

# SPICED APPLE COBBLER

Apples, Apple Cinnamon Granola, Cinnamon  
& Yogurt with Vanilla Whey Protein



— MAY IMPROVE DIGESTION —

# “SPICED APPLE COBBLER”

6 oz	Red Apple Purée/Water Mix*
½ scp	Powdered Yogurt
1 scp	Apple Cinnamon Granola
1 scp	Vanilla Whey Protein
¼ tsp	Cinnamon
12 oz	Ice

Nutrition Facts	
1 serving per container	
Serving size 20 fl oz (591mL)	
Amount Per Serving	
Calories	430
% Daily Value*	
Total Fat 3g	4%
Saturated Fat 2g	10%
Trans Fat 0g	
Cholesterol 130mg	43%
Sodium 210mg	9%
Total Carbohydrate 54g	20%
Dietary Fiber 3g	11%
Total Sugars 43g	
Includes 0g Added Sugars	0%
Protein 46g	
Vitamin D 0mcg	0%
Calcium 380mg	30%
Iron 0.2mg	0%
Potassium 810mg	15%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

\*Nutrition Panel Reflects Use of a 1:1 Purée/Water Ratio