

2024

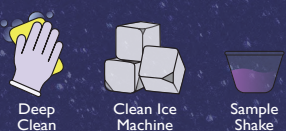
FIREWORKS

Strawberries, Blueberries, more Strawberries
& Lemon with Vanilla Whey Protein



JULY

DID YOU KNOW... Lemon may support heart health, weight control, digestive health, and may reduce risk of anemia.



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				Independence Day -PFC CLOSED-		
		1	2	3	4	5
7	National Blueberry Day 8	9	10	11	12	13
14	15	16	17	18	19	20
National Ice Cream Day 21	22	23	24	National Refreshment Day 25	26	27
28	29	National Friendship Day 30	31		<div>June 2024 S M T W T F S 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30</div> <div>August 2024 S M T W T F S 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31</div>	

OPERATIONS TIP: UPDATING YOUR MENU - Keeping your menu fresh is crucial in keeping your customers interested in what you have to offer. Our team can work with you to update your menu easily and make sure you are making the most profit possible in regards to your Cost of Goods. For example, switching to our swiig Flavor Fusions product or 1:1 purée/water ratio can save you money and calories!

