PB& Jam

Almond Milk, Strawberries, Peanut Butter & Oats with Vanilla Whey Protein

SEPTEMBER 2023



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
AUGUST 2023 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	OCTOBER 2023 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31				National College Colors Day 1	2
3	Labor Day -PFC CLOSED-	5	6	7	8	9
Grandparents' Day	Patriot Day				Rosh Hashanah Begins at Sundown	

******	10	- 11	12	13	14	15	16
ないたいの	2				International Day of Peace		First Day of Autumn
	17	18	19	20	21	22	23
1000	Yom Kippur Begins at Sundown						
	24	25	26	27	28	29	30

OPERATIONS TIP: DEEP CLEAN To deep clean your Shake & Smoothie Bar, completely remove anything that isn't nailed down and thoroughly clean floors, cabinets, counter tops, appliances and equipment. Check your calendar - this should be done once a week, and we've marked it for you! Refer to your Manual and PFC University for helpful tips.



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