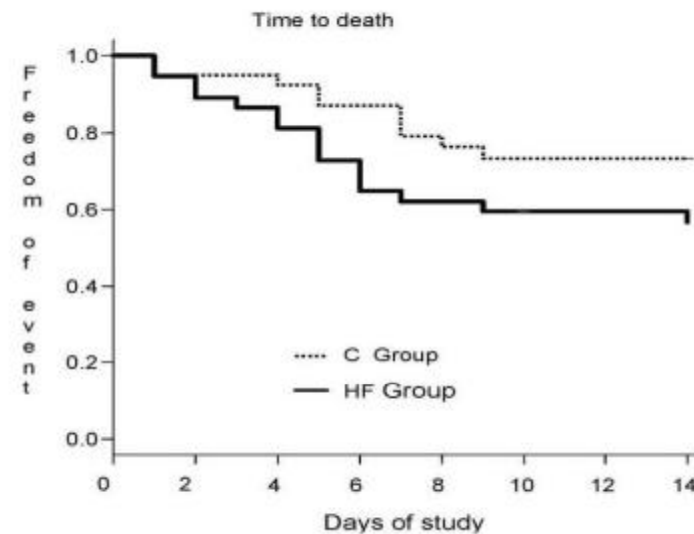
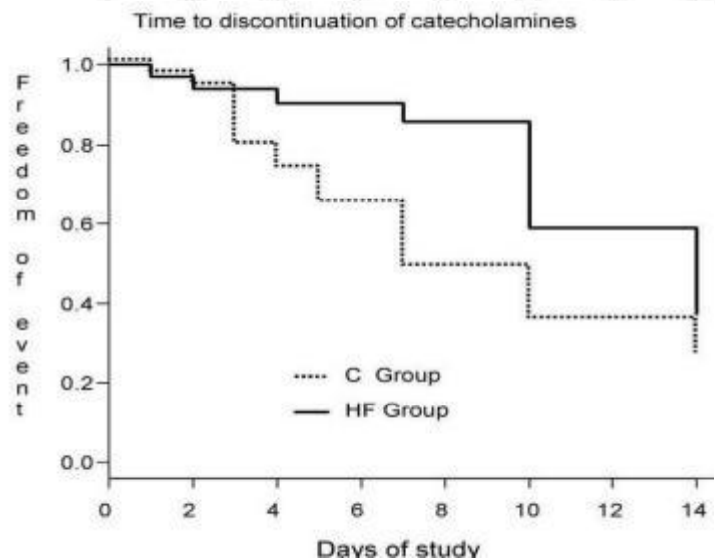
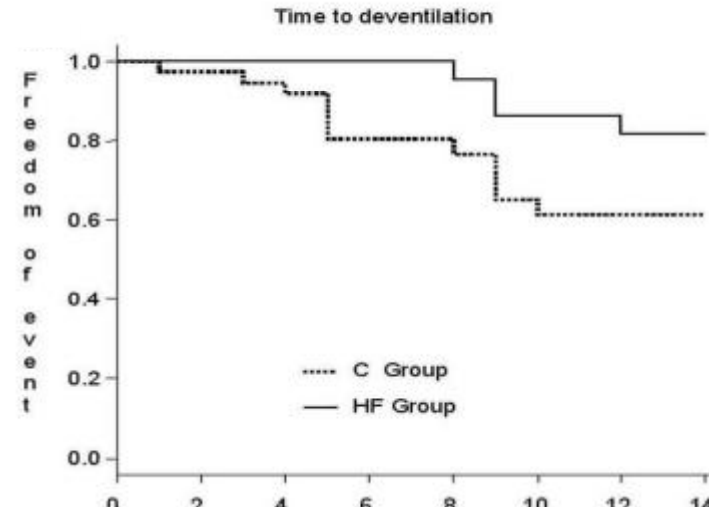
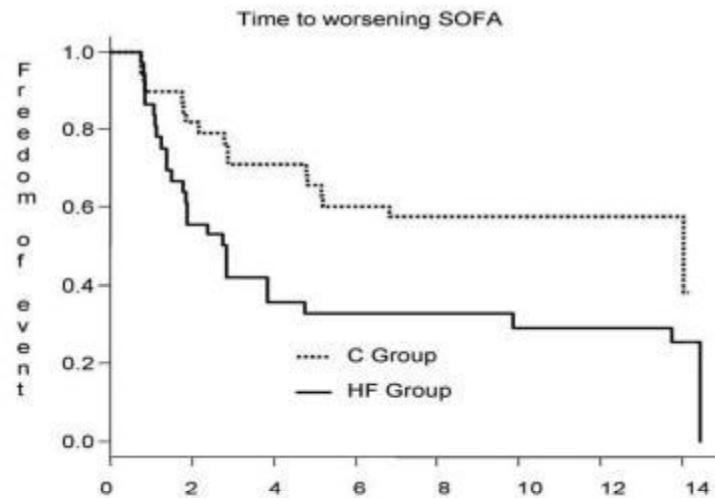
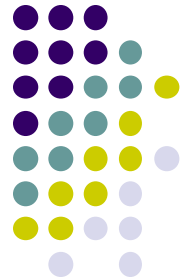
Fluid Balance, Initiation of RRT and Mortality



Fluid Balance, Initiation of RRT and Mortality

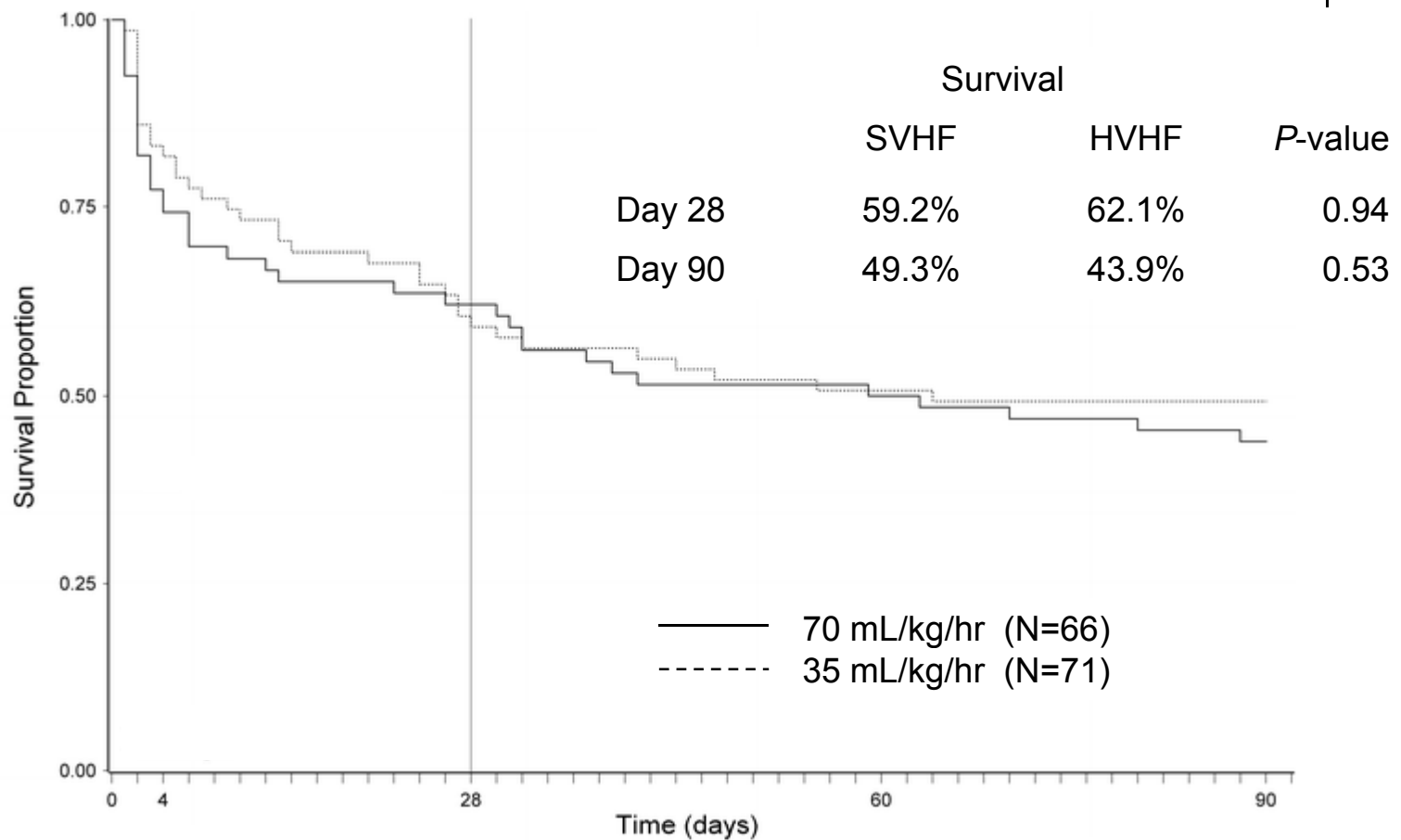


Isovolemic Hemofiltration in Sepsis

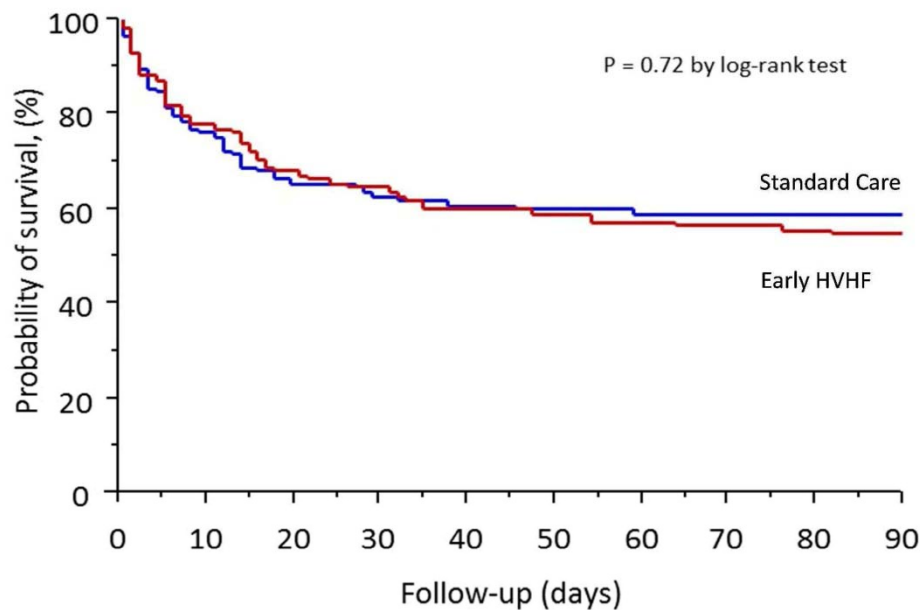


Payen D, et al. Crit Care Med 2009; 37:803-810

High vs. Standard Volume CVVH in Septic Shock: *IVOIRE* Study



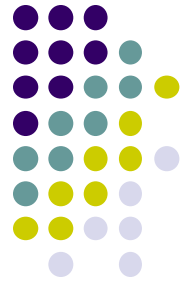
HVHF post-Cardiac Surgery: *The HEROICS Trial*



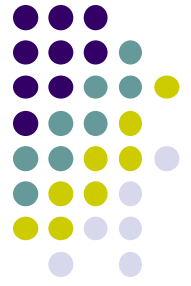
30 Day Mortality

	HVHF (n=112)	Usual Care (n=112)
All patients	40/112 (36%)	40/112 (36%)
RRT		32/64 (50%)
No RRT		8/48 (17%)

KDIGO Acute Kidney Injury Clinical Practice Guidelines



- 5.1.1: Initiate RRT emergently when life-threatening changes in fluid, electrolyte, and acid-base balance exist (*Not Graded*)
- 5.1.2: Consider the broad clinical context, the presence of conditions that can be modified with RRT, and trends of laboratory tests – rather than single BUN and creatinine thresholds alone – when making the decision to start RRT (*Not Graded*)



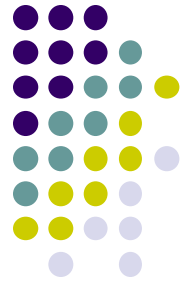
Clinical Case 1 follow-up

The patient appeared to be improving hemodynamically and his urine output was slowly increasing. We decided to defer placement of the dialysis catheter but performed a “Furosemide Stress Test”

His urine output over the 2 hours after a dose of 1.5 mL/kg furosemide was 350 mL

Over the next three days his urine output progressively increased, his serum creatinine peaked at 4.4 mg/dL (360 μ mol/L) and RRT was not initiated

At hospital discharge, on POD 10, his serum creatinine was 1.4 mg/dL (125 μ mol/L)

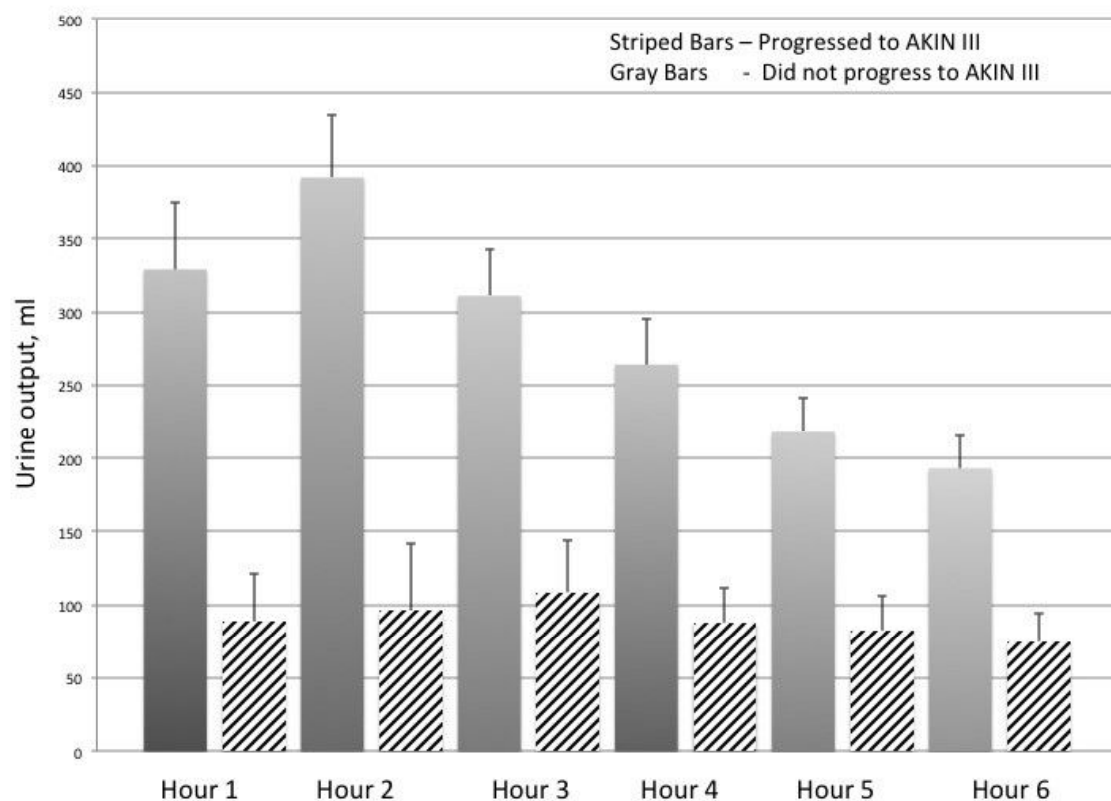


Furosemide Stress Test

- AKIN/KDIGO Stage 1 or 2 AKI
- Administration of dose of IV furosemide
 - 1.0 mg/kg if loop-diuretic naïve
 - 1.5 mg/kg if received loop-diuretic in preceeding week
- A urine output of <200 mL over the ensuing 2 hours predicted progression to Stage 3 AKI



Furosemide Stress Test



Test parameters based on UOP of ≤ 200 mL over 2 hours

	AKIN 3	AKIN 3 /Death
Sensitivity	87.1%	90.0%
Specificity	84.1%	74.2%
AUC	0.87	0.81

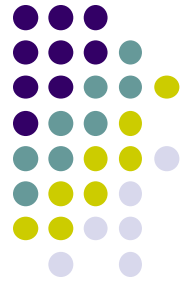
Furosemide Stress Test and Biomarkers



Biomarker	AUC±SEM	P Value for Biomarker Alone	P Value Compared With FST alone	AUC of Biomarker and FST±SEM	P Value for Biomarker and FST Compared With FST Alone
FST (2-hr UOP)	0.87±0.05	<0.001	NA	NA	NA
Urine NGAL	0.65±0.06	0.04	0.002	0.84±0.05	0.10
Urine IL-18	0.65±0.07	0.04	0.009	0.85±0.05	0.89
Urine KIM-1	0.63±0.06	0.07	0.007	0.86±0.05	0.79
Uromodulin	0.54±0.07	0.54	0.002	0.85±0.05	0.94
Urine IGFBP-7	0.62±0.09	0.20	<0.001	0.88±0.05	0.57
Urine TIMP-2	0.70±0.08	0.03	0.02	0.83±0.06	0.20
Urine IGFBP-7×TIMP-2	0.69±0.08	0.04	0.01	0.90±0.06	0.35
Urine Creatinine	0.48±0.08	0.77	<0.001	0.84±0.06	0.85
Urine ACR	0.56±0.07	0.45	0.002	0.84±0.06	0.32
FeNa	0.51±0.07	0.92	<0.001	0.83±0.06	0.47
Plasma NGAL	0.75±0.08	0.007	0.10	0.86±0.07	0.53

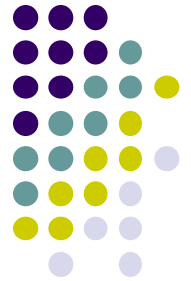
NA, not applicable; ACR, albumin-to-creatinine ratio.

Renal Replacement Therapy in Acute Kidney Injury



- When should renal replacement therapy be initiated in AKI?
- Which modality is most appropriate?
- What is the appropriate dose of therapy?

Clinical Case 2

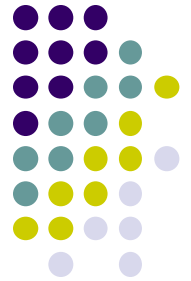


You are asked to evaluate a 53-year-old man with oligoanuric AKI which has developed in the setting of abdominal sepsis and ARDS. The patient was admitted 4 days ago with severe diverticulitis with abdominal soiling. Blood cultures were positive for *E. coli* and he is on broad spectrum antibiotics. He was initially vasopressor dependent on high-dose norepinephrine, but now has a BP of 100-110/50-60 mmHg on 0.03 mcg/kg/min of norepinephrine. He remains intubated, sedated and mechanically ventilated.

His urine output has been 50-70 mL per day over the past 2 days and his I/O is positive by 9.8 L since admission. His plasma creatinine has increased from 1.1 mg/dL (100 μ mol/L) to 4.5 mg/dL (400 μ mol/L), his potassium is 5.8 mmol/L and his tCO₂ is 18 mmol/L.

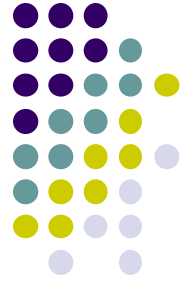
His CXR demonstrates bilateral infiltrates and his ABG has a pH is 7.22, Pco₂ 45 mmHg, and Po₂ 65 mmHg on an F_iO₂ of 0.7 with PEEP of 12.5 cm H₂O

Audience Response 2



You decide to begin RRT. Which ONE of the following modalities of RRT do you choose to use?

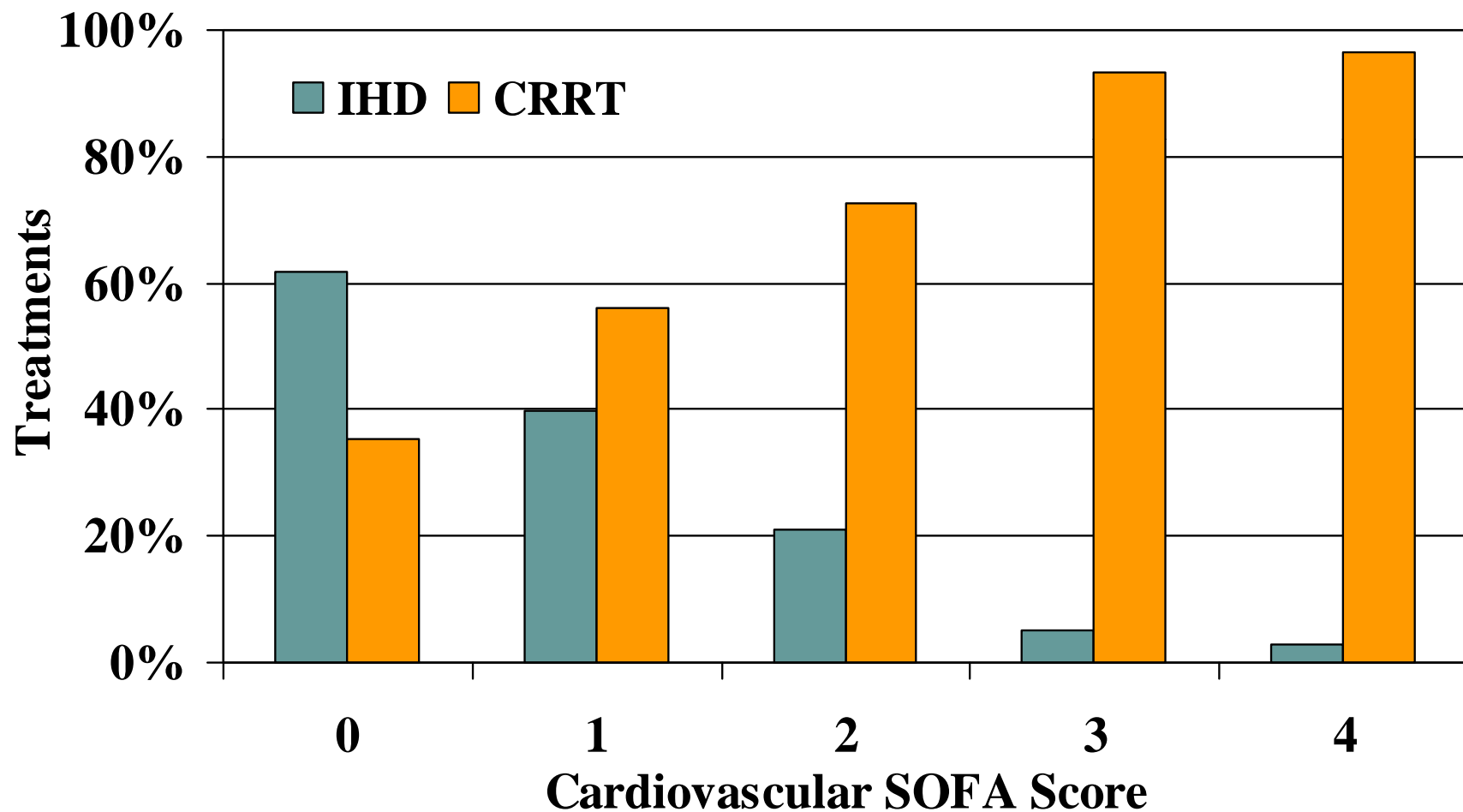
- A. Intermittent hemodialysis (IHD)
- B. Prolonged intermittent renal replacement therapy (PIRRT)
- C. Continuous venovenous hemofiltration (CVVH)
- D. Continuous venovenous hemodialysis (CVVHD)
- E. Peritoneal dialysis (PD)



Modalities of RRT for AKI

- Intermittent hemodialysis
- Continuous therapies
 - Continuous hemofiltration
 - Continuous hemodialysis
 - Continuous hemodiafiltration
- Prolonged intermittent RRT
- Peritoneal dialysis

ATN Study: Observational Cohort

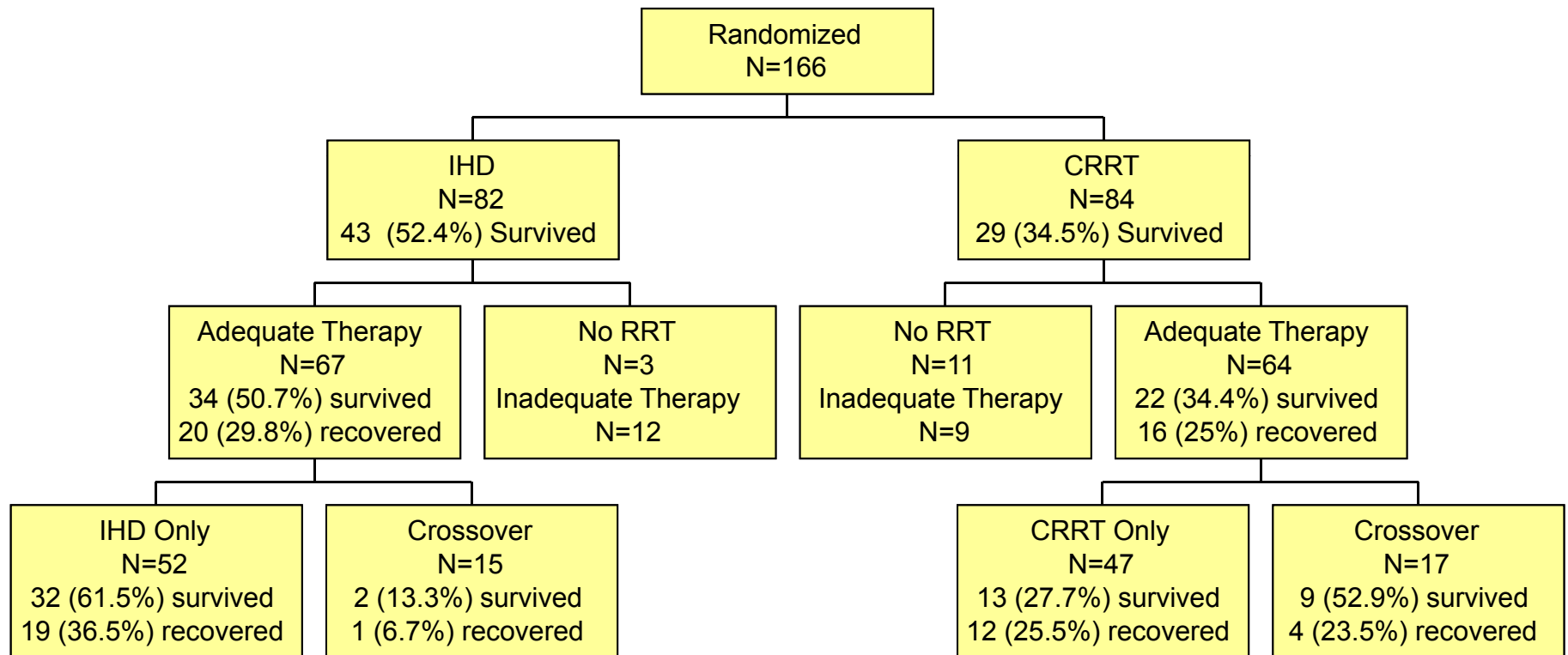


Continuous vs. Intermittent Therapy in Acute Kidney Injury



	CRRT	IHD	p value
N	84	82	
APACHE II Score	23.7	25.5	NS
APACHE III Score	96.4	87.7	0.045
ICU Mortality	59.5%	41.5%	0.02
Hospital Mortality	65.5%	47.6%	0.02
ICU Length of Stay	15.1 days	16.7 days	NS
Renal Recovery	34.9%	33.3%	NS

Continuous vs. Intermittent Therapy in Acute Kidney Injury





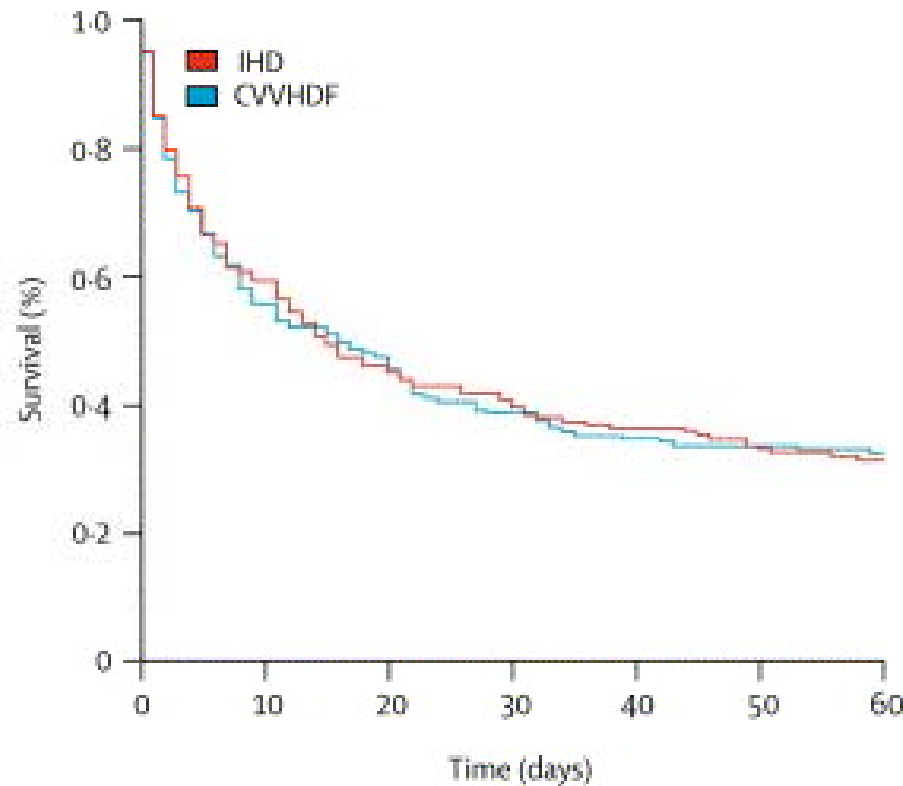
CRRT vs. IHD in Acute Kidney Injury: *Hemodiafe* Study

	IHD (n=184)	CVVHDF (n=175)
Vasopressors	86%	89%
Mechanical Ventilation	95%	98%
Sepsis	69%	56%*
SAPS II	64	65
Crossovers	6	31
Duration of RRT (days)	11	11
60-day survival	31.5%	32.6%#

*p=0.01; #p=0.98

Vinsonneau C, et al: Lancet 2006; 368:379-385

CRRT vs. IHD in Acute Kidney Injury: *Hemodiafe* Study

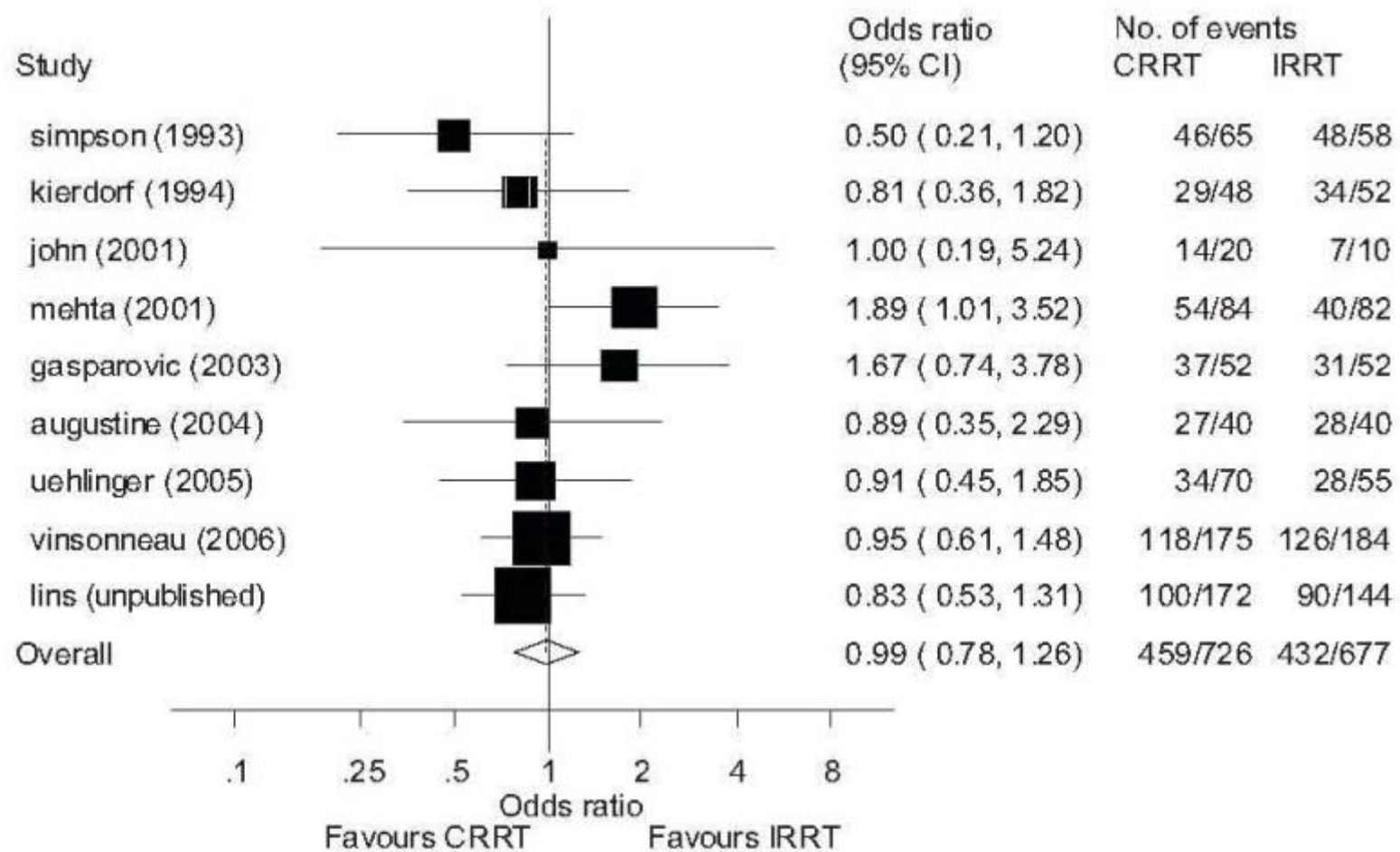
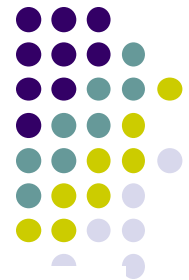


Numbers at risk

IHD	184	85	68	58
CVVHDF	175	83	62	57

Vinsonneau C, et al: Lancet 2006; 368:379-385

Meta-analysis of Studies Comparing IHD to CRRT

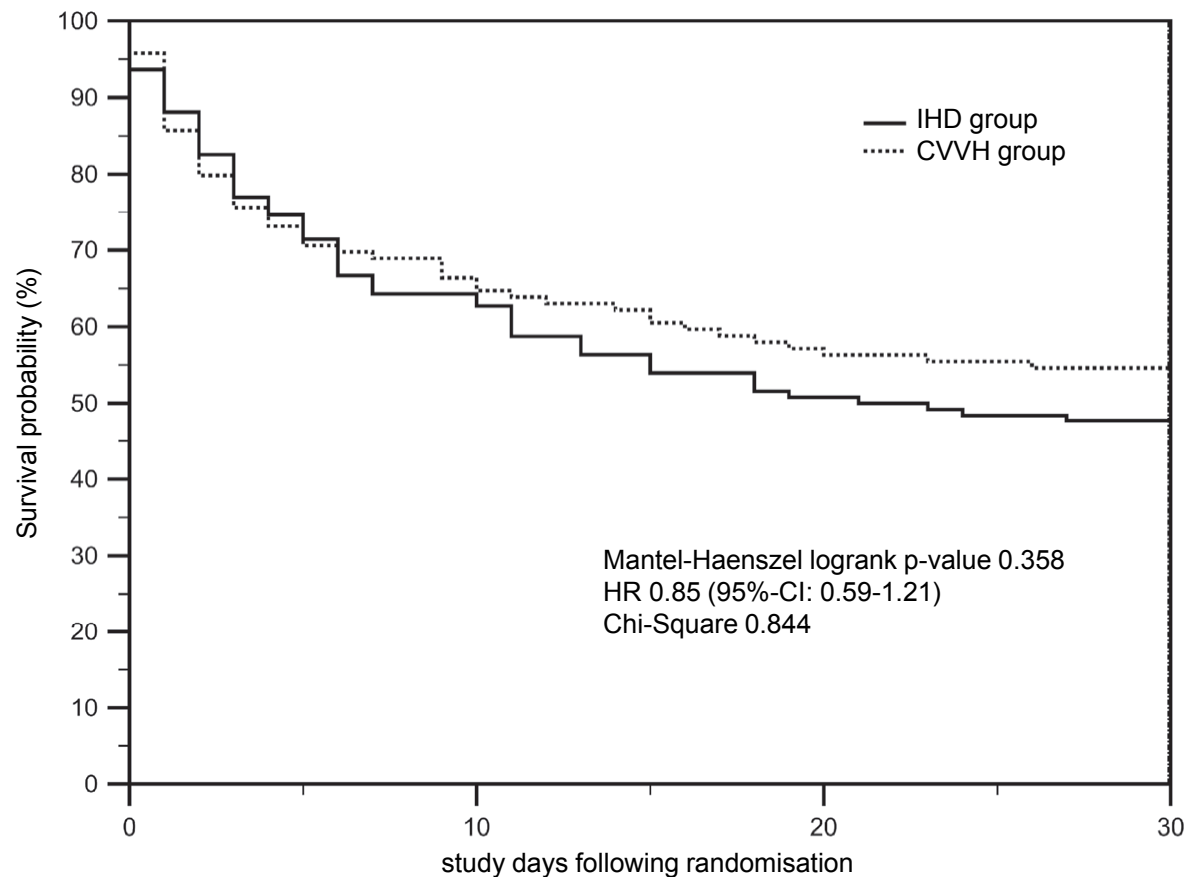
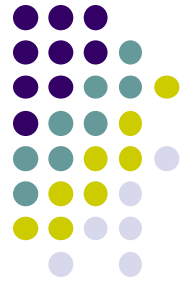


Continuous vs Intermittent RRT: *CONVINT Trial*

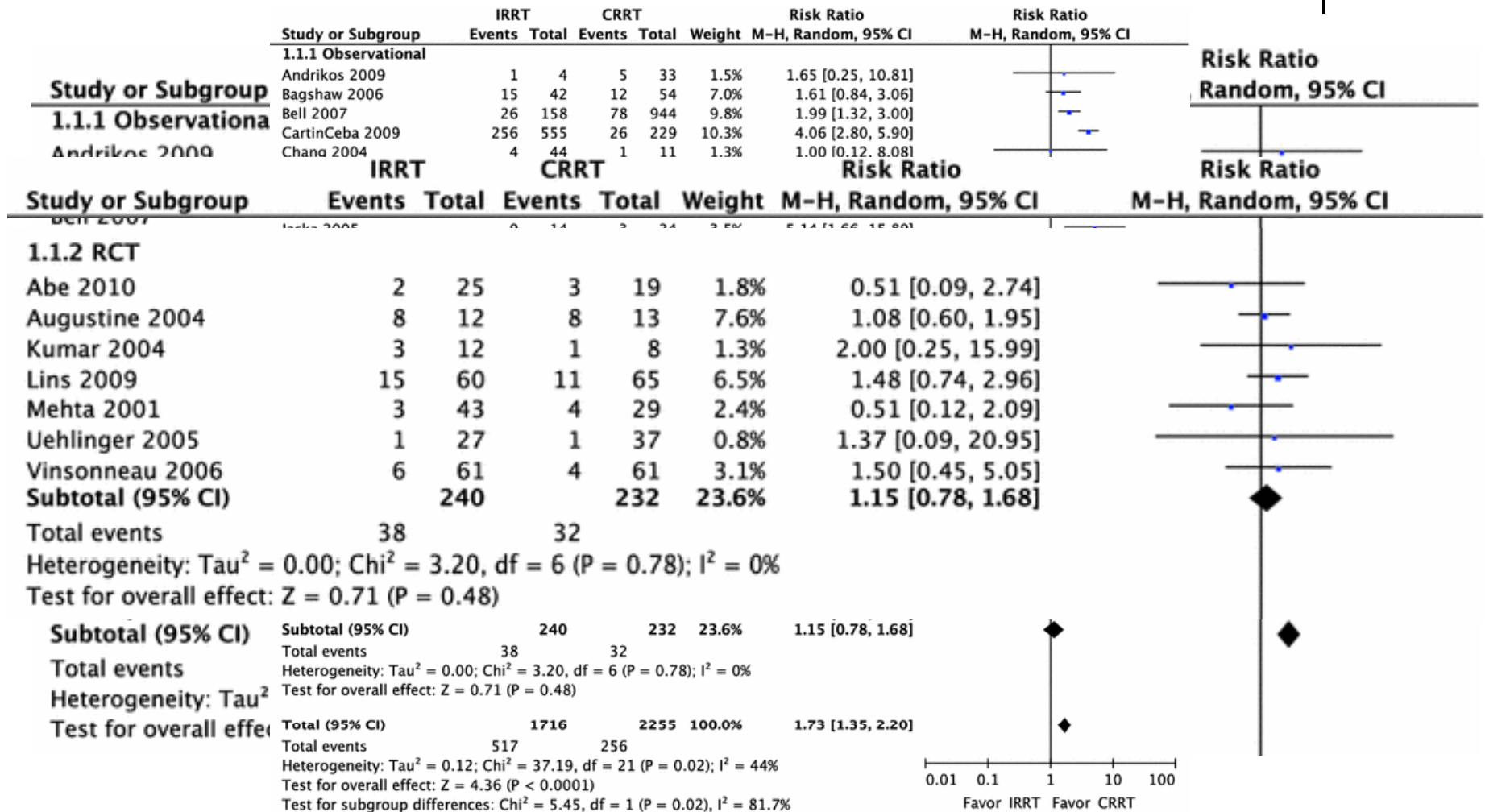
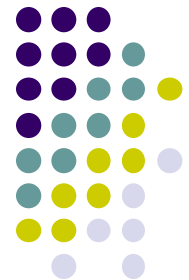


	Daily IHD (n=128)	CVVH (n=122)	P-Value
Crossovers	19.5%	45.9%	0.002
Survival 14 days after RRT	39.5%	43.9%	0.81
Mortality			
14-day	43.6%	37.8%	0.60
30-day	52.4%	45.4%	0.63
RRT Dependent (among survivors)			
at day 21	32.3%	29.9%	0.97
at day 60	26.4%	22.8%	0.90
Last serum creatinine (mg/dL)	2.18±1.8	2.12±1.7	0.85

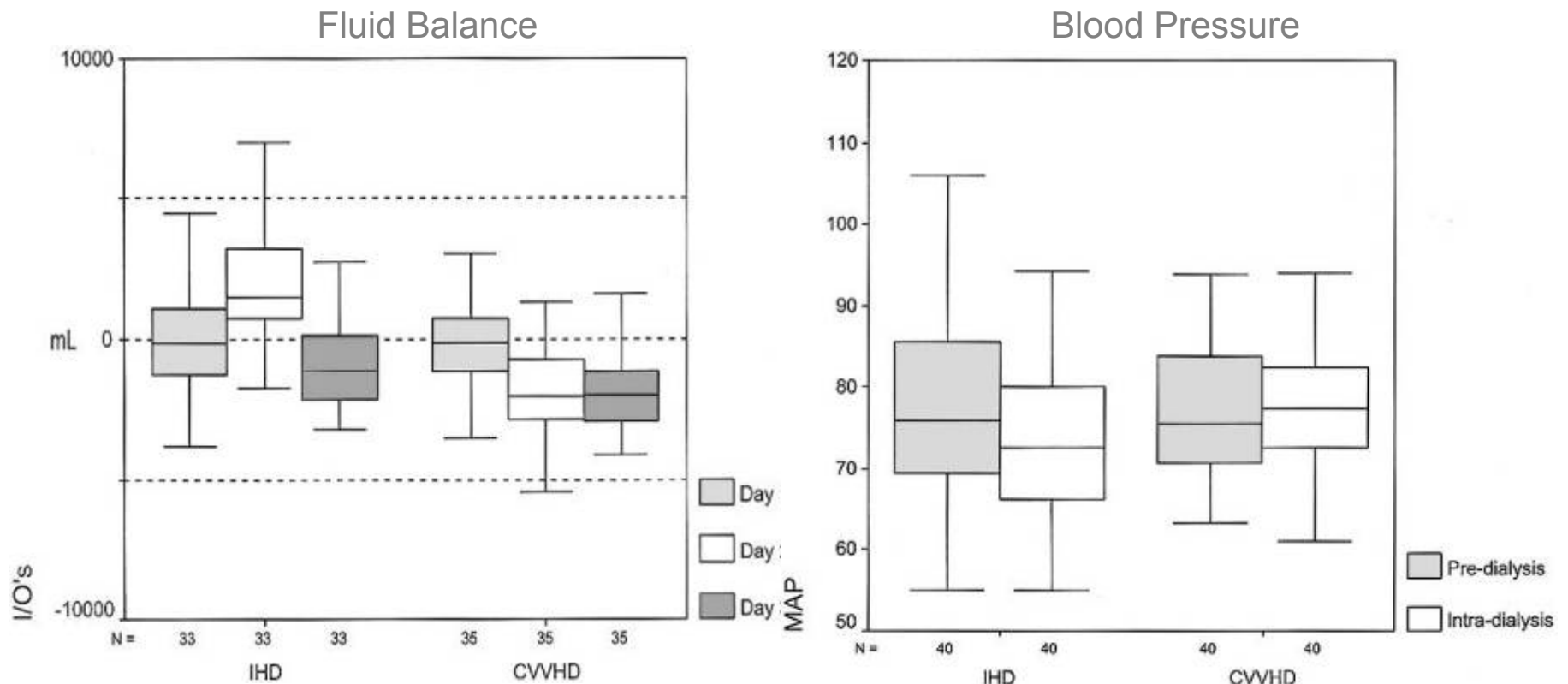
Continuous vs Intermittent RRT: *CONVINT Trial*



CRRT vs. IRRT in AKI: *Recovery of Renal Function*

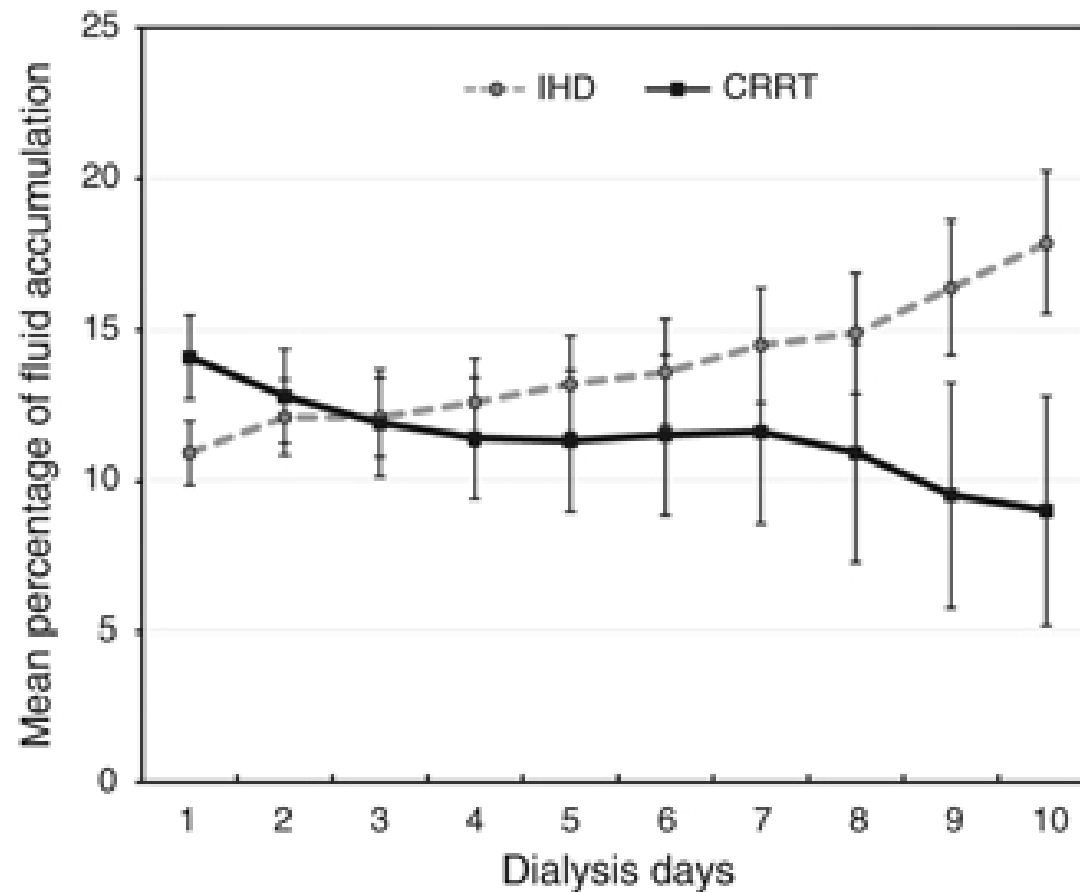


Continuous vs. Intermittent Therapy in Acute Kidney Injury

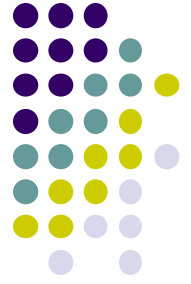


Augustine JJ, et al. Am J Kidney Dis 2004; 44:1000-1007

PICARD Study: Impact of Fluid Overload at Initiation of RRT

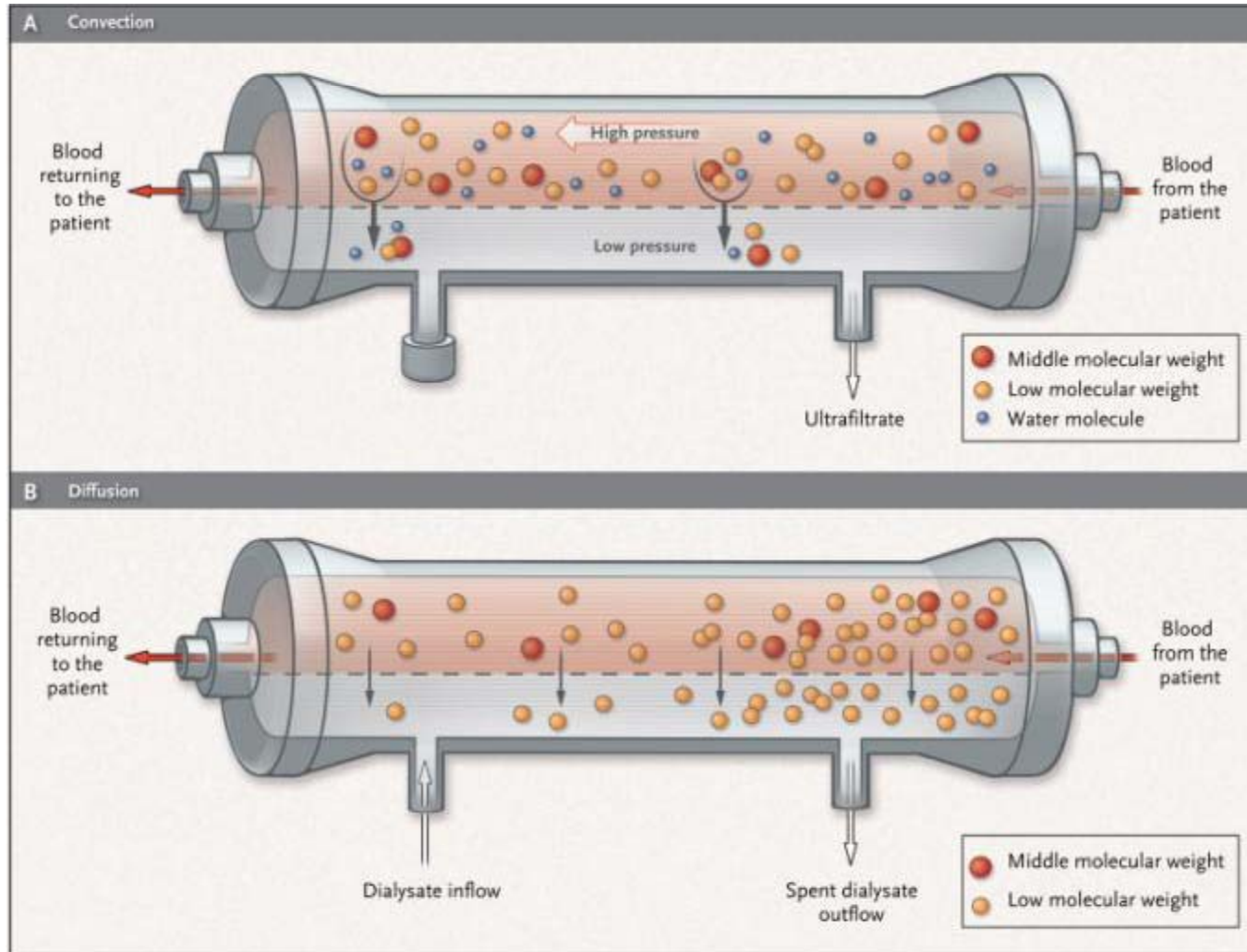
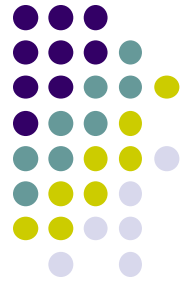


Issues in Specific Clinical Settings

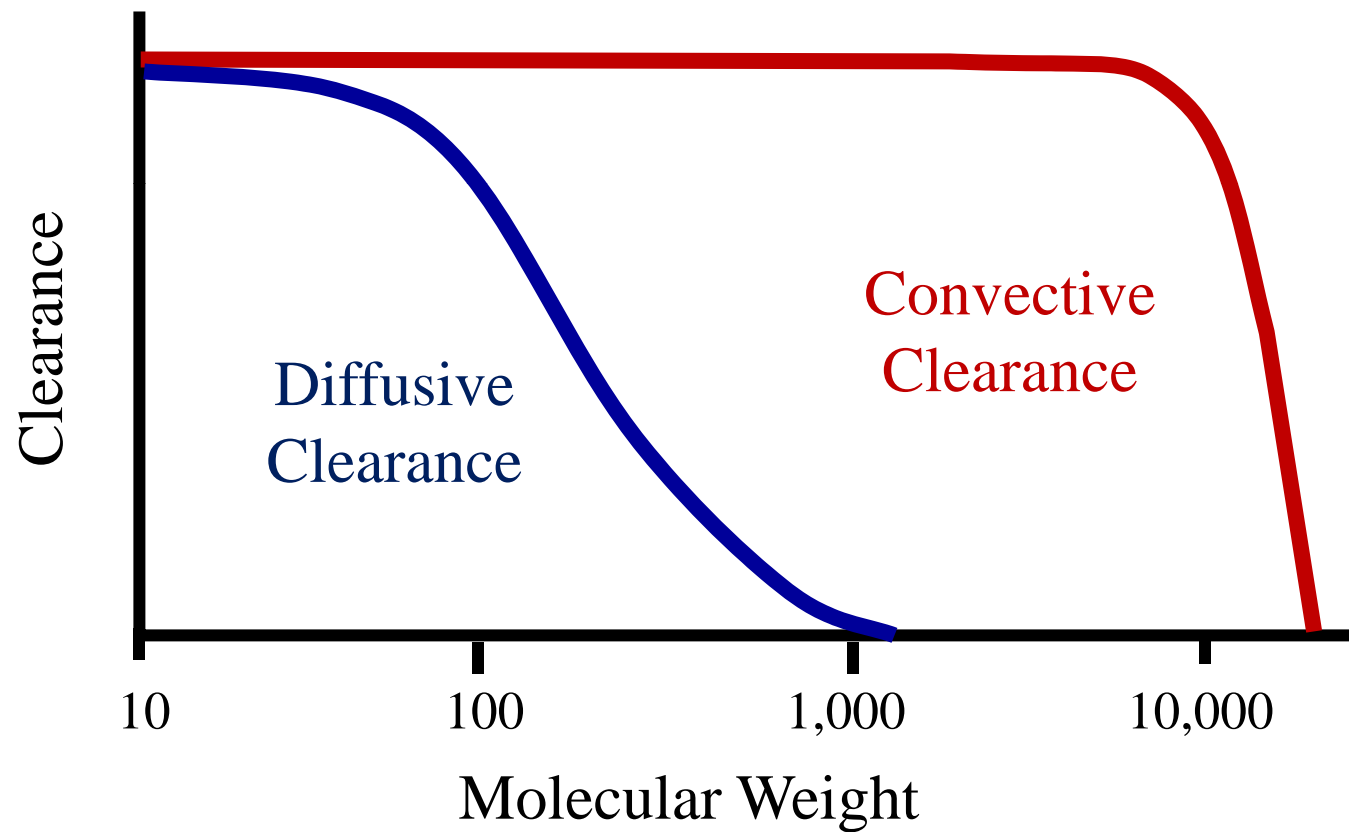
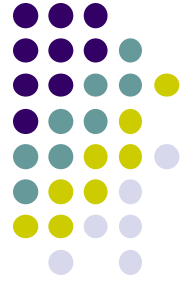


- CRRT may better protect cerebral perfusion in patients with:
 - Fulmanent hepatic failure
 - Acute brain injury
 - Cerebral edema

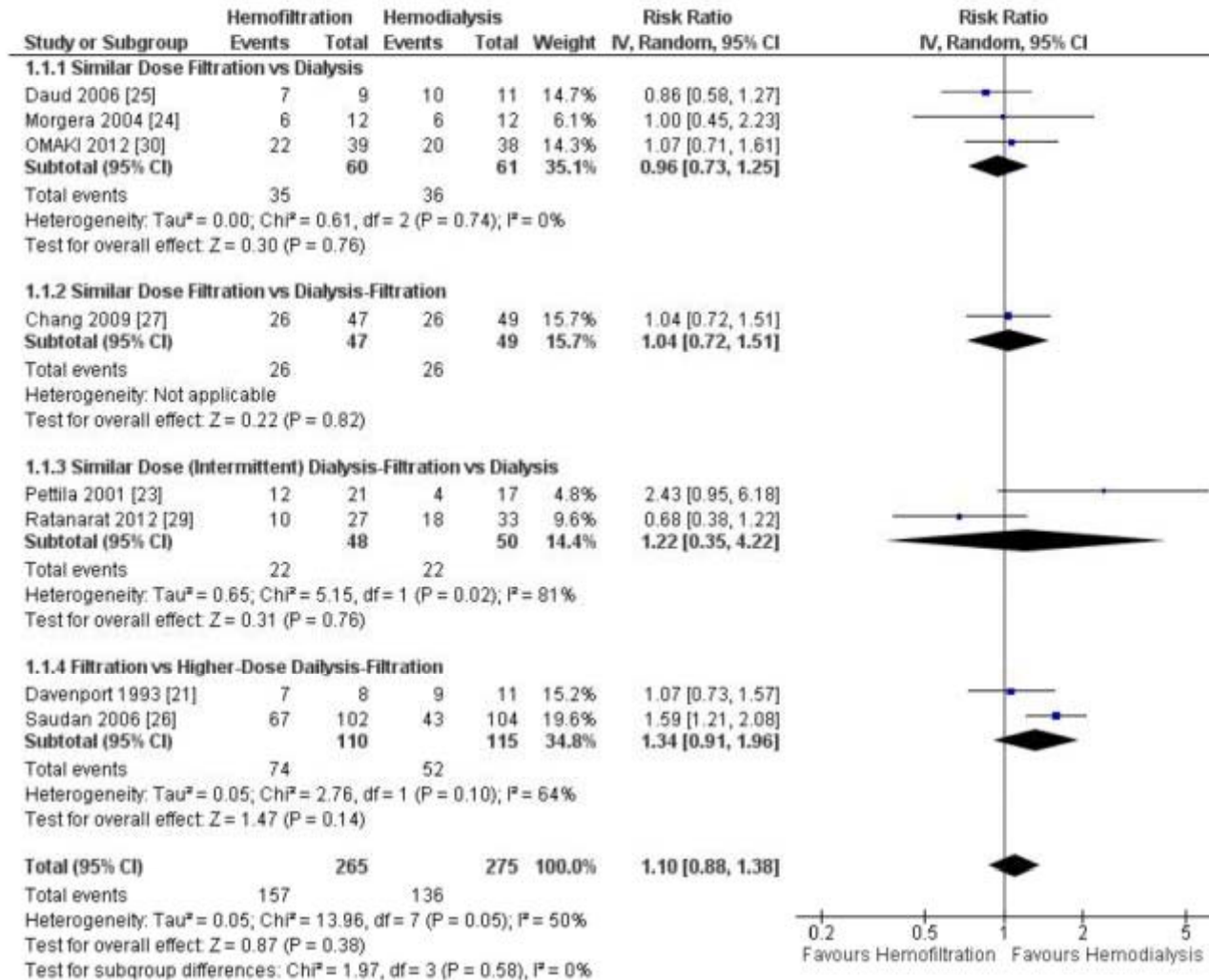
Modality of CRRT: Convection versus Diffusion



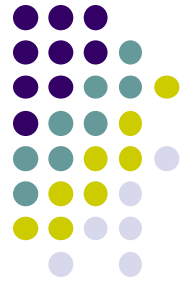
Convection versus Diffusion



Continuous Hemofiltration versus Continuous Hemodialysis in AKI



Prolonged Intermittent Renal Replacement (“Hybrid”) Therapies

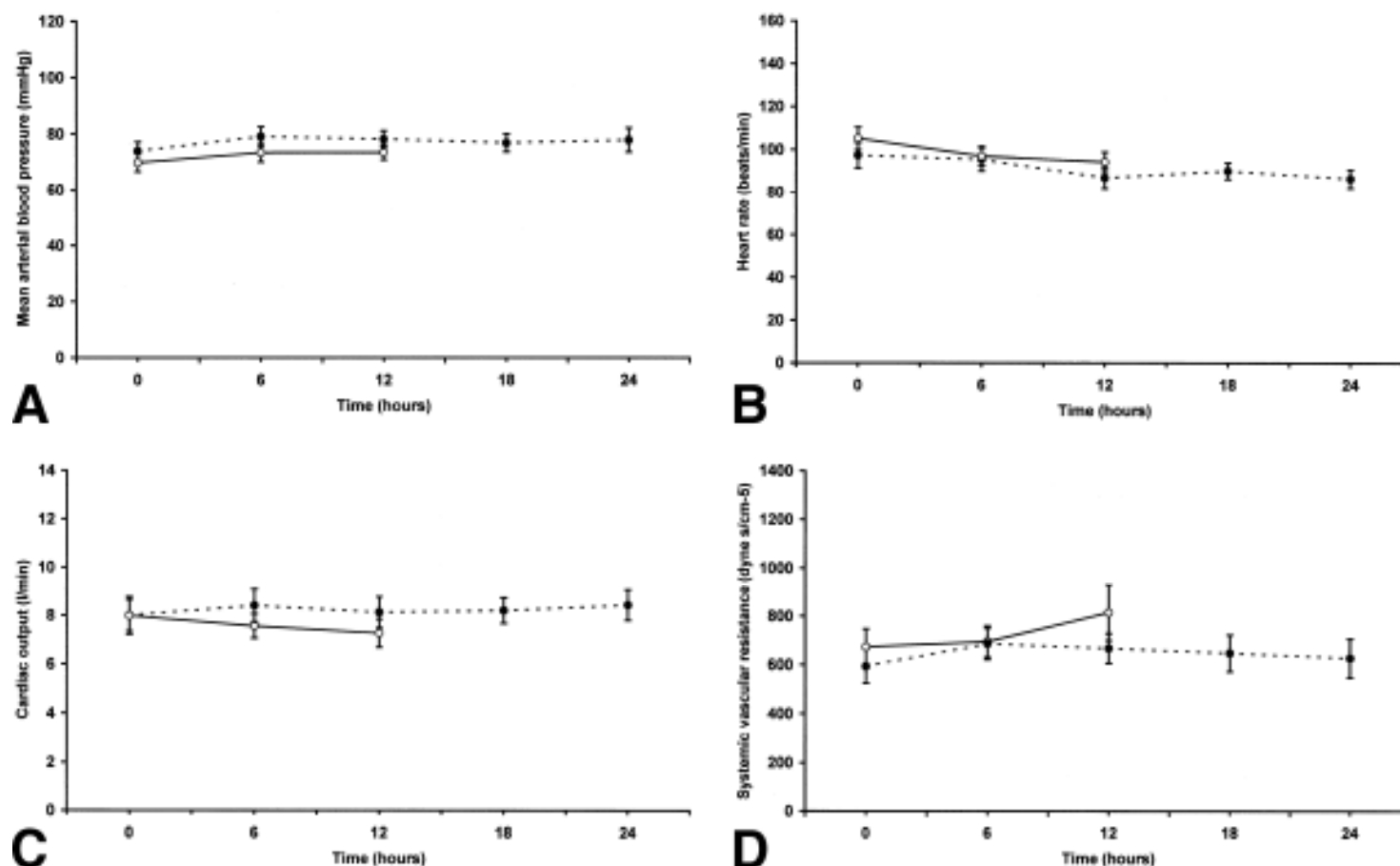


- Extended Daily Dialysis (EDD)
- Sustained low-efficiency dialysis (SLED)
- Sustained low-efficiency daily diafiltration (SLEDD-f)
- The Genius[®] system

Prolonged Intermittent Renal Replacement Therapy



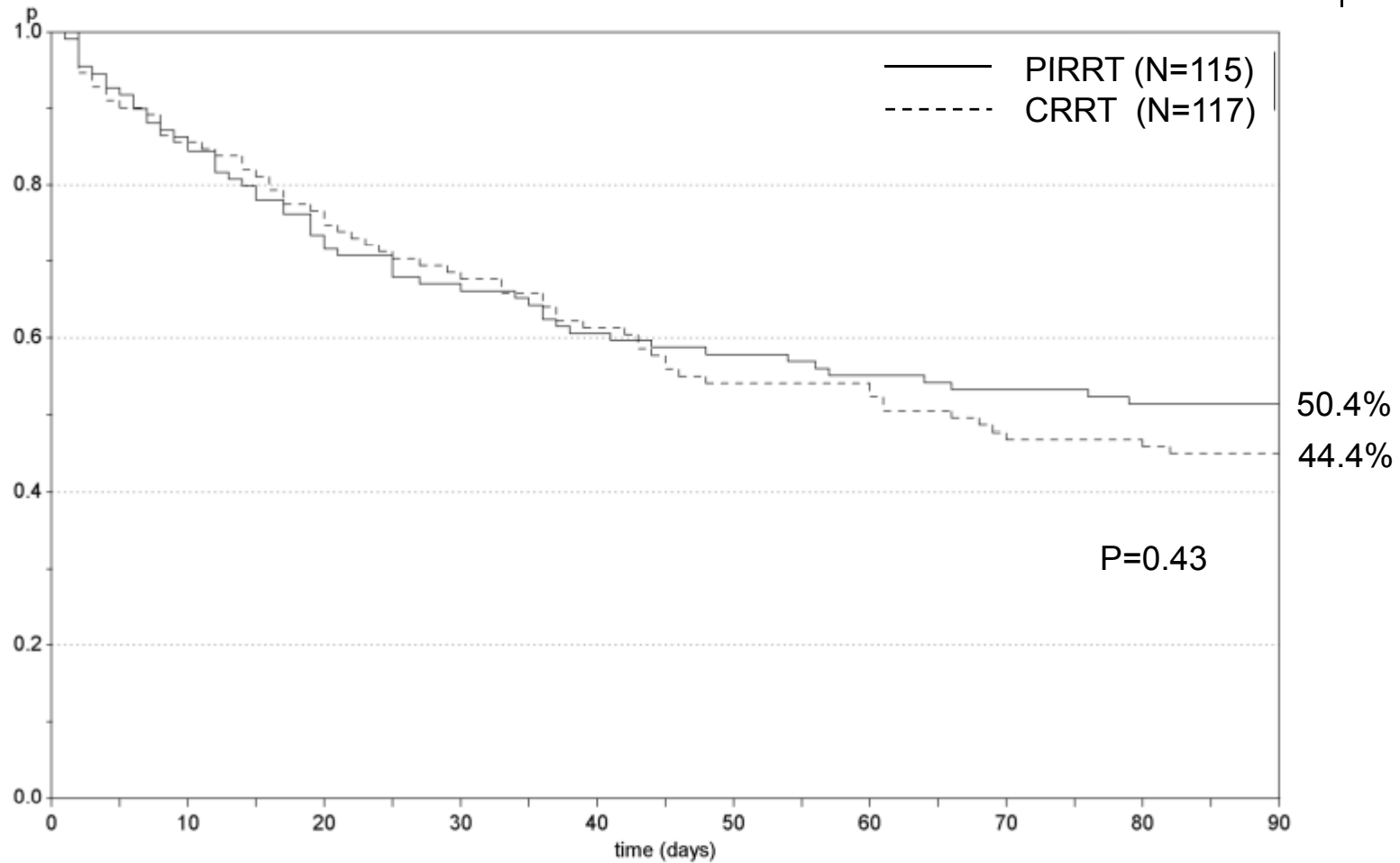
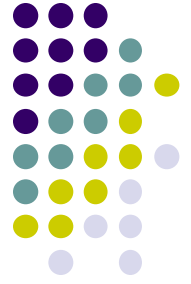
Comparison of Hemodynamic Parameters with CVVH



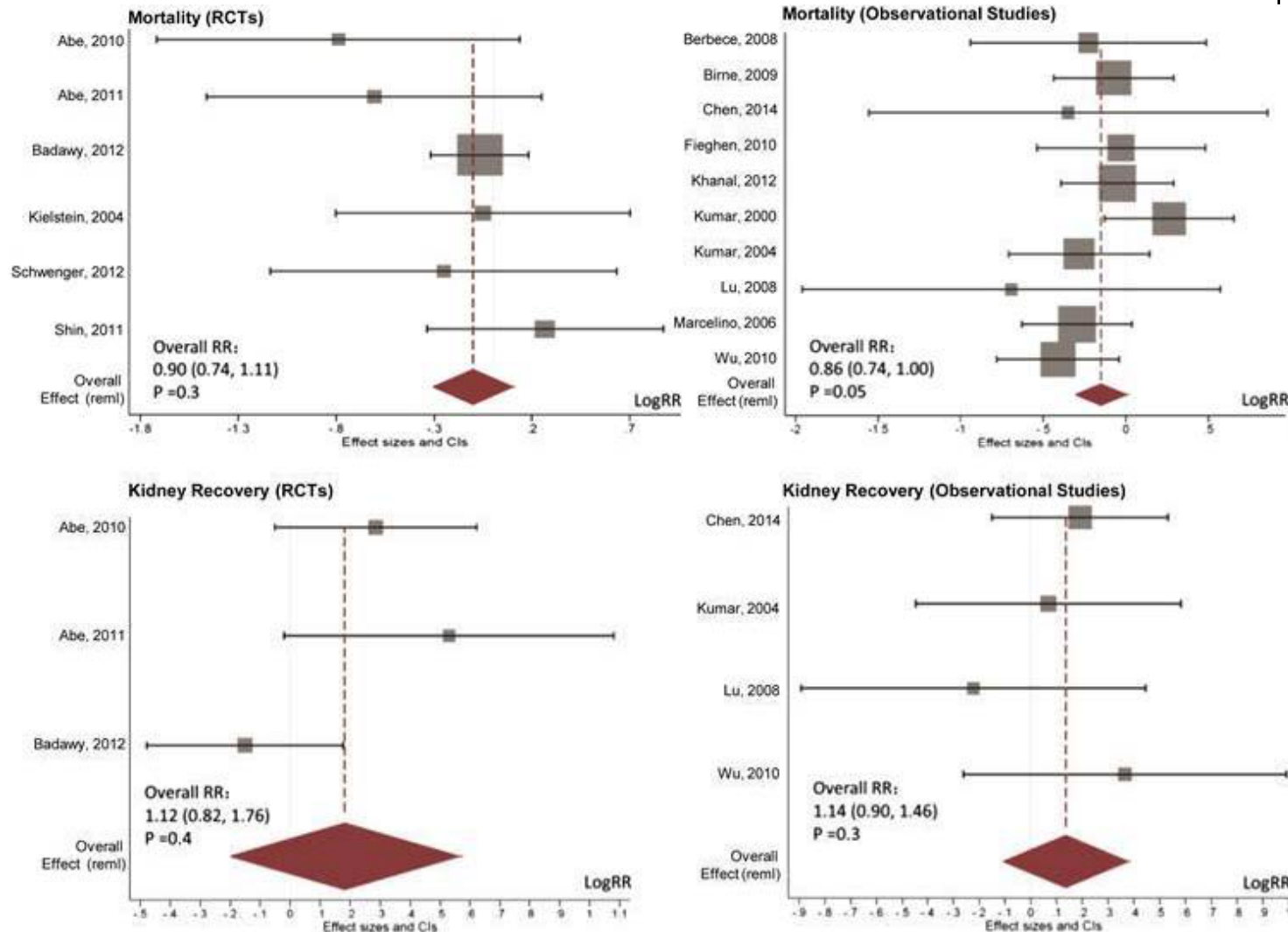
Kielstein JT, et al. Am J Kidney Dis 2004; 43:342-349

PIRRT vs CRRT

RESCUE Trial

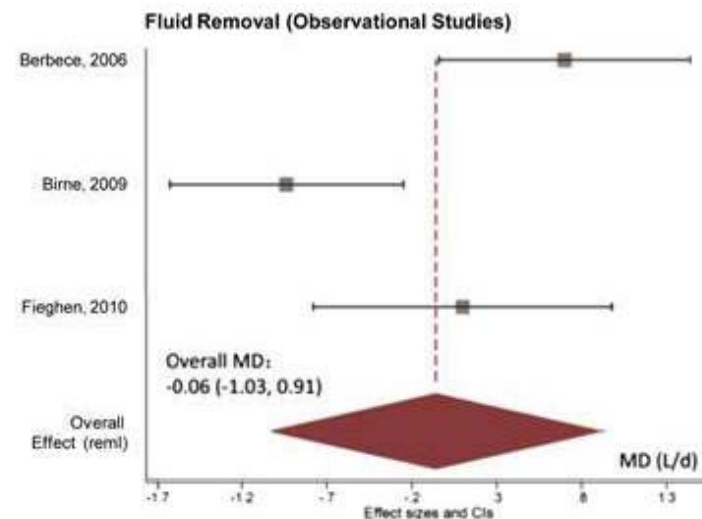
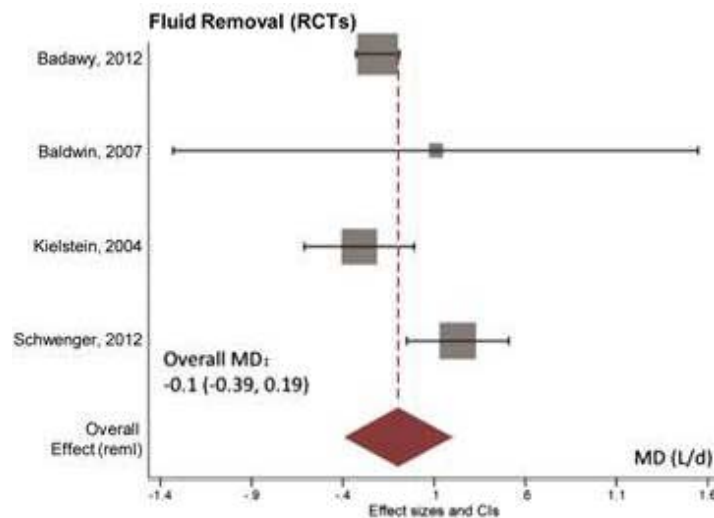
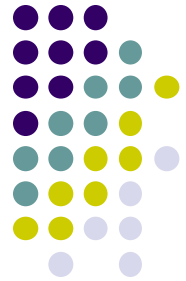


Meta-analysis of Studies Comparing CRRT and PIRRT

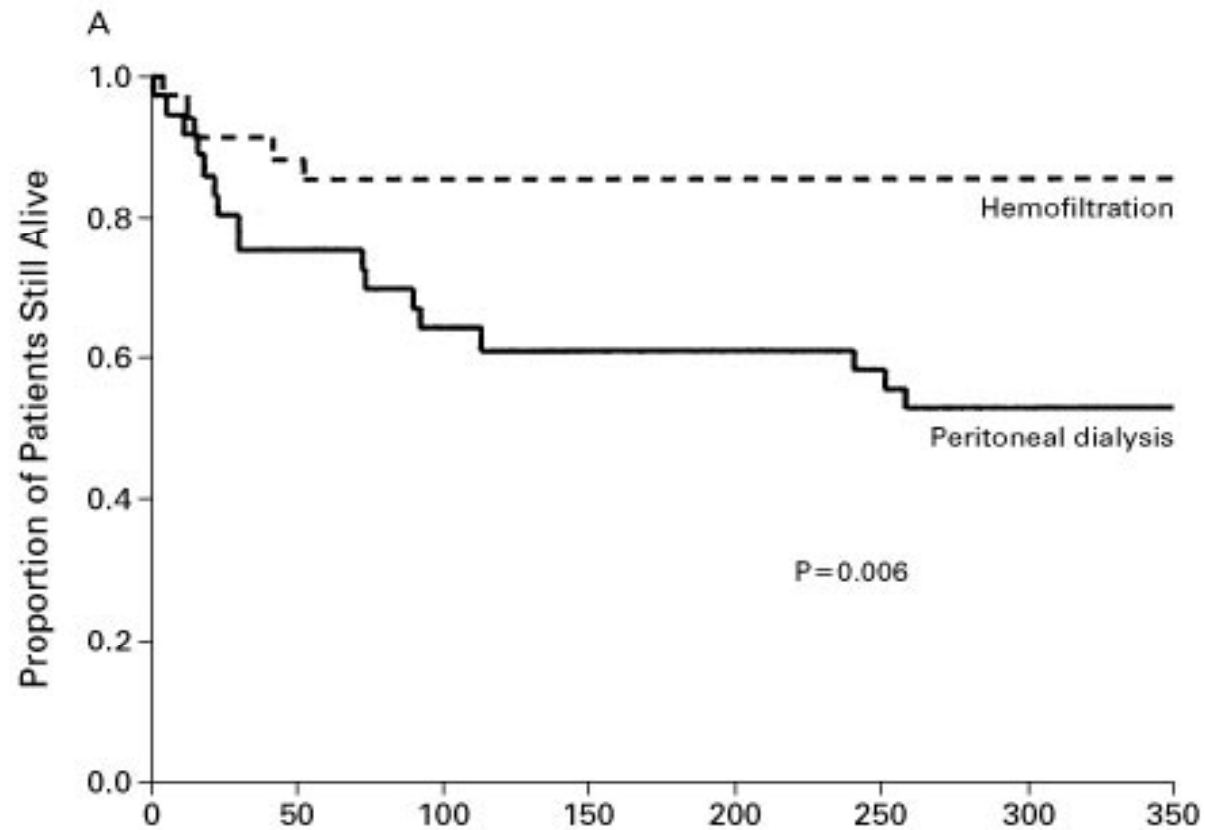


Zhang L, et al. Am J Kidney Dis 2015; 66:322-330

Meta-analysis of Studies Comparing CRRT and PIRRT

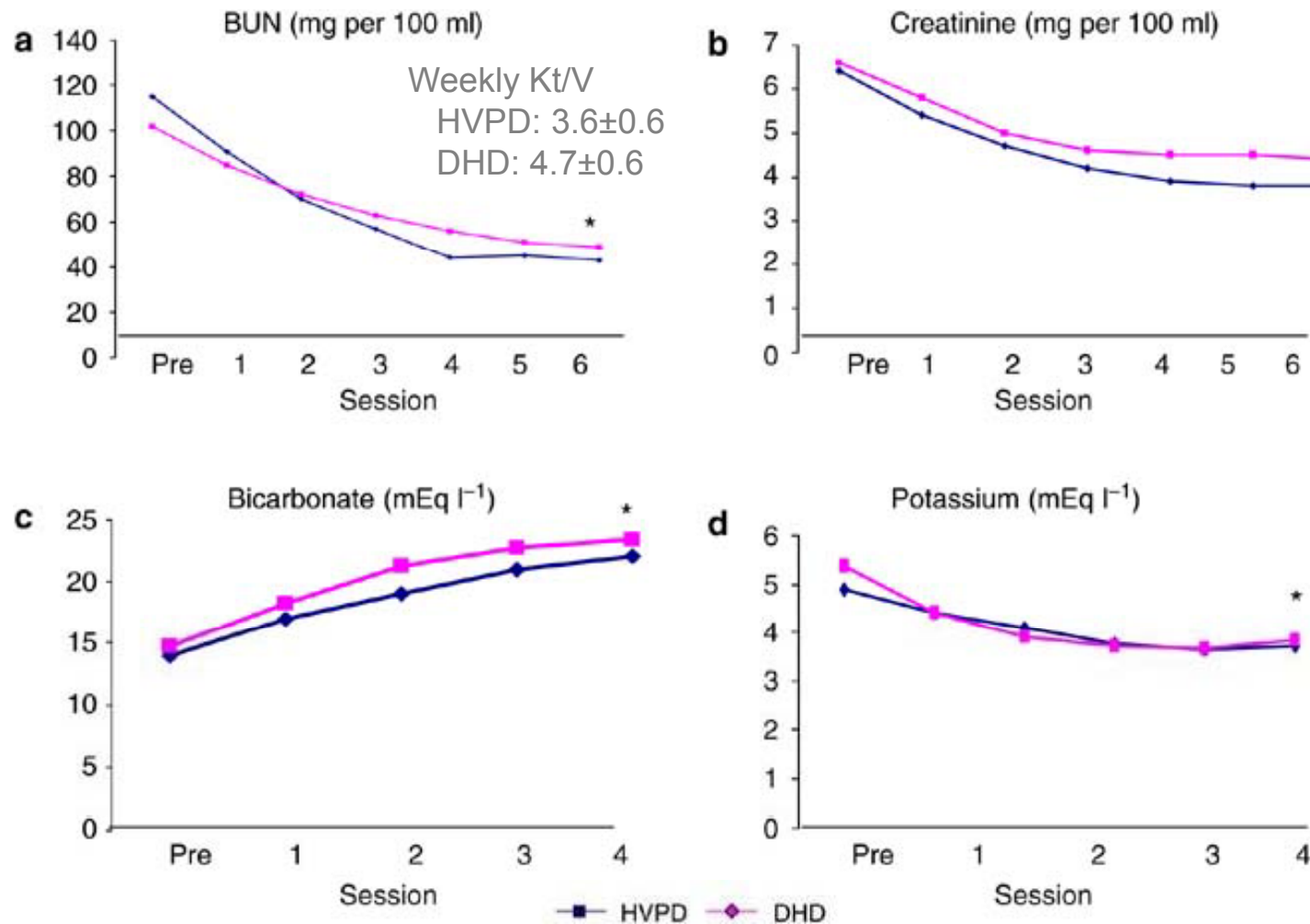


Peritoneal Dialysis vs CVVH in AKI

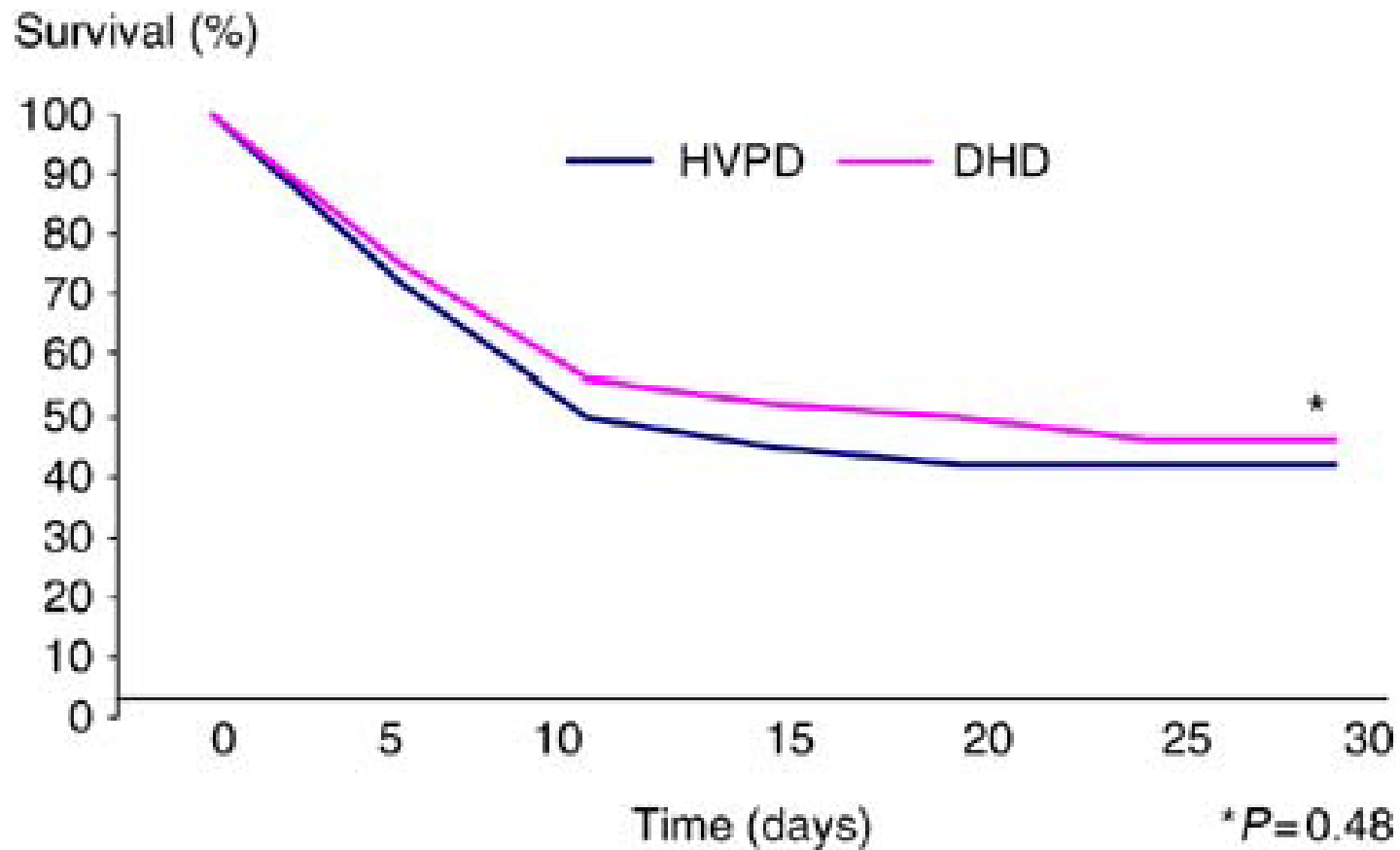


Phu NH, et al: N Engl J Med 2002; 347:895-902

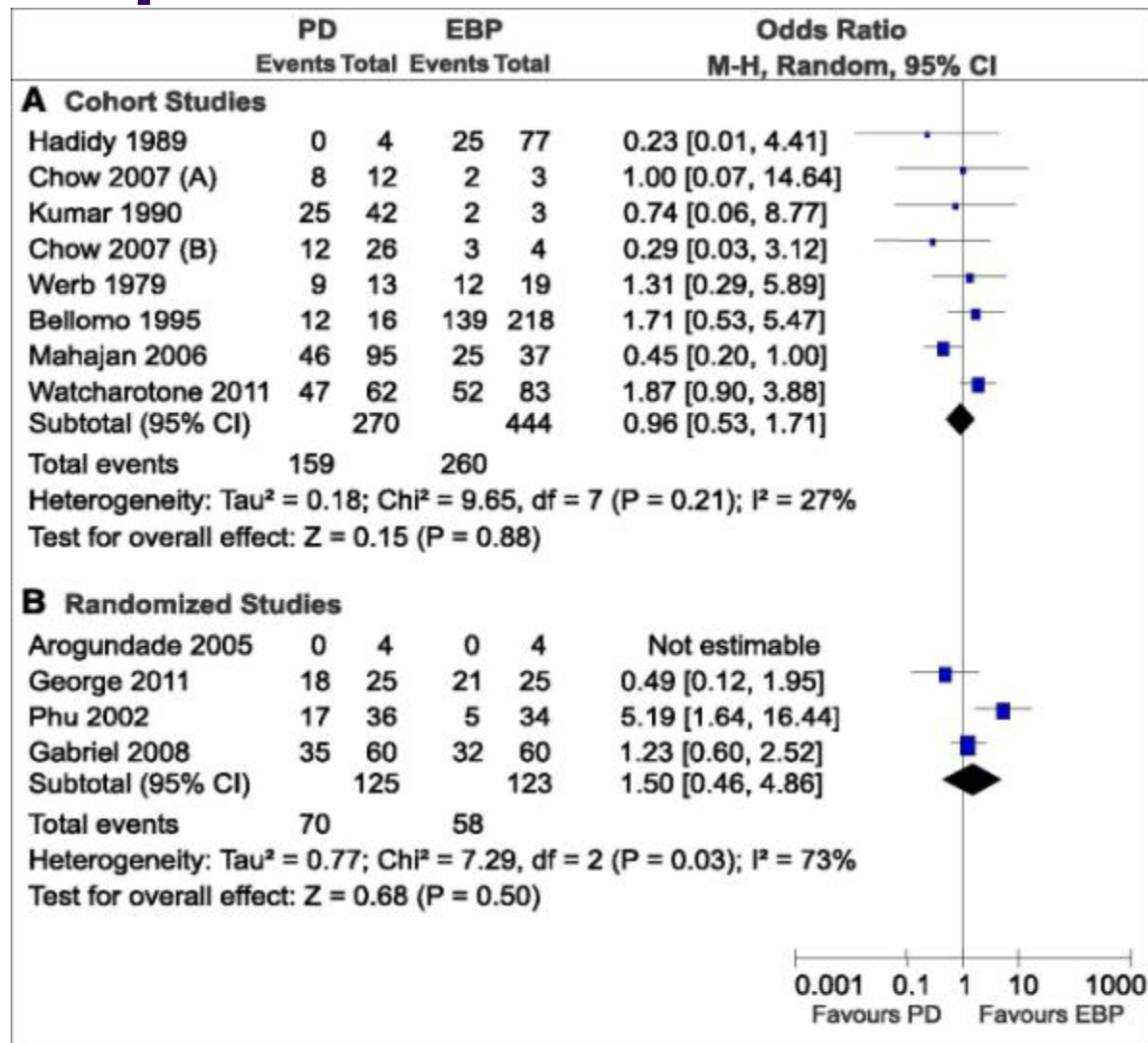
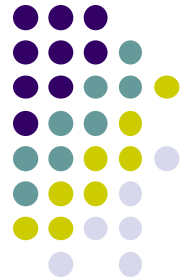
High-Volume PD vs Daily IHD in AKI



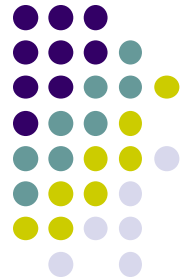
High-Volume PD vs Daily IHD in AKI



Meta-Analysis of PD versus Extracorporeal Blood Purification



Clinical Case 2 follow-up



Based on the clinical setting, there was no one “correct” modality of RRT that should have been used.

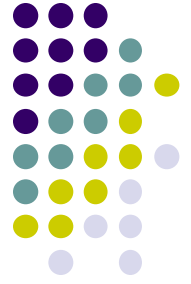
Given recent abdominal surgery, I would avoid PD

IHD can safely be performed even in the setting of hemodynamic instability

PIRRT would be a reasonable option

I would probably choose some form of CRRT for more aggressive fluid removal

Clinical Case 2 follow-up



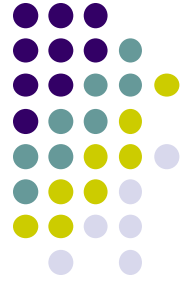
Based on the clinical setting, there was no one “correct” modality of RRT that should have been used.

- Given recent abdominal surgery, I would avoid PD
- IHD can safely be performed even in the setting of hemodynamic instability
- PIRRT would be a reasonable option
- I opted for CRRT in the hope of achieving more aggressive fluid removal
 - I generally use CVVHD as my modality of CRRT



Summary - 1

- There are insufficient data to determine the optimal timing of RRT in AKI
- Clinical trials to evaluate timing need to include patients who meet criteria for early initiation but recover or die without receiving RRT
- Current evidence suggests that a strategy of delayed RRT may not be inferior to early initiation of RRT, and may reduce the number of patients requiring RRT
- Although severity of fluid overload is strongly associated with adverse outcomes, there are insufficient data to conclude that initiation of therapy based on severity of fluid overload decreases mortality



Summary - 2

- Studies comparing modalities of RRT in AKI have not demonstrated superiority of any individual modality
- Selection of modality should be guided by expertise and resources available at the individual institution