

BLUSHING BLOOMS

Pineapple, Coconut, Raspberries, Agave
& Rosewater with 20g Vanilla Whey Protein



PINEAPPLE

COCONUT

AGAVE

PROTEIN

**HIGH IN
PHYTONUTRIENTS**

RASPBERRIES

ROSEWATER

GOOD SOURCE OF
VITAMIN C



“BLUSHING BLOOMS”

| | |
|---------|---|
| 6 OZ | DR. SMOOTHIE PINEAPPLE BLEND PURÉE/WATER MIX |
| 1 SCP | FREEZE-DRIED RASPBERRIES |
| 1 SCP | VANILLA WHEY PROTEIN |
| ½ TSP | AGAVE NECTAR |
| 4 DROPS | ROSEWATER EXTRACT |
| 12 OZ | ICE |

Nutrition Facts

servings per container

Serving size 20 fl. oz. (591 ml)
(376g)

Amount per serving

Calories **290**

% Daily Value*

Total Fat 2.5g **3%**

Saturated Fat 1g **5%**

Trans Fat 0g

Cholesterol 55mg **18%**

Sodium 65mg **3%**

Total Carbohydrate 47g **17%**

Dietary Fiber 3g **11%**

Total Sugars 38g

Includes 3g Added Sugars **6%**

Protein 21g

Vitamin D 0mcg **0%**

Calcium 192mg **15%**

Iron 1mg **6%**

Potassium 403mg **8%**

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

***NUTRITION PANEL REFLECTS USE OF
A 1:1 PUREE/WATER RATIO**