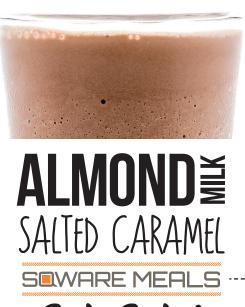
## TRAINER'S SHAKE OF THE MONTH

FOOD FOR FITNESS, FORMULATED BY THE PROS

"SALTED CARAMEL COCOA"



IMPROVES

NUTRIENT

ABSORPTION



NATURAL SOURCE OF ANTIOXIDANTS



## "SALTED CARAMEL COCOA"

6 OZ	UNSWEETENED CHOCOLATE ALMOND MILK
2 TBSPS	GROUND CACAO POWDER
½ SCP	CAFE ESSENTIALS SALTED CARAMEL LATTE
½ SCP	VANILLA WHEY PROTEIN
1 SCP	<b>CHOCOLATE SQWARE MEALS — WHEY BASED</b>
12 OZ	ICE

Nutrition Fa	acts
servings per container Serving size 20 fl. oz.	(591 ml) (392g)
Amount per serving Calories	330
% D	aily Value*
Total Fat 11g	14%
Saturated Fat 6g	30%
Trans Fat 0g	
Cholesterol 30mg	10%
Sodium 180mg	8%
Total Carbohydrate 33g	12%
Dietary Fiber 6g	21%
Total Sugars 13g	
Includes 10g Added Sugars	s <b>20</b> %
Protein 25g	
Vitamin D 2mcg	10%
Calcium 442mg	35%
Iron 3mg	15%
Potassium 381mg	8%
Potassium 381mg  *The % Daily Value tells you how much a n serving of food contributes to a daily diet. 2 day is used for general nutrition advice.	utrient in a