

REFRESHERS

HANDCRAFTED JUICE & GREEN COFFEE EXTRACT
POURED OVER ICE

20oz SIZE	
5 oz	Dr. Smoothie Refreshers Flavor of Choice
5 oz	Distilled or Sparkling Water
2	Freeze-Dried Strawberries
20 oz	Ice
1. Fill cup with ice. 2. Put Refresher, Freeze-Dried Strawberries & Water in the blender, pulse quickly, then pour over ice to serve.	

12oz SIZE	
3 oz	Dr. Smoothie Refreshers Flavor of Choice
3 oz	Distilled or Sparkling Water
1	Freeze-Dried Strawberries
12 oz	Ice
1. Fill cup with ice. 2. Put Refresher, Freeze-Dried Strawberries & Water in the blender, pulse quickly, then pour over ice to serve.	

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STRAWBERRY acai

Nutrition Facts	
About 15 Servings Per Container	
Serving size	3 fl oz (90 mL)
Makes 12 fl oz (360 mL) when mixed as directed	
Amount per serving	
Calories	60
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 15g	5%
Dietary Fiber 0g	0%
Total Sugars 15g	
Includes 9g Added Sugars	18%
Protein 0g	
Vitamin D 0mcg	0%
Calcium 9mg	0%
Iron 0mg	0%
Potassium 16mg	0%
<small>* The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

WATERMELON CUCUMBER MINT

Nutrition Facts	
About 15 Servings Per Container	
Serving size	3 fl oz (90 mL)
Makes 12 fl oz (360 mL) when mixed as directed	
Amount per serving	
Calories	70
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 17g	6%
Dietary Fiber 0g	0%
Total Sugars 16g	
Includes 15g Added Sugars	30%
Protein 0g	
Vitamin D 0mcg	0%
Calcium 4mg	0%
Iron 0mg	0%
Potassium 1mg	0%
<small>* The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

PEACH MANGO

Nutrition Facts	
About 15 Servings Per Container	
Serving size	3 fl oz (90 mL)
Makes 12 fl oz (360 mL) when mixed as directed	
Amount per serving	
Calories	100
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 25g	9%
Dietary Fiber 0g	0%
Total Sugars 25g	
Includes 17g Added Sugars	34%
Protein 0g	
Vitamin D 0mcg	0%
Calcium 10mg	0%
Iron 0mg	0%
Potassium 20mg	0%
Vitamin C 108mcg	120%
<small>* The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

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BLOOD ORANGE COCONUT GINGER

Nutrition Facts	
About 15 Servings Per Container	
Serving size	3 fl oz (90 mL)
Makes 12 fl oz (360 mL) when mixed as directed	
Amount per serving	
Calories	60
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 10mg	0%
Total Carbohydrate 16g	6%
Dietary Fiber 0g	0%
Total Sugars 15g	
Includes 14g Added Sugars	28%
Protein 0g	
Vitamin D 0mcg	0%
Calcium 4mg	0%
Iron 0mg	0%
Potassium 49mg	2%
* The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

DRAGON FRUIT LYCHEE

Nutrition Facts	
About 15 Servings Per Container	
Serving size	3 fl oz (90 mL)
Makes 12 fl oz (360 mL) when mixed as directed	
Amount per serving	
Calories	50
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 12g	4%
Dietary Fiber 0g	0%
Total Sugars 12g	
Includes 8g Added Sugars	16%
Protein 0g	
Vitamin D 0mcg	0%
Calcium 6mg	0%
Iron 0mg	0%
Potassium 18mg	0%
Vitamin C 96mg	110%
* The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	