

GOLDEN MILK

Unsweetened Almond Milk, Turmeric, Cinnamon,
Honey, Cardamom & Ginger with Vanilla Whey Protein



— FIGHT INFLAMMATION —

“GOLDEN MILK”

6 oz	Unsweetened Vanilla Almond Milk
½ scp	Flavor Fusions - French Vanilla Crème
1 ½ scps	Vanilla Whey Protein
1 tsp	Honey
1 tsp	Turmeric
⅛ tsp	Ginger
⅛ tsp	Cardamom
12 oz	Ice

Nutrition Facts	
1 serving per container	
Serving size	20 fl oz. (591mL)
Amount Per Serving	
Calories	290
% Daily Value*	
Total Fat 3g	4%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 90mg	30%
Sodium 170mg	7%
Total Carbohydrate 34g	12%
Dietary Fiber 2g	7%
Total Sugars 28g	
Includes 26g Added Sugars	52%
Protein 34g	
Vitamin D 0mcg	0%
Calcium 230mg	20%
Iron 2.2mg	10%
Potassium 370mg	8%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	