

PUMPKIN LATTE

Unsweetened Almond Milk, Organic Chai Spices, Organic Coffee
& Ginger with Pumpkin Whey Protein



— PROMOTES MUSCLE GROWTH —

“PUMPKIN LATTE”

6 oz	Unsweetened Vanilla Almond Milk
½ scp	Flavor Fusions - Spiced Chai
½ scp	Flavor Fusions - Classic Coffee
1½ scps	Pumpkin Whey Protein
⅛ tsp	Ginger
12 oz	Ice

Nutrition Facts	
1 serving per container	
Serving size 20 fl oz (591mL)	
Amount Per Serving	
Calories	310
% Daily Value*	
Total Fat 3g	4%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 90mg	30%
Sodium 270mg	12%
Total Carbohydrate 37g	13%
Dietary Fiber 2g	7%
Total Sugars 31g	
Includes 29g Added Sugars	58%
Protein 34g	
Vitamin D 0mcg	0%
Calcium 220mg	15%
Iron 1.1mg	6%
Potassium 400mg	8%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	