

MATCHA LITE

Water, Matcha Green Tea & Yogurt
with Vanilla Whey Protein



— MAY BOOST IMMUNE SYSTEM —

“MATCHA LITE”

6 oz	Water
1 scp	Flavor Fusions - Matcha Green Tea
¼ scp	Powdered Yogurt
1½ scps	Vanilla Whey Protein
12 oz	Ice

Nutrition Facts	
1 serving per container	
Serving size 20 fl oz (591mL)	
Amount Per Serving	
Calories	350
% Daily Value*	
Total Fat 2.5g	3%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 95mg	32%
Sodium 360mg	16%
Total Carbohydrate 49g	18%
Dietary Fiber 2g	7%
Total Sugars 41g	
Includes 36g Added Sugars	72%
Protein 33g	
Vitamin D 0mcg	0%
Calcium 280mg	20%
Iron 0.5mg	2%
Potassium 400mg	8%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	