

ANTI-INFLAMMATORY

Unsweetened Almond Milk, Turmeric, Ginger, Cardamom,
Cinnamon & Honey with Vanilla Whey Protein



— FIGHT INFLAMMATION —

“ANTI-INFLAMMATORY”

6 oz	Unsweetened Vanilla Almond Milk
1½ scps	Vanilla Whey Protein
1 tsp	Honey
1 tsp	Turmeric
¼ tsp	Cardamom
½ tsp	Cinnamon
¼ tsp	Ginger
12 oz	Ice

Nutrition Facts

servings per container

Serving size 20 fl. oz. (591 ml)

Amount per serving

Calories **220**

% Daily Value*

Total Fat 3.5g **4%**

Saturated Fat 1g **5%**

Trans Fat 0g

Cholesterol 45mg **15%**

Sodium 210mg **9%**

Total Carbohydrate 16g **6%**

Dietary Fiber 2g **7%**

Total Sugars 11g

Includes 9g Added Sugars **18%**

Protein 30g

Vitamin D 2mcg 10%

Calcium 347mg 25%

Iron 2mg 10%

Potassium 385mg 8%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.